



SUSHRUTHA
AYURVEDIC MEDICAL
COLLEGE AND HOSPITAL

SAMC&H

Annual Report 2021 – 2022







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AYURVEDIC MEDICAL
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SAMC&H

Annual Report 2021 – 2022

Vision:

To be the best Ayurveda Institution known for its excellence in -

- Education, Healthcare & Research

Mission:

- Excellent teaching with best of east & best of west methods.
- Creating campus atmosphere with Indian cultural values.
- At most services to public by Ayurveda treatments.

Prashanti Kutiram', Jodi Bingipura, Jigani Hobli, Anekal Taluk, Bengaluru - 562 105

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www.sushruthaayurvedicmedicalcollege.com





MESSAGE

From **Dr. H R NAGENDRA**
Chancellor, S-VYASA
Chairman, Yadalam Trust



It's a matter of pride that Sushrutha Ayurvedic Medical College and Hospital (SAMC&H) has come up with its Annual progress report 2022-23, highlighting major activities and achievements of the college for the year 2022-23.

The aim of Ayurveda is to prevent illness, heal the sick and preserve life without any side effects. Sushrutha Ayurvedic Medical College and Hospital (SAMC&H) intends to take this knowledge of Ayurveda and impart it to a new generation of young minds through high quality of medical education. The Medical

Institute serves as a platform where the best of experienced and learned minds of Ayurveda engage with students in a conducive environment encouraging them to be the best in delivery of healthcare to the society and its subjects. Therefore, creating and serving Ayurveda in a meaningful way.

M/s Sushrutha Ayurvedic Medical College and Hospital (SAMC&H) located on the Prashanti Kutiram Campus of S-VYASA deemed to be University, affiliated to RGUHS has grown as one of the leading Ayurvedic Medical College in the state under the guidance of Dr. B R Ramakrishna and the team of Medical faculty. The college apart from imparting quality education, Students are encouraged with sports, cultural activities, recreational hobbies etc. to ensure overall growth and to nourish their co-curricular talents. Till date thousands of Ayurvedic Graduates have evolved out of this Institution Hospital down the years carrying the glory of Ayurveda Science to the practicing field worldwide.

I place on record my best wishes to M/s Sushrutha Ayurvedic Medical College and Hospital (SAMC&H) and its entire fraternity in all its endeavors for the cause of spreading quality education for the welfare of society and mankind in particular.

All the very best.

With Love,

Dr H R Nagendra





MESSAGE

From **Shri H R Dayananda Swamy**

B Com, MBA, MSc (Yoga)

Executive Trustee



Sushrutha Ayurvedic Medical College and Hospital - Is one of the Premier institutes of Ayurveda in Bengaluru. The institution was established in 2002 with an objective of extending the knowledge of Traditional Holistic health care system Ayurveda to the rural population.

Sushrutha Ayurveda Medical College and Hospital is affiliated to Rajiv Gandhi University of Health Sciences (RGUHS), offering Undergraduate Bachelor of Ayurvedic Medicine and Surgery (BAMS) course, as per the guidelines of RGUHS & NCSIM, spanning for 5 ½ Years. And also management has applied for Post graduation course in 2 subjects this year and institution is under renovation with new hospital infrastructure for students to get better clinical knowledge.

As the Managing Trustee of the institute, **I take this opportunity to convey my thanks to the entire Management team, Academic and Administrative staff for their support in brand building and sustained growth of the institute over these years and wish they extend their continued support in upholding the growth and glory for the years ahead.**

I assure my continued and extended support and well wishes for the institute in all its endeavors for the benefit of the humanity.





MESSAGE

From Dr. B R RAMAKRISHNA

BSAM, BAMS, MD (Ayu), MSc, Phd (Yoga)

Vice chancellor S-VYASA Deemed to be University Bangalore

Director Sushrutha Ayurvedic Medical College and

Hospital Prashanthi Kuteera

Editor in chief RJAS AYUSH Journal RGUHS Bangalore

Chairman Ethics Committee Research,

Dept. of Ayurveda Yoga and Integrative Medicine,

NIMHANS, GOI Bangalore

Indipendent Director NALCO, Bhuvaneshwar, GOI Odisa



My Dear Brothers and Sisters,
Greetings of the day!

I am glad that Sushrutha Ayurvedic Medical College & Hospital which is being run by blessings and guidance of Honourable Guruji Dr. H R Nagendra Ji and Dr. R Nagaratna Deedi, who have committed to the vision and mission of making students well trained with Integrative methods of health care.

Prashanthi Kuteeram campus is well equipped with the teaching and clinical Institutions of Ayurveda, Yoga & Naturopathy and Modern system of health care in order to prevent and total cure of diseases and particularly for promotion of positive health as no one system of medicine is able to address completely the problems of the patients.

I extend my thanks to all the teachers, hospital staff and non-teaching staff for their active involvement in all the Accademic and Extracurricular activities of the Institution during this year.

It is my pleasure to express my appreciation and gratitude to all the students of the Institution for their desciplined behaviour and active involvement.

I am sure that SAMC&H will become one of the best Institution in the country to impart training and education in the field of Ayurveda and allied subjects.

I place on records the advices and blessings of Guruji, directions of Dr. R Nagaratna Deedi, Acharya Ramchandra Bhat Ji, Dr. N K Manjunath Sharma and Sri Dayanand Swamy for the overall progress and development of the Institution.





MESSAGE

From **Dr. Manjunath NK**
BNYS, PhD
Trustee, Yadalam Trust



Ayurveda and Yoga-based lifestyle has become prominent not only in India but across the world in the recent pandemic scenario. This has made world to understand the importance of traditional way of leading life. Sushruta Ayurveda Medical College and Hospital thrive for academics, research, and imparting classical Ayurveda-based knowledge blended with modern medical approaches to its students. Students have a Gurukula based learning experience at the Prashanthi Kutiram campus. Our distinguished faculty believe in bringing the best in every student and making them the best medical practitioners for the future.

Along with these the institute also facilitates students to participate in many competitions in literary, cultural, arts and also in many university level research activities etc. this allows the student get exposed to different platforms to bring the hidden talent.

The institution is ready for a new setup of hospital with good infrastructure which helps in gaining the knowledge clinically.

Thanks to our students and their families for their unconditional support and the faculty for being true mentors and guardians.



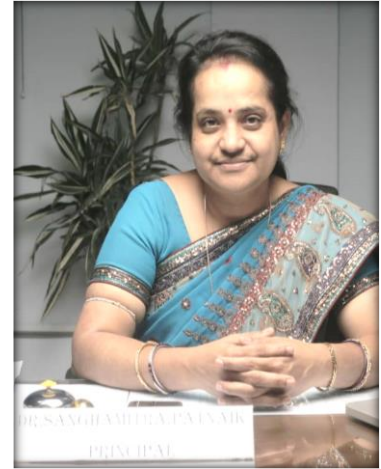
Faculty of Sushrutha





MESSAGE

From **Dr. Sangamitra Patnaik,**
BAMS, MD (Ayu)
Principal, SAMC&H



My journey in the field of Ayurveda, as a noble physician and as a teacher, started in the year 1999. The voyage took a great turn when I joined Sushrutha Ayurvedic Medical College in 2010.

I am fortunate to have an opportunity to lead the institution, as the principal, since 2020.

Just as a seed germinates to develop into its root & shoot, our institution too had a preparatory phase for future establishment, at Banashanakri Bengaluru. I am very glad to express that, nourished by the team headed by Dr B R Ramakrishna, the seed has flourished into a big tree. Now the institute has been recognized as one among the top 10 colleges of India. And the roots of this tree have been stabilized in the field of Ayurveda & Yoga, with the auspicious blessings of Dr Nagendra & Dr Nagarathna of the renowned S-vyasa University.

Sushrutha Ayurvedic Medical College and Hospital, Bengaluru is the source of esteem talented faculties along with proper infrastructure based on NCISM; flow of patients from different corners of the country and world which can provide to the new birds of Ayurveda with the proper clinical knowledge needed; practical skills; wide range of research ideas which can show them the path to establish themselves in the society as a excellent Vaidya as well as a human being.

Let us imbibe the principles of Ayurveda in its true sense and put a step forward in attaining world health thereby bringing back the lost glory of Ayurveda and make it the Primary Healthcare system of our country and the world as well.

Live Ayurveda and Love Ayurveda. Health for all and health forever.

Hereby I feel honoured to cherish & foster this reputed institution of ayurveda



Hospital Staff





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1. INTRODUCTION



Sushrutha Ayurvedic Medical College and Hospital located in the serene campus of SVYASA Deemed to be University, Jigani, Bengaluru, away from the chaotic concrete city contributes to the suitable environment for a learner to dwell deep into the science of Ayurveda.

The College has a well-planned building for UG students fit for both theory and practical knowledge having a central space filled with greenery which has various medicinal plants acting as a study garden for Dravyaguna.

The college has well planned departments for each subject with a practical lab attached.

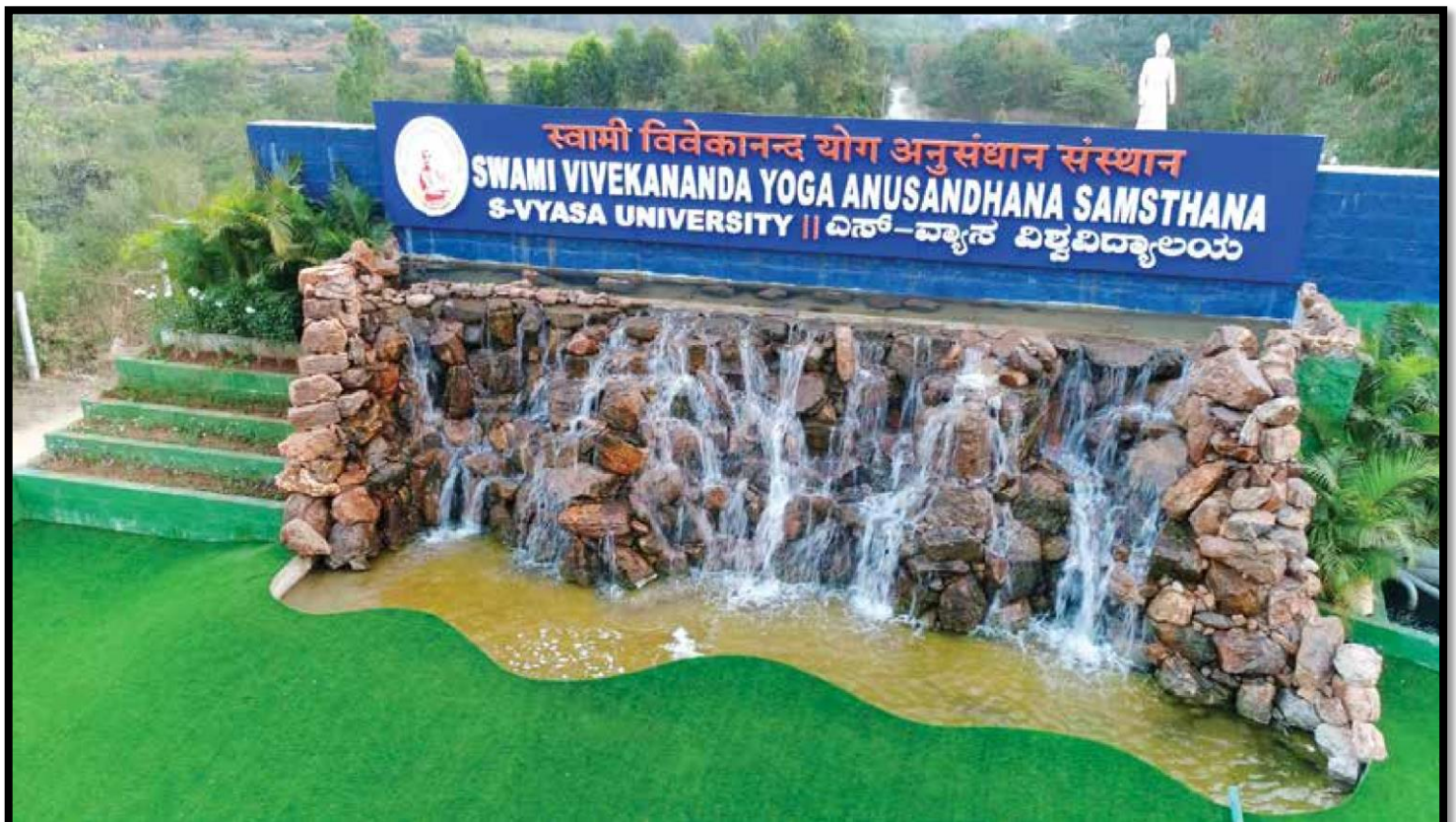
The college has fully functional labs and Ayurveda drug manufacturing section having Quality control and Quality Assessment units.

The college also has a Library with all essential books, Journals, Magazines required for an Ayurveda Student to be Up To Date.

SAMC&H has been serving the Ayurveda Fraternity by producing some of the Finest Ayurveda Vaidyas to the society.

Here by presenting the Annual Report for the Year 2021-2022.







