



**SUSHRUTHA
AYURVEDIC MEDICAL
COLLEGE AND HOSPITAL**

SAMC&H

ANNUAL REPORT 2023 - 2024





**SUSHRUTHA
AYURVEDIC MEDICAL
COLLEGE AND HOSPITAL**

SAMC&H

ANNUAL REPORT 2023 - 2024

Vision:

To be the best Ayurveda Institution known for its excellence in -

- Education, Healthcare & Research

Mission:

- Excellent teaching with best of east & best of west methods.
- Creating campus atmosphere with Indian cultural values.
- At most services to public by Ayurveda treatments.

Prashanti Kutiram', Jodi Bingipura, Jigani Hobli, Anekal Taluk, Bengaluru - 562 105

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MESSAGE

From **Dr. H R NAGENDRA**
Chancellor, S-VYASA
Chairman, Yadalam Trust



Dear Members of the Sushrutha Ayurvedic Medical College and Hospital (SAMC&H) Family,

It gives me immense pleasure to extend my heartfelt greetings to all of you as we reflect on the achievements and milestones of Sushrutha Ayurvedic Medical College and Hospital in the academic year 2024-25. This institution, rooted in the profound wisdom of Ayurveda, continues to be a beacon of holistic health and wellness, upholding the rich traditions of our ancient science while embracing modern advancements.

In the midst of global challenges and uncertainty, it is truly remarkable to witness the dedication and resilience of the entire Sushrutha community. Our esteemed faculty, passionate students, and committed staff have continued to uphold the principles of Ayurveda and provide holistic healing to our patients while nurturing the minds of our future Ayurvedic practitioners.

In this journey of growth and excellence, the contributions of Dr. B R Ramakrishna have been truly remarkable. His unwavering dedication, visionary leadership, and deep expertise in the field of Ayurveda have played a pivotal role in shaping the success and reputation of SAMC&H. Dr. Ramakrishna's efforts in integrating traditional Ayurvedic practices with contemporary research and education have not only enriched the curriculum but have also inspired a new generation of Ayurvedic practitioners and scholars.

I extend my heartfelt appreciation to Dr. Ramakrishna and my deepest gratitude to each and every member of the Sushrutha family for your relentless dedication and hard work. Let us continue to walk this path of Ayurvedic wisdom and healing, making a positive impact on the lives of many.

With Love,

Dr H R Nagendra,
Chancellor, S-VYASA

SRIRAMA PRANA PRATISHTAPANA CELEBRATIONS 22ND JAN 2024





MESSAGE

From **Dr. H R Dayananda Swamy**
B Com, MBA, MSc (Yoga), Ph.D
Executive Trustee



Sushrutha Ayurvedic Medical College and Hospital, established in 2002, has evolved to meet the growing demand for traditional holistic healthcare. Relocated to Prashanti Kuteeram, the institution aims to raise awareness of Ayurveda among rural communities. As a premier Ayurvedic institution in Bengaluru, we are affiliated with Rajiv Gandhi University of Health Sciences (RGUHS), offering a 5 ½-year Undergraduate BAMS course and post-graduation programs in two subjects. Our academic programs are designed to foster a deep understanding of Ayurvedic principles, blending traditional knowledge with modern medical knowledge and research activities. We take pride in our accomplished faculty, who mentor students to become compassionate and skilled Ayurvedic practitioners.

Our state-of-the-art campus features a hospital with various departments, a laboratory, dispensary, and 120 beds for inpatient care. The hospital provides comprehensive healthcare services, including preventive, curative, and rehabilitative care, catering to the needs of the local community. We have successfully treated numerous patients, improving their quality of life through Ayurvedic interventions.

I, the Managing Trustee, extend my gratitude to the management, academic, administrative, and hospital staff for their tireless efforts in establishing and sustaining the institute's reputation. I look forward to their continued support in maintaining our growth and excellence. I pledge my unwavering support and best wishes for the institute's future endeavors in advancing human well-being.

26TH JAN 2024 REPUBLIC DAY CELEBRATIONS





MESSAGE

From **Dr. B R RAMAKRISHNA**

BSAM, BAMS, MD (Ayu), MSc, Phd (Yoga)

Director and Professor-Emeritus, SAMC&H

Pro-Chancellor, SVYASA Deemed to be University

Chairman, Institutional Ethics Committee, NIMHANS

Principal Member, AYUSH, BIS, GoI

Independent Director, NALCO, GoI

President, Vishwa Ayurveda Parishad (VAP), Karnataka



Dear Brothers and Sisters,

"I extend warm greetings to you all. I am thrilled to witness Sushrutha Ayurvedic Medical College & Hospital flourishing under the guidance of our esteemed Guruji, Dr. H.R. Nagendra ji. Our institution's vision, inspired by Guruji and Dr. R. Nagaratna Deedi, is to empower students with comprehensive knowledge of integrative healthcare, harmoniously blending Ayurveda, Yoga, Naturopathy, and modern medicine. This holistic approach endeavors to prevent and cure diseases, fostering overall well-being and wellness."

Our academic programs are designed to foster a deep understanding of Ayurvedic principles, blending traditional knowledge with modern medical practices. Our faculty, comprising renowned experts in their fields, mentor students in research activities, ensuring the advancement of Ayurvedic knowledge and its applications.

Our hospital, with its experienced staff and well-equipped facilities, provides comprehensive healthcare services, including preventive, curative, and rehabilitative care. Our team of skilled physicians, surgeons, and specialists are dedicated to delivering exceptional patient care, while also engaging in cutting-edge research and academic activities.

I thank our teachers, hospital staff, and non-teaching staff for their dedication to academic and extracurricular activities. I also appreciate our students' discipline and enthusiasm.

I am confident that SAMC&H will become a leading institution in Ayurvedic education and research. I acknowledge the valuable guidance and blessings of Guruji, Dr. R. Nagaratna Deedi, Acharya Ramchandra Bhat, Dr. N.K. Manjunath Sharma.

I take it as my privilege to thank Dr. Dayanand Swamy, executive trustee, whose direction & support is the key factor in the progress & development of our Institution. His vision to make SAMC&H a world class Institution in the country need to be appreciated & acknowledged. I whole heartedly thank for his inspiring contributions.

Faculty of Sushrutha





MESSAGE

From **Dr. Manjunath NK**

BNYS, PhD

Vice chancellor, S-VYASA Deemed to be

University

Bangalore

Director, Anveshana S-VYASA Deemed to University

Trustee, Yadalam Trust



Ayurveda, an ancient Indian system of holistic healing, offers timeless wisdom and practices that resonate profoundly with modern life. Its preventative and wellness-focused philosophy aligns with the global shift towards proactive, holistic healthcare, making Ayurveda a vital resource for achieving physical, mental, and spiritual harmony in today's world. At Sushrutha Ayurveda Medical College and Hospital, we are dedicated to imparting traditional Ayurvedic knowledge blended with contemporary medical practices to our students.

Our institution has made significant strides in research activities, with numerous faculty projects in RGUHS funding platform and several student research topics selected for the CCRAS projects. Many articles published in indexed journals by staff and students. Students have won many prizes in Ayurveda quiz competitions at national level. These achievements demonstrate our commitment to advancing Ayurvedic knowledge and fostering a culture of innovation and excellence. Academic wise students have bagged many university ranks and twelve of our students have obtained PG seats at various Ayurveda colleges across India.

Our esteemed faculty is committed to guiding each student in reaching their full potential and becoming exceptional physicians. Beyond academics, our institution offers students opportunities to engage in literary, cultural, and artistic competitions, as well as participate in various university-level research projects. Our well-equipped infrastructure, comprising both college and hospital facilities, fosters academic excellence and clinical proficiency. Interns receive comprehensive training across departments, handling diverse cases and preparing for competitive exams, case presentations, and publications in esteemed journals. We extend our gratitude to our students and their families for their unwavering support and to our faculty for their mentorship and guidance.

Hospital Staff





MESSAGE

From **Dr. ALOK ROY,**
BAMS, MD (Ayu)
Principal, SAMC&H



"My journey in Ayurveda began in 2000, and a significant milestone was joining Sushrutha Ayurvedic Medical College in 2004. I feel privileged to lead the institution as Principal. Under Dr. B R Ramakrishna's guidance, SAMC&H has emerged as one of India's top 10 Ayurvedic colleges. We are blessed with the patronage of Dr. H.R. Nagendra and Dr. Nagarathna from S-VYASA University.

I extend my heartfelt appreciation to our dedicated staff, whose tireless efforts have been instrumental in our growth. Their commitment to excellence has created a nurturing environment for our students to thrive.

Our students have consistently demonstrated dedication and enthusiasm in various activities, including academic pursuits, research projects, and extracurricular events. Their passion and energy are a testament to the institution's vibrant spirit.

Over the years, SAMC&H has witnessed remarkable growth, with a significant increase in student intake, expansion of infrastructure, and enhancement of facilities. Our hospital block has augmented our clinical capabilities, attracting patients from across the country.

We focus on imparting comprehensive clinical knowledge, practical skills, and research expertise to our students, empowering them to excel as practitioners and researchers. Our institution boasts:

- Diligent faculty members
- State-of-the-art infrastructure
- Robust research activities
- A thriving student community

Let us embrace Ayurveda's principles and strive to enhance global health, restoring its former glory and establishing it as the primary healthcare system in India and worldwide."

Non-Teaching Staff





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1. INTRODUCTION



Sushruta Ayurvedic Medical College and Hospital, nestled in the serene campus of SVYASA Deemed to be University in Jigani, Bengaluru, offers an ideal environment for immersive learning in Ayurveda.

With its well-designed infrastructure, accommodates UG and PG students. The college seamlessly integrates theory and practical knowledge, featuring a central study garden filled with medicinal plants, departmental labs, and a fully functional 120-bed hospital.

The hospital boasts an OPD, IDP, Therapy Unit, Diagnostic Lab, and Ayurveda drug manufacturing section with quality control and assessment units.

Additionally, the college's comprehensive library ensures students stay up-to-date with the latest developments in Ayurveda.

This year college was selected for QCI rating & was inspected with good feedback. As a renowned institution, Sushruta Ayurvedic Medical College and Hospital takes pride in producing exceptional Ayurveda practitioners, and its annual report for 2023-2024 showcases its accomplishments and milestones.



2. GOVERNING COUNCIL

2.1 Governing Council



Dr H R Nagendra

ME, PhD

Chairman



Sri H R Dayanand Swamy

MSc (Yoga), MBA

Executive Trustee



Dr. B R Ramakrishna

BSAM, BAMS, MD, PhD (Yoga)

Trustee & Director SAMC & H



Dr. N K Manjunath Sharma

BNYS, PhD

Trustee



Dr. Vasudeva Vaidya

BAMS, MSc (Yoga), MBA

Ex Deputy Medical Superintendent (Ex – officio)



Dr. Alok Roy

BAMS, MD

Principal (Ex - officio)

SAMC&H

2.2 . Academic Council



Dr. Alok Roy
Principal,
Professor & HOD
Dept of Basic Principles



Dr. Sanghamitra Patnaik,
Medical Superintendent,
Professor & HOD,
Dept of Panchakarma



Dr. Sowmya S B
Vice Principle,
Professor,
Dept of Kayachikitsa



Dr. V. Venkata Reddy,
Director of P.G Studies,
Professor & HOD,
Dept of Kayachikitsa



Dr. Remita KK
Academic Dean,
Professor & HOD,
Dept of Rachana Shareera



Members:

- Dr. Chandrakala, Prof & HOD, Dept of Kriya Sharira
- Dr. Raghavendra M, Prof & HOD, Dept of Roga Nidana & Vikruti Vignana
- Dr. B. Ravikiran, Prof & HOD, Dravyaguna Vignana
- Dr. Prabhavati C Kichadi, Prof & HOD, Dept of Rasa Shastra & Bhaishajya Kalpana
- Dr. Sandhya D S, Prof & HOD, Dept of Agada Tantra & Vyavahara Ayurveda
- Dr. Shubha Muddanna, Prof & HOD, Dept of Prasuti Tantra & Stree Roga
- Dr. Champa Pant, Prof & HOD, Dept of Balaroga
- Dr. Nikhila B Hiremath, Prof & HOD, Dept of Swasthavritta
- Dr. Roopa L, Prof & HOD, Dept of Shalakyta Tantra
- Dr. Kishore Kumar Hullatti, Prof & HOD, Dept of Shalya Tantra



3. FACULTY TEAM

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE AND HOSPITAL (AYU0091)							
"PRAHANTHI KUTEERA", ACDAMIC BLOCK, JIGANI, BANGLAORE-560105, PH-08022639910							
Department of Basicprinciples							
S. No.	Name of the Teacher and Teacher Code	UG Qualification (University & Year)	PG Qualification with subject (University & year)	Date wise details of Experience in chronological order (1st appointment to till date)			
				Duration From-To	Designation	Name of the college	Department (subject)
1.	Dr.Alok Roy (AYSS00520)	BAMS Kuvempu University 2000	MD (Siddant and darshan) Bharathi Vidyapeeth 2004	1/9/04 - 17/9/05	Asst.Professor	SAMC & H, Bangalore	Basic principles
				11/12/06 - 31/05/2008	Asst.Professor	SKAMC & H & RC, B'lore	Basic principles
				01/06/08 - 4/12/ 2010	Asst.Professor	SAMC & H, Bangalore	Basic principles
				06/12/2010 - 31/07/2017	Associate Professor	SAMC & H, Bangalore	Basic principles
				01/08/2017 - 31/12/2019	Professor	SAMC & H, Bangalore	Basic principles
				01/01/2020 - 17/12/2023	Professor	SAMC & H, Bangalore	Kriya Shareea
				18/12/2023 - till date	Professor	SAMC & H, Bangalore	Basic principles
2.	Mr.Sanjeeva Krishna Hegade (AYSN00082)	BA (Vidwath) KSEE Board, Mysore,	MA Sanskrit Mangalore University 2003	02/12/2006 - 21/10/2008	Asst.Professor	Taranath Govt. AMC, Bellary	Basic Priciples
				04/6/2009 - 31/05/2017	Asst.Professor	SAMC & H, Bangalore	
				01/06/2017 - 31/12/2023	Associate Professor	SAMC & H, Bangalore	
				01/01/2024 - till date	Professor	SAMC & H, Bangalore	
3.	Dr.Divya Nagari N (AYSS00266)	BAMS RGUHS 2011	MD (Ayurveda Samhita) RGUHS 2015	10/12/2015 - 02/05/2021	Asst.Professor	SAMC & H, Bangalore	Basic Priciples
				03/05/2021 -till date	Associate Professor		
4.	Dr. Renuka M (AYSS00242)	BAMS RGUHS 2014	MD (Ayurveda Samhita) RGUHS 2017	01/01/2018 -till date	Asst.Professor	SAMC & H, Bangalore	Basic Priciples



5.	Dr. Pavithra S (AYSS01423)	BAMS - RGUHS-2012	MD (Ayurveda Samhita) RGUHS 2017	01/01/2018 - 17/01/2018	Asst.Professor	Hill side College	Basic Priciples
				18/01/2018 - 31/03/2021	Senior Research Fellow	CCRAS, Bangalore	
				23/04/2021 - 03/06/2024	Asst.Professor	SAMC & H, Bangalore	
				Department of Shareera Rachana			
6.	Dr.Yogitha Bali (AYST00323)	BAMS Rajiv Gandhi University of Health Sciences 2004	MS (Shalya Tantra) Rajiv Gandhi University of Helath Sciences 2009	03.08.2009 - 04.08.2014	Asst.Professor	SAMC & H, Bangalore	Shalya Tantra
				05.08.2014 - 04.08.2019	Associate Professor		Rachana Shareera
				05.08.2019 - 23.12.2019	Professor		
				24.12.2019 -till date	Professor		
7.	Dr.Remitha Kuppattu Kalladithodi (AYRS00194)	BAMS 2006 RGUHS Karnataka	MD (Shareera Rachana) 2012 RGUHS Karnataka	01/01/2013 to 31/12/2017	Asst.Professor	SAMC & H, Bangalore	Shareera Rachana
				01/01/2018 - 21/02/2023	Associate Professor	SAMC & H, Bangalore	
				22/02/2023 -till date	Professor	SAMC & H, Bangalore	
8.	Dr.Shijin Raj (AYRS00195)	BAMS 2009 Kerala University	MD (Shareera Rachana) 2014 RGUHS Karnataka	19/12/2013 to 17/12/2018	Asst.Professor	SAMC & H, Bangalore	Shareera Rachana
				18-12- 2018 -till date	Associate Professor		
9.	Dr.Sajin C P (AYRS00186)	BAMS- Kannur University,20 09	MD (Shareera Rachana) 2016 RGUHS Karnataka	03/10/2017 - 19/06/2024	Asst.Professor	SAMC & H, Bangalore	Shareera Rachana
Department of Shareera Kriya							
10.	Dr. Chandrakala (AYKC01884)	BAMS 1997- RGUHS	MD (Kayachikitsa) 2001 RGUHS	01/12/2001 - 01/03/2004	Asst.Professor	AMC, Chitradurga	Roga Nidana Evum Vikriti Vignana
				08/04/2006 - 23/08/2008	Asst.Professor	GAMC, Bangalore	
				08/04/2011 - 08/01/2012	Asst.Professor	AAMC,H & RC, Doddaballap ur	
				09/01/2012 - 04/06/2017	Associate Professor	AAMC,H & RC,	



						Doddaballapur	
				05/06/2017 - 05/02/2021	Professor	AAMC,H & RC, Doddaballapur	
				06/02/2021 - 28/03/2024	Professor	AAMC,H & RC, Doddaballapur	Kriya Shareera
				30/03/2024 - till date	Professor	SAMC & H, Bangalore	
11.	Dr.Nimisha B Raj (AYKS00127)	BAMS, 2010, TTCMSM (Deemed University)	MD Kriya Shareera 2014	29/12/2014 - 27.12.2019	Asst.Professor	SAMC&H, Bangalore	Sharir Kriya
				28.12.2019 -till date	Associate Professor		
12.	Dr. Arpitha A Warrier (AYKS00943)	BAMS - RGUHS - 2013	RGUHS -MD Kriya Shareera 2022	01.09.2021 - 25.08.2023	Asst.Professor	SBSDJAMC, Fatehgarh	Sharir Kriya
				26.08.2023 - 31/07/2024	Asst.Professor	SAMC&H, Bangalore	Sharir Kriya
13.	Dr. Bindhushree	BAMS- Amruta College of Ayurveda - 2018	MD (Kriya Shareera) 2024-Govt. Ayurveda College, Kannur	14/06/2024 -till date	Asst.Professor	SAMC & H, Bangalore	Kriya Shareera
Department of Dravyaguna Vignana							
14.	Dr.Ravi Kiran B (AYDG00305)	BAMS, Bangalore University- 1998	MD (Dravyaguna) NTR University- 2004	6/12/2004 - 5/12/2009	Lecturer	SAMC & H	
				6/12/2009 - 31/05/2012	Associate Professor	SAMC & H	
				01.06.2012 - 06.07.2013	Associate Professor	SDMT.AMC, TERDAL, Bagalkot	Dravyaguna
				03/09/2014 - 25/04/2015	Associate Professor	AYMC, Tumkur	
				27/04/2015 - 31/07/2017	Associate Professor	SAMC & H	
				01/08/2017 - 13.02.2018	Professor	SAMC & H	
				14.02.2018 - 26.4.2021	Professor	SAMC & H	Agdatantra
				27.04.2021 -till date	Professor	SAMC & H	Dravyaguna
15.	Dr.Sunitha M P (AYDG00592)	BAMS RGUHS 2007	MD	02/11/2011 - 21/12/12	Asst.Professor	Rama krishna AMC, B'lore	Dravyaguna



