

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE and HOSPITAL,
(Recognised by NCISM, Ministry of AYUSH, New Delhi and affiliated to RGUHS, Bengaluru karnataka)

Prashanti kuteeram, Jodi Bingipura, Jigani Hobli Anekal Bengaluru

REPORT ON STUDENT PARTICIPATION IN INTER-COLLEGE
COMPETITIONS: NATIONAL AYURVEDA DAY 2024

Event: National Ayurveda Day 2024 –Intercollege –Quiz competition

Organizer: NIMHANS Department of Integrative Medicine

Date: 26-10-2024

Venue: NIMHANS, Auditorium

In celebration of National Ayurveda Day 2024, an inter-college competition was organized by NIMHANS Integrative Medicine to encourage academic and practical engagement with various aspects of Ayurveda. The event particular focus on *Manasaroga* (mental disorders) and *Vata Vyadhi* (disorders related to the Vata dosha).

Student Participation from SAMCH

Our college was represented by Miss Shree Rakshita, an intern, and Yuktashree, a 4th-year BAMS student, who participated in the quiz competition centered on *Manasaroga* and *Vata Vyadhi*. Their performance was a testament to their deep understanding of Ayurvedic principles and their ability to apply them to contemporary health issues.

Achievements:

- **Miss Shree Rakshita** (Intern) and **Yuktashree** (4th BAMS) secured the **2nd Prize** in the quiz competition on the topics of *Manasaroga* and *Vata Vyadhi*.

The quiz provided a stimulating environment for students to test their knowledge on key Ayurvedic concepts, while also allowing them to interact with peers from different institutions. We extend our heartfelt congratulations to Miss Shree Rakshita and Yuktashree for their excellent performance and thank NIMHANS Integrative Medicine for organizing such an enriching event. Their success exemplifies the strong academic spirit within our institution.



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