2. GOVERNING COUNCIL

2.1 Governing Council



Dr H R Nagendra

ME, PhD

Chairman



Sri H R Dayanand Swamy

MSc (Yoga), MBA

Executive Trustee



Dr. B R Ramakrishna

BSAM, BAMS, MD, PhD (Yoga)

Trustee & Director SAMC & H



Dr. N K Manjunath Sharma

BNYS, PhD

Trustee



Dr. Vasudeva Vaidya

BAMS, MSc (Yoga), MBA

Deputy Medical Superintendent (Ex – officio)



Dr. Sanghamitra Patnaik

BAMS, MD

Principal (Ex - officio)



SAMC&H

2.2 . Academic Council



Dr. Sanghamitra Patnaik,
Principal, Professor & HOD,
Dept of Panchakarma



Dr. Alok Roy
Vice Principal, Professor
& HOD, Dept of Kriya Shareera



Dr. V. Venkata Reddy,
Director of P.G Studies,
Professor & HOD,
Dept of Kayachikitsa



Dr. Remita KK
co-ordinator of Academics,
Associate Professor
Dept of Rachana Shareera

Member



• Members:

- Dr. H. Venkatesh Prof & HOD, Dept of Basic Principles
- Dr. Yogita Bali Prof & HOD, Dept of Sharira Rachana
- Dr. Raghavendra M, Prof & HOD, Dept of Roga Nidana & Vikruti Vignana
- Dr. B. Ravikiran, Prof & HOD, Dravyaguna Vignana
- Dr. Prabhavati Kichadi, Associate Prof & In charge HOD, Dept of Rasa Shastra & Bhaishajya Kalpana
- Dr. Sandhya D S, Prof & HOD, Dept of Agada Tantra & Vyavahara Ayurveda
- Dr. M. R. Kulakarni, Prof & HOD, Dept of Prasuti Tantra & Stree Roga
- Dr. Champa Pant, Prof & HOD, Dept of Balaroga
- Dr. Seetaram Prasad, Prof & HOD, Dept of Swasthavritta
- Dr. Roopa L, Prof & HOD, Dept of Shalakya Tantra
- Dr. Kishore Kumar Hullatti, Prof & HOD, Dept of Shalya Tantra



3. FACULTY TEAM

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE AND HOSPITAL(A005)									
"PRAHANTHI KUTEERA",ACDAMIC BLOCK,JIGANI,BANGLAORE-560105,PH-08022639910									
Department of Basicprinciples									
S. No.	Name of the Teacher	UG Qualification (University & Year)	PG Qualificati on with subject (University & year)	Date wise details of Experience in chronological order (1st appointment to till date)			Teacher Code Number	Department (subject)	Name of State Board & Registration Number
				Durati on From-To	Designation	Name of the college			
1	Dr. Hathibelage Venkatesh	BSAM Karnataka University 1982 BAMS Bangalore University 1991		7/6/1985 - 13/07/1997	Asst.Professor	Shree D.G. Melmalagi AMC, Gadag	AYXX00360	Basic Principles	Karnataka Ayurvedic & Unani Practitioners Board(KAUP B),1995
				14/07/1997 - 13/08/1997	Asst.Professor	Ayurvedic Medical College, Hopet.			
				14/08/1997 - 20/07/2004	Reader	Ayurvedic Medical College, Hopet.			
				21/07/2004 - 20/08/2004	Reader	Sri Jaadguru Gavisiddesh wara AMC&H, Koppal			
				21/08/2004 - 29/07/2009	Professor	Sri Jaadguru Gavisiddesh wara AMC&H, Koppal			
				30/07/2009 - 16/07/2011	Professor	Shri S B Siddhalinga Shivacharya Swamiji AMC, Mundargi			
				18/07/2011 - till date	Professor	SAMC & H, Bangalore			

2	Hegade Sanjeev Krishna	BA (Vidwath) KSEE Board, Mysore,	MA Sanskrit Mangalore University 2003	08/12/2006 - 30/04/2009	Asst.Professor	Taranath Govt. AMC, Bellary	AYSN00082	Basic Priciples	Sankrit
				4/6/2009 - 31/05/2017	Asst.Professor	SAMC & H, Bangalore			
				01/06/2017-till date	Reader	SAMC & H, Bangalore			
3	Dr. Sahana	BAMS RGUHS 2009	MD(Ayurveda Sidhanta) RGUHS 2014	29.12.2014 -till date	Asst.Professor	SAMC & H, Bangalore	AYSS00267	Basic Priciples	KAUPB,25909
4	Dr. Divya Nagari N	BAMS RGUHS 2011	MD(Ayurveda Samhita) RGUHS 2015	10/12/2015-till date	Asst.Professor	SAMC & H, Bangalore	AYSS00266	Basic Priciples	KAUPB,27223



5	Dr. Renuka M	BAMS RGUHS 2014	MD(Ayurveda Samhita) RGUHS 2017	01/01/2018-till date	Asst.Professor	SAMC & H, Bangalore	AYSS00242	Basic Principles	KAUPB-31071
6	Dr. Pavitra	BAMS RGUHS 2014	MD(Ayurveda Samhita) RGUHS 2017	01/01/2017 to 17/1/2018 23/04/2021 till date	Asst.Professor	Hillside college of ayurveda SAMC & H, Bangalore	AYSS01423	Basic Principles	KAUPB-31284

Department of Shareea Rachana

7	Dr. Bali Yogita	BAMS Rajiv Gandhi University of Health Sciences 2004	MS (Shalya tantra) Rajiv Gandhi University of Health Sciences 2009	03.08.2009 - 04.08.2014 05.08.2014- 04.08.2019 05.08.2019- till date	Asst.Professor Reader Professor	SAMC & H, Bangalore	AYST00323	Shalya Tantra Rachana Shareera	KAUPB,17839
8	Dr. Remitha Kuppattu Kalladithodi	BAMS 2006 RGUHS Karnataka	MD (Shareera Rachana) 2012 RGUHS Karnataka	01/01/2013 to 31/12/2017 01/01/2018-till date	Asst.Professor Reader	SAMC & H, Bangalore SAMC & H, Bangalore	AYRS00194	Shareera Rachana	KAUPB,21145
9	Dr. Shijin Raj	BAMS 2009 Kerala University	MD (Shareera Rachana) 2014 RGUHS Karnataka	19/12/2013 to 17/12/2018	Asst.Professor	SAMC & H, Bangalore	AYRS00195	Shareera Rachana	The Travancore-Cochin Medical Council of ISM,9711
10	Dr. Sajin C P	BAMS- Kannur University, 2009	MD (Shareera Rachana) 2016 RGUHS Karnataka	03/10/2017-till date	Asst. Professor	SAMC & H, Bangalore	AYRS00186	Shareera Rachana	The Travancore-Cochin Medical Council of ISM-10462

Department of Shareea Kriya

11	Dr. Roy Alok	BAMS Kuvempu University 2000	MD (Siddant and darshan) Bharathi Vidyapeeth 2004	1/9/04 TO 17/9/05 11/12/06 - 31/05/08	Asst.Professor Asst.Professor	SAMC & H, Bangalore SKAMC & H & RC, B'lore	AYSS00520	Basic principles Basic principles	KAUPB,13855
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				10/3/08 - 4/12/2012	Asst.Professor			Basic principles	
				5/12/10-31/07/2017	Reader	SAMC & H, Bangalore			
				01/08/2017-31/12/2019	Professor			Shareera Kriya	
				01/01/2020 – till date	Professor				
12	Dr. Nimisha B	BAMS ,2010,TTTCM SM(Deemed University)	MD Kriya Shareera 2014	29/12/2014 -till date	Asst.Professor	SAMC&H, Bangalore	AYKS00127	Sharir Kriya	Kerala Board,11527
13	Dr. Pretty	BAMS-RGUHS-2009	MD-Kriya Shareera-Kerala University-2017	05/02/2018-till date	Asst.Professor	SAMC&H ,Bangalore	AYKS00117	Sharir Kriya	Kerala-10812

Department of Dravyaguna Vignana

14	Dr. Ravi Kiran	BAMS,Bangalore University-1998	MD (Dravyaguna),NTR University-2004	6/12/2004 - 5/12/2009	Lecturer	SAMC & H			
				6/12/2009 - 31/05/2012	Reader	SAMC & H			
				01.06.2012-06.07.2013	Reader	SDMT. AMC, TERDAL, Bagalkot			
				03/09/2014-25/04/2015	Reader	AYMC,Tumkur			
				27/04/2015-31/07/2017	Reader	SAMC & H	AYDG00305		Karnataka Ayurvedic & Unani Practitioners Board(KAUP) 12887
				01/08/2017-13.02.2018	Professor	SAMC & H			
				14.02.2018-23/04/2021	Professor	SAMC & H		Agdatantra	
				24/04/2021 – till date	Professor	SAMC & H		Dravyaguna	

15	Dr. Sunitha M P	BAMS RGUHS 2007	MD(Dravya guna) RGUHS, 2011	02/11/2011 - 21/12/12	Asst.Professor	Rama krishna AMC, B'lore	AYDG00592	Dravyaguna	KAUPB,23141
				24/12/2012 - 31/07/2017	Asst.Professor	SAMC & H, Bangalore			



				01/08/2017 -till date	Reader	SAMC & H, Bangalore			
16	Dr. Nischal	BAMS RGUHS 2015	MD(Dravy aguna)RG UHS 2019	01/01/2019 – till date	Asst.Professor	SAMC&H,B angalore	AYDG01385	Dravyaguna	KAUPB-32948
17	Dr. Akshata	BAMS RGUHS 2015	MD(Dravy aguna)RG UHS 2018	24/12/2018 - 31/12/2020	Asst.Professor	KTG ayurvedic medical college,Bang alore	AYDG00661	Dravyaguna	KAUPB- 32547
				1/1/2021 to 20/03/2022	Asst.Professor	SAMC&H, Bangalore			
18	Dr. Niveditha Shetty	BAMS RGUHS 2010	MD(Dravy aguna) RGUHS 2014	16/11/2015 - 04/01/2018	Asst.Professor	Karnataka ayurveda medical college, Mangalore	AYDG00247	Dravyaguna	KAUPB- 27729
				08/01/2018 - 26/07/2022	Asst.Professor	SDM college, Udupi			
				27/07/2022 - till date	Associate Professor	SAMC&H, Bangalore			
Department of Rasashastra & Bhaishajya Kalpana									
19	Dr. Kichadi Prabhavati	BAMS RGUHS 2005	MD (Bhaishaj ya Kalpana) 2014 RGUHS	16/1/2014 - 16/12/2018	Asst. Professor	SAMC & H, Bangalore	AYRB00627	Rasashastra & Bhaishajya Kalpana	KAUPB,19439
				17/12/2018 - till date	Reader				
20	Dr. Sreenidhi	BAMS RGUHS201 0	MD (Rasashas tra)2014 RGUHS	10/02/2014 - 23/12/2014	Asst. Professor	Dr. BNM Rural Ayurvedic Medical College, Bijapur	AYRB00464	Agadatantra & Vyavahara Ayu. Bhaishajya Kalpana	KAUPB,23994
				12/01/2015 - 13/07/2016	Asst. Professor	DGM, Gadag			
				15/07/2016 - 10/02/2019	Asst. Professor	SAMC&H Bangalore			
				09/02/2019 - till date	Reader	SAMC&H Bangalore			
21	Dr. Anupama	BAMS RGUHS 2011	MD Rasashast ra & Bhaishajy a Kalpana- RGUHS- 2017	01/01/2018 -till date	Asst.Professor	SAMC&H,B angalore	AYRB00312	Rasashastra & Bhaishajya Kalpana	KAUPB-30448



22	Dr. Sukrut	BAMS RGUHS 2017	MD Rasashastra & Bhaishajya Kalpana- BHU-2020	04/01/2021 -till date	Asst.Professor	SAMC&H,B angalore	AYRB01533	Rasashastra & Bhaishajya Kalpana	KAUPB-36436
23	Dr. Abhishek Biswas	BAMS RGUHS 2010	MD Rasashastra & Bhaishajya Kalpana- MPMSU, Jabalpur- 2019	01-03-2019 Till 28-02- 2020	Asst.Professor	IIAMR, Bangalore	AYURB1469	Rasashastra & Bhaishajya Kalpana	Madhya Pradesh Ayurveda Unani & Naturopathy Board-52242
				18-03-2022 till date	Asst.Professor	SAMC&H,B angalore			

Department of Roga Nidana and Vikriti Vignana

Department of Roga Nidana and Vikriti Vignana									
24	Dr. Raghavendra	BAMS Karanataka University (1997)	MD(Kayachikista)RG UHS- 2005,Kayachikista	02/05/2004- 02/05/2009	Asst.Professor	Amurutha Ayurvedic medical collge,Chithradurga	AYKC01082	Kayachikista	KAUPB,12133
				03/05/2009- 30/04/2014	Reader	Amurutha Ayurvedic medical collge,Chithradurga			
				01/05/2014- 15/03/2016	Professor	Amurutha Ayurvedic medical collge,Chithradurga			
				16/03/2016- 29/01/2019	Professor	Sushrutha ayurvedic Medical college			
				30/01/2019 - till date	Professor	Sushrutha ayurvedic Medical college	ROGANIDNA		
25	Dr. Anagha	BAMS RGUHS 2009	MD (Kayachikista) RGUHS 2013	19/03/2014 - 31/01/2019	Asst.Professor	SAMC & H, Bangalore	AYKC00984	Kayachikista	KAUPB,23929
				01/02/2019 - 17.03.2019	Asst.Professor			Roganidana	
				18.03.2019- till date	Associate Professor				
26	Dr. Sowmya	BAMS,RGU HS-2012	MD(Roganidana) RGUHS 2015	17/12/2015- 07/10/2017	Asst.Professor	ATREYA AYU, Bangalore	AYRN00136	Roga nidana and Vikriti Vignana	KAUPB-29011
				16/10/2017-till date	Asst.Professor	SAMC&H, Bangalore			