			(Dravyaguna) RGUHS, 2011	24/12/2012 - 31/07/2017	Asst.Professor	SAMC & H, Bangalore	
				01/08/2017 - 24/04/2022	Associate Professor	SAMC & H, Bangalore	
				25/04/2022 - till date	Professor	SAMC & H, Bangalore	
16.	Dr. Niveditha Shetty (AYDG00247)			16/01/2015 to 04/01/2018	Asst.Professor	KAMC, Mangalore	
		BAMS- RGUHS-2011	MD- Dravyaguna- RGUHS-2014	08/01/2018 to 26/07/2022	Asst.Professor	SDMCA, Udupi	Dravyaguna
				27/07/2022 - till date	Associate Professor	SAMC&H, Bangalore	
17.	Dr.Nischal P (AYDG01385)	BAMS- RGUHS-2013	MD (Dravyaguna)- RGUHS-2019	01.01.2020 -till date	Asst.Professor	SAMC&H, Bangalore	Dravyaguna
18.	Dr. Akshatha Somayaji K (AYDG01993)	BAMS- RGUHS-2020	MD (Dravyaguna) -RGUHS 2024	05/08/2024 - till date	Asst.Professor	SAMC & H, Bangalore	Dravyaguna

Department of Rasashastra & Bhaishajya Kalpana

19.	Dr.Prabhavati Kichadi Channappa (AYRB00627)	BAMS RGUHS 2005	MD (Bhaishajya Kalpana) 2014 RGUHS	16/1/2014 - 15/01/2019	Asst. Professor		
				16/01/2019 - 29/02/2024	Associate Professor	SAMC & H, Bangalore	Rasashastra & Bhaishajya Kalpana
				01/03/2024 - till date	Professor		
20.	Dr. Sreenidhi G S (AYRB00464)	BAMS RGUHS2010	MD (Rasashastra) 2014 RGUHS	10/02/2014 - 23/12/2014	Asst. Professor	Dr. BNM Rural Ayurvedic Medical College, Bijapur	Agadatantra & Vyavahara Ayu.
				12/01/2015 - 13/07/2016	Asst. Professor	DGM, Gadag	
				15/07/2016 - 09/02/2019	Asst. Professor	SAMC&H, Bangalore	Rasashastra & Bhaishajya Kalpana
				10/02/2019 - till date	Associate Professor	SAMC&H, Bangalore	
21.	Dr. Anupama Janakiram (AYRB00312)	BAMS RGUHS 2011	MD Rasashastra & Bhaishajya Kalpana- RGUHS-2017	01/01/2018 - 21/02/2023	Asst. Professor	SAMC&H, Bangalore	Rasashastra & Bhaishajya Kalpana
				22/02/2023 - till date	Associate Professor	SAMC&H, Bangalore	
22.	Dr. Abhishek Biswas (AYRB00311)	BAMS - RGUHS-2009	MD-Madhya Pradesh Medical	01/03/2019 - 28/02/2020	Asst. Professor	IIAM Bangalore	Rasashastra & Bhaishajya Kalpana



			Science University-2019	18/03/2022 - till date	Asst. Professor	SAMC&H, Bangalore	Rasashastra & Bhaishajya Kalpana
Department of Roga nidana and Vikriti Vignana							
23.	Dr.Raghavendra MP (AYKC01082)	BAMS Karanataka University (1997)	MD (Kayachikista) RGUHS-2005	02/05/2004 - 02/05/2009	Asst. Professor & Principal	Amurutha Ayurvedic medical college, Chithradurga	Kayachikitsa
				03/05/2009 - 30/04/2014	Associate Professor & Principal	Amurutha Ayurvedic medical college, Chithradurga	
				01/05/2014 - 15/03/2016	Professor & Principal	Amurutha Ayurvedic medical college, Chithradurga	
				13/05/2016 - 29/01/2019	Professor	Sushrutha Ayurvedic Medical college & Hospital, Bangalore	
				30/01/2019 - till date	Professor	Sushrutha Ayurvedic Medical college, Bangalore	Roganidana
24.	Dr.Anagha DN (AYKC00984)	BAMS RGUHS 2009	MD (Kayachikitsa) RGUHS 2013	19/03/2014 - 31/01/2019	Asst.Professor	SAMC & H, Bangalore	Kayachikista
				01/02/2019 - 17.03.2019	Asst.Professor		Roganidana
				18.03.2019 - till date	Associate Professor		Roganidana
25.	Dr. Sowmya H (AYRN00136)	BAMS, RGUHS-2012	MD (Roganidana) RGUHS 2015	17/12/2015 - 07/10/2017	Asst.Professor	ATREYA AYU, Bangalore	Roga nidana and Vikriti Vignana
				16/10/2017 - 23/12/2020	Asst.Professor	SAMC&H, Bangalore	
				24/12/2020 -till date	Associate Professor	SAMC&H, Bangalore	
26.	Dr. Rashmi (AYRN00734)	BAMS, RGUHS-2017	MD (Roganidana) RGUHS 2020	28/12/2020 -till date	Asst.Professor	SAMC&H, Bangalore	Roga nidana and Vikriti Vignana
Department of Swastavritta							
27.	Dr.Nikhila (AYSV00173)	BAMS- RGUHS 2002	MD (Swastha Vritta) RGUHS 2007	01/06/2007 - 31/05/2008	Asst.Professor	Shree RKM Ayurevda Medical	Swastavritta



						College, Bijapur	
				01/06/2008 - 05/05/2010	Asst.Professor	Shree CB Guttal Ayurveda Medial College, Dharwad	
				06/05/2010 - 20/01/2015	Asst.Professor	SRI SRI AMC, Bangalore	
				21/10/2015 - 01/04/2018	Associate Professor	SRI SRI AMC, Bangalore	
				02/04/2018 - 14/07/2023	Professor	SRI SRI AMC, Bangalore	
				17/07/2023 -till date	Professor	SAMC & H, Bangalore	
28.	Dr.Sandeep S (AYSV00270)	BAMS RGUHS 2011	MD (Swastha Vritta) RGUHS 2015	10/12/2015 -9/12/2020	Asst.Professor	SAMC & H, Bangalore	Swastavritta
				10/12/2020 -till date	Associate Professor		
29.	Dr.Manu M (AYSV00135)	RGUHS- 2013-BAMS	MD (Swastha Vritta) RGUHS 2017	07/01/2019 - 22/06/2024	Asst.Professor	SAMC & H, Bangalore	Swastavritta
30.	Dr. Athira (AYSV01070)	BAMS- RGUHS-2017	MD (Swasta Vritha) 2021- RGUHS	14.02.2024 - till date	Asst.Professor	SAMC & H, Bangalore	Swastavrittha
Department of Agadatantra & Vyavahara Ayurveda							
31.	Dr. Sandhya DS (AYDG00601)	RGUHS-1999	MD (Dravyaguna) RGUHS-2003	1/11/2003 - 31/10/2008	Asst.professor	SKBAMC, Bangalore	Dravyaguna
				1/11/2008 - 30/11/2013	Associate Professor	SKBAMC, Bangalore	Drvyaguna
				20/10/14 - 30/4/16	Professor	RAMC, Bangalore	Drvyaguna
				1/12/16 - 9/3/18	Professor	Amrutha, Chitradurga	Agadatantra
				10/03/18 - till date	Professor	SAMC&H, Bangalore	Agadatantra
32.	Dr.Harish Babu H (AYAT00223)	BAMS RGUHS 2011	MD (Agadatantra & Vyavahara Ayurveda) KLE-2014	06/08/2014 - 21/10/2015	Asst.Professor	BAMC, Chitradurga	Agadatantra & Vyavahara Ayu.
				22/10/2015 - 06/08/2019	Asst.Professor	SAMC & H, Bangalore	
				07/08/2019 -till date	Associate Professor	SAMC & H, Bangalore	



33.	Dr.Swathi Sharma (AYAT00400)	BAMS- RGUHS-2013	MD (Agadatantra & Vyavahara Ayurveda) KLE-2017	30/12/2019 - 27/08/2020 12/12/2020 -till date	Asst.Professor	SDM,Hasan SAMC & H, Bangalore	Agadatantra & Vyavahara Ayu.
Department of Prasooti Tantra & Stree Roga							
34.	Dr. Shubha Muddanna (AYPS00417)	BAMS RGUHS 2004	MS (Prasooti Tantra & Stree Roga) RGUHS 2014	05/12/2013 - 04/12/2018 05/12/2018 - 23/12/2019 24.12.2019 - 22.11.2023 23.11.2023 - 04.02.2024 05.02.2024 - till date	Asst.Professor Associate Professor Associate Professor Associate Professor Professor	SAMC & H, Bangalore	Prasooti Tantra & Stree Roga Kaumara bhritya Prasooti Tantra & Stree Roga
35.	Dr.Reshma Ashok Kumar (AYPS00398)	BAMS RGUHS 2008	MS (Prasooti Tantra & Stree Roga) RGUHS 2013	07/12/2013 - 06/12/2018 07/12/2018 -till date	Asst.Professor Associate Professor	SAMC & H, Bangalore	Prasooti Tantra & Stree Roga
36.	Dr.Sri Harshitha G (AYPS00654)	BAMS- SCSVM, Kanchipuram - 2011	MS (Prasooti Tantra & Stree Roga)- NTR University- 2016	10/12/2016 - 12/09/2017 16/09/2017 - 26/07/2022 27/07/2022 - 31/07/2024	Asst.Professor Asst.Professor Associate Professor	Punjab, Ayu College, Jodhpur SAMC&H, Bangalore	Prasooti Tantra & Stree Roga
37.	Dr.Ranjitha B M (AYPS00385)	BAMS RGUHS-2010	RGUHS-MS- SRPT-2014	01.01.2015 - 31.12.2018 01.01.2019 - 31.12.2019 01.01.2020 -till date	Asst.Professor Asst.Professor Associate Professor	KAMC, Mangalore SAMC&H, Bangalore	Prasooti Tantra & Stree Roga
38.	Dr.Raksha S (AYPS01130)	BAMS- RGUHS-2017	RGUHS- SRPT-MS- 2020	06/01/2021 - 27/11/2021 23/05/2022 - 03/02/2024	Asst.Professor Asst.Professor	SDM, Hasan SAMC&H, Bangalore	Prasooti Tantra & Stree Roga Prasooti Tantra & Stree Roga
39.	Dr.Yashaswini S (AYPS01415)	BAMS- RGUHS-2017	RGUHS-MS- SRPT-2022	01/02/2023 - 15/02/2024	Asst.Professor	SAMC&H, Bangalore	Prasooti Tantra & Stree Roga
40.	Dr. Netravati (AYPS01052)	BAMS- RGUHS-2014	MS (PTSR) 2019-RGUHS	01/01/2020 - 18/05/2024	Asst.Professor	BVVS Ayurved Medical College & Hospital, Bagalkote	Prasooti Tantra & Stree Roga



				03/06/2024 - till date	Asst.Professor	SAMC & H, Bangalore	
41.	Dr. Shravani (AYPS01675)	BAMS- RGUHS-2020	MS (PTSR) 2024-RGUHS	01/03/2024 - till date	Asst.Professor	SAMC & H, Bangalore	Prasooti Tantra & Stree Roga
Department of Kaumara Bhritya							
42.	Dr.Champa Pant (AYKC00983)	BAMS Kanpur University 1995	MD (Kayachikitsa) Delhi University 2005	11/11/2009 - 11.11.2014	Asst.Professor	SAMC & H, Bangalore	Kaumara bhritya
				12.11.2014 - 10.11.2019	Associate Professor		
				11.11.2019 -till date	Professor		
43.	Dr.Sindhu N (AYKB00683)	BAMS- RGUHS-2015	MD- BALAROGA -2020	09/12/2020 -till date	Asst.Professor	SAMC & H, Bangalore	Kaumara bhritya
Department of Kayachikitsa							
44.	Dr. V. Venkatram Reddy (AYKC01013)	BAMS, Nagrjuna University- 1990	MD (Kayachikitsa) NTR University-1995	10.7.97- 10.7.2002	Asst.Professor	SSAMC, Bidar	Panchakarma
				11.7.02- 30.10.06 & 02.01.07- 08.02.08	Associate Professor	SSAMC, Bidar	
				20.05.08- 09.12.2010	Professor	SSAMC, Bidar	
				27.12.10- 11.07.2018	Professor	SAI RAM SAMC, Chennai	
				12.07.2018 - 04/01/2019	Professor	SAMC &H, Bangalore	
				05/01/2019 - till date	Professor	SAMC&H, Bangalore	Kayachikitsa
45.	Dr. Sowmya SB (AYKC01251)	BAMS- University of Mysore-1997	RGUHS- MD- Kayachikitsa - 2001	17/09/2002 - 03/07/2008	Asst.Professor	JSS, Mysore	Kayachikitsa
				09/09/2008 - 26/07/2010	Associate Professor	Shri KBS, Bangalore	
				27/07/2010 - 13/09/2016	Associate Professor	ATREYA AYU, Bangalore	
				14/09/2016 - 17/02/2018	Professor	ATREYA AYU, Bangalore	
				19/02/2018 - 20/03/2020	Professor	Rama krishna AMC, B'lore	
				21/03/2020 - 30/03/2021	Professor	Karavali, Mangalore	



				01/04/2021 - 28/06/2023	Professor	Rama krishna AMC, B'lore	
				01/07/2023 -till date	Professor	SAMC, Bangalore	
46.	Dr.Shubharani M (AYKC01066)	BAMS RGUHS 2008	MD (Kayachikitsa) 2012	01/01/2013 - 31/12/2017	Asst. Profesor	SAMC&H, Bangalore	Kayachikista
				01/01/2018 - 21/02/2023	Associate Professor	SAMC & H, Bangalore	
				22/02/2023 - till date	Professor	SAMC & H, Bangalore	
47.	Dr. Asha Rani K (AYKC00554)	BAMS, RGUHS2012	MD (Kayachikista) RGUHS 2016	12/01/2017 - 24/04/2022	Asst.Professor	SAMC & H, Bangalore	Kayachikista
				25/04/2022 -till date	Associate Professor		
48.	Dr.Ramyashree G (AYKC00567)	BAMS, RGUHS2012	MD (Kayachikista) RGUHS 2015	31/12/15- 12/10/17	Asst.Professor	ATREYA AYU, Bangalore	Kayachikista
				13/10/17- 31/05/2023	Asst.Professor	SAMC&H, Bangalore	
				01/06/2023 - till date	Associate Professor	SAMC&H, Bangalore	
49.	Dr. Ramyashree Nagendra (AYKC03363)	BAMS- RGUHS-2017	MD (Kayachikitsa) 2021- RGUHS	23.02.2022 - 28.02.2023	Asst.Professor	KTG, Bangalore	Kayachikista
				01.03.2023 - 31/05/2024	Asst.Professor	SAMC&H, Bangalore	Kayachikista
50.	Dr. Ananyalakshmi	BAMS- RGUHS-2020	MD (Kayachikitsa) 2024-RGUHS	6-08-2024 - till date	Asst.Professor	SAMC & H, Bangalore	Kayachikitsa
Department of Panchakarma							
51.	Dr.Sanghamitra Patnaik (AYKC00569)	BAMS, Utkal University 1992	MD (Kayachikitsa) Utkal University 1999	21/09/99 - 31/10/2004	Asst.Professor	N K J AMC, Bidar	Panchakarma
				01/11/2004 - 28/02/09	Associate Professor	N K J AMC, Bidar	
				01/03/09 - 19/05/2010	Professor	N K J AMC, Bidar	
				21/05/2010 - 11/01/2021	Professor	SAMC & H, Bangalore	
				12/01/2021 - till date	Professor	SAMC & H, Bangalore	



52.	Dr.Pooja B A (AYPK00491)	RGUHS-2008	(Panchakarma) RGUHS-2011 and Ph.D (Panchakarma) DRSRRAV- 2014, JODHPUR	18.1.13- 17.1.14	Asst.professor	National Institute of Ayurveda, Jaipur	Panchakarma
				03.2.14 - 24.12.14	Asst.professor	TMAES, Ayurvedic Medical College, Shimoga	
				26.12.14- 21.4.18	Asst.professor	SDM, Udupi	
				23.4.18-till date	Associate Professor	SAMC&H, Bangalore	
53.	Dr.Ramya R V (AYPK00923)	BAMS RGUHS-2009	MD (Panchakarma), Madhya Pradesh Medical Science University, Jabalpur - 2019	01/06/2020 -till date	Asst.Professor	SAMC & H, Bangalore	Panchakarma
Department of Shalya Tantra							
54.	Dr.Kishore Kumar Hullatti Karabassappa (AYST01048)	BAMS Kuvempu University 1999	MS (Shalya Tantra) RGUHS 2003	11/11/2003 - 28/2/2005	Asst.Professor	Bapuji AMC Shimoga	Shalya Tantra
				01/03/2005 - 20/06/2011	Asst.Professor	J S S AMC, Mysore	
				21/06/2011 - 31/07/2013	Associate Professor	KLE BMK AMC, Belgaum	
				01/08/2013 - 14/09/2014	Associate Professor	SAMC & H, Bangalore	
				15/09/2014 -till date	Professor	SAMC & H, Bangalore	
55.	Dr.Manjunath Joshi R (AYST00587)	BAMS RGUHS 2007	MS (Shalya Tantra) RGUHS 2011	05/08/2011 - 03/08/2012	Asst.professor	IIAM Bangalore	Shalya Tantra
				28/11/2012 - 01/01/2017	Asst.professor	SAMC & H, Bangalore	
				02/01/2017 -till date	Associate Professor	SAMC & H, Bangalore	
56.	Dr.Mohana Krishna G (AYST00429)	RGUHS BAMS 2011	MS (Shalya Tantra) RGUHS 2015	17/12/2015 - 22/07/2016	Asst.professor	IGMC, Bhubansher	Shalya Tantra
				01/8/2016- 23/12/2020	Asst.professor	SAMC&H, Bangalore	
				24/12/2020 - till date	Associate Professor	SAMC&H, Bangalore	
57.	Dr.Maya Varghese (AYST00666)	RGUHS BAMS2008	MS (SHALYA) RGUHS2014	12.03.2015 to 03.01.2019	Asst.professor	SNIAS&R, Puthur	Shalya Tantra



				05.01.2019 - 15.03.2020	Asst.professor	SAMC&H, Bangalore	
				16/03/2020 -till Date	Associate Professor	SAMC&H, Bangalore	
58.	Dr.Shalini U A (AYST00928)	BAMS- RGUHS-2013	MS-RGUHS- 2018	10/12/2018 - 28/12/2020	Asst.Professor	Hillside Ayurvedic Medical College & Hospital	Shalya Tantra
				29/12/2020 - till date	Asst.Professor	SAMC&H, Bangalore	
Department of Shalakya Tantra							
59.	Dr.Roopu L (AYSK00301)	BAMS-2003- RGUHS	MS (Shalakya Tantra) 2008	01/07/08- 19/12/08	Asst.Professor	Amrutha- Chitradurga	Shalakya Tantra
				20/12/2008 - 02/07/2013	Asst.Professor	Ashwini - Davanagera	
				03/07/2013 - 31/10/2013	Associate Professor	Ashwini - Davanagera	
				05/11/2013 - 27/12/2017	Associate Professor	Amrutha- Chitradurga	
				01/01/2018 - 01/07/2018	Associate Professor	SAMC & H, Bangalore	
				02/07/2018 -till date	Professor	SAMC & H, Bangalore	
60.	Dr. Renu V T (AYSK00233)	BAMS-SRI CHANDRAS HEKAREND RA SARSWATH I VISWA MAHAVIDY ALAYA (SCSVMV)- 2008	MS- SHALKYA TANTRA- RGUHS-2016	01.08.2016 - 28.02.2017	Asst.Professor	ATREYA AYU, Bangalore	Shalakya Tantra
				01.03.2021 - 18.12.2020	Asst.Professor	Ramakrishna Bangalore	
				21.12.2020 - 31.07.2021	Asst.Professor	Vishnu AMC, Shoranur	
				01.08.2021 - 31.08.2022	Associate Professor	Vishnu AMC, Shoranur	
				06.09.2022 -till date	Associate Professor	SAMC & H, Bangalore	
61.	Dr. Harish G (AYSK00827)	BAMS- RGUHS-2015	MS (Shalakya Tantra) 2020- RGUHS	09/12/2020 -till date	Asst.Professor	SAMC & H, Bangalore	Shalakya Tantra
62.	Mr.Narendra	BSC -Yoga- SVYASA- 2016	M.Sc -Yoga- SVYASA- 2020	14/01/2019 -till date	Asst.Professor	SAMC & H, Bangalore	Yoga Teacher
63.	Mrs.Soubhagya Laxmi Mohanty	BA-1999	M Sc, Maths- 2001	02/11/2022 -till date	Asst.Professor	SAMC & H, Bangalore	Biostatistician