27	Dr. Rashmi	BAMS RGUHS 2017	MD(Rogan idana) RGUHS 2020	28/12/2 020 till date	Asst.Professor	SAMC&H, Bangalore	AYRN00734	Roga nidana and Vikriti Vignana	KAUPB-36743
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Department of Swastavritta

28	Dr. Seetaram Prasad	BAMS Bangalore University 1990	MD (Kayachi kitsa) RGUHS 2003	02/05/2001 - 31/03/2002 & 01/05/2002 - 31/03/2003	Asst.Professor	D.G.M. Ayurvedic Medical College & Hospital & PG Research Centre, Gadag	AYKC00570	Swastavritta	KAUPB,101 40
				01/05/2002 - 31/03/2003	Asst.Professor	D.G.M. Ayurvedic Medical College & Hospital & PG Research Centre, Gadag			
				01/02/2008 - 01/04/2011	Asst.Professor	SAMC & H			
				2/4/2011 - 31/07/17	Reader	SAMC & H, Bangalore			
				01/08/2017- till date	Professor	SAMC & H, Bangalore			
29	Dr. Sandeep S	BAMS RGUHS 2011	MD (Swastha Vritta) RGUHS 2015	10/12/2015- till date	Asst.Professor	SAMC & H, Bangalore	AYSV00270	Swastavritta	KAUPB,269 46
30	Dr. Manu	RGUHS- 2013-BAMS	MD (Swastha Vritta) RGUHS 2017	07/01/2019- till date	Asst.Professor	SAMC & H, Bangalore	AYSV00135	Swastavritta	KAUPB - 32689A
31	Dr. Swathi Somayaji	BAMS RGUHS 2017	MD (Swastha Vritta) RGUHS 2020	4/12/2020 till date	Asst.Professor	SAMC & H, Bangalore	AYSV00642	Swastavritta	KAUPB- 36755A

Department of Agadatantra & Vyavahara Ayurveda

32	Dr. Sandhya	RGUHS-1999-BAMS	RGUHS-2003-MD	1/11/2003-31/10/2008	Asst.professor	SKBAMC Bangalore	AYDG00601	Dravyaguna	KAUPB-13350
				1/11/2008-30/11/2013	Reader	SKBAMC, Bangalore		Agadatantra	
				20/10/14-30/4/16	Professor	RAMC, Bangalore			



				1/12/16-9/3/18	Professor	Amrutha, Chitradurga			
				10/03/18-till date	Professor	SAMC&H, Bangalore			
				01/08/2017-13.02.2018	Professor	SAMC & H			
				14.02.2018-till date	Professor	SAMC & H			
33	Dr. Harish Babu H	BAMS RGUHS 2011	MD(Aga datantra & Vyavahara Ayurveda)KLE-2014	06/08/2014-21/10/2015	Asst.Professor	BAMC,Chitradurga	AYAT00223	Agadatantra & Vyavahara Ayu.	KAUPB,27232
				22/10/2015-06/08/2019	Asst.Professor	SAMC & H, Bangalore			
				07/08/2019 – till now	Reader	SAMC & H, Bangalore			
34	Dr. Swathi Sharma	BAMS RGUHS 2013	MD(Aga datantra & Vyavahara Ayurveda)KLE-2017	30/12/2019 to 28/08/2020	Asst.Professor	SDM HASSAN	AYAT00400	Agadatantra & Vyavahara Ayu.	KAUPB, 30215
				12/12/2020 till Date	Asst.Professor	SAMC & H, Bangalore			

Department of Prasooti tantra & Stree roga

35	Dr. Kulkarni M Rao	BSAM Karnataka University 1983 BAMS Bangalore University 1986		15/07/1987 to 09/07/1992	Asst.Professor	Shree D G Melmalagi Ayurvedic Medical College, Gadag	AYXX00197	Prasooti tantra & Stree roga	KAUPB,1928
				10/08/1992 to 09/08/1997	Reader	Shri S.B.S Ayurvedic Medical College, Mundargi			
				10/08/1997 to 31/05/2012	Professor	Shri S.B.S Ayurvedic Medical College, Mundargi			
				01/06/2012 - 27/01/2017	Professor	SAMC&H, Bangalore			
				28/01/2017-04/08/2022	Professor	SAMC&H, Bangalore			
36	Dr. Reshma	BAMS RGUHS 2008	MS (Prasooti tantra & Stree Roga) RGUHS 2014	07/12/2013-29.01.2019	Asst.Professor	SAMC & H, Bangalore	AYPS00398	Prasooti tantra & Stree roga	KAUPB,23775
				30.01.2019 - till date	Reader				

37	Dr. Ranjitha B M	BAMS RGUHS-2010	RGUHS-MS-SRPT-2014	01.01.2015-31.12.2018	Asst.Professor	KAMC, Mangalore	AYPS00385	Prasooti tantra & Stree roga	KAUPB-25640
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				01.01.2019 -31/12/2019		SAMC&H, BANGALORE			
				01/01/2020 - till now	Reader	SAMC&H, BANGALORE			
38	Dr. Amrutha Prabhu	BAMS RGUHS- 2015	RGUHS- MS-SRPT- 2020	01-01-2021 till date	Asst.Professor	SAMC&H, BANGALORE	AYPS01095	Prasooti tantra & Stree roga	KAUPB- 36387
39	Dr. Raksha S	BAMS RGUHS 2017	RGUHS- MS-SRPT 2020	06/01/202- 27/11/2021 23/05/2022 till date	Asst.Professor	SDMCA, Hassan SAMC&H, BANGALORE	AYPS01130	Prasooti tantra & Stree roga	KAUPB- 36707

Department of Kaumarabhritya

40	Dr. Champa Pant	BAMS Kanpur University 1995	MD (Kayachikitsa) a) Delhi University 2005	11/11/2009 - 11.11.2014	Asst.Professor				
				12.11.2014- till date	Reader	SAMC & H, Bangalore	AYKC00983	Kaumara bhritya	KAUPB- 24156
					Professor				
41	Dr. Shubha M	BAMS RGUHS 2004	MS (Prasooti tantra & Stree Roga) RGUHS 2014	05/12/2013 - 04/12/2018	Asst. Professor	SAMC & H, Bangalore	AYPS00417	Prasooti tantra & Stree roga	KAUPB,176 75
				05/12/2018 - till date	Reader			Kaumara bhritya	
42	Dr. Sindhu Reddy	BAMS RGUHS 2014	MD(Kaum arabhritya) RGUHS 2020	09/12/2020 till date	Asst.Professor	SAMC & H, Bangalore	AYKB00683	Kaumara bhritya	KAUPB,346 44

Department of Kayachikitsa

43	Dr. Ram Reddy	BAMS, Nagruna University- 1990	MD (Kaya chikitsa) NTR University- 1995, Kayachikis ta	10.7.97- 10.7.2002	Asst.Professor	SSAMC,Bid ar			
				11.7.02- 30.10.06 &02.01.07- 08.02.08	Reader	SSAMC,Bid ar			
				20.05.08- 09.12.2010	Professor	SSAMC,Bid ar	AYKC01013	Panchakarma	AP BOARD- 20411
				27.12.10- 11.07.2018	Professor	SAI RAM SAMC,Chen nai			
				12.07.2018- 04/01/2019	Professor	SAMC,Bang alore		Kayachikitsa	
44	Dr. Ramesh Nagalamadug u	BAMS Ashwini Ayurveda College, Davanagere 2002	MD (Kayachiki tsa), SDM 2007	01/06/2007 - 09/09/2012	Asst.Professor	Bapuji Ayurveda College, Challakere	AYKC00985	Kayachikitsa	KAUP Board 15164
				10/09/2012 -	Reader	Bapuji Ayurveda			



				19/02/2015		College, Challakere			
				23/02/2015 – 12/01/2018	Reader	Sri Sri Ayurveda college, Bangalore			
				31/10/2018 – 19/07/2021	Professor	Adi chunchanagi ri Ayurveda College, Bangalore			
				20/07/2021 – 17/05/2022	Professor	KTG, Bangalore			
				18/05/2022	Professor	SAMC&H, Bangalore			
45	Dr. Shubha Rani M	BAMS RGUHS 2008	MD (Kayachikitsa) 2012	01/01/2013 – 31/12/2017	Asst,Professor	SAMC&H	AYKC01066	Kayachikista	KAUPB, 23904
				01/01/2018 -till date	Reader	SAMC & H, Bangalore			

46	Dr. Asha Rani	BAMS,RG UHS2012	MD (Kayachikista) RGUHS 2016	12/01/2017- 11/01/2022	Asst.Professor	SAMC & H, Bangalore	AYKC00554	Kayachikista	KAUPB, 28848
				12/01/2022	Associate Professor	SAMC & H, Bangalore			
47	Dr. Ramyashree G	BAMS,RG UHS2012	MD (Kayachikista) RGUHS 2015	31/12/15- 12/10/17	Asst.Professor	ATREYA AYU ,Bangalore	AYKC00567	Kayachikista	KAUPB- 29242
				13/10/17- till date	Asst.Professor	SAMC&H, Bangalore			
48	Dr. Chittaranjan Narayan Mooss	BAMS RGUHS 2016	MD (Manasaroga) RGUHS 2020	02/12/2020 till date	Asst.Professor	SAMC&H, Bangalore	AYKC02939	Kayachikista	KAUP : 37290

49	Dr. Prayaga Prasad U R	BAMS RGUHS 2016	MD (Kayachikitsa) RGUHS 2020	17/11/2020- 29/04/2022	Asst.Professor	Shri Veerpulikeshi Ayurvedic Medical College, Badami	AYKC03081	Kayachikista	KAUPB- 37268A
				30/04/2022 till date		SAMC&H, Bangalore			

Department of Panchakarma

50	Dr. Patnaik Sanghamitra	BAMS Utkal University 1992	MD(Kayachi kita) Utkal University 1999	21/09/99 - 31/10/2004	Asst.Professor	N K J AMC, Bidar	AYKC00569	Panchakarma	Orissa Reg Board,321 7
				01/11/2004 - 28/02/09	Reader	N K J AMC, Bidar			
				01/03/09 - 19/05/2010	Professor	N K J AMC, Bidar			



				21/05/2010 - till date	Professor	SAMC & H, Bangalore			
51	Dr. Pooja B A	BAMS RGUHS- 2008	MD (Panchakar ma) RGUHS- 2011	18.1.13- 17.1.14	Asst.professor	National Institute of Ayurveda, Jaipur	AYPK00491	Panchakarma	KAUPB- 23149
				03.2.14- 24.12.14	Asst.professor	Ayurvedic Medical College, Shimoga			
				26.12.14- 21.4.18	Asst.professor	SDM, Udupi			
				23.4.18-till date	Reader	SAMC&H, Bangalore			
52	Dr. Ramya R V	BAMS RGUHS 2008	MD (Panchakar ma) MPMSU, Jabalpur (M.P) 2019	01/06/2020- till date	Asst.Professor	SAMC & H, Bangalore	AYPK00923	Panchakarma	KAUPB, 25152

Department of Shalyatantra

53	Dr. Hullatti Kishore Kumar	BAMS Kuvempu University 1999	MS (Shalya tantra) RGUHS 2003	11/11/2003 - 28/2/2005	Asst.Professor	Bapuji AMC Shimoga	AYST01048	Shalya Tantra	KAUPB, 13181
				01/03/2005 - 20/06/2011	Asst.Professor	J S S AMC, Mysore			
				21/06/2011 - 31/07/2013	Reader	KLE BMK AMC, Belgaum			
				01/08/2013 - 14/09/2014	Reader	SAMC & H, Bangalore			
				15/09/2014 -till date	Professor	SAMC & H, Bangalore			
54	Dr. Manjunath Joshi	BAMS RGUHS 2007	MS (Shalya tantra) RGUHS 2011	05/08/2011 - 03/08/2012	Asst.prpfessor	IIAM Bangalore	AYST00587	Shalya Tantra	KAUPB, 23162
				28/11/2012 - 01/01/2017	Asst.professor	SAMC & H, Bangalore			
				02/01/2017 -till date	Reader	SAMC & H, Bangalore			
55	Dr. Mohana Krishna G	RGUHS BAMS 2011	MS (Shalya tantra) RGUHS 2015	17/12/2015 - 22/07/2016	Asst.professor	IGMC,Bhub ansher	AYST00429	Shalya Tantra	KAUPB, 29288



				01/8/2016- till date	Asst.professor	SAMC&H,B angalore			
56	Dr. MAYA Varghees	RGUHS BAMS2008	MS(SHAL YA)RGUH S2014	12.03.2015 TO 03.01.2019	Asst.professor	SNIAS&R,P uthur	AYST00666	Shalya Tantra	TCMC- KERALA- 10268
				05.01.2019 - till date	Asst.professor	SAMC&H,B angalore			
57	Dr. Shalini U	RGUHS BAMS 2011	MS (Shalya tantra) RGUHS 2015	12/12/2018 till 28/12/2020	Asst.professor	Hillside ayurvedic medical college	AYST00928	Shalya Tantra	KAUPB, 32664
				29/12/2020 till date	Asst.professor	SAMC&H,B angalore			

Department of Shalakyatantra

58	Dr. Roopa	BAMS-2003- RGUHS	MS (Shalakya tantra) 2008	01/07/08- 19/12/08	Asst.Professor	Amrutha- Chitradurga	AYSK00301	Shalakya tantra	KAUPB- 16845
				20/12/2008- 02/07/2013	Asst.Professor	Ashwini - Davanagera			
				03/07/2013- 31/10/2013	Reader	Ashwini - Davanagera			
				05/11/2013- 27/12/2017	Reader	Amrutha- Chitradurga			
				01/01/2018- 01/07/2018	Reader	SAMC & H, Bangalore			
				02/07/2018- till date	Professor	SAMC & H, Bangalore			
59	Dr. Vanishree	University of Mysore-1985	Bangalore University- 1998(Shalk yatantra)	01.08.1999- 15.8.2004	Asst.professor	SVPR, Badami	AYSK00308	Shalkyatantra	KAUPB- 9381
				01.01.2010- 30.06.2016	Reader	SRAMC,Mal ladihalli			
				15.07.2016- 23.04.2018	Professor	SRAMC, Malladihalli			
				24.04.2018- till date	Professor	SAMC&H, Bangalore			
60	Dr. Harish Gopal G	BAMS RGUHS 2016	MS (Shalakya tantra) RGUHS 2020	09/12/2020	Asst.Professor	SAMC & H, Bangalore	AYSK00827	Shalakya tantra	KAUPB- 35895
61	Dr. Renu	BAMS 2009 RGUHS	MS (Shalakya tantra)	01/08/2016 - 28/02/2017	Asst.Professor	Athreya Ayurvedic Medical College	AYSK00233	Shalakya tantra	TCMC 10295



			RGUHS 2016	01/03/2017 – 18/12/2020	Asst.Professor	Ramakrishna Ayurvedic Medical College			
				21/12/2020 – 05/09/2022	Asst.Professor	Vishnu Ayurveda College			
				09/12/2020	Associate Professor	SAMC & H, Bangalore			

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL
"PRASHANTHI KUTEERA", JIGANI, BANGALORE-560105
HOSPITAL STAFF

Sl. No.	Name of the Employee	Designation
1.	Dr.Sanghamitra Patnaik	Hospital Superintendent
2.	Dr.Vasudeva Vaidya	Deputy Medical Superintendent
3.	Dr V V Reddy	Consultants
4.	Dr Shubharani K	Consultants
5.	Dr Asharani M	Consultants
6.	Dr C Narayana Moos	Consultants
7.	Dr Roopa L	Consultants
8.	Dr Vanishree	Consultants
9.	Dr Harish Gopal	Consultants
10.	Dr M R Kulkarni	Prasooti Specialist
11.	Dr ranjita B	Prasooti Specialist
12.	Dr Reshma	Prasooti Specialist
13.	Dr Amruta Prabhu	Prasooti Specialist
14.	Dr Champa Pant	Consultants
15.	Dr Shubha Muddana	Consultants
16.	Dr Sindhu reddy	Consultants
17.	Dr Seetharam Prasad	Consultants
18.	Dr Sandeep S	Consultants
19.	Dr Manu M	Consultants
20.	Dr Swathi Somayaji	Consultants
21.	Dr Sangamitra Patnaik	Panchakarma Specialist
22.	Dr Pooja B A	Panchakarma Specialist
23.	Dr Ramya R V	Panchakarma Specialist
24.	Dr Kishore Kumar Hullatti	Shalya Specialists
25.	Dr Maaya Varghese	Shalya Specialists
26.	Dr Mohan Krishna Kumar	Shalya Specialists
27.	Dr Shalini U A	Shalya Specialists
28.	Dr. Afshan	Emergency Medical Officers
29.	Dr. Satinder	Emergency Medical Officers
30.	Dr.Tara D Kulakarni	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)



31.	Dr. Vipin Das	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
32.	Dr. Abhiram S S	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
33.	Dr. Nithulya Bhaskaran	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
34.	Dr. Vidhya H.S	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
35.	Dr. Yashbir	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
36.	Dr. Mahesh S	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
37.	Dr. Vachanbika	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
38.	Dr. Neethu Manikandan	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
39.	Dr. Sriram Dongre (House Officer)	House officer / Panchakarma
40.	Mrs. Raji Ragunath	Matron or Nursing Superintendent
41.	Mrs. Jayamma	Assistant Matron
42.	Mrs. Ranjani Kumari	Staff Nurses for In Patient Department
43.	Mrs. Chandrika	Staff Nurses for In Patient Department
44.	Mr. Ramesh M G	Staff Nurses for In Patient Department
45.	Mr. Arnab Das	Staff Nurses for In Patient Department
46.	Mrs. Ramya Mohan	Staff Nurses for In Patient Department
47.	Mrs. Sujatha D.N	Staff Nurses for In Patient Department
48.	Mrs. Dimple Kumari	Staff Nurses for In Patient Department
49.	Mrs Rita Kumari	Staff Nurses for In Patient Department
50.	Mr.Devendra	PANCHAKARMA NURSE
51.	Mrs. Kanchankumari	Staff Nurses for In Patient Department
52.	Mr. Mahalingappa	Staff Nurses for In Patient Department
53.	Mrs. Unni Maya	Staff Nurses for In Patient Department
54.	Mr. Anuj Kumar	Staff Nurses for In Patient Department
55.	Dr Vijaya Das	Medical Specialist
56.	Dr. Ravi K	Surgical Specialist
57.	DR Ashok Kumar M S	Obstetrician and Gynecologist
58.	Dr. Pradeep R Rudramurthy	Pathologist
59.	Dr. Praveen kumar C A	Anaesthesiologist
60.	Dr Jayashree Bhat	Ophthalmologist
61.	Dr A J Babu	Pediatrician
62.	Dr. Girish	Radiologist
63.	Dr. Madhura	Dentist
64.	Mrs Margaret S	X-Ray Technician or Radiographer
65.	Dr. Rajaram	Physiotherapist
66.	Mrs. Radha C T	Panchkarma Assistant
67.	Ms. Latha D.R	Panchkarma Assistant



68.	Mr. Nandhu.C	Panchkarma Assistant
69.	Mr. Umesh Kumar Bhagat	Panchkarma Assistant
70.	Mr Niranjan Kumar Mishra	Dark Room Attendant
71.	Mr. Sandesh	Office Staff (for registration, record maintenance, data entry etc.)
72.	Mrs. Divya Acharya	Office Staff (for registration, record maintenance, data entry)
73.	Mr. Ajaya Chetri4	Store Keeper
74.	Divya Chethri	Ward Boy or Ayah
75.	Mrs. Jalaxi	Ward Boy or Ayah
76.	Mrs.Bharathi Singh	Ward Boy or Ayah
77.	Mr.Prafulla kumar malik	Ward Boy or Ayah
78.	Mrs. Suma	Ward Boy or Ayah
79.	Mrs Prabhavati Kumari	Ward Boy or Ayah
80.	Mr. Pramendra Kumar	operation Theater Attendant
81.	Mr. Narendra	Yoga teacher or expert (from Swasthavritta and Yoga Department)
82.	Mrs. Sasmitha Raut	Midwife
83.	Mr. Arun Singh	Bone Setter
84.	Mr. Madhu	Cook/Food Service
85.	Mr. Ananda Shetty	Cook/Food Service
86.	Mr. Rajappa	Washerman
87.	Mr. Vishwanath	Driver
88.	Mr. Bore Gowda	Electrician
89.	Mr. Shekar	Security Guard
90.	Mrs. Akumla	Masseur
91.	Mr. Ganesh	Masseur
92.	Mr. Digambara	Others
93.	Mr. Aditya Kumar	Clinical Lab Attender
94.	Mr. Harish	Pharmacists
95.	Mr. Ramu Y V	Pharmacists
96.	Mr. Dipen Malik	Pharmacists
97.	Mr. S Satheesh Kumar	Pharmacists
98.	Mr.Rajappa	Workers
99.	Mrs. Nethra	Workers
100.	Mr. Vikas Kumar	Dresser
101.	Bhagyamma	Dresser
102.	Mrs. Karuna Kiran Gurjar	Laboratory Technicians
103.	Mr. Suvabrata Panigrahi	Laboratory Technicians
104.	Mrs. Aparna R S	Pharmacognosist (Part time)
105.	Mrs Chetana Hegde	Analytical Chemist (Part time)
106.	Mrs. Bhagyamma	Attennder
107.	Mrs Mithila M V	Biochemist
108.	Rashmi N	Biochemist
109.	Tintu lawrence	Microbiology



110.	Ritu Joshi	Microbiology
111.	Madhu A	Pharmacologist
112.	Mr Anil Savanur	Pharmacologist
113.	Dr Prabhavati C Kichadi	Pharmacy Manager/Incharge
New Joinees		
114.	Dr. Dhanyashree P T	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
115.	Kavana T.G	Assistant Matron
116.	Sucharita Mondal	O.T Nurse
117.	Dipankar Maiti	Staff Nurse
118.	Madhushree	Ayah

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL "PRASHANTHI KUTEERA", JIGANI, BANGALORE-560105 College Non-Teaching Staff details			
1.	Mr. Rayala Kumar	Clerical staff for administrative and accounts services	College Office
2.	Mr. Lakshminarayan Bhagwat	Clerical staff for administrative and accounts services	College Office
3.	Mrs. Karuna Kiran Gurjar	Laboratory Technician	Roga Nidan evam Vikriti Vigyan
4.	Mrs. Manjula	Multipurpose worker	Herbal Garden
5.	Mr. Mahadev	Attendant or Peon or Multipurpose Worker	Dravyaguna
6.	Mr. Santhosh	Attendant or Peon or Multipurpose Worker	Rasa Shastra Evam Bhaishajya Kalpana
7.	Mr. Robin Ingthi	Lifter	Rachna Sharir
8.	Mr. Maranna	Attendant or Peon or Multipurpose Worker	Rachna Sharir
9.	Mr. Vishwanath	Museum Keeper	Kriya Sharir
10.	Mr. Shivaraj K	Laboratory Assistant	Dravyaguna
11.	Mrs. Jamuna	Others	Others
12.	Mr. Mahesh S	Museum Keeper	
13.	Mr. Rajappa	Attendant	Kaumarbhritya
14.	Mrs. Geetha K S	Others	Others
15.	Mr. Kotreshi Ujjini	Clerical staff for administrative and accounts services	College Office
16.	Mrs. Santhosh Mary	Attendant or Peon or Multipurpose Worker	Roga Nidan evam Vikriti Vigyan
17.	Mr. Murugesh	Multipurpose worker	Herbal Garden
18.	Mrs. Neeraja	Laboratory Technician	Roga Nidan evam Vikriti Vigyan
19.	Mr. Yogendra Kumar	Laboratory Technician	Dravyaguna
20.	Mr. Harish N	Library Attendant or Peon	Library



21.	Mr. Dilip Sharma	Laboratory Technician	Rachna Sharir
22.	Mr. Manjunath	Attendant	Agad Tantra evam Vidhi Vaidyaka
23.	Mr. Devaraj V N	Museum Keeper	Agad Tantra evam Vidhi Vaidyaka
24.	Mr. Narendra	Laboratory Technician	Rasa ShastraEvam Bhaishajya Kalpana
25.	Mr. Chethan M	Others	Others
26.	Mr. Jayasimha R	Clerical staff for administrative and accounts services	College Office
27.	Mrs. Mamatha	Clerical staff for administrative and accounts services	College Office
28.	Mrs. Divya	Clerical staff for administrative and accounts services	College Office
29.	Mrs. Mangalamma	Attendant	Kayachikitsa
30.	Mr. Umapathi M	Laboratory Assistant	Rasa ShastraEvam Bhaishajya Kalpana
31.	Mr. Naveen Kumar A	Museum Keeper	Swasthavritta and Yoga
32.	Mr. Prakash	Attendant	Swasthavritta and Yoga
33.	Mr. Sathyaprakash Tudu	Laboratory Technician	Kriya Sharir
34.	Mrs. Sulochana	Attendant	Shalakya and Shalya
35.	Mr. Venkataramanappa	Gardener	Herbal Garden
36.	Mr. Sathyanarayan H R	Others	Others
37.	Mrs. Anitha	Attendant	Panchakarma
38.	Mrs. Jalaxi	Laboratory Assisstant	Roga Nidan evam Vikriti Vigyan
39.	Mrs. Kholi Jgadevi	Attendant	Prasuti Tantra and Stri Roga
40.	Mrs. Prameela	Attendant	Samhita and Siddhanta
41.	Mr. Prakash M T	Museum Keeper	Rachna Sharir
42.	Mr. Jagadish H S	Librarian	Library
43.	Mr.Mohan Kumar	Clerical staff for administrative and accounts services	College Office
44.	Mrs. Udaya Vani	Attendant	office
45.	Mrs. Unni Maya	Clerical staff for administrative and accounts services	College Office



4. ACHIEVEMENTS OF SAMC&H

4.1. New Staff recruitment

Team SAMC&H is enriched by the addition of new staffs listed below.