New Joining – Teaching Staff

1.	Dr. Chandrakala (AYKC01884)	BAMS 1997- RGUHS	MD (Kayachikitsa) 2001 RGUHS	30/03/2024 – till date	Professor	SAMC & H, Bangalore	Kriya Shareera
2.	Dr. Bindhushree	BAMS- Amruta College of Ayurveda - 2018	MD (Kriya Shareera) 2024-Govt. Ayurveda College, Kannur	14/06/2024 -till date	Asst.Professor	SAMC & H, Bangalore	Kriya Shareera
3.	Dr. Shravani (AYPS01675)	BAMS- RGUHS- 2020	MS (PTSR) 2024-RGUHS	01/03/2024 – till date	Asst.Professor	SAMC & H, Bangalore	Prasooti Tantra & Stree Roga
4.	Dr. Netravati (AYPS01052)	BAMS- RGUHS- 2014	MS (PTSR) 2019-RGUHS	03/06/2024 – till date	Associate Professor	SAMC & H, Bangalore	Prasooti Tantra & Stree Roga
5.	Dr. Athira (AYSV01070)	BAMS- RGUHS- 2017	MD (Swasthavrittha) 2021-RGUHS	14.02.2024 – till date	Asst.Professor	SAMC & H, Bangalore	Swasthavrittha
6.	Dr. Akshatha Somayaji K	BAMS- RGUHS- 2020	MD (Dravyaguna) - RGUHS 2024	05/08/2024 – till date	Asst.Professor	SAMC & H, Bangalore	Dravyaguna
7.	Dr. Ananyalakshmi	BAMS- RGUHS- 2020	MD (Kayachikitsa) 2024-RGUHS	06-08-2024 – till date	Asst.Professor	SAMC & H, Bangalore	Kayachikitsa

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE AND HOSPITAL

PROFORMA TO FURNISH THE DETAILS OF NON-TEACHING STAFF

Sl. No.	Name of the Employee	Qualification	Date of Appointment	Nature of Appointment (Regular / Contractual / Part time)	Designation	Name of working department	
1	Jagadish H S	M.Lib	10.10.2011	Regular	Librarian	Library	SAMCH203
2	Mohan Kumar H R	B.Lib	07.01.2019	Regular	Asst. Librarian	Library	SAMCH207
3	Archan Rai	B.Lib	09.02.2021	Regular	Asst. Librarian	Library	SAMCH224
4	Rathnamma	7th	24.03.2023	Regular	Attendant / Peon	Library	SAMCH243
5	Laxminarayana Bhagwat	M.Com	02.12.2013	Regular	Clerical staff for admin & Accounts	College office	SAMCH201
6	Rayala Kumar	B sc/MBA	05.01.2007	Regular	Clerical staff for admin & Accounts	College office	SAMCH202
7	Mamatha B N H R	MBA	21.12.2020	Regular	Clerical staff for admin & Accounts	College office	SAMCH214
8	Sathyanarayana Rao	B Com	01.06.2003	Regular	Clerical staff for admin & Accounts	College office	SAMCH209
9	Jareena Bibi	5th	28.12.2023	Regular	Attendant	Samhita Siddanta	SAMCH247
10	Prakash M T	10th	07.07.2004	Regular	Museum Keeper	Rachana Shareera	SAMCH204



11	Ujjini Kotreshi	B.A	09-07-2018	Regular	Laboratory Technician	Rachana Shareera	SAMCH229
12	Dilip Sharma	9th	01.09.2014	Regular	Anatomy Lifter	Rachana Shareera	SAMCH222
13	Suvabrata Panigrahi	DMLT	02.01.2024	Regular	Laboratory Technician	Kriya Shareera	SAMCH320
14	Ranjitha D M	M.Sc	28.12.2023		Laboratory Technician	Dravyaguna	SAMCH248
15	Suguna P	7th	01.07.2022	Regular	Museum Keeper	Dravyaguna	SAMCH237
16	Indrasena	12th	01.05.2024	Regular	Laboratory Assistant	Rasasatra/ Bhaishajya Kalpana	SAMCH245
17	Deepika S	B.com	01.02.2023	Regular	Laboratory Technician	Rasasatra/ Bhaishajya Kalpana	SAMCH240
18	Bikas Kumar Purohit	DMLT	01.01.2021	Regular	Laboratory Technician	Roganidana/ Vikriti Vigyan	SAMCH226
19	Satyaprakash Bharat Tudu	DMLT	12.04.2016	Regular	Laboratory Technician	Roganidana/ Vikriti Vigyan	SAMCH212
20	Soumya	12th	28.12.2023	Regular	Attendant	Dravyaguna	SAMCH245
21	Manoj Kumar	7th	01.06.2024	Regular	Museum Keeper	Agadatantra evam vidhi vaidhya & Swastha vritta	SAMCH246
22	Shanthamma	5th	01.07.2022	Regular	Attendant	Prasutitantra & Sriroga	SAMCH238
23	Madhu	7th	01.12.2021	Regular	Multipurpose worker	Herbal Garden	SAMCH233
24	Murugesh C	5th	08.01.2018	Regular	Multipurpose worker	Herbal Garden	SAMCH227
25	Narayanappa	5th	01.02.2020	Regular	Gardner	Herbal Garden	SAMCH231
26	Lakshmi	5th	01.02.2021	Regular	Attendant	Dravyaguna	SAMCH221
27	Sarojamma	5th	02.08.2021	Regular	Attendant	Kayachikitsa	SAMCH228
28	Gowramma	5th	04.02.2022	Regular	Attendant	Kayachikitsa	SAMCH234
29	Ranganath	9th	01.01.2021	Regular	Laboratory Assistant	Dravyaguna	SAMCH219
30	Veeresh B S	DMLT	27.04.2022	Regular	Laboratory Technician	Dravyaguna	SAMCH236
31	Prakash Sahu	9th	01.02.2021	Regular	Others	Others	SAMCH213
32	Ananda Timung	9th	01.07.2023	Regular	Others	Others	SAMCH245
33	Anitha	5th	28.12.2023	Regular	Others	Others	SAMCH426
34	Manasaram Singh	9th	09.05.2022	Regular	Others	Others	SAMCH235



ANNEXURE -III						
SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL (AYU0091)						
PROFORMA TO FURNISH THE DETAILS OF HOSPITAL STAFF- 2023 -2024						
Sl. No	Name of the Employee	Qualification	Date of Appointment	Nature of Appointment (Regular / Contractual / Part time)	Designation	Name of working department
1.	Dr Sanghamitra Patnaik	Post-Graduate	12-01-2021	Regular	Hospital Superintendent	Hospital
2.	Dr Shrirama Dongre	Post-Graduate	01.02.2023	Regular	Deputy Medical Superintendent	Hospital
3.	Vajrala Venkat Ram Reddy	Post-Graduate	12.07.2018	Regular	Consultants	Hospital Staff
4.	Dr S B Sowmya	Post-Graduate	01.07.2023	Regular	Consultants	Hospital Staff
5.	Dr Shubharani M	Post-Graduate	01.01.2013	Regular	Consultants	Hospital Staff
6.	Dr Asharani K	Post-Graduate	12.01.2017	Regular	Consultants	Hospital Staff
7.	Dr Ramyashree G	Post-Graduate	13.10.2017	Regular	Consultants	Hospital Staff
8.	Dr Roopa L	Post-Graduate	01.01.2018	Regular	Consultants	Hospital Staff
9.	Dr Renu V.T	Post-Graduate	06.09.2022	Regular	Consultants	Hospital Staff
10.	Dr Harish Gopal	Post-Graduate	09.12.2020	Regular	Consultants	Hospital Staff
11.	Dr Ranjita B M	Post-Graduate	01.01.2019	Regular	Prasooti Specialist	Labour Room
12.	Dr Reshma M A	Post-Graduate	07.12.2013	Regular	Prasooti Specialist	Labour Room
13.	Dr Shubha Muddana	Post-Graduate	23.11.2023	Regular	Prasooti Specialist	Hospital Staff
14.	Dr Shravani P	Post-Graduate	01.03.2024	Regular	Prasooti Specialist	Hospital Staff
15.	Dr Netravati B Aruni	Post-Graduate	25.04.2024	Regular	Prasooti Specialist	Hospital Staff
16.	Dr Champa Pant	Post-Graduate	11.11.2009	Regular	Consultants	Hospital Staff
17.	Dr Sindhu N	Post-Graduate	09.12.2020	Regular	Consultants	Hospital Staff
18.	Dr Nikhila B Hiremath	Post-Graduate	17.07.2023	Regular	Consultants	Hospital Staff
19.	Dr Sandeep S	Post-Graduate	10.12.2015	Regular	Consultants	Hospital Staff
20.	Dr Athira A G	Post-Graduate	14.02.2024	Regular	Consultants	Hospital Staff
21.	Dr Sangamitra Patnaik	Post-Graduate	21.05.2010	Regular	Panchakarma Specialist	Staff for PK
22.	Dr Pooja B A	Post-Graduate	23.04.2018	Regular	Panchakarma Specialist	Staff for PK
23.	Dr Ramya R V	Post-Graduate	01.06.2020	Regular	Panchakarma Specialist	Staff for PK
24.	Dr Kishore Kumar Hullatti	Post-Graduate	01.08.2013	Regular	Shalya Specialists	Staff of OT and Kshara
25.	Dr Maya Varghese	Post-Graduate	05.01.2019	Regular	Shalya Specialists	Staff of OT and Kshara
26.	Dr Mohan Krishna Kumar	Post-Graduate	01.08.2016	Regular	Shalya Specialists	Staff of OT and Kshara
27.	Dr Shalini U A	Post-Graduate	29.12.2020	Regular	Shalya Specialists	Staff of OT and Kshara
28.	Dr. Alaka M.N	Graduate	23.03.2023	Regular	Emergency Medical Officers	Hospital Staff
29.	Dr.Tara D Kulakarni	Graduate	06.01.2024	Regular	Emergency Medical Officers or Surgical or Medical Officer	Hospital Staff



					or Clinical Registrar (RMO or RSO or MO or CR)	
30.	Dr. Nithulya Bhaskaran	Graduate	01.07.2017	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
31.	Dr. Vipin Das	Graduate	01.08.2014	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
32.	Dr. Abhiram S S	Graduate	01.04.2023	Regular	Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
33.	Dr. Yashbir Singh	Graduate	09.06.2020	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
34.	Dr. Vidhya H.S	Graduate	01.03.2022	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
35.	Dr. Dhanyashree P T	Graduate	01.07.2022	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
36.	Dr. Anju P.S	Graduate	23.03.2023	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
37.	Dr Anju Antony	Graduate	05.01.2024	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO	Hospital Staff



					or RSO or MO or CR)	
38.	Dr Diya Binu	Graduate	05.01.2024	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
39.	Dr. Niveditha P	Graduate	13.06.2024	Regular	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar (RMO or RSO or MO or CR)	Hospital Staff
40.	Dr. Shivani Rakshitha Rajan	Graduate	15.12.2023	Regular	Panchakarma House Officer	Hospital Staff
41.	Mrs Bhageerathi M S	GNM	01.01.2024	Regular	Matron	Hospital Staff
42.	Ms. Sucharita Mandal	B.Sc.Nursing	28.12.2023	Regular	Assistant Matron	Hospital Staff
43.	Mrs. Parvathy G	B.Sc.Nursing	02.11.2022	Regular	Assistant Matron	Hospital Staff
44.	Mrs Rita Kumari	ANTTC	29.02.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
45.	Mr. Ramesh M G	Diploma in Ayurveda Nursing	01.08.2014	Regular	Staff Nurses for In Patient Department	Hospital Staff
46.	Ms. Susmita Roy	GNM	28.12.2023	Regular	Staff Nurses for In Patient Department	Hospital Staff
47.	Mrs. Ramya Mohan	Diploma in Ayurveda Nursing	16.08.2014	Regular	Staff Nurses for In Patient Department	Hospital Staff
48.	Ms Nirupama Roy	GNM	28.12.2023	Regular	Staff Nurses for In Patient Department	Hospital Staff
49.	Ms Himadri Kumar Ray	B.Sc.Nursing	28.12.2023	Regular	Staff Nurses for In Patient Department	Hospital Staff
50.	Mrs Jayamma	Less than 10th	29.02.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
51.	Mr. Devendra Kumar	ANTTC	29.02.2024	Regular	Staff Nurses for In Patient Department	Staff of Panchakarma Therapy Section
52.	Mr Binu Kumar J	Diploma in Panchakarma	01.06.2023	Regular	Panchakarma Nurse	Staff of Panchakarma Therapy Section
53.	Mrs Chandrika	ANTTC	29.02.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
54.	Mr Anuj Kumar	ANTTC	29.02.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
55.	Mrs Raji Ragunath	Less than 10th	29.02.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff



56.	Mr. Dipankar Maiti	B.Sc. Nursing	01.06.2022	Regular	Staff Nurses for In Patient Department	Hospital Staff
57.	Ms Koyel Barman	GNM	28.12.2023	Regular	O.T Nurse	Staff of OT
58.	Mr. Nirban Mandal	GNM	08.08.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
59.	Mr. Ripan Barman	GNM	08.08.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
60.	Mrs Rudrani Kumari	B.Sc. Nursing	29.07.2024	Regular	Staff Nurses for In Patient Department	Hospital Staff
61.	Dr Vijaya Das	Post-Graduate	01-01-2022	Contract	Medical Specialist	Modern Medical Staff
62.	Dr. Ravi K	Post-Graduate	01-01-2022	Contract	Surgical Specialist	Modern Medical Staff
63.	Dr. Meghana. P	Post-Graduate	01-04-2023	Contract	Obstetrician and Gynaecologist	Modern Medical Staff
64.	Dr. Pradeep R Rudramurthy	Post-Graduate	10-11-2011	Contract	Pathologist	Modern Medical Staff
65.	Dr. M.P.S Lokesa	Post-Graduate	01-04-2023	Contract	Anaesthesiologist	Modern Medical Staff
66.	Dr Navya C	Post-Graduate	01-04-2023	Contract	Ophthalmologist	Modern Medical Staff
67.	Dr. Muzfar Ahmed Yaragatti	Post-Graduate	01-04-2023	Contract	Paediatrician	Modern Medical Staff
68.	Dr. Tejaswini H	Post-Graduate	01-04-2023	Contract	Radiologist	Modern Medical Staff
69.	Dr. Madhura	Post-Graduate	26-12-2019	Contract	Dentist	Modern Medical Staff
70.	Ms Jeevitha N	Certificate course in Radiographic assistant	01.06.2023	Regular	X-Ray Technician/Radiographer	Modern Medical Staff
71.	Dr. Jishnu G Kartha	Graduate	01-04-2023	Contract	Physiotherapist	Modern Medical Staff
72.	Mrs. Radha C T	Diploma in Panchakarma	01.08.2014	Regular	Panchakarma Assistant	Staff for Panchakarma Therapy Section for OPD and IPD
73.	Ms. Latha D.R	Diploma in Ayurveda Massage and Panchakarma	12.02.2021	Regular	Panchakarma Assistant	Staff for Panchakarma Therapy Section for OPD and IPD
74.	Mr. Nandhu.C	Certificate course in Ayurveda panchakarma	18.02.2021	Regular	Panchakarma Assistant	Staff for Panchakarma Therapy Section for OPD and IPD
75.	Mr.Jayanandan Kumar	ANTTC	16.01.2023	Regular	Panchakarma Assistant	Staff for Panchakarma Therapy Section for OPD and IPD
76.	Mrs Mahanada	PUC	08-12-2023	Regular	Dark Room Attendant	Hospital Staff
77.	Mr. Sandesh Raj S	B.Com	10.12.2020	Regular	Office Staff (for registration, record)	Hospital Staff



					maintenance, data entry etc.)	
78.	Mrs. Divya	B.A	25.10.2014	Regular	Office Staff (for registration, record maintenance, data entry etc.)	Hospital Staff
79.	Mrs. Sowmya V	B.Com	10.01.2023	Regular	Office Staff (for registration, record maintenance, data entry etc.)	Hospital Staff
80.	Mrs. Poojitha H S	B.Com	01.01.2024	Regular	Office Staff (for registration, record maintenance, data entry etc.)	Hospital Staff
81.	Mr. Rajappa	Less than 10th	28.12.2023	Regular	Store keeper	Hospital Staff
82.	Divya Chhetri	Less than 10th	01.01.2021	Regular	Ward Boy or Ayah	Hospital Staff
83.	Mrs. Nethra	Less than 10th	28.12.2023	Regular	Ward Boy or Ayah	Hospital Staff
84.	Mrs Akkayamma	Less than 10th	01.03.2024	Regular	Ward Boy or Ayah	Hospital Staff
85.	Mrs Munirathnamma	Less than 10th	01.03.2024	Regular	Ward Boy or Ayah	Hospital Staff
86.	Ms. Shwetha P N	PUC	24.07.2024	Regular	Ward Boy or Ayah	Hospital Staff
87.	Mrs. Suma	Less than 10th	01.02.2021	Regular	Ward Boy or Ayah	Hospital Staff
88.	Mrs. Prabhavati Kumari	ANTTC	28.12.2023	Regular	Operation theatre attendant	Hospital Staff
89.	Mr. Narendra	MSC. YOGA	14.01.2019	Part time	Yoga teacher or expert (from Swasthavritta and Yoga Department)	Hospital Staff
90.	Ms. Sasmitha Raut	Auxiliary Nurse and Midwife	06.12.2021	Regular	Midwife	Labour room
91.	Mr. Ajaya Cheetri	Less than 10th	28.12.2023	Contract	Bone setter	Others
92.	Mr. Prafulla Kumar Malik	Less than 10th	28.12.2023	Contract	Cook/Food Service	Others
93.	Mrs. Bharathi Singh	Less than 10th	28.12.2023	Contract	Cook/Food Service	Others
94.	Mr Rajappa	Less than 10th	01.01.2023	Contract	Washerman	Others
95.	Mr S Mahesh	Less than 10th	02.01.2023	Contract	Driver	Others
96.	Mr. Mahalingappa	ANTTC	28.12.2023	Regular	Electrician	Others
97.	Mr Rajib Bora	Less than 10th	01.01.2023	Contract	Security Guard	Others
98.	Mrs. Sujatha D. G	Less than 10th	28.12.2023	Regular	Masseur	Others
99.	Mr. Umesh Kumar Bhagat	ANTTC	28.12.2023	Regular	Masseur	Others
100.	Mrs. Unni Maya	Graduate	28.12.2023	Regular	Others	Others
101.	Mr. Aditya Kumar	ANTTC	16.08.2014	Regular	Clinical Lab Attender	Hospital Staff
102.	Mr. Harish	10th	03.12.2018	Regular	Pharmacists	Hospital Staff
103.	Mr. Ramu Y V	Less than 10th	01.06.2021	Regular	Pharmacists	Hospital Staff
104.	Mr. Dipen Malik	ANTTC	04-01-2017	Regular	Pharmacists	Hospital Staff