4.1.1. Teaching Faculty & RMO

Sl.No	Name	Designation	Department	Joining Date
1.	Dr. Abhishek Biswas	Asst.Professor	Rasashastra & Bhaishajya Kalpana	18/03/2022
2.	Dr. Prayaga	Asst.Professor	Kayachikitsa	30/04/2022
3.	Dr. Ramesh	Professor	Kayachikitsa	18/05/2022
4.	Dr. Raksha	Asst.Professor	Prasooti Tantra & Stree Roga	23/05/2022
5.	Dr. Danyashree P T	RMO	Hospital	01/07/2022
6.	Dr. Nivedita	Associate Professor	Dravya Guna Vignana	27/07/2022
7.	Dr. Renu	Associate Professor	Shalakya Tantra	06/09/2022

4.2. Achievements by the Staff

Research committee conducted 5 staff presentations and 25 intern presentations as per routine schedule.

This year has been productive with completion and submitted four student research projects sponsored by RGUHS, three from the department of kaumarabhritya and one from the department of roga nidana and vikriti vignana.

11 staff projects were submitted to RGUHS grants from different departments for the year 2021-22 out of which five were shortlisted for presentation.

Five students project were submitted for the year 2022 from department of Agada Tantra, Kaumarabhritya, Dravyaguna, Rasa shastra and bhaishajya kalpana and Roga nidana and Vikriti vignana.

Our 8 staffs have attempted for PhD entrance and have been selected for pursuing the same. 7 have been selected in DMIMS Wardha University and one in RGUHS.

List of Publications & Guest lectures by faculty for the year 2021 & 22

1. Dr. B R Ramakrishna:

- Paper publication: BR Ramakrishna Basavapatna, Vasudeva Vaidya, Ramesh Mavathur. Yoga as a life style prescription for the Prakruti specific individuals to prevent disorders, lead healthy and happy life- a conceptual study, Jour. of Ayurveda & Holistic Medicine, Volume-X, Issue-III (May-June 2022).

2. Dr. Sanghamitra Patnaik:

- Ayurvedic Management of Systemic Lupus Erythematous - IAMJ, Dec 2021



- Vaitarana Basti a method of preparation - classical review, IJAAR, Jan-feb 2022
- A study on Safety and efficacy of Snehapana- A Scientific Approach, IJAPC, March 2022, Dr Sangamitra Patnaik, Dr Sanjaykumar Giri, Dr Pavithra S, Dr Satinder Kumar
- Management of Amavata by different shodhana w.s.r (rheumatoid arthritis) - a case report. ISSN number: 2320 5091, spoorthi B, abhishek biswas, ramya r v, sanghamitra patnaik (IAMJ Volume p6 Issue 5, june - July 2022)

3. Dr. Alok Roy:

- Elected as one of the member of BOS in faculty of Ayurveda under Mandsaur University for a period of three years.

4. Dr. Vasudev Vaidya:

- Vasudeva Vaidya, Ramesh Mavathur, BR Ramakrishna Basavapatna. Yoga as a life style prescription for the Prakruti specific individuals to prevent disorders, lead healthy and happy life- a conceptual study, Jour. of Ayurveda & Holistic Medicine, Volume-X, Issue-III (May-June 2022).

5. Dr. Champa Pant:

- Uncommon Herbs and Spices used in Culinary Practices of Uttarakhand and their Medicinal Properties- An Exploration Aryavaidyan, volxxxv, No. 1&2, August 21 to January 22, Pg. No. 70-80

6. Dr. Yogita Bali:

- Manisha Rajput et al: Ayurvedic Approach of Allergic Conjunctivitis (Vataja Abhishyanda). International Ayurvedic Medical Journal. 2021
- Bali Yogitha, John Ebnezar. Role of Nasya Karma in Apabahuka (Frozen shoulder) – A Systematic Review of Published Case Reports. JAHM. 2021
- Yogitha Bali M.R, Remitha, Shijin, Sajin. Ayurvedic Probiotics in OA knee. RJAS, 2021
- Yogitha Bali M.R, John Ebnezar, B R Ramakrishna, Vasudeva Vaidya. Management of First wave of Covid-19 – A Global Approach. JACM 2021

7. Dr. Roopa L:

- Incofera poster presentation 2022 - Topic - Role of Nasapana and Jala net in improving Respiratory Immunity

8. Dr. Prabhavathi Kichadi

- Guest lecture in Adichnchanagiri Ayurvedic Medical College on 2-8-22 on the topic Solid Dosage Form.

9. Mr Sanjeev Hegde

- Nominated to BOS in Sanskrit (UG) by Presidency College as an expert member in the academic year 2021-22

10. Dr. Sunitha:

- Pharmacovigilance for non-poisonous herbal drugs, AYUSHDHARA, 2021

11. Dr. Anagha:

- “A Literary Review on the Utility Of Geetam (Music) In The Management Of Sadhakapittakrita Manasa Vikaras” (In Press – Rguhs Journal Of Ayush Sciences)



12. Dr Pooja B A:

- Ayurvedic management of Cholelithiasis-A Case study, International Journal of Ayurveda and Pharma research, April 2022
- Management of Viral arthritis (Asthidhatugata Jwara) through Ayurveda-2022
- Vaitharana Basti a method of preparation - classical review, IJAAR, jan-feb 2022, Radhika 1, Vatsal 2, Pooja B A 3, Sanghamitra Patnaik 4
- Ayurvedic Management of Systemic Lupus Erythematosus - IAMJ, Dec 2021, Vatsal 1, Radhika 2, Pooja B A 3, Sanghamitra Patnaik 4

13. Dr. Remita:

- Ayurvedic management of co-infection of Herpes zoster ophthalmicus in COVID-19 patient: A case report. J Ayurveda Case Rep 2021; 4:44-9.
- Ayurvedic probiotics in OA of knee joint – RJAS 2021.

14. Dr. Shubha Mudanna

- Journal Publication (Research paper – Case study: Effect of Shoditha Hingu (Ferula Asafoetida Linn) Prayoga in the Management of Kastarthava (Primary Dysmenorrhoea) - A Case Report. AYUSHDHARA, 2021;8(6):3594-3598. <https://doi.org/10.47070/ayushdhara.v8i5.809>

15. Dr. Sreenidhi. G. S:

- Ayurvedic management of Cholelithiasis-A Case study, International Journal of Ayurveda and Pharma research, April 2022]
- Management of Viral arthritis (Asthidhatugata Jwara) through Ayurveda-2022

16. Dr. Harish Babu:

- Review on Amruta Ghrita Agada (Visha Hara) Probable Action as Adjuvant Therapy during Chemotherapy and Radiotherapy, European Journal Pharmaceutical and medical research, September 2021, Vol 8, Issue 9
- Oothu Chikitsa (Blowing Therapy)-A Review on Crisis Management in Snake Bites International Research Journal of Ayurveda & Yoga. Vol. 5 (6),82-87, June, 2022 Vishahara (antitoxic) management in pesticide induced bilateral palmar dermatitis: A case report, JACR. Aug 2022

17. Dr. Asha Rani

Guest Lecture – Webinar series on Ayurveda & Covid 19 topic – Prevention of covid 19 in the context of Janapadodhvanasha held on 11th Feb 2022 under Azadi Ka Amrit Mahotsav by Central Ayurveda Research Institute, Bengaluru

18. Dr. Sahana

- Selected for a 2 day National workshop on Research Proposal writing for grants organised by Central Ayurveda Research Institute, Unit of CCRAS, Ministry of AYUSH, GOI held on 22nd and 23rd March 2022.

19. Dr. Sijin

- Ayurvedic probiotics in OA of knee joint – RJAS 2021.
- Case study on PCOS - RAJAS 2021 July

20. Dr. Sajin

- Ayurvedic probiotics in OA of knee joint – RJAS 2021.



- Case study on PCOS - RAJAS 2021 July

21. Dr. Sowmya:

- Ayurvedic management of Cholelithiasis-A Case study, International Journal of Ayurveda and Pharma research, April 2022

22. Dr. Swathi Sharma:

- Oothu Chikitsa (Blowing Therapy)-A Review on Crisis Management in Snake Bites International Research Journal of Ayurveda & Yoga. Vol. 5 (6),82-87, June, 2022 Vishahara (antitoxic) management in pesticide induced bilateral palmar dermatitis: A case report, JACR. Aug 2022
- Received best paper presenter award in TVISHA held at SDM College Udipi on 8th April 2022.

23. Dr. Pavithra S

- "Ayurveda and Jyothishya Shastra - An Integral Approach to wellness" in IJCRT, Dec 2021
- An analogous knowledge: Ayurveda and Jyotishya Shastra". Dr. Pavithra S, Dr. Satinder Kumar Int J Jyotish Res 2022; 7 (1):13-16. DOI: 10.22271/24564427.2022.v7.i1a.126
- Presented Scientific Paper at Jignasa 2021 on the topic Tarka and Vada marga vis-a-vis scientific writing.

24. Dr. Nischal P:

- **Guest lectures:** At Jignasa 2022, Bengaluru
- Pharmacovigilance for non-poisonous herbal drugs, AYUSHDHARA, 2021
- RGUHS research Project 2021-22 entitled Method-development of assessment and quantification of veerya with special reference to dwividha veerya and surface temperature - A comparative analytic-observational pilot study.
- Selected for a 2 day National workshop on Research Proposal writing for grants organised by Central Ayurveda Research Institute, Unit of CCRAS, Ministry of AYUSH, GOI held on 22nd and 23rd March 2022.

25. Dr. Akshata

- Pharmacovigilance for non-poisonous herbal drugs, AYUSHDHARA, 2021

26. Dr. Swathi Somayaji

- A clinical study to evaluate the preventive aspect of Amalakki Swarasa and Haridra Churna with Madhu in pre-daibetes International Journal of Health Sciences and Research vol 11, issue:8

27. Dr. Ramya R V:

- Management of Amavata by different shodhana w.s.r (rheumatoid arthritis) - a case report. ISSN number: 2320 5091, spoorthi B, abhishek biswas, ramya r v, sanghamitra patnaik (IAMJ Volume p6 Issue 5, june - July 2022)|
- Guest Lecture on Sadyo Snehana practical approach organized by Parul University on 7th Feb 2022

28. Dr. Rashmi

- Critical Review on Pramehapoorvaroop in Medodosha w.s.r to Dyslipidemia (Wjpr)



29. Chirattamon Narayanan Mooss:

- Spiritual therapy, future of psychiatry, Future of psychiatry ISBN number: 978-93-5382-090-9
- Solar Radiance on mental health, Department of psychology, Anugraha Institute of Social Science, Dindigul, Tamil Nadu

30. Dr. Abhishek Biswas:

- Management of Amavata by different shodhana w.s.r (rheumatoid arthritis) - a case report. ISSN number: 2320 5091, spoorthi B, abhishek biswas, ramya r v, sanghamitra patnaik (IAMJ Volume p6 Issue 5, june - July 2022)

4.3. Students of SAMC&H: University Ranks

2015 Batch- Rank list RGUHS'22

1 BAMS

6th Rank - Kriya Shareera - Sarvangi

7th Rank - Samhita Siddhanta - Sarvangi

10th Rank - Samhita Siddhanta - Saxi Ben Patel

10th Rank - Sankskrit - Sarvangi

2 BAMS

8th Rank - Dravyaguna - Sarvangi

4th Rank - RSBK- Anjana A R

3 BAMS

3rd Rank - Charaka - Sameena

9th Rank - Charaka- Renju Bhaskaran

4 BAMS

2nd Rank - Panchakarma- Anjana AR

7th Rank - Panchakarma - SubhaC

8th Rank - Panchakarma - Laxmipriya

Research methodology - 5th Rank - Karthik B

7th Rank - Research - Renju Bhaskaran

7th Rank - Research - Anjana AR

2022 Final year 10 Toppers - 3 distinctions, 58 first class

SI. No	NAME	PERCENTAGE
1	Sudarshan	76.1%
2	Amit	76.07%
3	Sanjana	75.76%
4	Bindhushree	74.6%
5	Architha J	74.35%
6	Jayanthi	73.56%
7	Surabhi	73.25%
8	Hemanth Gowda RL	72.94%
9	Pallavi Y	72.8%
10	Bhavana	72.7%

Student Research:

There are four RGUHS students' research projects going on. Several medical camps were organised to enrol research subjects. Total 1,600 students were enrolled for the projects. Statistical analysis is undergoing and final report will be submitted to RGUHS before May 31st 2022.

Ongoing Kaumarabhrithya departmental research projects

1. An observational study to apprehend the prevalence of malnutrition w s r to karshya and sthoulya in school going children in Rural and Urban areas of Bangalore.
2. The effect of Satvavajaya Chikitsa w s r to carnatic classical music on cognitive functions and self-awareness in adolescents-an observational study.
3. Has Prevalence of Myopia in School going children changed after onset of Corona Pandemic? - An Exploratory Survey Study
4. Impact of Daivavayapashraya Chikitsa w s r to Mantra Chanting on Smrithi (Memory) in healthy children- An observational Study

Other activities by students

- **Essay/Elocation Offline Competition organized by Ashtang Ayurved Mahavidyalaya, Pune in association with Himalaya Wellness Company held on February 7th 2022**

Name: Sneha V S of 4th year BAMS secured 3rd Place

- **Ayurveda Medical Association of India in association with Vaidyaratnam Ayurveda College, Ollur March 2022 – National level UG Presentation Competition**

Name - Sneha V S got selected for final round

- **Vishika 2022 National level Online Panchakarma therapy Demonstration Competition held on 28th February 2022 by GJ Patel Institute of Ayurvedic Studies & Research, Gujrat in association with Himalaya Wellness Company**

Name - Shubha Shree C N & team for Shiro Abhyanga 2nd Prize

Surabhi H S & team for Nasya 2nd Prize

- **Short film contest conducted by DGM college Gadag, on the occasion of National Ayurveda Day 2021 – Students secured 1st prize under the guidance of Dr. Harish Gopal**
Team members – 4th year senior – Shrividya Bhatt, 4th year junior students - Shivaleela P.M, Bhavani, Amulya, Mahit Gowda, Krishna, Rajendra Prasad, Dhanush, 2nd year students - Athul, Prajwal Gowda





- **Central Ayurveda Research Institute, Bengaluru organised Parampara 2021 – Traditional foods & their role in Nutrition**

Poster Presentation – 2nd prize by Bhoomika P.M.

- **Best Poster Presentation** by Mohammed Ghouse & Bottu Pooja – **topic UTI organized by Shri Gavisiddeshwara Ayurvedic Medical College & Hospital, Koppal, Karnataka**
- **Ayurgrama National Level Competition on behalf of Charaka Jayanthi 2022 was organized by AAPTAS and Title Sponsor by Vaidyaratnam**

1. Brahma Kamala date-15/07/2022 to 21/07/2022 in Rajapura Village

Headed by Dr. Sukruth, Team members - Shivaleela P M, Dhanush T R, Bhoomika B, Prajwal Gowda, Rajendra Prasad S P, Thanushree B M, Karthik M, Amulya A N, Mahith Gowda M, Nisarga C K

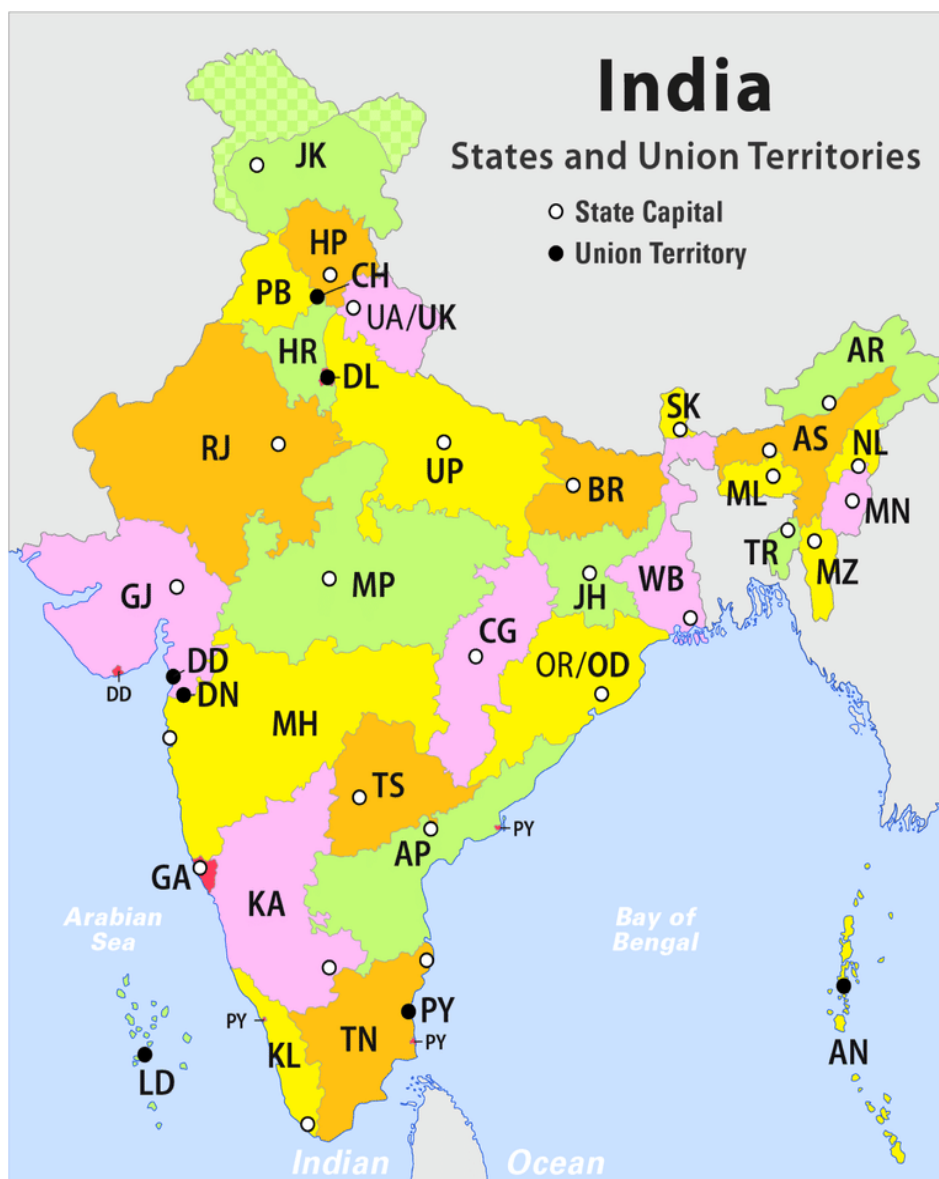
2. Yayawar date -14/07/2022 to 20/07/2022 in Indlwadi Village

Headed by Dr. Narayan Moss, Team memebers – Nikita Babushetty, Nikita Bhosle, Bhavani, Pallavi V L, Naveen, Girish, Vinay, Laxshmeesh, Blessy, Liphtha



5. COURSES AND STUDENTS

No. of Students according to State wise



AN - 4	CG - 3	KA - 219	MZ - 1	TR - 2
AP - 29	DL - 5	KL - 37	OD - 1	TS - 19
AR - 11	GJ - 28	MH - 20	PB - 1	UK - 1
AS - 41	HR - 2	ML - 4	RJ - 5	UP - 12
BR - 16	JH - 3	MN - 1	TN - 13	WB - 5

6. INFRASTRUCTURE FACILITIES OF SAMC&H



6.1. Academic Building

Academic Block is spacious with all the amenities hosting Principal's Office & Administrative section & fully equipped Clinical & Non Clinical Departments along with museums.

6.2. Class Rooms

World Class Infrastructure in campus provides an ambience conducive for stimulating learning with classroom having good architecture, are designed hexagonal shape with good ventilation and plenty of natural light and to facilitate case discussion & presentation, smart board facility is available. All blend to provide holistic learning environment.



6.3. Dravyaguna lab

DG Lab is well equipped to conduct classes which meet both ancient and modern parameter.



6.4. Pathology Lab

Well equipped with all Modern Instruments.

6.5. Dept of Panchakarma



6.6. Dept of Shalya Tantra



6.7. Dept of Shalakya Tantra

6.8. Dept of Basic Principles





6.9. Dept of Rasa Shastra & Bhaishajya Kalpana



6.10. Dept of Kayachikitsa



6.11. Dept of Kaumara Bhritya





6.12. Dept of Kriya Shareera



6.13. Dept of Prasooti Tantra Evam Stree Roga

6.14. Dept of Rachana Shareera





6.15. Dept of Roga Nidana & Vikriti Vignana



6.16. Dept of Swastha Vritta



6.17. Dissection Room & Library

Spacious & modernized with modern amenities according to CCIM norms.

6.18. Forensic Museum

It is well organised and equipped with models, specimens and weapons





6.19. Anveshana – Research Laboratory

Individual department in campus is supported by state of art infrastructure for research and clinical experience.



6.20. Library

Spacious well maintained easily accessible library having good number of books, journals, and magazines.



6.21. Amrutham

SAMC OPD – There are separate OPDs that cater to the individualistic needs of the patients. Each of these OPDs is fully equipped as per CCIM norms.

IPD – 150 bedded hospital with all facilities and paramedical staff.

6.22. Dispensary Unit – Medicines outlet





6.23. Surabhi - Panchakarma Centre

Well equipped Panchakarma Centre with all the Panchakarma Therapies conducted regularly. (Special Rooms for therapies are available for Males and Females).

6.24. Teaching Pharmacy

Well equipped pharmacy with required teaching aids and instruments to train the students to prepare classical preparations.



6.25. Aushada Vana

The institution has well maintained herbal garden with more than 400 species of medicinal plants including rare species.

6.26. Dining Halls

There are three dining halls catering to the needs of the guests, patients, staff and students of the campus.

6.27. Students Kioske

College is equipped with student kiosk which contains all information about students.

6.28. Faculty Block

14 individual departments with well set amenities required as per CCIM regulations are present.



6.29. Lakshmi Amma Boys Hostel

Separate residence for boys is provided which has all facilities and amenities.

6.30. Girls Hostel

Girls are provided with in house residence with all facilities and serene environment for stay and study.



6.31. Seminar Hall

It is well equipped with auditorium acoustics and has a seating facility for 100 students.

6.32. Digital Library

For Study and Research.





7. IMPORTANT EVENTS OF SAMC&H IN 2021 & 2022

6 DAYS CME FOR AYUSH TEACHERS ON DRAVYA GUNA (30th AUG 2021- 4th SEPT 2021)

Sponsored by **MINISTRY OF AYUSH, GOVT OF INDIA, NEW DELHI,**

Co-ordinated by **RASHTRIYA AYURVEDA VIDYAPEETH, NEW DELHI,**

Organised by

Department of Dravya Guna Vijnana

Sushruta Ayurvedic Medical College and Hospital, Prashanti Kuteeram, Jodi Bingipura, Anekal Taluk, Bengaluru 560105.

Report of CME

CME for Ayush Teachers on Dravya Guna was organised for 6 days in campus of Sushruta Ayurvedic Medical College and Hospital at Satya Hall. The program began with Inaugurals at 9.30 am with the invocation song “Jaya Jananai Sharade” by Miss Samana and team in presence of Dignitaries on and off the stage.

Dignitaries on stage –

1. Dr Sridhara B S (Joint Director, AYUSH, Karnataka)
2. DR H R NAGENDRA (Chancellor S-VYASA, (DEEMED –to-be) University, Bengaluru)
3. Dr B R RAMAKRISHNA (Vice- Chancellor, S-VYASA University (DEEMED –to-be), Bengaluru, Director SAMC)
4. Dr N K Manjunath Sharma(pro Vice- Chancellor and Director of Research ANVESHANA, S-VYASA (DEEMED –to-be) University, Bengaluru,
5. Dr Sanghamitra Patnaik, (Principal ,SAMC&H)
6. Dr Alok Roy (Vice- Principal ,SAMC&H)
7. Dr B Ravi Kiran (Prof & HOD, Dept of Dravya Guna, SAMC&H).

- Program was continued further with chanting of Aushada Sookta - by Mr Karthik &Team.
- Dr Sanghamitra Patnaik did welcome speech followed by lighting lamp from Dignitaries.
- Dr Sridhara B S (Joint Director, AYUSH, Karnataka) delivered Inaugural address. He focused on Hetu Linga Aushada jnana, importance of Chatushpada, Aushada starts with Dravya Guna, also a scoring subject for students and said to make the subject more clinical oriented. Apart from this also spoke about job avenues for DG Aspirant like clinician, Teacher, placement in Drug Licensing sector/Pharmacy sector, one can involve themselves on cultivation of plants and finally Research and its responsibility of a teacher to mould the students in above said areas. One can take up projects, and insisted to give 20% of medicine from green/ herbal origin in clinical practice, single drug usage like Ashwagandha and Kashta Aushadis too. To add Sahasrayoga, legal aspects like Rule of land, Drug and Cosmetic Act, AFI, API, Bio – Diversity Act in curriculum and nurture students about cultivation, geographic areas like where what to be grown, procurement and preservation of drugs.
- Dr N K Manjunath Sharma delivered Key Note Address – where he threw light saying medicine has become synonymous with drug. Without drug it is not considered as medicine/treatment. Data generation is the key factor and leads to future wisdom....like allopathy medicine, research should be conducted in Ayurveda also phase wise clinical trial 1,2,3,,etc. The Shastra is rich



source of research but we are lacking in converting those information in to process, we opt for symptomatic relief which is not safer on longer run, but Ayurveda treats root cause. There is lot of scope for Dravya Guna subject hence integrative and holistic approach is the need of an hour. People who are Md in DG must be a clinician and researcher, preparing medicine and seeing patient should go hand in hand. Also emphasized the western countries methodology like how people spend time in lab and clinics. One should always try to reverse the condition with drugs and to exchange this knowledge CME is the key. If we are not involving ourselves in research, so called westerners would take away our hidden treasure so we should become role model for the globe.