105.	Mr. S Satheesh Kumar	Less than 10th	01-01-2021	Regular	Pharmacists	Hospital Staff
106.	Mrs. Mechri Jalakshi	Less than 10th	28.12.2023	Regular	Pharmacy worker	Hospital Staff
107.	Ms. Madhushree S	10th	28.12.2023	Regular	Pharmacy worker	Hospital Staff
108.	Mr. Vikas Kumar	BSC yoga	04-01-2017	Regular	Dresser	Hospital Staff
109.	Mrs. Karuna Kiran Gurjar	Laboratory Technician Course	01-01-2014	Regular	Laboratory Technicians	Clinical Laboratory
110.	Mr Sunil S Sonnad	DMLT	28.12.2023	Regular	Laboratory Technicians	Clinical Laboratory
111.	Mrs. Aparna R S	Post Graduate	02.01.2021	Part-Time	Pharmacognosist (Part time)	Teaching Pharmacy and Quality Testing Laboratory
112.	Mrs Chetana Hegde	Graduate	01.01.2014	Part-Time	Analytical Chemist (Part time)	Teaching Pharmacy and Quality Testing Laboratory
113.	Mrs. Bhagyamma	Less than 10th	03.07.2021	Regular	Attender	Teaching Pharmacy Attendant
114.	Mrs Mithila M V	MSc Biochemist	01.01.2022	Regular	Biochemist	Teaching Pharmacy
115.	Mrs. Tintu Lawrence	Microbiologist	02.01.2021	Regular	Microbiology	Laboratory
116.	Dr. Deepa Sruthi G	Pharm. D	14.11.2022	Regular	Pharmacologist	Teaching Pharmacy
117.	Dr Prabhavati C Kichadi	Post Graduate	16.01.2014	Regular	Pharmacy Manager/ In charge	Teaching Pharmacy

4. ACHIEVEMENTS OF STAFF AND STUDENTS

Total scientific publications in the year 23-24- Total 10

Completed RGUHS projects- 4

Completed CCRAS SPARK projects- 4

Approved for funding to RGUHS for the year 24-25- Total 5

Ongoing staff project-1

- Dr. Sunitha – RGUHS Research Project – Advanced Research wing RGUHS certifies for completion of the project on 28th Nov 2023

Faculty Projects ongoing RGUHS for funding

- Dr. Nischal – Method development of assessment & quantification of Veerya w.s.r Divida Veerya and surface temperature a comparative analytic observational pilot study

Publications

Dr. B R Ramakrishna & Dr. Sunitha

- Glossary of Plant based Drugs in Nighantus – Review Article by Dr. B R Ramakrishna, Dr. Sunitha M P in Medicinal Plants (An International Journal of Phytomedicines and related Industries) ISSN: 0975-4261 (Print): ISSN: 0975-6892 (accepted to publish in Sep 2024)

Dr. Champa Pant

- Bijadushti Janya Asthi Dhatu Kshaya with Special Reference to Progressive Pseudo Rheumatoid Arthropathy (Dysplasia) of Childhood – A Case Report Year: 2023, Volume: 10, Issue: 1, Page no. 52-58, DOI:[10.26463/rjas.10_1_1](https://doi.org/10.26463/rjas.10_1_1)
- The effect of Satvavajaya Chikitsa w s r to Carnatic Classical Music on cognitive functions and awareness in Adolescents, International Journal of Ayurveda Research, Jul-Sep 2023,4(3):171-176
- Has prevalence of myopia in school going children changed after onset of Corona Pandemic? – An exploratory survey Study. Rjas 2023;10(2):37-41
- Impact of Daivavayapashraya Chikitsa w s r to Mantra Chanting on Smrithi (Memory) in healthy Children: A nonpharmacological interventional study. Journal of Indian System of Medicine 11(3):p 156-162, July-September 2023. | DOI: 10.4103/jism.jism_37_23
- Prevalence of malnutrition in school-going children with special reference to Sthaulya and Karshya: A cross-sectional survey study. J of Ayurveda and Hol Med (JAHM). 2024;12(5):16-29
- Effect of Dhupana (medicated fumigation) on the microbial concentration in the indoor air in Kumaragara (pediatric OPD and IPD): an experimental study. Journal of Indian System of Medicine 12(2):p 90-98, April-June 2024. | DOI: 10.4103/jism.jism_27_24

Dr. Sindhu

- Prevalence of malnutrition in school-going children with special reference to Sthaulya and Karshya: A cross-sectional survey study. J of Ayurveda and Hol Med (JAHM). 2024;12(5):16-29



Dr. Swathi Sharma

- A preliminary study on weight promoting action of a few indigenous herbal drugs (Brimhaniya Mahakashaya). Jour. of Ayurveda & Holistic Medicine, Vol.-XI, Issue-IX (Sept. 2023).
- A Preliminary Study on Vranaropana Karma (Wound Healing Action) Of Curcuma longa Linn. Jour. of Ayurveda & Holistic Medicine, Vol.-XI, Issue-X (Oct.2023)

Student RGUHS Projects completed

- **Divya B**
Prevalence of malnutrition in school-going children with special reference to Sthaulya and Karshya: A cross-sectional survey study.
- **Sourabh D S**
Effect of Dhupana (medicated fumigation) on the microbial concentration in the indoor air in Kumaragara (pediatric OPD and IPD): an experimental study.

4 SPARK Projects submitted in 2023 & completed in 2024

- **Ms. Medha Umesh, SPARK/759/3, 2nd year BAMS**
An analytical and clinical study to evaluate the efficacy of Panchanana Rasa in Hyperlipidemia Guided by Dr. Abhishek Biswas
- **Mr. Sourabh D S, SPARK/554/81, 3rd year BAMS**
Effect of Sarala-Niryasa Malahara (Pine-resin ointment), a folklore remedy for Padadari (cracked feet) in adolescents: Double blind, within-individual, randomized, vehicle-controlled, pilot study, Guided by Dr. Champa Pant
- **Ms. Shreerakshitha, SPARK/568/144, 4th year BAMS**
To evaluate the effect of Kesharanjana yoga application on scalp in the management of Akala Palitya, Guided by Dr Harish G
- **Ms. Roma Sylvia Mohan, SPARK/551/142, 2nd year BAMS**
Effect of Kshara Agada In Colon Cancer Cell Lines- In Vitro Anticancer and Biocompatibility Assay Study, Guided by Dr. Swathi Sharma

Students' projects RGUHS completed 2023-24

1	Mr. Sourabh D S Guide-Dr. Champa Pant	An experimental study on the effect of <i>Shodashanga Dhupa</i> , a novel <i>Dhupa</i> formulation on the microbial concentration in <i>Kaumaragara</i> (Pediatric OPD/IPD)
2	Ms. Monika Guide-Dr. Soumya H	An In-vitro based pathologist blinded Azithromycin controlled Observational Analytical study to assess the bactericidal action of <i>Parnayavani (coleus amboinicus)</i> on gram-positive and gram-negative bacteriae m the sputum of the patients of respiratory tract infection
3	Ms. Laiqa S. Guide-Dr. Maya	A Clinical Comparative Study to Evaluate the Effect of Arka Pratisaraniya Kshara and Apamarga Pratisaraniya Kshara in Management of Charmakeela
4	Ms. Yukta Guide-Dr. Pavitra, Co Guide-Dr. Kishor	A comparative study to evaluate the Efficacy of Pippali Agni Karma in Charmakila (wart)"

Students Projects approved by RGUHS for year 2024-25

1	Miss Neha Suresh Guide-Dr. Champa Pant	Effect of <i>Danta-dhawana</i> on salivary parameters and concentration of <i>Mukha-Krimi</i> (oral microbes) with special reference to <i>Streptococcus mutans</i> -A triple-blind, n-of-1, randomized controlled, experimental study
2	Ms. Anushka Survase Guide-Dr. Champa Pant	Effect of <i>Kunapajala</i> , a liquid organic manure on the germination and yield of <i>Vacha</i> (<i>Acorus calamus</i> L.), a drug of importance in <i>Kaumarabhritya</i> (Ayurvedic Pediatrics)-A comparative, experimental study.
3	Mr Arvind Gowda Guide- Dr. Harish Babu	Evaluation of effect of adding Visha Dravya in Aushadha wsr of initiation, duration and termination of pharmacological effect. An in vitro organ bath study.
4	Ms. Anaya Joshi Guide-Dr. Sandhya D S	Assessment of antimicrobial activity of Kshara Agada against <i>Streptococcus pneumonia</i> in respiratory tract infections. An in vitro microbial study
5	Mr Rakesh Nadig Guide- Dr. Shalini U A	Evaluation of Effect of <i>Kaliyakadi Yoga</i> in the <i>Savarnikarana</i> of <i>Vranavasthu</i> with Special Reference to Abnormal Pigmentation of Cutaneous Wound Scar- A Pilot Study.

IEC ACTIVITIES

Following proposals were reviewed in IEC meeting held on 5/9/23

Sl No	Name of the Presenter	Title of the Study
1	Mr. Sourabh D S Guide-Dr. Champa Pant	An experimental study on the effect of <i>Shodashanga Dhupa</i> , a novel <i>Dhupa</i> formulation on the microbial concentration in <i>Kaumaragara</i> (Pediatric OPD/IPD)
2	Ms. Monika Guide-Dr. Soumya H	An In-vitro based pathologist blinded Azithromycin controlled Observational Analytical study to assess the bactericidal action of <i>parnayavani</i> (<i>coleus amboinicus</i>) on gram-positive and gram-negative bacteria in the sputum of the patients of respiratory tract infection
3	Ms. Laiqa S. Guide-Dr. Maya	A Clinical Comparative Study to Evaluate the Effect of Arka Pratisaraniya Kshara and Apamarga Pratisaraniya Kshara in Management of Charmakeela
4	Ms. Yukta Guide-Dr. Pavitra, Co Guide-Dr. Kishor	A comparative study to evaluate the Efficacy of pippali agni karma in Charmakila(wart)”
5	Dr. Abhishek Biswas	“An Analytical and Clinical Study to Evaluate Effect of Patoladi Kwatha Churna on Amlapitta in Post Virechana Karma Patients”
6	Dr Ramya R V	“Effect of Varshika Basti in Swasthya Purusha as Preventive measure w.s.r Yukta Ratha Basti”



7	Dr Sanghamitra Patnaik	“Study of efficacy of Doshahara Basti in Upasthambita Vata Vyadhis – A case series”
8	Dr Varshini H R	Single group clinical study to evaluate the efficacy of <i>Varahi Ghrita</i> as <i>Matra Basti</i> and the same <i>Ghrita</i> internally in the management of <i>Asthi Kshaya</i> vis-à-vis osteoporosis”.
9	Dr Deepu C N	A randomized comparative clinical study to evaluate the efficacy of japa pushpa churna and karnapoorana with ksheerabala taila in the management of anidra vis-à-vis insomnia.”
10	Dr Harish Gopal	A Comparative Clinical Study to Evaluate the Efficacy of Yashtimadhu Chakshushya Basti with Triphala Ghrita Tarpana in Myopia (Prathama Patalagata Timira
11	Dr Champa Pant	Effect of <i>Sarala-Niryasa Malahara</i> (Pine-resin ointment), a folklore remedy for <i>Padadari</i> (cracked feet) in adolescents: Double blind, within-individual, randomized, vehicle-controlled, pilot study

Following proposals were reviewed in IEC meeting held on 20/05/24

Sl No	Name of the Presenter	Title of the Study
1	Dr Apoorva KS	A Randomized Open Labelled Controlled Clinical Study to Evaluate the Efficacy of <i>Kusumbhadya Taila Matra Basti</i> in <i>Gridhrasi</i> Vis-À-Vis Sciatic Radiculopathy.
2	Dr Basappa Kadadi	Open Labelled Single Arm Clinical Study to Evaluate the Efficacy of Taramandura Guda in the Management of Sthoulya (Obesity) Associated with Iron Deficiency Anemia.
3	Dr Bhoomika R	A Randomized Controlled Clinical Study on the Effect of Mashadi Taila Yoga After Ksheerabala Taila Nasya in Avabahuka Vis-A-Vis Frozen Shoulder.
4	Dr J Kaveri Abinaya	An Open Labelled Clinical Study to Evaluate the Efficacy of Aparajita Avaleha in Vataja Kasa Via-A-Vis Bronchitis
5	Dr Vajreshwari	A Randomized Controlled Clinical Study to Evaluate the Add on Effect of Shunthi Ghrita with Navayasa Loha in Pandu Roga Vis -A-Vis Iron Deficiency Anemia.
6	Mr Rakesh	Evaluation of Effect of Kaliyakadi Yoga in the Savarnikarana of Vranavasthu with Special Reference to Abnormal Pigmentation of Cutaneous Wound Scar- A Pilot Study.
7	Dr. Shalini	Evaluation of Comparative Effect of Shatadouta Gritha Anal Suppository and Jathyadi Gritha Anal Suppository in the Management of Parikarthika with Special Reference to Fissure in Ano- Rct

8	Dr. Champa Pant	Evaluation of Performance of A Plant Based <i>Shatadhauta Ghrita</i> in <i>Charmadala</i> (Atopic Dermatitis) in Children. A Double Blind Randomized Controlled Clinical Trial.
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Following proposals were reviewed in IEC meeting held on 11/11/24

Sl No	Name of the Presenter	Title of the Study
1	Miss Medha	An Analytical and Clinical Study to evaluate the efficacy of Panchanana Rasa in Hyperlipidemia
2	Mr Rehan	Effect of Astamangala Gritha on IQ and Social Competence in children with Borderline Intellectual Functioning (delayed Development of Theory of Mind) - An Open labeled Clinical trial''
3	Miss Harini	Effect of <i>Danta-dhawana</i> on salivary parameters and concentration of <i>Mukha-Krimi</i> (oral microbes) with w s r to <i>Streptococcus mutans</i> -A triple-blind, n-of-1, randomized controlled, experimental study.
4	Miss Shriharshitha	To evaluate the effect of Kesharanjana yoga application on scalp in the management of Akala Palitya
5	Miss Vidyashree	To evaluate the effect of Kumkumadi Ghrita Lepana in the management of infra orbital dark circles.
6	Miss Rakshita	To evaluate the efficacy of Samskarita Madanaphala Twak Choorna (Fruit Bark) in Vamana Karma – A Randomized control trial.
7	Dr Champa Pant	Effect of Preenana modaka, an Ayurvedic nutraceutical preparation and Hyderabad mix (supplementary food for malnutrition) on growth parameters in underweight children of under-five age group: A double blind, randomized controlled, pilot study.
8	Dr. Ramya R V	Effect of Aragvaddha Majja Churna with Hridya Dravya as Shardiya Virechana Yoga for Ritu Shodhana in Swasthya Purusha – A Pilot Study.

Resource person / Guest speakers / Panelist / Delegates / Best Paper awards of Faculty

1. Dr. Sanghamitra

- As Resource person

Yantra 2023 – International conference on Integrative Medicine, Theme: Models of Integration in Health Care on 23-25 November 2023 at NIMHANS Convention Centre, Bengaluru.

- Guest Speaker

25th (Incofyra) International conference on Frontiers in Yoga Research and its Application at Pre-conference workshop on CME from 28th Dec 2023 to 2nd Jan 2024.

- Chair Person – topic – Traditional approaches to Injury Prevention



25th (Incofyra) International conference on Frontiers in Yoga Research and its Application at Pre-conference workshop on CME from 3rd Jan to 6th Jan 2024.

- Resource person – Topic- Vamana Karma & its Applications

On 13/03/2024 - 6 days CME for AYUSH teachers on Panchakarma 2024 at SAMCH sponsored by Ministry of AYUSH & coordinated by RAV, New Delhi.

2. Dr. Champa Pant

- Chair Person - Education & Awareness About prevention - On 'Integrative Sports Medicine & Rehabilitation.' In 25th (Incofyra) International conference on Frontiers in Yoga Research and its Application at Pre-conference workshop on CME from 3rd Jan to 6th Jan 2024.

3. Dr. Yogita Bali

- Presented paper on Arogya (Health) From Aahara (Diet) Through Ayurveda in International conference for Women Researchers (ICWOR 2024) in International conference on 08-03-2024.

4. Dr. Shubha Rani M

- Resource person - on topic AYUSH Interventions for Wound Management and Mucositis in NAPCAIM ICON 2023, second international conference on Palliative Care: Integrated Multi-Disciplinary Team held on 5th, 6th & 7th Oct 2023 at Rajagiri college of Social Sciences (Autonomous), Kochi, Kerala.
- Resource person - on topic Interventions in Palliative Care & Yoga in NAPCAIM ICON 2023, second international conference on Palliative Care: Integrated Multi-Disciplinary Team held on 5th, 6th & 7th Oct 2023 at Rajagiri college of Social Sciences (Autonomous), Kochi, Kerala.
- Participated in International AYUSH Conference & Exhibition and presented a paper on A Clinical study on Nidranasha w.s.r to Insomnia in Dubai held from 13th -15th Jan 2024

5. Dr. Divya Nagari

- Presented paper on An outlook on Ayurvedic treatment protocol of Kumbha Kamala with Jalodara by Administration of Gomutra & Gokshira- A Case Report in Mahatma Gandhi Ayurveda College hospital & Research Centre, DMIHER (DU), Wardha International conference on 12-03-2023.

6. Dr. Reshma

- Presented paper on Clinical Relevance of Positive Mental health (soumanasyam) in treating Female Infertility – A Conceptual Study, LONGDOM Conferences International conference on 14-09-2023.

7. Dr. Shalini U A

As Resource Person

- Shalya Probodhini – 2024 – An exam Orientation programme – Guest lecture series organized by PG & Ph.D Studies Shalya Tantra JSS Ayurved Medical College, Mysore on 23-05-2024



- Shalya Tantra Kshara Proyoga – National Workshop & Seminar organized by Ali Gurukkal's Shafi Ayurveda, Calicut on 8th & 9th June 2024

8. Dr. Pooja B A

- Delegate - 6 days CME for AYUSH teachers on Panchakarma 2024 at SAMCH sponsored by Ministry of AYUSH & coordinated by RAV, New Delhi from 11th to 16th March 2024

9. Dr. Swathi Sharma

- Presented paper on Management of Hypothyroidism through Ayurveda (Traditional Indian Medicine) - Case Series, LONGDOM Conferences, International conference on 14-09-2023.

10. Dr. Ramya R V

- Panelist for Brain Storming workshop on Geriatrics – Integrative Approach and Challenges on 5th & 6th Oct 2023 (CCRAS) at CARI, Bengaluru.
- Delegate – Online training session Ayurvedic perspective of Psychosexual Health organized by The Ancient Ayurveda Institute of Training on 24/02/2024.
- Delegate - A National Webinar on Vamana Sambhasha, Organized by Department of Panchakarma, G. J. Patel Institute of Ayurvedic Studies and Research & S. G. Patel Ayurveda Hospital and Maternity Home on 2nd May 2024.
- Delegate - 6 days CME for AYUSH teachers on Panchakarma 2024 at SAMCH sponsored by Ministry of AYUSH & coordinated by RAV, New Delhi from 11th to 16th March 2024.

Student Presentations in National and International Seminars

Student name	Title of Paper	Name of Agency sponsored /Organized conference	Level (International, National & State level)	Date & Year of Paper Presentation
Masan Sachin Shriniwas Third Professional	An Analytical study wsr to Sookshma Guna-particle size Reduction and Potentiation of Pippali (Piper Longum) subjected to various samskara (Churna, Kshara, Chousasta Prahara)	RGUHS	National	9/29/2023
Dr Vajreshwari 1st Post graduation	Role of Agni in digestion and Metabolism	SDM College of Ayurveda and Hospital, Udupi	National	2/24/2024
Dr Bhoomika R 1st Post graduation	Role of Agni in Jwara chikitsa	SDM College of Ayurveda and Hospital, Udupi	National	2/24/2024



Dr Basappa Kadadi 1st Post graduation	Concept of Agni and its role in the pathogenesis of Amlapitta vyadhi	SDM College of Ayurveda and Hospital, Udupi	National	2/24/2024
Meghala Intern	Impact of Daivavyapashraya Chikitsa w s r to Mantra Chanting on Smriti (Memory) in healthy children- A non Pharmacological study	YANTRA 2023, NIMHANS	International	11/24/2023
Shravani L Intern	Effect of Satvavajaya chikitsa with special reference to Carnatic Classical music on cognitive functions and awareness in children: A non-pharmacological intervention	YANTRA 2023, NIMHANS	International	11/24/2023
Harini Prodduturi 3rd Professional	Systemic Lupus Erythematosus wrt Vatarakta	Vishwa Ayurveda Parishad and Sushrutha Ayurveda Medical College and Hospital	National	12/10/2023

Academic Ranks

- **Dr. Jayanthi batch 2017-18** got felicitated at SDM, Hassan for securing 5th rank in RGUHS Rachana Shareera on 16th Dec 2023

20 students of SAMC&H got PG admissions in different colleges

1. Dr. Keerthi Somashekar - Dravyaguna - Sushrutha Ayurvedic Medical College and Hospital, Bengaluru
2. Dr. Saraswathi Swethasree - Shalakya Tantra - Sri Kalabyraweshwara Ayurvedic Medical College and Hospital, Vijayanagar, Bangalore
3. Dr. Ayushi Baranwal - Prasuti Tantra Evum Stree Roga - Vaidya Yagya Dutt Sharma Ayurvedic Medical College Khurja, UP
4. Dr. Sneha V S - Rasashastra and Bhaishajya Kalpana - ALVAS Ayurveda Medical College and Hospital, Moodubidri
5. Dr. Shrividya S Bhat - Agada Tantra - ALVAS Ayurveda Medical College, Moodbidre
6. Dr. Neaha Lokanathan - Swasthavritta - Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College, Koppal
7. Dr. Vellala Bhavana - Panchakarma - Shri Shivayogeshwara Ayurvedic Medical College and Hospital, Inchal Belgaum
8. Dr. Jayanthi K S - Shalya Tantra- Muniyal Institute of Ayurveda Medical Sciences, Manipal
9. Dr. Parisara H S – Kayachikitsa- Sri Kalabhairaweshwara Ayurvedic Medical College and Hospital, Bangalore

10. Dr. Gagana Cs - Dravyaguna - KVG Ayurveda Medical College and Hospital, Sullia taluk Dakshina Kannada Dist.
11. Dr. Mehbub Mostuque Hussain - Samhita Evam Siddhant - Govt. Ayurvedic College & Hopital, Guwahati, Assam
12. Dr. Chaithra P. B - Rasashastra and Bhaishajya Kalpana - Karnataka Ayurveda Medical College and Hospital, Mangalore
13. Dr. Meghashree H S - Dravyaguna - Ramakrishna Ayurvedic Medical College and Hospital, Bangalore
14. Dr. Priyadarshini - Manovigyan Evam Manasaroga - SDM College of Ayurveda, Kuthpady Udupi
15. Dr. Amit Sojatiya - Samhita Siddhanta - Ayurveda Mahavidyalaya & Hospital, Hubli
16. Dr. Monisha - Shalya Tantra - Rajeshvari Medical College & Hospital, Bidar
17. Dr. Manjunath - Panchakarma - SDM Ayurveda College & Hospital, Udupi
18. Dr. Rajath - Rasa Shastra & Bhaishajya Kalpana - ALVAS Ayurveda Medical College, Moodbidre
19. Dr. Lathashree - Manasaroga - SDM Ayurveda College & Hospital, Hassan
20. Dr. Shubha Shree - Panchakarma - KVG Ayurveda Medical College and Hospital, Sullia taluk Dakshina Kannada Dist.

UG Toppers – 11 Distinction students in 3rd year BAMS 2024 Results (Batch 2020-21), 47 students secured 1st class

1. Rabiya – 80%
2. Keerthana – 79.6%
3. Pooja – 79.6%
4. DivyaJyothi – 78.9%
5. Nandini – 78.83%
6. Nisarga – 78.47%
7. Liptha – 77.62%
8. Sayali – 77.42%
9. Amulya – 76.83%
10. Sachin – 76.76%
11. Blessy – 73.4%

STUDENT ACHIEVEMENTS - LITERARY EVENTS OUTSIDE CAMPUS

EVENT: 1

Name of the event: National Level Quiz- Ayushyam

Date: 20/08/2023

Organized by: Shree Chitra Ayurveda Home,

Place: Chavakkad, Kerala

Prize Top 5 Finalist

Received by: Dr.Shrividhya, Intern





EVENT:2

Name of the event: **National Level Seminar on Pain and Inflammation-Trishula**

Date:29/09/2023

Organized by: J.S.S. Ayurvedic Medical College

Place: Mysore, Karnataka

Prize: Best Poster presentation award

Received by: Sachin Masan, 3rd BAMS student



EVENT: 3

Name of the event: **Ayur Koushalyam- State level short Movie Competition,**

Topic: Dinacharya

Date: 06/11/2023

Organized by: Shree S.B. Siddalinga Shivacharya Ayurvedic Medical College,

Place: Mundaragi, Karnataka

Prize: First

Received by: Vinay and Team of 2nd & 3rd BAMS Students



EVENT: 4

Name of the event: **All India Essay Competition**

Topic: Role of Yoga and Ayurveda in preventing Lifestyle disorders

Date: 31/10/2023

Organized by: Vishwa Ayurveda Parishad

Place: Varanasi, UttarPrdaesh

Prize: Second

Received by: Dr.Shivaleela, Internee



EVENT: 5

Name of the event: **Inter Ayurveda College Competition, Swasthya Masa-2023**

Date: 08, 9th and 10th Dec 2023

Organized by: Ayurveda Academy,

Place: Bengaluru, Karnataka

Prize:

Quiz: 1st Prize:- Shri Rakshitha, 4th yr BAMS

Essay Writing: 2nd Prize: Sourabh, 3rd yr BAMS

Essay Writing: 3rd Prize: Karthika, 4th yr BAMS



EVENT:6

Name of the event: **National Level Short video making competition**

Date: 31/10/2023

Organized by: C.C.R.A.S, Bengaluru CARI, Bengaluru, Ministry of Ayush, Govt. of India

Place: Bengaluru on the occasion of 8th Ayurveda Day Celebrations

Prize: Video Making Competition

Theme: Ayurveda in my Kitchen

1st Prize: Vinay Kumar and Supriya

Video Making Competition

Theme: Uses of Ayurveda in Daily life

1st Prize: Vinay Kumar and Supriya

Drawing Competition

Theme: Ayurveda for everyone on Every day

3rd Prize: Vinay Kumar

Poster Making Competition

Theme: Ayurveda for everyone on Every day

1st Prize: Vinay Kumar

Slogan Competition

Theme: Ayurveda and Social Wellbeing

1st Prize: Anushka Survase



EVENT: 7

Name of the event: **Online Poster Making Competition**

Date: 31/10/2023

Organized by: KAMC, Mangalore, GARC, Mysore

Prize: 2nd Prize

Received by: Anushka Survase, 2nd yr BAMS



EVENT: 8

Name of the event: **All India Documentary Movie Competition**

Date: 31/08/2023

Organized by: Aptas Ayurveda

Prize: Top 5 –Highest views on you tube

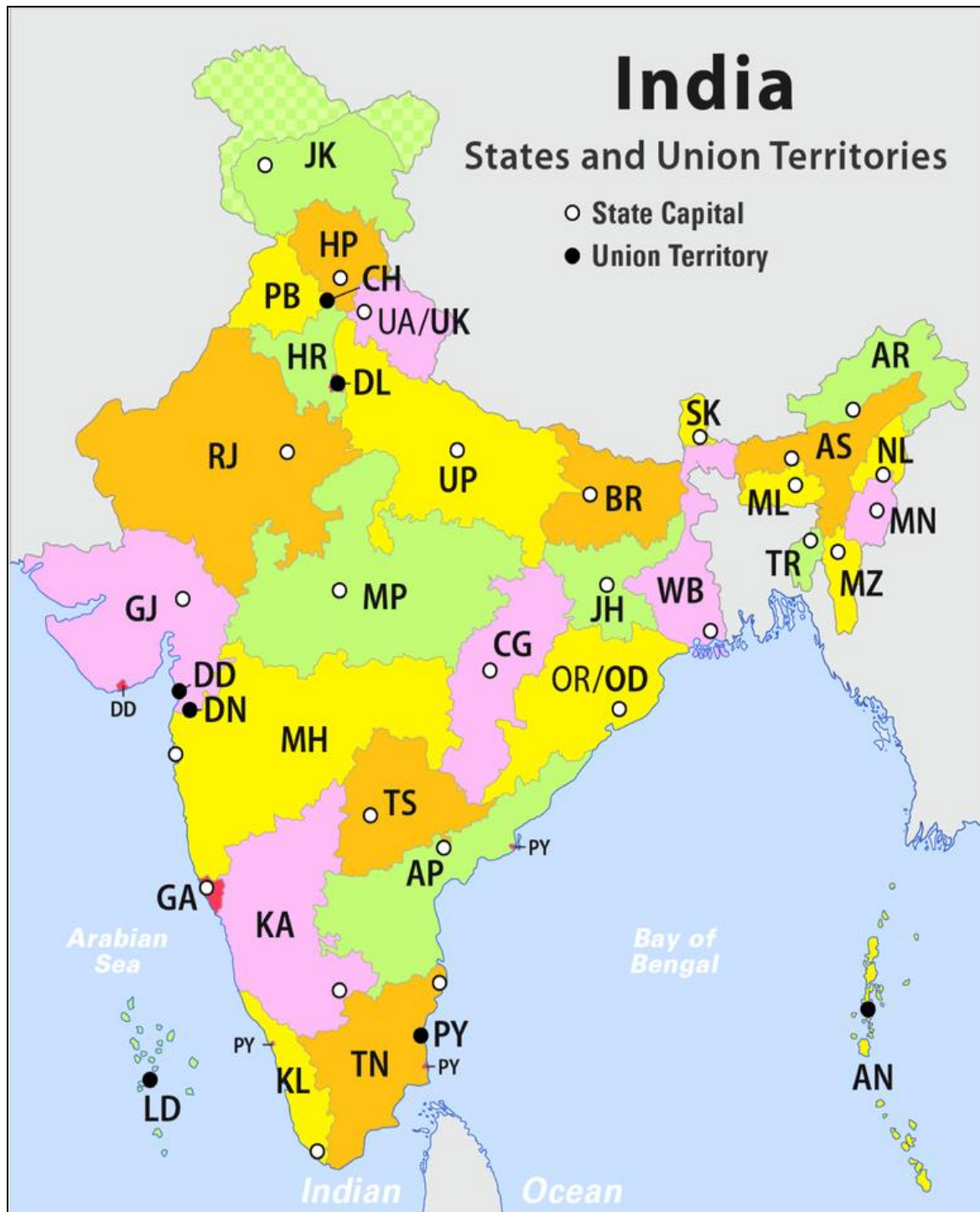
Received by: Sourab and team – 3rd BAMS students





5. COURSES AND STUDENTS

No. of Students according to State wise



AN - 02	CG - 03	KA - 236	MZ - 0	TR - 2
AP - 22	DL - 05	KL - 03	OD - 0	TS - 22
AR - 10	GJ - 07	MH - 64	PB - 01	UK - 01
AS - 31	HR - 0	ML - 02	RJ - 05	UP - 09
BR - 14	JH - 03	MN - 0	TN - 10	WB - 0

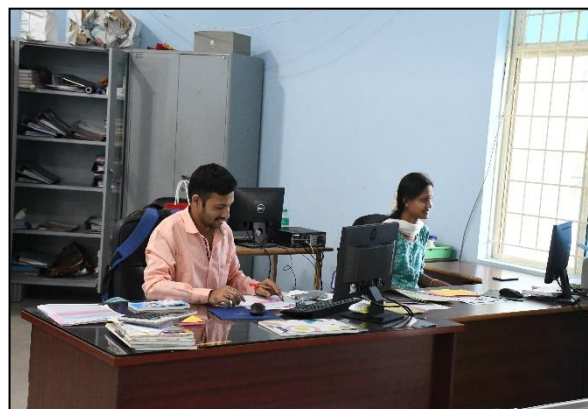
6. INFRASTRUCTURE FACILITIES OF SAMC&H



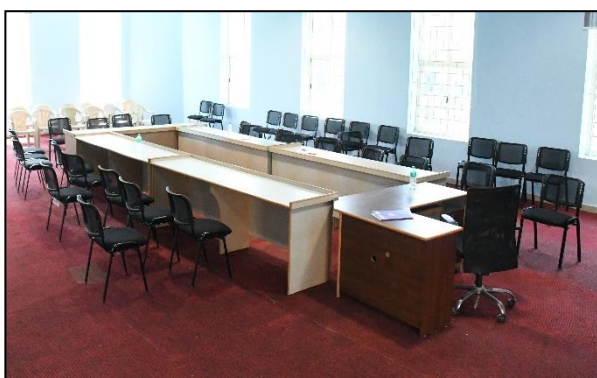
6.1. Academic Building

Academic Block is spacious with all the amenities hosting Principal's Office & Administrative section & fully equipped Clinical & Non Clinical Departments along with museums.

6.2. Principal Office



6.3. Board Room



6.4. Class Rooms



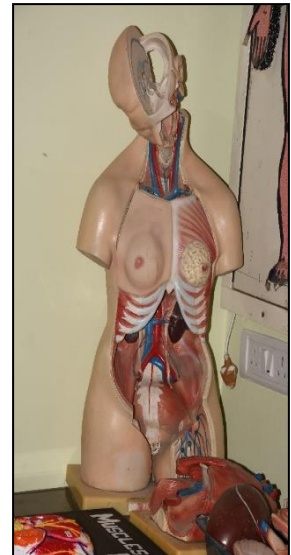
World Class Infrastructure in campus provides an ambience conducive for stimulating learning with classroom having good architecture, are designed hexagonal shape with good ventilation and plenty of natural light and to facilitate case discussion & presentation, smart board facility is available. All blend to provide holistic learning environment.



6.5. Library & Digital Library



6.6. Dept of Rachana Shareera



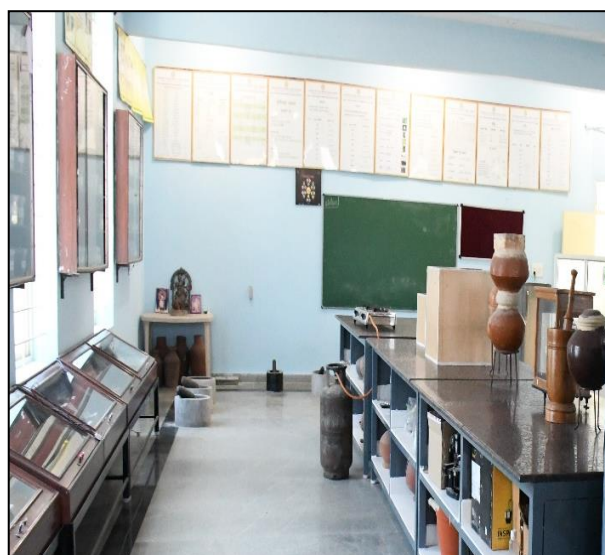
6.7. Dept of Kriya Shareera



6.8. Dept of Basic Principles



6.9. Dept of Rasashastra & Bhaishajya Kalpana



Pharmacy





6.10. Dept of Dravyaguna



6.11. Dept of Roga Nidana & Vikriti Vignana



Laboratory: Well equipped lab with X-ray and ECG



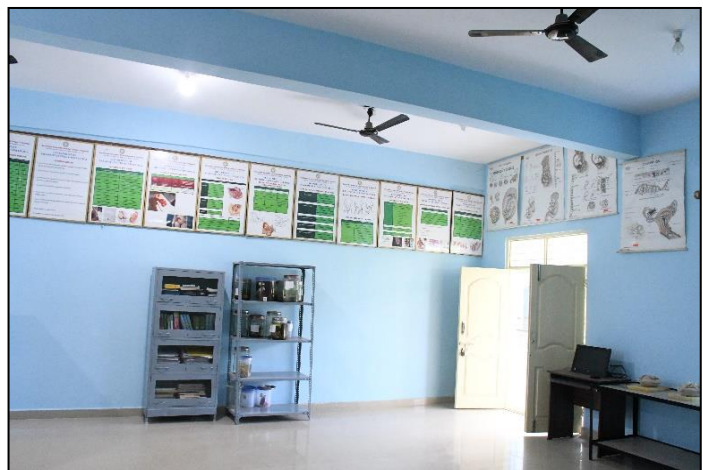
6.12. Dept of Swastha Vritta



6.13. Dept of Kaumara Bhritya



6.14. Dept of Prasooti & Stree Roga





6.15. Dept of Agada Tantra



6.16. Dept of Kayachikitsa



6.17. Dept of Shalya Tantra



6.18. Dept of Shalakya Tantra



6.19. Dept of Panchakarma



6.20. Dissection Room

Spacious & modernized with modern amenities according to NCISM norms.



6.21. Anveshana – Research Laboratory



Individual department in campus is supported by state of art infrastructure for research and clinical experience.



6.22. SAMC Hospital Block

OPD – There are separate OPDs that cater to the individualistic needs of the patients. Each of these OPDs is fully equipped as per NCISM norms.

IPD – 120 bedded hospital with all facilities, paramedical staff, Panchakarma therapy unit, OT, Casualty & Medicine Dispensary outlet.





6.23. Soukhyam - Panchakarma Centre

Well equipped Panchakarma Centre with all the Panchakarma Therapies conducted regularly. (Special Rooms for therapies are available for Males and Females).



6.24. Aushada Vana

The institution has well maintained herbal garden with more than 400 species of medicinal plants including rare species.





6.25. Dining Halls

There are three dining halls catering to the needs of the guests, patients, staff and students of the campus.

6.26. Students Kioske

College is equipped with student kiosk which contains all information about students.

6.27. Faculty Block

14 Individual departments with well set amenities required as per CCIM regulations are present.

6.28. Lakshmi Amma Girls and Boys Hostel

Separate residence for girls and boys are provided which has all facilities and amenities.



7. IMPORTANT EVENTS OF SAMC&H IN 2023 & 2024

8TH AYURVEDA DAY CELEBRATIONS – 4TH NOV 2023

Literary Committee organised various online competitions for students like Jingle contest, Slogan writing, Ayurveda Day awareness Poster

DHANVANTARI JAYANTI AND 8TH AYURVEDA DAY CELEBRATIONS

Cultural committee organised Rangoli competitions, fireless cooking competitions, and Painting competitions on 4th Nov to 6th Nov 2023

Fireless Cooking Competitions

No. of participants- 6

Winners:

1st Prize: Dr. Deepu (1st year PG Student KC)

2nd Prize: Vinay (2nd year BAMS)



Rangoli Competition winner 1st Prize: 1st year PGs (Dr.Varshini HR, Dr.Deepu CN, Dr.PVR Sree Sharmada)

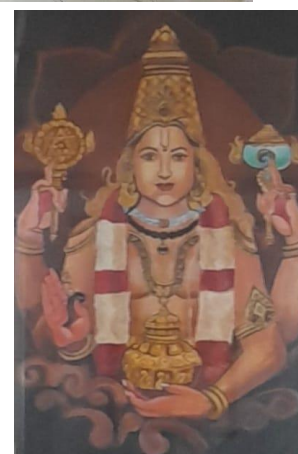


Painting competition winner 1st Prize: Vaishnavi Bagode 1st year BAMS

On 6th Nov 2023 as a part of Ayurveda Day celebrations - Jan Bhagidahari, Kallubalu High School students visited our institution, they were introduced to each dept. of Ayurveda and Garden visit and regarding Ayurveda a Video was shown to them.

On 9th Nov 2023 – Live telecast of Ayurveda Day Celebration was displayed in college organised by MARBISM and NCISM

On 10th Nov 2023 – 8th Ayurveda Day Celebrations were organised.