- Dr H R Nagendra addressed the gathering – he congratulated for bringing right person Dr Sridhara B S (Joint Director, AYUSH, Karnataka) for function. Sir said allopathy science believe in matter, chemicals, organs, tissues, DNA, RNA etc that is matter based approach. Whereas Ayush system focus on consciousness. Maintaining wholesomeness is very much essential. How allopathy drug has become popular because of immediate effect and giving relief to patients in no time and devastated other system, similarly such drugs should be found out and brought into light from Samhita. Also one should have strong hold on Vyakarana, Sanskrit, Tarka because translated books will give ideas of the author he has understood and written in his point of view. So Ayurveda people should also focus on literary research. Depth understanding of Shastra and promotion of positive health should be the goal of Ayurvedic people.
- Dr B R RAMAKRISHNA delivered presidential address. – Adhyayana, Adhyapana, Tadvidya Sambhasha is required for the Ayurveda fraternity and Sambhasha between Bhishak improves the knowledge for which CME is organised. Patients will not approach clinics with traditionally mentioned symptoms, every patient exhibits new symptoms which is totally different from other, Ayurveda is patient centric and all those can be clarified in CME which is a kind of Tadvidya Sambhasha. Also said DG Md's are said to be best practitioners as they know pharmacodynamics and pharmaco kinetics of every drug.
- Dr Alok Roy proposed vote of thanks and extended heartfelt thanks to all delegates who made their time and came all the way from different parts of state for attending CME How Lord Krishna is Guru for all similarly the delegates were wished to get knowledge from the experts who were called as guest speakers. Sir also thanked all the dignitaries on and off the dias. Inaugural event was concluded by Shanti mantra.

8. Speakers of the CME

- **Day 1 (30-8-21) - Morning session** – speaker 1- Dr B R RAMAKRISHNA(Vice- Chancellor, S-VYASA University (DEEMED –to-be), Bengaluru, Director SAMC)

Topic – Dravya as Ahara (Diet) and Aushada (Drug) in healthy and diseased state of body.

Day 1 morning session – speaker 2- Dr Giridhar Vedantam (Associate prof, KLEU'S shri BMK Ayurveda Mahavidyalaya, Belagavi)

Topic- Guidelines for quality control of herbal medicine wsr to Ayurveda Drugs.

And last session was by Dr B Ravikiran

Topic- Nomenclature and synonyms based identification of classical drugs.

- **Day 2 (31-8-21) - Morning session 9am-12.30 pm**

As a part of Dravya guna CME a field visit was organized in kalkere Arboretum Bannerughatta Bengaluru, is a place where trees, shrubs and herbaceous plants are cultivated for “ scientific and educational purposes”. The field visit was started with a group of 30 delegates and they were accompanied by staff of dravya guna department at morning 9 am with an Introduction of an Eminent Resource person Dr.Ajayan from Thiruvananthapuram Kerala.



Around 50 to 60 medicinal herbs were identified and their extensive uses, formulations prepared in practices are known. Simultaneously importance of field survey and its practice in curriculum Application of panchamahabhuta theory, oudbidha pareeksha, paraspara prakruti sambhandha, lokapurusha samya siddanta, veerya pareeksha, rasa pareeksha, to identify poisonous and non poisonous plants by particular colours in studying plants were explained.

Afternoon first session started at 2pm by Dr. Ravikiran, HOD and Professor, Department of Dravya guna.

The topic was “Family wise Botanical Identification of important medicinal plants.

➤ CME proceedings - 1/9/2021 - Day 3

Resource Person – Dr. Kamini Koushal Session Timing – 9:30am – 11:00am

Topic of Presentation - Anukta Dravyas

Topic Briefing –

- *Anukta Dravya* includes the unidentified or extra pharmacopoeial drugs which are not described in the Shashtra yet used extensively in clinical practice in the form of ethno-botanical therapeutically efficacious drugs.

Resource Person – Dr. B. R. Ramakrishna Session Timing – 11:00am – 12:30pm

Topic of Presentation - Agrya Sangraha: Collection of Best Medicines

Topic Briefing:

- The *Agrya prakarana* dealt in Charaka and Vagbhata was discussed in detail at the beginning,
- The *Agryas* were categorized into *Ahara*, *Oushadha*, *Vihara* and further into *Hita* and *Ahita Agryas*.

Resource Person - Dr. Kamini Koushal Session Timing – 2:00pm – 3:30pm

Topic of Presentation - Controversial Drugs

Topic Briefing:

- 203 texts which includes 6 Samhitas, 57 Nighantus and 140 Vyakhyas describe the utility of drugs and their therapeutic activities.

Resource Person - Dr. Varsha Solanki Session Timing – 3:30pm - 5:00pm

Topic of Presentation - Definition of Dravya- in relation to health and diseased conditions based on fundamental and practical understanding

Topic Briefing:

- The session dealt with the basic concepts related to Dravyaguna, Roga Nidana and Roga and Rogi Pariskha.

➤ Day 4 CME SUMMARY (2/09/21)

First session – 1) Dr Manjunath N K - Topic - Purpose of Research funding

2) Dr Renu Dixit - Topic – Current Trends in Pharmacognasy

3) Dr Varsha Solanki - Topic – Dravya as Ahara and Aushada



➤ **Report of CME Day 5 - Date - 03/09/2021**

Resource person - Dr. Ila bhor, Professor Dept Of Dravya guna, College of Ayurveda and Research centre, Nigdi, Pune.

Session 1: Topic was - Prathinidhi dravyas and their relevance today.

2nd session presenter was Dr. Ila bhor

Topic - Critical analysis of charakoktha mahakashaya ganas.

3rd session started from 2pm - Scientific session delivered by Dr. Mita kotecha

Topic - Viruddha ahara and visha dravya (Poisonous drugs)

4th session started at 3pm - Scientific session delivered by Dr. Mita kotecha.

Topic- Incompatibility of food articles with drugs.

➤ **Day 6 CME report - 04/09/2021** **Morning Session**

PROMOTION AND PRESERVATION OF MEDICINAL PLANTS

Dr Tanuja Nesari, Director, All India Institute of Ayurveda, Mathura road, Gautam puri, Sarita vihar New delhi – 110076

- MEDICINAL PLANT PROMOTION
- HERBARIUM

PHARMACOVIGILANCE & DRUG INTERACTIONS

Vd Rabinarayan Acharya, ITRA, Jamnagar, Gujrat

- PHARMACOPOEIA & FORMULATIONS

POPULAR PUBLICATIONS

Dr Tanuja Nesari

Different countries have their own pharmacopoeia for medicinal plants. There are 25 AYUSH based pharmacopoeia all over the world.

- IT sources on Medicinal Plants

Afternoon Session - Timing – 3:30pm - 5:00pm

Resource Person – Dr. Rabinarayan Acharya

Topic of Presentation - Drug & Cosmetic Act – 1940; TKDL; NMPB etc.

Topic Briefing:

- The brief description of Drug & Cosmetic Act and Rules were described.

Valedictory Function

- Delegates were distributed with certificates, attendance certificates, Group photos and the concise materials of CME in a pen drive.
- The certificates were handed over by the Chief guest of the function, Prof. M.K Shridhar and the President, Dr. B.R. Ramakrishna.
- The CME ended by Shanti Mantra





Event: FRESHERS DAY

- Date:14/9/2021
- Duration: 2 hours
- The Event was organized by Warriors (2nd year bams) through Student's council.
- The Chief guests were Dr. Sanghamitra Patnaik ma'am., Principal., Dr. Alok Roy sir, Vice Principal, Dr Vasudev Vaidya sir, DMS, Dr. Kishore kumar sir, academic dean
- It started at 12:15pm and went up to 2:11pm.
- Contents of the event,
- Address by Dr. Kishore Kumar sir,
- Address by Dr. Alok sir,
- Address by Dr. Vasudev Vaidya sir,
- Presidential Address by Dr. Sanghamitra ma'am,
- Cultural program
- Game

Events organised was

- *Welcoming chief guests on Dias.
- *Invocation song by Sudha and team.
- *Speech by Dr. Kishore kumar sir, academic dean.
- *Speech by Dr. Vasudev vaidya sir, DMS.
- *Speech by Dr. Alok Roy sir, Vice principal SAMCH.
- *Presidential address by Dr. Sanghamitra Patnaik ma'am, principal SAMCH.
- *Game: Organized by kiran and team.
- * Introduction of 1st year students followed by gift distribution.
- *Dance by Baba Shajat.
- *Games- totally 6 were conducted
- *Prize distribution to winners of the game.
- *Vote of thanks



AYUDHA POOJA CELEBRATIONS

Date: 13/10/2021



Sushrutha Ayurvedic Medical College & Hospital

Celebrates

AYUDHA POOJA

in the Presence of

Dr. H.R. Nagendra

Chancellor, S-VYASA

Shri. Dayananda Swamy

Managing Trustee, Yadalam Trust

Dr. Manjunath Sharma

Director - Anveshana, S-VYASA

Venue:

SAMC&H Campus

Date:

13/10/2021

(Wednesday)

Time:

1:00 pm

Dr. B.R. Ramakrishna,
VC, S-VYASA, Director, SAMC&H

Dr. Sanghamitra Patnaik,
Principal, SAMC&H

A Hearty welcome to all



GRADUATION DAY - 2021

“**Graduation Day**” is conducted every year for the students of final year BAMS after completion of their rotatory internship. This year, Sushruta Ayurvedic Medical College & Hospital, Bengaluru held the **GRADUATION DAY/ FOUNDERS’ DAY** for the **batches** of 2014 and 2015 on Thursday, 28th October 2021, at Samskruthi Bhavan, S-VYASA Campus. The guests were escorted to the venue with *Poorna-kumbha swagata and Nadaswara*. Dr. Jayakara SM, honorable Vice-Chancellor of RGUHS was the chief guest.

The stage program began with the *Vedic Mangalacharana* by Mr. Karthik and team from III BAMS. Invocation song was rendered by Miss. Samana and team. Dr. B.R Ramakrishna, Director, SAMC & H, welcomed the guests. It was followed by lighting the lamp by all the dignitaries on the stage. The Annual report was released; Dr. Alok Roy, Vice Principal SAMC & H and Dr. Vasudeva Vaidya, DMS, SAMC & H presented the annual reports of college and hospital respectively.

Award of appreciation for COVID home consultation was presented to Dr. Vasudeva Vaidya, DMS, SAMC & H by Dr. NK Manjunath Sharma. Dr. Kishore Kumar H, Academic Dean, and Dr. Champa Pant, Research Dean, delivered the oath to the graduates. Dr. NK Manjunath Sharma, Trustee & Director, Research wing S-VYASA addressed the students and stressed on the need of conducting research and publishing. Keynote address was delivered by Dr Jayakara SM, honorable Vice-Chancellor of RGUHS.

Guruji, Dr.H. R Nagendra, released the college magazine - SAUSHRUTHI and Ayurveda Slokavali- a compendium of slokas for BAMS students; and launched the instagram page of SAMC & H.

Among the faculties of SAMC & H, the best Assistant Professor - Dr. Ramya, Dept. of Panchakarma, best Associate Professor - Dr. Remitha, Dept of Kaumarabrutya, and best Professor - Dr. Champa Pant was felicitated.

Dr. Sanghamitra Patnaik, Principal SAMC & H, delivered the vote of thanks. The staff, few parents and students of Sushruta Ayurvedic Medical College & Hospital attended the program following the COVID protocols advised by the Government.

The stage program was followed by lunch for all.



6TH NATIONAL AYURVEDA DAY, DHANWANTARI JAYANTI & KANNADA RAJYOTSAVA

Date: 2/11/2021 – Shobha Yatra

On the occasion of 6th National Ayurveda day, Dhanwantari Jayanti & Kannada Rajyotsava, A Walkathon Rally accomplished by Veeragase Dance form & Kamsale musical performance (Depicting Kannada folk culture & traditional customs) were organized on 2/11/2021 at Sushrutha Ayurvedic Medical College & Hospital, Jigani, Bengaluru. Distribution of Amalaki, Draksha & Masks to public was accomplished during the event. A tableau procession exhibiting different branches of Ayurveda (Panchakarma, Nadi pareeksha, Shalakya Tantra, Bhaishajya Kalpana & Kaumarabhritya) was carried out throughout the walkathon rally.

The rally started from Surabhi Panchakarma treatment centre in the campus around 10.15 Am to reach College. Dhanwantari Pooja was performed at college.

Again, the rally continued from Sushrutha Ayurdhama, Jigani APC Circle, after conducting a brief formal function.

The rally crossed Jigani APC circle, via market road reached Double Road and finally ended at Otis circle.

Throughout the rally various slogans related to Ayurveda were recited by students & staff to create awareness in general public. Also, distribution of Amalaki, Draksha & masks complemented the purpose.