KANNADA RAJYOTSAVA

Date: 27/11/2023

Kannada Rajyotsava celebrations on 27 /11/2023 at Sushrutha Ayurvedic Medical College & Hospital, Jigani, Bengaluru.



REPORT OF ORIENTATION PROGRAM AND TRANSITIONAL CURRICULUM 2023-2024 BATCH

Orientation Program:

Orientation program for fresh batch (1st year students) was organised on **16/11/2023** in Atreya hall of SAMC & H with freshers and their respective parents.

The esteemed dignitaries, Dr B R Ramakrishna, Honourable Director, Dr Sangamitra Patnaik, Principal, Dr Vasudeva Vaidya, Deputy Registrar of SVYASA, Dr Alok Roy, Vice Principal along with all the faculty members graced the occasion.

The program began with the Invocation song by second and first-year BAMS batch students followed by welcome speech by Dr Divya Nagari, Associate professor, Department of Samhita and Siddhanta. She welcomed all dignitaries on and off the dais and then the programme proceeded with Introduction to campus briefed by Dr Vasudeva Vaidya, Deputy Registrar of S Vyasa. Dr Remitha KK, Professor and HOD, Dean of Academics, introduced teaching faculty of SAMC and H, about their academic qualification, teaching experience etc, further on Dr Sangamitra Patnaik, Principal, SAMC and H addressed the gathering by briefing out about college, its rules and regulations. Our honourable Director, Dr Ramakrishna BR, delivered the presidential address highlighting the progress and scope of Ayurveda. Lastly Vote of thanks was delivered by Dr Arpitha Warriar, Assistant Professor, Department of Shareera Kriya. Parents and freshers were given opportunity to clear their queries followed by Shanti Mantra and high tea.

Transitional Curriculum:

After arrival of freshers, as per NCISM norms for accommodating students to the Ayurveda field, transitional curriculum was held. Time table was prepared in such a way that all teaching faculty were given classes as per the topics scheduled by NCISM. The classes began from 6/11/2023 to 29/11/2023. During transitional classes, students were exposed to Ayurveda subjects, Ministry of Ayush, computer application skills etc, also they were taken in and around campus for college visit, department visit, hospital etc as a part of curriculum. Before and after transitional curriculum pre and post test were conducted through google form.

Orientation Programme and Transitional curriculum



Presidential address by Dr Ramakrishna BR, Director, SAMC&H



Address by Dr Sangamitra Patnaik, Principal, SAMC& H



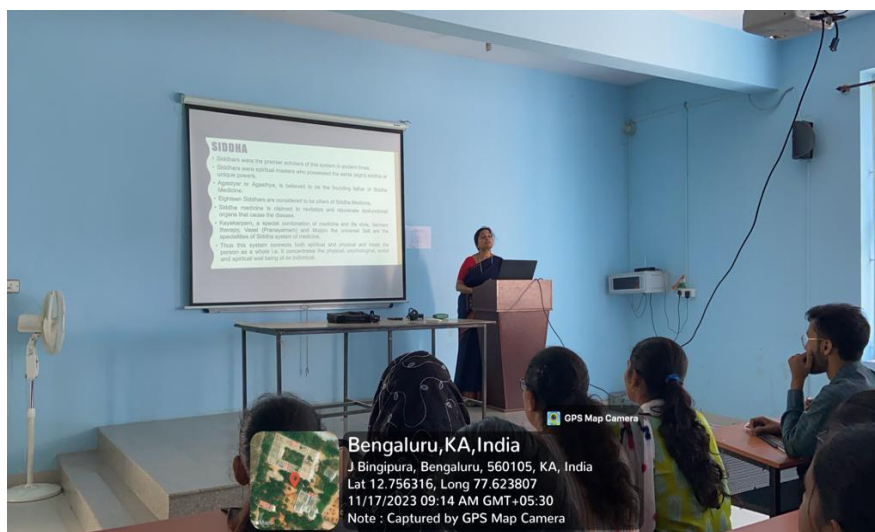
Institutional profile by Dr Vasudev Vaidya, Deputy Registrar, SVYASA and Introduction to teaching faculty by Dr Remitha KK, Academic Dean



Lecture by Dr Alok Roy, Vice Principal and Professor, Samhita and Siddhanta dept



Lecture by Dr Sowmya SB, Professor, Kayachikitsa dept



Lecture of Dr Champa Pant, Professor & HOD, Kaumarabhritya dept

PG INDUCTION PROGRAMME REPORT

16/12/2023 at 2pm

Dignitaries:

Dr B R Ramakrishna, Director, SAMCH, Bengaluru

Dr Sanghamitra Patnaik, Principal, SAMCH, Bengaluru

Dr. Vasudeva Vaidya, Deputy Registrar, S VYASA University

Dr. V V Ram Reddy, PG Dean, SAMC & H, Bengaluru

Dr B Ravikiran, Professor & Head, Department of Dravyaguna, SAMCH, Bengaluru

Beneficiaries:

I yr. Postgraduates from Dept of Dravyaguna & Dept of Kayachikitsa

Venue:

Athreya Hall, SAMC & H, Bangalore

Induction programme was conducted in the institution on 16th of December 2023, to help pg scholars integrate into the organisation and to learn about the institutional policies, processes, practices, culture and values.

The programme started with an invocation song by first year senior PG scholar Dr.P V R Sri Sharmada, Dr Sowmya S B, Professor, Department of Kayachikitsa, SAMCH, Bengaluru welcomed the dignitaries to the programme. Dr B R Ramakrishna, Director, SAMCH, Bengaluru addressed the postgraduates to inculcate in them the ethos and culture of the institution, qualities to be adopted by them and encouraged them to involve in the research, studies which will contribute to the society and to the field of Ayurveda. .Dr. Sanghamitra Patnaik, Principal, SAMC & H, Dr Vasudeva Vaidya, Deputy Registrar, S VYASA, Dr. V V Ram Reddy, PG Dean, SAMC & H wished postgraduates all success for their future endeavours. Dr.Varshini H R, first year senior PG scholar expressed her opinion about the institution and the Dept of PG Studies. Dr Niveditha Shetty, Associate Professor, Dept of Dravyaguna introduced the postgraduates; Dr Shubarani, Professor Dept of Kayachikitsa introduced the institution to the newly admitted postgraduates, and Dr Ravikiran B, HOD, Dept of Dravyaguna, delivered vote of thanks. Dr Ramyashree G, Associate Prof. Dept of Kayachikitsa & Dr Nischal P Assistant Prof. Dept of Dravyaguna compeered the event.





SPORTS COMPETITION (KREEDA SOURABHA)

23rd Dec to 25th Dec 2023

TABLE TENNIS



CHESS



CARROM



CRICKET



THROW BALL



FOOTBALL



ATHLETIC TRACK



MARCH PAST



WINNER LIST OF SPORTS

SL NO	EVENT NAME	WINNER	RUNNER UP
1	TUG OF WAR	PANTHERS	GRIFFINS
2	CRICKET	WARRIORS	VIKINGS
3	FOOT BALL	VIKINGS	FALCONS
4	VOLLEY BALL	TITANS	VIKINGS
5	THROW BALL	VIKINGS	PANTHERS
6	CRICKET (GIRLS)	FALCONS	GRIFFINS
7	TUG OF WAR (GIRLS)	GRIFFINS	VIKINGS
8	KHO KHO (BOYS)	GRIFFINS	PANTHERS
9	KHO KHO (GIRLS)	VIKINGS	GRIFFINS
10	DOUGE BALL	FALCONS	GRIFFINS



**LITERARY COMPETITIONS – 26TH DEC & 27TH DEC 2023****REPORT –ANNUAL LITERARY MEET – SAHITYA PALLAVA-2023**

In the year 2023 as the part of the annual events literary fest has been conducted in the month of December. It was a 2 days event.

The event started with poetry writing and the literary fest was inaugurated by our director Dr. BR Ramakrishna, Principal Dr.Sanghamitra Patnaik, Vice Principal Dr. Alok Roy, Deputy registrar Dr.Vasudeva Vaidya and other dignitaries. They inaugurated the event by unveiling the SAHITYA PALLAVA event dairy.

The students participated in good numbers with high energy and enthusiasm. The fest concluded with a fun filled brain racking and fun filled treasure hunt.

LITERARY EVENTS -2023 WINNERS LIST

SL NO	EVENT NAME	1ST PRIZE	2 ND PRIZE	3 RD PRIZE
1	CROSSWORD	ANAGHA, IRA (TITANS)	ROHAN, AMAL (TITANS)	VINAY, ABHAY (PANTHERS)
2	ON SPOT PAINTING	ADEEBA (WORRIORS)	VINAY (PANTHERS)	PRATHANA (PANTHERS)
3	RUBIX CUBE	DHEERAJ (FALCONS)	ROHAN (FALCONS)	ROHAN (TITANS)
4	PICK AND ACT	ARPITA, BLESSY (FALCONS)	PRAJWAL, POORNIMA (WORRIORS)	MOUNASHREE AND SHREYAS (FALCONS)
5	DEBATE	SHREYAS (FALCONS)	SACCHIN (FALCONS)	GIRISH (VIKINGS)
6	PHOTOGRAPHY	ANUPAMA (INTERN)	THAMANNA (PANTHERS)	SAMRUDDHI (PANTHERS)
7	POETRY WRITING	ROHAN (TITANS)	LALITHA (PANTHERS)	ANUSHKA (PANTHERS)
8	T SHIRT DESIGNING	RUCHITHA (PANTHERS)	MANEESHA (WORRIORS)	-
9	ORIGAMI	SUPRIYA (WORRIORS)	PUNYA (PANTHERS)	MRUDULA (GRIFFINS)
10	SUDOKU	IRA (TITANS)	KIRAN (WORRIORS)	CHETAN (FALCONS)
11	JUST A MINUTE	ASHA (PANTHERS)	LALITHA (PANTHERS)	RAKSHITHA (WORRIORS)



CULTURAL COMPETITIONS – 8th Jan to 10th Jan 2024

KALA MRUNALINI – Where Ideas Bloom, Talents Blossom!

Events organised for cultural competitions – total of 176 participants

SL NO	EVENT NAME	1 ST PRIZE	2 ND PRIZE	3 RD PRIZE
1	POT PAINTING	KAVYA (GRIFFINS)	RAKSHITHA (WARRIORS)	KOUNIAN (PANTHERS)
2	MEHENDI	NIHARIKA PAL (WARRIORS)	VAISHNAVI (TITANS)	KAVYA (GRIFFINS)
3	HAIR STYLE	MINA DEVI TANWAR (WARRIORS)	RISHITHA (GRIFFINS)	SYEDA (VIKINGS)
4	SOLO SINGING - CLASSICAL	AKARSHA V S (WARRIORS)	SOUMIYA R (FALCONS)	THANMAI (FALCONS)
5	GROUP DANCE – FOLK / CLASSICAL	BLESSY AND TEAM (FALCONS)	TONMOYEE AND TEAM (WARRIORS)	MEDHA AND TEAM (PANTHERS)
6	BEST ETHNIC WEAR (BOYS)	SHIVAM (TITANS)	HEMANGO (GRIFFINS)	HARSHAVARDHAN (WARRIORS)
7	BEST ETHNIC WEAR (GIRLS)	REELA AND MEKUM (GRIFFINS)	SHOBA (WARRIORS)	HARSHITHA AND MONIKA (FALCONS)
8	SOLO DANCE - CLASSICAL	LIPTHA (FALCONS)	ANUSHKA (PANTHERS)	-



9	DUET DANCE - FOLK/CLASSICAL	SUPRIYA AND SHRADDHA (FALCONS)	-	-
10	DUET DANCE - NON-CLASSICAL	DRISTI AND SHRINIDHI (WARRIORS)	LIPTHA AND SOUNDARYA (FALCONS), TONMOYEE AND PREETI (WARRIORS)	SUPRIYA AND SHRADDHA (FALCONS), SANSKAR AND ROHIT (GRIFFINS)
11	YOGASANA PYRAMID	WARRIORS	-	-
12	GROUP SONG	AKARSHA AND TEAM (WARRIORS)	THANMAI AND TEAM (FALCONS)	THEJASWINI AND TEAM (TITANS)
13	GROUP DANCE – NON-CLASSICAL	AMBIKA AND TEAM (FALCONS)	VARSHASREE AND TEAM (WARRIORS)	KOMAL AND TEAM (PANTHERS), TEJASWINI AND TEAM (GRIFFINS)
14	DRAMA	PANTHERS	-	-
15	SOLO DANCE - NON-CLASSICAL	NANDINI (WARRIORS)	SUDHA (WARRIORS), MONIKA (FALCONS)	SANSKRUTI (TITANS), SWATI (WARRIORS) CONSOLATION: JEMSI (WARRIORS) SANSKAR (GRIFFINS)
16	SOLO SINGING - NON-CLASSICAL	RUGVED (TITANS)	RANJITH (FALCONS)	THANMAI (FALCONS), JOFFIN (INTERN) CONSOLATION: UDDIPTA (WARRIORS)
17	FASHION SHOW	PANTHERS	TITANS	PG SCHOLARS

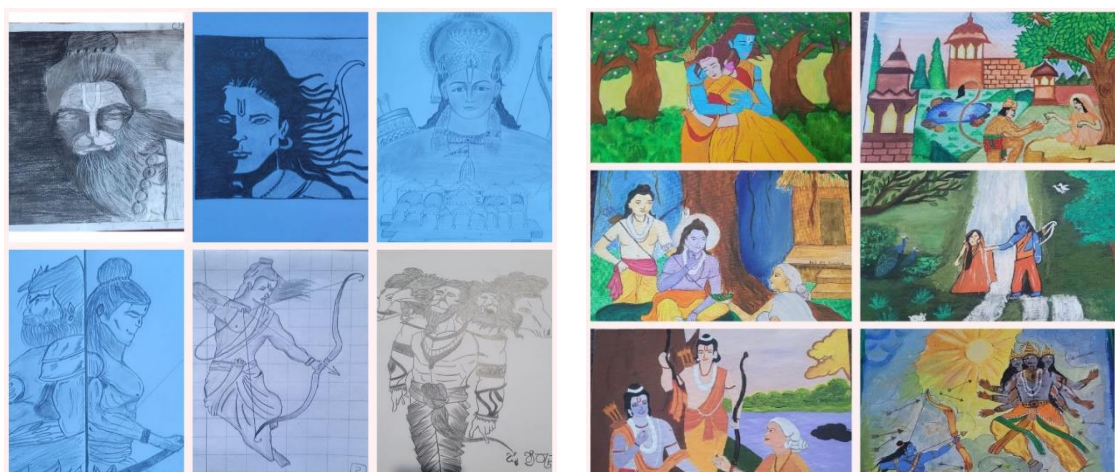




Literary committee under S-VYASA directions organised Painting competitions depicting Ramayana, Pencil sketch of any character of Ramayana, Ramayana Quiz on 20th Jan 2024

Cultural committee – Inter college Rangoli competition depicting Ramayana Scenes, Fancy dress competition depicting characters of Ramayana on 22nd Jan 2024

Inter college sports were also organised under S-VYASA directions on 22nd Jan 2024





Prize Distribution of Kreedha Sourabha, Sahitya Pallava and Kala Mrunalini was organised on 24th Jan 2024 2pm to 4.30pm along with handing over the badges to students who got elected as members of student council.

STUDENT COUNCIL 2024





6 DAYS CME FOR AYUSH TEACHERS ON PANCHAKARMA - (11TH TO 16TH MARCH 2024), Sponsored by **MINISTRY OF AYUSH, GOVT OF INDIA, NEW DELHI**, Co-ordinated by **RASHTRIYA AYURVEDA VIDYAPEETH, NEW DELHI**
Organised by **DEPARTMENT OF PANCHAKARMA**

The thought of 'Continuous Medical Education' was reinforced by Panchakarma department, half a decade ago though it was on our minds for a much longer time. The authorities at the college, within the Directors and the Principal at the helm of affairs had a thorough discussion and a systematic plan was put in place by roping in the sponsors for the scheme. We are thankful to R.A.V. for sponsoring the event and their cooperation in this matter enabled us to take the matter forward so as to reach the Ayurveda Colleges across the India. We had received applications from 39 different colleges across the country, and 30 delegates from these colleges were registered for participation.

The programme of CME spanned for six days beginning on 11th to 16th March 2024 successfully with eminent resources persons addressing the august gathering of delegates.

The programme was arranged at Samskruti Bhavana within the college campus, program began with registration of Delegates at 9am to 10am on 11th March 2024 with distribution of training materials. Inauguration of the CME programme started at 10.30am with prayer in the presence of Honourable Chief guests Dr. Jayashree Nataraj, Retired Professor & HOD of Dept. of Dravyaguna, Govt Medical College, Bengaluru, Dr. N K Manjunath Sharma, Vice Chancellor, S-Vyasa Deemed to be University, Dr. B. R. Ramakrishna, Director of SAMC&H, Dr. Alok Roy, Principal, SAMC&H, Dr. Sowmya S B, Vice Principal, SAMC&H, Dr. Sanghamitra Patnaik, Medical Superintendent & HOD, Dept. of Panchakarma, SAMC&H

Morning session started at 11.30am till 1pm, it was presided by Dr B R Ramakrishna, who spoke eloquently and in detail about the Basics of Panchakarma, highlighting the clinical Applications / practices and the outcome of the treatment. Practical problems of Panchakarma faced and their solutions were also discussed.

The afternoon session started at 2pm till 4pm and was taken over by Dr. A K Manoj Kumar on Snehana throwing light on importance of Snehana before Samshodhana and various formulations utilized for Snehapana. Concept of Deepana Pachana, Koshta was discussed before planning Snehapana. Special precautions during Snehapana, diet was also discussed.

On day 2, Morning session started at 9am continued till 12pm, Resource person Dr. Murali Krishna addressed the delegates speaking about Swedana & its clinical applications in theory session besides holding practical demonstrations of PPS, SSPS, Nadi Sweda, Dhanyamla Dhara at our facilities.



This was followed by next session Nasya demonstration from 12pm to 1pm by Dr. Santosh Kumar Bhattē with the theoretical aspects dealt by him in the afternoon session 2pm to 4pm. He incorporated the aspects of research, physiology, anatomy and pathology. Practical points like standardisation of Bindu Pramana, importance of Pratimarsha Nasya etc were discussed.

On day 3, session started at 7.30am and was taken up with the same zeal with talks by Dr. Sanghamitra Patnaik on Vamana. In Practical demonstration different types of Vamaka Dravyas like Madana Phala Shalatu Vamana & Dhamarghava Churna as Gyeya Vamana were showed on patients & also many practical points were discussed along with lab investigations of Vomitus. In theory session a torch light was put on literary concepts of Vamana.

Later from 11.30am to 1pm Dr. Ashwini Kumar spoke about the Vamana clinical applications with many of case studies were explained and Samsarjana Karma & its importance was discussed.

On day 3 after lunch the delegates were taken on a sightseeing trip later in the day.

Day 4 - Thursday the 14th March at 9am sessions were taken over by Dr. Channabasava B Mashalkar that dealt was Virechana demonstration and theory session started at 11.30am continued till 1pm. Points discussed were Virechana Yogas & its applied aspects.

Delegates were also taken for Physiotherapy Unit at college campus from 10am to 11am and were exposed to different techniques of Static exercises, diathermy therapies, electromagnetic therapies, Hydro therapy unit and many other techniques were discussed.

The afternoon session was from 2pm to 4pm by Dr. Niranjana Rao on Basti clinical applications. She spoke on different Basti Kalpanas like Manjishtadi Kshara Basti, Erandamoola Kshara Basti, Panchaprasrutika Basti, Rajayapana Bastis, Uttara Basti Kalpanas, Basti dose, Many case studies were discussed on this aspects.

Day 5 - Friday, 15th March, session started at 9am by Dr. Praveen Madikonda. Session started with Uttara Basti and Anuvasana Basti demonstration, same aspects were covered in theory session, Probiotics, Gut Brain mechanism, significance of Matra Basti were enlightened from 11am to 1pm at our facilities.

The afternoon session was occupied by Dr. Chandramouleeswaran, from 2pm to 4pm with different Raktamokshana techniques theoretical aspects followed by demonstration of Leech therapy, different types of cupping instruments and their usage, Kuttana technique & Pracchanna were done.

On day 6 – 16th March, from 9am to 11am Dr. Prashanth A S enlightened the gathering with theory and demo on different Niruha Basti Kalpas like Erandamoola Niruha, Vaitarana Basti etc, Different Basti Dravyas, clinical applications with case studies were discussed.

Dr. Manjari Keskar threw light on Kriya Kalpas from 11.15am to 1pm. She demonstrated Tarpana, Karnapoorana & Kavala Gandusha and also importance of Netra Kriya Kalpas & others were discussed in theory session.

After the Lunch on 16th March Valedictory function from 2.30pm to 3.30pm with Chief Guests Dr. Suresh Bhageria, Dr. Nagarathna was arranged. The function started with Swastivachana and followed by speech by chief guests. A short Report of CME Panchakarma was presented, Delegates were given with certificates & pen drives with 6 days CME study materials. Feedback forms were collected from the delegates which were kept confidential. The function was ended with Vote of thanks & group photo.

Each day session was started with Ashwini Mantra, lightening the lamp by delegates and ended with Shanti Mantra & group photo with the Resource person of that session. Sessions were coordinated by our staff members & entire programme was organised by all the committees of our college.

All the arrangements were appreciated by Resource persons. All the delegates appreciated the programme, resource persons talk, coordination by staff, food and students' cooperation.





NSS WING & LITERARY COMMITTEE SHRAMADANA REPORT – 2024

Date: 04/06/2024

Time: 03:00pm

On the account of World environment day and Periodic Shramadana activity, NSS Wing of SAMCH, Bengaluru and Department of Dravyaguna organized a Shramadana activity around the Girl's Hostel campus, SVYASA, Bengaluru.

The Girl's Hostel students of 1st year BAMS and 2nd Year BAMS took part actively in Shramadana activity to make the campus Plastic free.

Around 10-12 bags of Plastic were collected and disposed safely in the designated area.

The students were lauded for the effort and the Plastic free campaign and they were also educated about hazards of plastic and methods of avoiding plastic for regular usage.

The event was monitored and Supervised by NSS Officer of SAMCH, Bengaluru – Dr Nischal P and support was provided by The Deputy Registrar, SVYASA – Dr Vasudeva Vaidya and NSS Co-ordinator, SVYASA – Mr Kiran.

GALLERY:



ENVIRONMENT DAY CELEBRATIONS – 2024

Date: 05/06/2024

Time: 2.30pm

NSS WING & LITERARY COMMITTEE of SAMCH, BENGALURU organized a Movie Screening on the Occasion of World environment day on June 5th 2024 at Samskruthi Bhavan, S-VYASA, Bengaluru.

Oscar award winning Short Documentary movie – ‘The elephant whisperers’ was screened for the students and staff which showcased the importance of human’s interaction with environment and in specific the man vs environment conflict and the way forward.

The event was scheduled at 2.30pm and it was graced by The Principal & Staff. The UG and PG students were in attendance.

The event started with The Principal – Dr Alok Roy, addressing the gathering encouraging the students to take measures to keep the environment safe and clean.

It was followed by the Oath taking as per NCISM Guidelines where the students and staff took the pledge to take measures to address the challenges to safeguard the environment.

It was followed by the movie screening and later on students were asked to note down the learnings from the movie. Students shared their opinion about the screened movie and Take-home message.

The event concluded with Vote of thanks and conclusion remarks and Shanti mantra.

The event was anchored, monitored and Supervised by NSS officer, SAMCH, Bengaluru – Dr Nischal P

GALLERY:





INTERNATIONAL YOGA DAY CELEBRATIONS – 2024

Date: 21/06/2024



REPORT ON GRADUATION DAY -2024

The Graduation Day was held on June 22nd 2024, at Sushruta Ayurvedic Medical College and Hospital, Jigani, Prashanti Kuteera at Samskriti Bhavan from 11.30 to 1 pm.

The event celebrated the achievements of graduating students, marking the transition from their academic journey to the next phase of life.

The flow of the event included an invocation song by BAMS student Miss Sowmiya. Welcoming the gathering was done by Pro –Chancellor Dr.B R Ramakrishna, Director of SAMCH. Lighting of the lamp by dignitaries and the symbolic passing of the light of knowledge to the graduating students.

20 years of journey of SAMCH was done by Dr. Alok Roy Principal of SAMCH followed by addressing the gathering by Dr.Manjunath Sharma, Vice chancellor, S-Vyasa. The speaker emphasized dreaming big and achieving one's desires, inspiring the students to aim high in their future endeavours.

Certificate distribution to the graduates was carried out by Dr. Swathi Sharma, Assistant professor, Dept of Agada Tantra. The core part of the graduation day – Oath taking Ceremony conducted by Dr.Remitha .KK, Dean of Academics , SAMCH.

Key Note address given by Dr. M.P Shyam, President of RV institutions, Bengaluru. The speech was followed by felicitation to the chief guest as a token of respect and gratitude. Appreciation to the rank holders and PG scholars who excelled in NEET exams and pursuing the PG seats in different department in reputed colleges across India.

Awarding the best department of SAMCH was announced by Dr.BR Ramkrishna, Director of SAMCH to create a healthy spirit among the departments, followed by blessings of Dr.H.R Nagendra, Chancellor , S-Vyasa University. Parents expressed joyful gratitude to the faculty and the management in moulding their wards as professionals during the course of study. At the end, event was successfully concluded by vote of thanks by Dr.Champa Pant , HOD and Professor , Department of Koumarabritya followed by Shanti mantra and mesmerizing cultural programme by students of SAMCH.



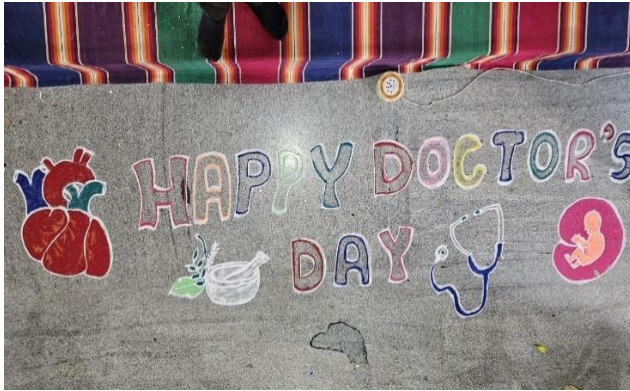


DOCTOR'S DAY CELEBRATIONS

Date: 1/07/2024

Venue: Athreya Hall

1st year BAMS students invited all faculty members for celebrating Doctor's Day by giving Roses as Token of respect to doctors.



AYURGRAMA 2

18/07/2024 to 23/07/2024

On the occasion of Charaka Jayanthi – Dyota team participated in AYURGRAMA – 2 competitions at Doddamaralavadi village – headed by Dr. Sreenidhi

Day wise event schedule

Day 1

Ayurveda Deepika - today marks the auspicious occasion of Ayurveda Deepika, a day dedicated to igniting the torch of knowledge and wisdom in the field of ayurveda.

Our program commenced with a grand inaugural ceremony, where we unveiled our team name, Dyota, and received blessings from Lord Dhanvantari, our esteemed mentors, and well-wishers, marking an auspicious beginning to our endeavor.

The first activity organised was a plantation drive for a greener, healthier and more sustainable future. It was held at multiple locations where the plants would be taken care of.



Day 2

Charaka Tattva Pradeepika - this day was named Charaka Tattva Pradeepika with the intention of spreading the principles and tattvas of ayurveda similar to the illuminating rays of a lamp. With this objective in mind, we embark on our mission to promote and propagate Ayurveda.

Baalashikshana: unique session conducted in GMPS School, Doddamaralavadi.
Reach Charaka to each.



Day 3

Charaka Vritti - "As the camp continued, we extended the reach of Ayurvedic wisdom to the younger generation, introducing children to the ancient science.

A competition on Nitya sevaniya Dravya (daily usable substances) was conducted, testing their knowledge and sparking their interest.

The excitement was palpable as prizes were distributed, and the joy was doubled as a plantation drive was under taken at the VVT school, symbolizing the growth of knowledge and nature.

TRADITIONAL TASTE AND TECHNIQUES SHARED: Interactive Ayurvedic Session





On the auspicious occasion of Guru Purnima, a heartfelt program was organized to pay tribute to the revered gurus, seeking their blessings and expressing gratitude for their invaluable teachings, guidance, and selfless wishes. In conjunction with the Guru Purnima celebrations, a comprehensive program, 'A Day with Ayurvedic Lifestyle', was meticulously planned, offering a holistic experience. Simultaneously, a Health Check-up Camp was conducted at the community hall, providing valuable medical insights to the participants. Additionally, various activities such as Bala Sikshana, Adhyapana session, wall painting, and cultural events were seamlessly integrated into the schedule, ensuring a diverse and engaging experience for all."



"Villagers learn natural disinfecting methods for a healthier home environment."

Day 5

Charakopaskara – The concepts explained by Charaka serve as a guiding light for achieving a healthy life and longevity.

Despite feeling exhausted, the enthusiasm and eagerness of the school students and villagers was infectious, and it revitalized our energy. Seeing their keen interest in learning and participating in the activities, we found our own motivation renewed. The Rangoli competition, puzzle on Panchamahabhuta, and hands-on learning sessions like Pottali Sweda were all met with such enthusiasm that it was impossible not to be reinvigorated. And as we watched the skit on Kusta and Viruddha Aahara bring complex health concepts to life, we knew that every moment of tiredness was worth it. The community's engagement and excitement propelled us forward, and we ended the day feeling fulfilled and ready for more."



Rangoli magic unfolds in Doddamaralavadi: community comes together for vibrant competition"

"Ayurveda alert: Viruddha Ahara's role in Kusta Nidana exposed" "Unlocking ancient secrets: Pottali Sweda revives ayurvedic wisdom"



Day 6

Charakanyasa - The timeless teachings and principles of Charaka should be deeply ingrained in the minds and souls of the villagers.

"As we immersed ourselves in the village, we transcended boundaries and became like children and grandchildren to the locals.

Our cleanliness drive initiative, has come to a close, leaving behind a trail of positive impact and cleaner community.

The street play on Madataya was a highlight, as we used creative expression to convey a powerful message.

The display of video clips on Panchakarma further enriched the villagers' understanding of traditional practices. Together, we laughed, learned, and grew, forging unbreakable bonds. We reflect on the incredible impact it has made on village Doddamaralavadi.

The villagers' warmth and affection made us feel like we had found a new family, and we knew that this connection would last a lifetime."

Cleanliness wave hits Doddamaralavadi: Swacchotsava makes a splash.



Day 7

Nirantara Pada Vakhya - The principles of Charaka, as taught in the village, should be permanently and consistently integrated in to their lifestyle.

Valedictory - We've Reached the End of this journey, but the impact will last a lifetime. Reviews - A week to remember villagers share heart-warming experience.

The final day of the camp was a bittersweet experience, filled with a mix of emotions. As we wrapped up the last of the activities and said our goodbyes, the villagers reflected on the incredible journey of the past 7 days.

The camp had brought the community together, fostering new connections and strengthening existing ones.

The participants had grown and learned so much, and the organizers had become like family. As we packed up and prepared to leave, the villagers thanked us for an unforgettable experience, and we thanked them for their warm hospitality. The camp may be over, but its impact will be felt for a long time to come.



REPORT ON CHARAKA JAYANTI CELEBRATION -2024

Date: 8/08/2024

Venue: Samskriti Bhavan

The program started at 9.30 a.m. with **SHLOKA RECITATION** competition followed by **CHARAKA CHARVANA QUIZ** conducted by Dr.Anupama J and Dr.Ramyashree.

Afternoon 2 to 3 pm **CHARAKA MAHA KASHAYA GANA COMPETITION** was conducted and followed by formal stage function of charaka jayanti.

We had a total of 14 participants in the Shloka recitation competition, 4 participants in the Gana singing competition and 7 groups with a total of 35 participants for the Quiz.

As part of the celebration, **SKIT** and **CHARAKA SAMHITA PROCESSION** was done by our students in a synchronous manner.

The formal program was started at 3.30 pm with an invocation by Dr.Rashmi ,Assistant professor Dept of RNVV. Dr.Ramyashree G, Associate professor, Dept of KC, welcomed the dignitaries. The lamp was lit and the official program was inaugurated by Dr. Sowmya SB, Dr.Sangamitra Patnaik. MS and Dr.VV Ramreddy Dean of PG studies. Dr. Sowmya H, Literary committee head has given brief report on Charaka jayanti 2024.

Dr.Sowmya SB, Vice principal gave an introduction and explained the purpose of the celebration. Later we had a talk by Dr.VV Ramreddy Dean of PG studies SAMCH highlighted about use of charaka in clinical emergencies. Certificate distribution to the winners of the competitions was done by Dr.Anupama J. Associate Professor, Dept of RSBK.

The program was officially concluded by formal vote of thanks by Dr.Sreenidhi, Associate professor, Dept of RSBK. The programme Master of ceremony was taken care by Dr.Nischal Assistant professor, Dept of DG and Dr.Athira Assistant professor, Dept of Swastha vritta.The Charaka Jayanti celebration successfully completed by Shanti mantra and Prasada distribution to everyone.



78TH INDEPENDENCE DAY CELEBRATIONS – 15/08/2024





8. ACTIVITIES OF DIFFERENT DEPARTMENTS

DEPARTMENT OF SHAREERA RACHANA

19/07/2024 – Cadaveric Oath by 1st BAMS students



GUEST LECTURE

Date: 24/08/24

Time: 10.30am to 11.20am

Venue: 1st yr class room

Topic: General guidelines of Marma Chikitsa

Guest Speaker: Dr. Pradeep Kumar Akki, Associate Professor, AMV College, Hubli



DEPARTMENT OF SAMHITA SIDDHANTA

Date: 1/12/2023

Organised a programme for inaugurating Sanskrit club



DEPARTMENT OF DRAVYAGUNA

DG STUDY TOUR REPORT

28/11/2023

03:00 PM-Students and teachers Dr Ravikiran B, Dr.Sunitha M P, Dr. Abhishek Biswas depart from S-VYASA campus to Thiruvananthapuram

29/11/2023

All the students and staffs arrive at Kochuveli, Thiruvananthapuram at 02:00 PM, Had lunch and after refreshment visited to Shankhamukham Beach.

30/11/2023

All the students and staff visited JNTBGRI (Jawaharlal Nehru Tropical Botanical Garden and Research Institute), Palode, Kerala, Dr. Abdul Jabbar, Technical officer & Mr Mansoor of JNTBGRI accompanied and guided students during the visit to the Botanical Garden. Following is the details of the plants students could appreciate in the garden.

Sl.No	Name of the Plant	Sl.No	Name of the Plant
1	<i>Bauhenia scandens</i>	8	<i>Streblus aspera</i>
2	<i>Aparosa cardiosperma</i>	9	<i>Cinnammomum camphora</i>
3	<i>Pandanus amartillifolius</i>	10	<i>Rauwolfia serpentina</i>
4	<i>Euphorbia triplinerva</i>	11	<i>Adiantum lunulatum</i>
5	<i>Artemisia vulgaris</i>	12	<i>Strobilantus barbatus</i>
6	<i>Artemisia parviflora</i>	13	<i>Madhuca indica</i>
7	<i>Bryophyllum sensitivum</i>	14	<i>Victoria amazonica</i>



At 6:00 PM all the students and Staffs visited the Anantha Padmanabha Swamy Temple, Thiruvananthapuram.

1/12/2023 & 2/12/2023

All the students & Staffs attended the 5th Global Ayurveda Festival, Kerala

3/12/2023

The Students and Staffs left Thiruvananthapuram at 5:30 am to Kanyakumari, On the way visited the Tirparappu water Falls, then continued the journey towards Kanyakumari, Visited the temple and view point and returned to Thiruvananthapuram at 8:00 pm.

4/12/2023

At 2:00 PM left Thiruvananthapuram, and reached back Bangalore on 5/12/2023 11:00 am.



DEPARTMENT OF RNVV

NADI NIDHARSANA REPORT

State level workshop on Nadi Pareeksha organized by SJG Ayurvedic Medical College and Hospital, Koppala on 6-07-2024

On 6th June 2024, morning around 7:30am students reached Koppal Railway station under the mentorship of Dr.Sowmya and Dr Anupama. From there we were dropped to dormitory, soon after the fresh up we went to the college campus, as pre-registration was done, they provided us registration kit and provided us the breakfast. Next, we headed to the conference hall, the speaker of slot-2 Nadi Nidharsana was Nadi Guru Acharya Vaidya Sanjaykumar. The conference started around at 10 am, first half of the conference sir explained about basic concepts of nadi in correlation with pulse. Soon after lunch in the second half of the conference sir ponded us to diagnosis disease by checking nadi .At end of session sir showed other views of examine nadi using Morden techniques. Tea break was given around 5 pm, soon after the break we had question and answer session with sir. The conference ended by presenting certificate and having group photo with Nadi Guru Acharya Vaidya Sanjaykumar sir and Head of organising committee Dr.Rashmi. Later under the guidance of Dr.Anupama we visited pharmacy and RSBK dept of SJGAMC&H, from there we headed back to the dormitory, got fresh. Under the guidance of Dr.Soumya we visited Gavisiddheshwara Matha, grasped the blessing of great sages and had dinner in Matha, later headed back to rooms.

Next day morning around 5:30am (7th June 20204) we left the rooms. Under the direction of Dr.sowmya our journey started to Anjanadri Betta and reached around 7:30am , after seeking the renounce blessing of lord Hanuman, we headed towards Hampi and reached around 11am by completing the breakfast in the midway. We witnessed the prestigious glory of Hampi under the guide named Ram Murthi. Later around at 4:30pm we ported to Tungabhadra dam, by enjoying the. Pleasant environment of TB dam. Then we reached to Koppal railway station around at 8:15pm.

On 8 -07-2024 morning we reached Bangalore railway station around 6 am



REPORT ON FEVER SCREENING CAMP ON THE OCCASION OF NATIONAL DENGUE AWARENESS MONTH

With the background of Epidemic Outbreak, a fever screening camp was organized to screen Dengue. Malaria & Typhoid at Sushrutha Ayurvedic Medical College Hospital, in association with Ka) achikitsa & Agada Tantra Departments.

DATE: 19/7/24 TO 28/7/24 (Working Days) Venue: Swasthavritha Opd, Sushrutha Ayurvedic Medical College & Hospital The following services were provided during the camp. 1. Clinical Screening 2. Advice on appropriate tests 3. Referral to fever clinic of SAMCH for supportive care & management Total 9 patients were screened and managed on OPD basis.

- Dengue Positive cases – 2
- Widal Positive cases – 5
- Dengue & Widal Positive cases – 2



REPORT ON GUEST LECTURE

Date: 19/08/2024

Venue: Samskriti Bhavan

Introduction: Department of Roganidana and Vikriti Vignana had organized a Guest lecture by renowned speaker Dr. Prasanna N Mogasale, Associate professor, SDM Ayurveda College and Hospital, Udupi. The speaker is an excellent Academician, Successful clinician and has 24 years of teaching and clinical experience. Sir is expertise on the concepts of Dosha, Agni, Ama and Avarana and Srotas. He is the **NCISM syllabus committee member**.

Topic: Diagnostic Approach in Ayurveda

Content Summary: The whole lecture was delivered in 4 parts.

- Part 1-The entire process of diagnosis was analyzed and the clinical application of which was categorized into Etiological, Pathological and Clinical.
- Part 2 -Highlighted about clinical diagnosis
- Part 3- Empirical and expositional case diagnosis
- Part 4 - Ama, Agni and Mala. Differentiate between Poorvarupa, Rupa and Upadrava Lakshanas in a Vyadhi.



Conclusion: The lecture was very informative; staff and students were benefited. The Speaker was appreciated by certificate and Token of Respect and Gratitude.

DEPARTMENT OF AGADA TANTRA

AUTOPSY VISIT REPORT

Date of Visit: 24-25-26-27 of June 2024.

Location: Victoria Hospital, Department of Forensic Medicine

Purpose of Visit: To observe and understand the procedures involved in forensic autopsies as part of the academic curriculum.

Summary of the Visit: Students of 2nd BAMS divided in Batch A and Batch B visited Forensic department of BMC, KR market for autopsy observation from 24-25-26-27 of June 2024. There was introductory orientation was done to student's medical ethics followed by observation of different autopsy.

In total during the autopsy, students witnessed- 5 cases of Hanging, 7 cases of burning, 6 cases of Road traffic accidents, and 2 homicidal deaths, 1 suicidal death and one autopsy of mutilated body. There was also orientation to organ donation and students attended 2 eye donation procedure.

Details of the Visit:

- 1. Introduction and Briefing:** The visit began with an introductory session which provided an overview of the role of forensic medicine in criminal investigations and legal proceedings. The students were briefed on the importance of autopsies in determining cause of death and how forensic pathology aids in legal cases.
- 2. Observation of Autopsy Procedure:** Autopsy procedure was demonstrated meticulously, with a focus on:
 - External examination: Noting physical condition, identifying marks, and other relevant features.
 - Internal examination: Detailed inspection of organs, identification of injuries, and pathological findings.
 - Collection of samples: For histopathological, toxicological, and other relevant analyses.
 - Throughout the observation, the students were encouraged to ask questions and discuss findings with the forensic experts present.



Day 1 and Day 2 (BATCH A)



DAY 3 and Day 4 (BATCH B)

DEPARTMENT OF PRASOOTI TANTRA EVUM STREE ROGA

FREE WOMEN'S HEALTH CAMP REPORT

2 weeks free women's health camp, starting from 11-MAR-2024 to 23-MAR-2024.

1. Consultations were held in OPD of PTSR, Room no. 9 of Sushrutha hospital.
2. The 3 consultants present were - Dr M Shubha, Dr Ranjitha, Dr Shravani.
3. The 6 interns present were - Nikitha Babushetty, Arpita Rani, Adithi Singh, Venkatesh P J, Avani V S, Jeevitha P.
4. We successfully consulted 121 patients in the camp.
5. Students were 91 in number and non-students were 30 in number.
6. All females between the age group of 18 to 57 years.
7. Disease wise statistics are as follows,



Sl no.	Diagnosis	No. of patients
1	Dysmenorrhea	26
2	Irregular Menstrual cycle	17
3	PCOD/PCOS	20
4	Infertility	8
5	P/V white discharge	28
6	General consultation	6
7	Others	16

FREE WEEKLY ANC CHECK-UP INAUGURATION REPORT

- Inauguration of the free weekly ANC check-up in Sushrutha Ayurdhama, on 04-JUN-2024 Tuesday at 11.30 am
- The chief guest for the inauguration were Dr Sangamitra Patnaik and Dr Alok Roy
- There were 6 consultants and 6 interns during the inauguration.



“BREAST CANCER - AWARENESS, EDUCATION AND SCREENING”

Date: 18-JUL-2024, Thursday

Time: 2:30 pm to 3:30 pm

Venue: Shruthi Mandir

Speaker: Dr Hymavathy Raje

Qualification: MBBS, MS, FRCS (UK), FICS (Gen. Surg), FAIS (Gen. Surg)

Topic: “Breast cancer - Awareness, Education and Screening”.

Points of Speech:

1. Importance of breast cancer since it's the largest occurring cancer
2. Statistics of breast cancer to know the prominence
3. The screening methods such as USG, MRI, X-Ray etc
4. The treatment modalities of breast cancer
5. The cost of breast cancer treatment.

Ended by: Felicitation of Dr Hymavathy Raje



DEPARTMENT OF KAUMARABHRITYA

Department of Kaumarabhritya is providing OPD and IPD care to pediatric patients besides organising various medical camps in nearby schools and villages. Department conducts Swarnaprashana for children every month on Pushya Nakshatra day and a total of around 500 children were benefited by it in the last year.

A medical camp was organised in Vivekananda school Manchenhalli, and more than 300 students were screened for the presence of Padadari (cracked feet) and those who were having the condition were provided the topical treatment. About a total of 400 students who were in campus for PDC (personality development camp) were screened and were provided medical care at the time of need.

On the occasion of Doctor's Day, the department was invited to do a medical camp in Little Panda school in Nisarga layout. A total 40 children were examined and screened for respiratory illnesses.

As a part of 'Ayurgrama' program, the department provided consultation to more than 150 students.



DEPARTMENT OF PANCHAKARMA

1. Sharadiya Virechana was planned in the month of October & November 2023 – 45 patients were enrolled for therapy.
2. Vasanthika Vamana was planned in the month of March to June 2024 – 37 patients were enrolled for therapy.
3. In the month of March CME was organised which was Sponsored by MINISTRY OF AYUSH, GOVT OF INDIA, NEW DELHI, Co-ordinated by RASHTRIYA AYURVEDA VIDYAPEETH, NEW DELHI
11/03/2024 to 16/03/2024 - 6 DAYS CME FOR AYUSH TEACHERS ON PANCHAKARMA

DEPARTMENT OF KAYACHIKITSA

REPORT ON GUEST LECTURE

Date: 17/08/2024

Venue: Lecture Hall-3

Introduction: Department of Kayachikitsa had organized a Guest lecture by renowned speaker Dr Santhosh N Belavadi MD (Ayu) PhD, Principal, Professor & HOD Department of PG & PhD Studies in Kayachikitsa, D.G.M Ayurvedic Medical College & Hospital, Gadag. The speaker is an excellent Successful clinician, Academician, Researcher, Writer and has 21 years of teaching, clinical and Research experience. He is the Chairman of IEC Gadag Institute of Medical Science, Gadag (GIMS)-2024.

Topic: Successful Management of Chronic Disorders through Ayurveda- Practical Approach

Content Summary: The whole lecture was based on the clinical success stories of disorders like Ardita, Kitibha Kushta, Eka Kushta, Visuchika, Manyasthambha, Grahani, Shwitra, Vatakantaka.

Audience Response: The audience opined that the session was in-depth concept and application oriented which is very much helpful in the clinical practice.

Personal Reflection: The session motivated PG scholars and PhD pursuing teaching staff to evaluate the concepts and re consider their right method of application into clinical practice.

Conclusion: The lecture was very informative; staff and students were benefited. The Speaker was appreciated by certificate and Token of Respect and Gratitude.



9. EXTENSION ACTIVITIES

BIO MEDICAL WASTE MANAGEMENT - IMMUNISATION PROGRAMME FOR STAFF

Date: 15/04/2024

Staff Present – 30

Nurses, attenders, therapists were given training regarding Bio Medical Waste Management. Colour code and type of waste segregation, importance of this training was explained.



CLINICAL SKILL LABORATORY

Start of Yogya Skill Lab

Date: 10/05/2024

Committee was formed on **10/05/2024**; 1st class started on **15/05/2024**. The following members constitutes the Clinical skill laboratory cell.

Coordinator: Dr. VV Ram Reddy, Professor Dept of Kayachikitsa

Members: Dr. Champa Pant, Dept of Kaumarabritya

Dr. Shravani, Dept of Prasoothi Tantra

Dr. Shalini, Dept of Shalya Tantra

Dr. Asharani, Dept of Kayachikitsa

Dr. Ramya, Dept of Panchakarma

Dr. Swathi Sharma, Dept of Agada Tantra

Dr. Rashmi, Dept of Roganidana Evum Vikriti Vigyana



HOSPITAL WING – MEDICAL CAMPS

DAILY CAMPS TO NEARBY VILLAGES

October 2023 – treated 116 patients, November – 173, December – 21

MONTHLY CAMPS

Report on Participation in Monthly Free Medical Camps by Sushrutha Ayurvedic Medical College and Hospital

Staff Overview:

Since October 2023, the staffs of Sushrutha Ayurvedic Medical College and Hospital, Bengaluru, have actively participated in free medical camps held on the second Wednesday of each month. These camps are conducted in collaboration **in association with the Lions Club Jigani Town (R)**, located on Begur-Koppa Road, Anekal Taluk, and Bengaluru.

Objectives:

- To provide free medical consultations and Ayurvedic treatments to the community.
- To promote awareness and education about Ayurveda and its benefits.
- To collaborate with other healthcare institutions for comprehensive healthcare delivery.

Participation and Impact:

- Frequency: The camps are held monthly on the second Wednesday, ensuring consistent community outreach and healthcare provision.
- Patient Outreach: As of the latest camp, a total of 900 patients have been consulted. These patients received personalized consultations, were advised on Ayurvedic treatments, and were educated on maintaining health through Ayurvedic principles.
- Collaboration: The partnership with Lions Club Jigani Town (R) has enhanced the scope and effectiveness of these camps. The integration of services ensures that patients receive a holistic approach to their healthcare needs.

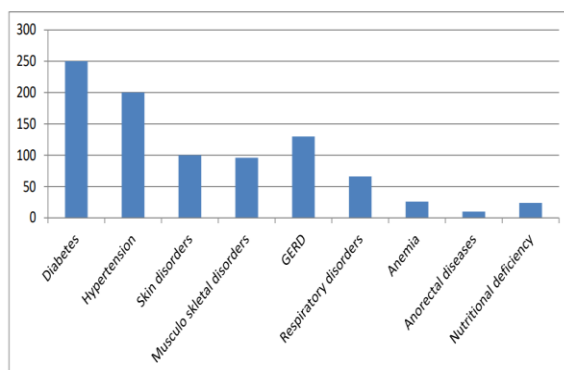
Services Provided:

- Ayurvedic Consultation: Patients are evaluated using Ayurvedic diagnostic principles, and personalized treatment plans are formulated.
- Health Education: Patients receive information on Ayurvedic practices, including diet, lifestyle modifications, and preventive measures to maintain health and prevent diseases.
- Referral Services: Patients requiring specialized care are referred to appropriate facilities, ensuring continuity of care.

Conclusion:

The ongoing monthly medical camps represent a significant commitment by Sushruta Ayurvedic Medical College and Hospital to community health and well-being. By collaborating with other healthcare providers and local organizations, these camps provide accessible healthcare and promote the benefits of Ayurveda to a wide audience. The positive impact on the community is evident from the increasing number of patients benefiting from these services, reinforcing the importance of such initiatives in public health.

Statistical report of Disease load in community



FIRE EXTINGUISH DEMO FOR STAFF

Date: 22/07/2024

Venue: Hospital





AYURVEDIC HOSPITAL PROGRAM (AHP) REPORT

Himalaya Drug Company had conducting AHP (Ayurvedic Hospital Program) on Managing Liver Health in Diabetes and Overweight Individuals.

Date: August 20, 2024

Time: 3:00 to 3:30 PM

Venue: Board Room

Speaker: **Dr. Shalini U. A.**

Assistant Professor

Department of Shalya Tantra



GOOD CLINICAL PRACTICES (GCP) WORKSHOP

In Collaboration with Indian Council for Medical Research (ICMR-RMRC), Anvesana Research Labs (S-VYASA university) organized a one-day workshop on 'GOOD CLINICAL PRACTICE GUIDELINES' for the benefit of our faculties and researchers of S-VYASA university and Sushrutha AYUEVEDIC Medical College & Hospital on **29th August between 10:30 AM to 3:30 PM at Shruthi Mandir, SVYASA.**

The workshop was be conducted by **Dr. Siddhartha Giri**, [Scientist F, ICMR-RMRC, Bhubaneswar].

Topics covered:

1. GCP guidelines (WHO, 2005)
2. National Ethical Guidelines for biomedical and health research involving human participants (ICMR, 2017)
3. Ethics Committee Formation and responsibilities
4. New Drugs & Clinical Trials Rules (NDCT Rules, 2019)
5. Discussion / Interactive Session



This workshop was very beneficial for teaching staff involved in Research and the GCP part of the workshop was helpful for the clinicians.

A total 34 faculty members of SAMC & H and all PG students attended the workshop.

The workshop was followed by a robust interactive session. Dr. Siddharth Giri also gave valuable inputs to facilitate registration of Institutional ethics Committee (SAMC & H-IEC) to the Naitik Portal of DHR.

10. CALENDAR OF EVENTS

November 2023			
02/11/23		CCP-Intern	Intern co-ordinator
04/11/23 – 06/11/23		8 th Ayurveda day & Dhanwanthari Jayanthi Celebrations	Cultural, Literary, Sports Committee
09/11/23		CCP-Intern	Intern co-ordinator
16/11/23		CCP-Intern	Intern co-ordinator
16/11/23		Orientation program and transitional curriculum 2023-2024 batch & PG Induction Programme	Academic Council
23/11/23		CCP-Intern	Intern co-ordinator
28/11/23 – 04/12/23	1 week	DG Study Tour	Dept. of Dravyaguna
December 2023			
01/12/23		Inauguration of Sanskrit Club	Dept. of Samhita Siddhanta
07/12/23		CCP-Intern	Intern co-ordinator
14/12/23		CCP-Intern	Intern co-ordinator
21/12/23		CCP-Intern	Intern co-ordinator
23/12/23 – 25/12/23	3 days	Sports competition (Kreedha Sourabha)	Sports Committee
26/12/23 – 27/12/23	2 days	Literary competitions (Sahitya Pallava)	Literary Committee
January 2024			
08/01/24 – 10/01/24	3 days	Cultural competitions (Kala Mrunalini)	Cultural Committee
08/01/24 – 19/01/24	2 weeks	I (RS 7) & IV BAMS	RGUHS Practical Viva
18/01/24		CCP-Intern	Intern co-ordinator
22/01/24		Sri Rama Prana Pratishthapana Celebrations	
22/01/24 – 27/01/24		1 st Unit test	1 BAMS Jnr
		6 th Unit test	1 BAMS Snr
		2 nd Unit test	2 BAMS
24/01/24		PG Presentation (DG)	PG co-ordinator
24/01/24		Student Council Badge Distribution	
26/01/24		Republic Day Celebrations	
27/01/24		Staff Recreation	
February 2024			
02/02/24		PG Presentation (KC)	PG co-ordinator
01/02/24 – 17/02/24		Preparatory examination	3 BAMS
01/02/24 – 05/02/24		2 nd Internal examination	4 BAMS
09/02/24		PG Presentation (KC)	PG co-ordinator



27/02/24 – 02/03/24	2 nd Unit test	1 BAMS Jnr
21/02/24 – 24/03/24	2 nd Term examination	1 BAMS Snr
22/02/24	CCP-Intern	Intern co-ordinator
23/02/24	PG Presentation (DG)	PG co-ordinator
27/02/24 – 02/03-24	3 rd Unit test	2 BAMS
March 2024		
01/03/24	PG Presentation (KC)	PG co-ordinator
11/03/24 – 16/03/24	1 week 6 Days CME for Ayush Teachers on Panchakarma	Panchakarma Department
11/03/24 – 23/03/24	2 weeks Free Women's Health Camp (International Women's Day)	Dept. of Prasooti Tantra & Stree Roga
18/03/24 – 23/03/24	7 th Unit test	1 BAMS Snr
	3 rd Unit test	1 BAMS Jnr
	First term examination	2 BAMS
12/03/24 – 27/03/24	RGUHS theory examination	3 BAMS, I, II Supplementary RS4, 6
April 2024		
1 st and 2 nd week	RGUHS Viva & Practical exam	3 BAMS, I, II Supplementary RS4, 6
04/04/24	IRC – Synopsis Presentation	PG
	CCP-Intern	Intern co-ordinator
06/04/24	IRC – Synopsis Presentation	PG
15/04/24	Bio Medical Waste management – Immunisation Programme	
22/04/24 – 27/04/24	8 th Unit test	1 BAMS Snr
	1 st Unit test	1 BAMS Jnr
	4 th Unit test	2 BAMS
25/04/24	CCP-Intern	Intern co-ordinator
May 2024		
03/05/24	IRC – Synopsis Presentation	PG
04/05/24	IRC – Synopsis Presentation	PG
06/05/24	New Academic Session IV BAMS (Batch 20-21)	IV BAMS
09/05/24	IRC – Synopsis Presentation	PG
10/05/24	Clinical Skill Laboratory Inauguration	
14/05/24	IRC – Synopsis Presentation	PG
17/05/24	PG Presentation (KC)	PG co-ordinator
20/05/24 – 24/05/24	4 th Unit test	1 BAMS Jnr
	5 th Unit test	2 BAMS
24/05/24	PG Presentation (KC)	PG co-ordinator
May 27 onwards	Preparatory exam (May-June)	1 BAMS Snr, IV BAMS
30/05/24	CCP-Intern	Intern co-ordinator
31/05/24	PG Presentation (KC)	PG co-ordinator
June 2024		
04/06/24	Shramadana	Nss Wing & Literary Committee



04/06/24	Free Weekly ANC check-up Inauguration	Dept. of Prasooti Tantra & Stree Roga
05/06/24	Environment Day Celebrations	Nss Wing & Literary Committee
06/06/24	CCP-Intern	Intern co-ordinator
07/06/24	PG Presentation (DG)	PG co-ordinator
3 rd – 4 th week	RGUHS Exam	1 BAMS Snr, IV BAMS
21/06/24	International Yoga Day Celebrations	
22/06/24	Graduation Day	
24/06/24 – 29/06/24	5 th Unit test	1 BAMS Jnr
24/06/24 – 27/06/24	Autopsy Visit	Dept. of Agada Tantra
28/06/24	PG Presentation (KC)	PG co-ordinator
July 2024		
01/07/24	Doctor's Day Celebrations	
01/07/24	Medical Camp (Doctor's Day)	Dept. of Kaumarabritya
06/07/24	Nadi Nidharsana	Dept. of Roga Nidana & Vikriti Vignana
12/07/24	PG Presentation (KC)	PG co-ordinator
18/07/24	Guest Lecture	Dept. of Prasooti Tantra & Stree Roga
18/07/24 – 23/07/24	Ayurgrama 2	
19/07/24 – 28/07/24	Fever Screening Camp (National Dengue Awareness Month)	Dept. of Roga Nidana & Vikriti Vignana
19/07/2024	Cadaveric Oath	Dept. of Shareera Rachana
22/07/24	Fire Extinguish Demo	
22/07/24 – 27/07/24	6 th Unit test	1 BAMS Jnr
26/07/24	PG Presentation (KC)	PG co-ordinator
August 2024		
08/08/24	Charaka Jayanthi Celebrations	Literary committee
09/08/24	PG Presentation (KC)	PG co-ordinator
15/08/24	78 th Independence Day Celebrations	
17/08/24	Guest Lecture	Dept. of Kayachikitsa
18/08/24	Silent Protest	Student Council
19/08/24	Guest Lecture	Dept. of Roga Nidana & Vikriti Vignana
20/08/24	AHP	Hospital Wing
23/08/24	PG Presentation (DG)	PG co-ordinator
24/08/24	Guest Lecture	Dept. of Shareera Rachana
27/08/24 – 31/08/24	6 th Unit test	2 BAMS
29/08/24	GCP	Research Committee
30/08/24	PG Presentation (KC)	PG co-ordinator
New Academic Session II BAMS (Batch 22-23)		



SAMC&H

1st year BAMS Senior Batch



1st year BAMS Junior Batch



2nd year BAMS



3rd year BAMS





4th year BAMS



Interns



**STUDENT COUNCIL SILENT PROTEST AGAINST KOLKATA
DOCTOR'S MURDER INCIDENT – 18/08/2023**



PG STUDENTS – CULTURAL EVENT



STAFF RECREATION









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