The tableau created awareness about different modalities & treatment procedures of Ayurveda for public. Veeraghase & Kamsale team made the event more energetic through their performance throughout the rally.







Womens Day Celebration - 8th March 2022

Date: 9/04/2022

Free Camp for Womens was organized





Induction Program for 1st BAMS 2022 Batch

Date: 7/04/2022

Timings: 2.30pm to 4.00pm

Program Schedule

Dhanwantari Shruti by Archita and Arpita of 4th yr

Welcome Speech by Dr. Shijin Raj, Associate Professor

Introduction to Campus and Institutional Profile – Dr. Alok Roy, Vice Principal

Introduction to Teachers – Dr. Remita, Academic dean

Sharing of Experience by students – 2 students

Parent's interaction if any

Presidential address – Dr. Sanghamitra Patnaik, Principal

Vote of Thanks – Dr. Pretty P, Assistant Professor





Awareness and Demonstration Programme organized on the occasion of International Yoga Day - 2022

Date: 14/05/2022

Time: 02:00-04:00PM

- Importance of AYUSH Systems in playing major role in taking care of health of a man kind.
- Role of Ayurveda in present days.
- Importance of Yoga and Ayurveda after covid scenario. Demonstration Programme:
- Street play showing the Importance of using herbal medicines.
- Yoga demonstration. Whole programme was conducted by Dr. Pavitra.S, Asst. Professor, Dept. of Basic Principles SAMC&H, Bengaluru





International Day of Yoga 2022

Date: 21.06.22

Venue: Samskruthi Bhavan

Time: 6.40 am to 8.00 am

On the occasion of “International day Of Yoga 2022” and Azadi ka Amruth Mahotsav, Department of Swasthavritta in collaboration with NSS wing of SAMC organised, various events like Guest lectures, Workshops on Yoga, Yogasana Competition and Yoga demonstrations for staff and students of SAMC&H, as per the circular and guidelines received from department of AYUSH. 8th International day of Yoga was celebrated by practice of Yoga day protocol by all staff and students of SAMC&H. Awareness Program: The event began with a brief introduction on Yoga day and welcome speech by Dr.Swathi Somayaji, NSS Co-ordinator and Assistant professor, Department of Swasthavritta. The program started at 6.40 am by watching the telecast of the online address by Honourable Prime Minister of India, Narendra Modiji in which he



highlighted the theme of IDY 2022 “Yoga for humanity” and how people around the world embraced Yoga to stay healthy during the challenging times of COVID-19.



Yoga day protocol demonstration: Later Yoga day protocol began by chanting the Aikya Mantra, the team was led by Dr.Vasudeva Vaidya, DMS. Warm up exercises followed by standing, sitting, supine and prone posture asanas were systematically practiced with the instructions. Pranayama was also practiced with illustration. Yoga protocol ended with the QRT and everyone participated with great enthusiasm. Dr.Sanghamitra Patnaik, Principal, SAMC&H, in her presidential speech elaborated the importance of Yoga along with its benefits in day today life. Yogasana competition: Yogasana competition was held to all the BAMS students.

The videos of students performing 4 difficult asanas were told to record and submit. The Yogasana Competition result was announced and prize distribution was carried out by the Principal. Dr.Shrinidhi, NSS Officer, delivered the Vote of thanks and appreciated everybody who were involved in the success of the program. Program was concluded with the shanti mantra.





Guru Poornima

Date: 15/07/2022

On the occasion of Guru Poornima, the Department of Samhitha Samkrita, and Siddhanta had organized a celebration **“Guru Vandana”** under the guidance Dr Alok Roy Sir, Prof and Head, Dept of Samhitha and Siddhanta.

The programme was successfully carried out with active involvement of Staff, Dept of Samskrita, Samhitha and Siddhanta and Students, SAMC&H.

Venue: First year class room

Timings: 2:00pm-04:30pm

The program involved **Poetry and Pick n Speak Competition** for Student followed by **Dhanwantari Pooja and Prasada Distribution**. The programme began with an invocation song by first year students, followed by reception of the chief guest Dr. B.R Ramakrishna (ViceChancellor, SVYASA University Director SAMC), Dr Sanghamitra Patnaik (Principal, SAMC), and Dr Vasudev Vaidya (DMS) onto the dais. The welcome speech and introductory note about the dignities was delivered by students. Followed by lamp lighting and salutations to Lord Dhanvantari by the dignities. The program continued with Pick n Speak and Dhanwantari Pooja, Guru Astaka Patana by Students, Prize Distribution to prize winning students. After Prasad distribution and the program ended with the Shanthi mantra.

Photos of the program





Guest Lecture “WORLD HEPATITIS DAY”

Date: 28/07/2022

Time: 02:00-03:30 PM

On the day of “WORLD HEPATITIS DAY” a webinar conducted by department of RNVV on LIVER FUNCTION TEST IN HEPATITIS.

Venue: Sushrutha
Ayurvedic Medical College
and Hospital Jigani,
Bengaluru.

The programme was chaired
by Research Head Dr.
Champa Pant Professor dept
of Kaumarabhritya, Dr.
Roopa L Professor dept of
Shalakya tantra, Dr.
Vanishree Associate
Professor dept of Shalakya
tantra

The Programme was started
with inauguration of the
event by lighting the lamp by

dignitaries. Introduction of guest speaker was given by Dr. Soumya Associate Professor Dept of Roga Nidana and vikriti Vignana.

Later the WEBINAR on LIVER FUNCTION TEST IN HEPATITIS was given by Professor Naveen Chandra. The webinar was attended by faculty and 2nd Professional students of SAMCH Bangalore. We received best response from the students who were keen in knowing about importance of LFT in Hepatitis and many doubts were clarified by the presenter.





75th Independence Day - 15/08/2022

Time: 07:00AM- 09:00AM

Venue: Vivekananda Statue, S-Vyasa Campus, Bengaluru

On the Occasion of Azadi Ka Amrit Mahotsav Different programmes were done by the Students and Staff of our institution.

Flag hoisting programme was organized in collaboration with S-Vyasa Yoga University at Vivekananda Statue. Flag hoisting was done by Dr.H.R.Nagendra Ji and other dignitaries followed by different speech in relation to Independence Day and efforts of the Govt. to uplift India in all the aspects at different fields.

Different patriotic songs were sung by students of different streams at the programme. Programme was ended up with photo session followed by sweet distribution.



Har ghar tiranga celebration by Staff: The programme was effectively done at their home with children and family and the 75th Independence Day celebrated successfully.

Har ghar tiranga celebration by Students: Student volunteers of our institution celebrated at their home with family members also involved in School programmes, anganawadi schools etc. to celebrate Azadi Ka Amrit Mahotsav meaningfully.

Independence Day Celebration Cultural events On the occasion of Azadi Ka Amrit Mahotsav our institution organized various cultural programmes in order to inculcate the patriotism to the students at our institution. Different programmes like Skit, Group dance, Solo dance, Singing and many such group events were organized by the students. Programme was graced by the presence of Principal and all other teaching staff, S-Vyasa staff, and programme was successfully completed.





World Environment Day Celebration

Date: 17/08/2022

On the Occasion of World environment day various competitions were organized for the students, Prizes were distributed at the stage programme.

Winners are:

1. Plant identification: 1 st: Jeevitha and Ramya 2 nd: Sourabh and Ramesh 3 rd: Ananya and Sahitya
 2. Memory test: 1 st: Blessy 2 nd: Supriya M. 3 rd: Rakshitha
 3. Essay Competition: 1 st: Krishna K 2 nd: Ramesh 3 rd: Anushka
 4. Reels: 1 st: Vinay and Akanksha 2 nd: Meghala and team 3 rd: Komala and Anushka
- Programme was organized by: Dept. of Dravyaguna, Dept. of Agadatantra, Dept. of RSBK and National Service Scheme.

Charaka Jayanthi Celebration

Date: 17/08/2022

On the occasion of Charaka Jayanthi series programmes were organized by the Dept.of Basic Principles. Various competitions were also conducted to the students.

They are Quiz and Skit competition Prizes were distributed for the same.

Winners: Skit: 1st: Syeda and Team 2 nd: Lipta and team

Quiz: 1st: Team Haarita 2 nd: Team Parashara



Later Stage Programme was organized which was graced by the presence of Dr.Sanghamitra Patnaik, Principal Dr.Alok Roy, Vice Principal Dr.Venkatesh, Professor. Dr.Sandhya, Professor. Importance of Reading Charaka samhitha was highlighted to the students of our institute.



Student Council Election

Sushrutha Ayurvedic medical college organized election for '**Student Council**' for the Academic year 2022-23 students filed the nomination on 12th August 2022, canvassing was done in campus till 16th August 2022 and voting process was conducted on 18th August 2022. The results were declared in a formal function held on 1st September 2022 by The Director Dr B R Ramakrishna, Dr Sanghamitra Patnaik, Principal, Dr Vasudev Vaidya, DMS, Dr Alok Roy Vice Principal chairperson of the function. Election Process was conducted for below posts and all the Students actively participated in Voting.

Student Council Structure:

1. President : Mr. Mahit Gowda M
2. Vice President : Miss. Keerthana G
3. General Secretary : Miss. Hafsa
4. Cultural Secretary : Miss. Lipta Hemanth Kumar
5. Sports Secretary : Mr. Venkitesh
6. Literary Secretary : Mr. Sourab D S
7. Hostel Boys Secretary : Mr. Chillara Madhava
8. Hostel Girls Secretary : Miss. Mantasha M Ali

Election Committee:

1. Election Commissioner: Dr. Alok Roy
2. Deputy Election Commissioner: Dr. Sandhya D S
3. Nodal Officer: Dr. Sreenidhi G S
4. Secretaries: Dr. Harish Babu H
5. Member Secretary: Dr Anupama, Dr. Sajin, Dr Renuka, Dr Swathi Sharma, Dr. Sindhu N, Dr. Raksha S
6. Finance Secretary: Mr. Laxminarayan B
7. Respective Class Teachers

Shishyopanayana

Date: 01/09/2022

Venue: Samskruti Bhavan

The programme started with Auspicious Rig Veda Ashwini Mantra Pathana and invocation song. The Chief guest Dr. H R Nagendra, the Guest of Honour, Dr. Ramachandra Bhat Kotemani and Trustee Dr. Manjunath Sharma were welcomed by Dr. Sanghamitra Patnaik, Principal SAMC&H. the oath taking or Prathigna Vidhi was conducted in the presence of the dignitaries for 1st year BAMS students, under the guidance of Dr. Champa Pant.

The college level toppers were appreciated with certificates & scholarly books were distributed as token of appreciation. 1st prize winners of National level competition short film contest were appreciated.



Sushrutha Kala Souraba

Conducted for 2 days from 26/08/2022 to 30/08/2022

Inauguration from 9am to 10am on 26th August 2022



Literary Co-ordinator: Dr. Roopa L, other members of committee: Dr. Sreenidhi, Dr. Divya, Dr. Nischal, Dr. Sukruth, Dr. Nividetha, Dr. Prayaga

Events conducted

Day 1 (26/08/2022)

Pick and act – Topic – On spot

Just a minute

Dumb charades

Debate

Essay writing – Topic – my peaceful day

Day 2 (30/08/2022)

Crossword

Treasure hunt

Best out of waste -

Doodles –

Go in a flow –

Shloka writing – Topic – life In a aquarium

Online events

Photography – Navarasa

Short movie – effect of social media on students

Painting – Ritu charya

Sketching – wonders of India

Drawing – childhood memories

Painting without brush – abstract

Poster making – 75th azadi ka amruth mahotsav

Logo making – alumni meet

Slogan writing – wake up youth

Winners – Day 1

Just a minute

1st – girish tupe

2nd - shivleela

3rd - vaishnavi

Dumb charades

1st – Anushka & Shreya

2nd – Meghana and shravani

Day 2

Crossword –

1st – Anjali & liptha

2nd – Asha & neha

Treasure hunt

Girish tupe and team

Best out of waste

1st – Samana and Ramya

2nd – Amulya and divya

Doodles

1st – neha

2nd - ruchita

Online events

Short movie

1st – vinay

2nd - amulya

Painting

1st – Samana

2nd – adeeba

3Rd - shoba

Sketching

1st – vineela

2nd - neha

Debate

1st – jayanthi

2nd – Anjali

3rd – Namrata

Go in a flow

1st- girish tupe

2nd – shivleela

Shloka writing

1st – Vinay

2nd – shivleela

3rd - prajwal

Drawing

1st – kruthika

2Nd –rateesh

3rd - samana

Painting without brush

1st – adeeba

Logo making

1st - srividhya



Sushrutha Kala Shrunkhala - Create, Connect, Cultivate

Conducted from 2nd to 5th Sep (Committee Head – Dr. Sunitha)

Day 1 2/08/2022

Theme- Mythological Characters

Sl no	Time	Event	Venue	Co-ordinator
1.	9- 10 am	Musical Instrument playing	Samskruti Bhavan	Dr Sreenidhi
2.	9-10 am	Paper origami	Samskruti Bhavan Back stage	Dr Nimisha
3.	10-11 am	Inauguration	Samskruti Bhavan	
4.	11- 12.30 am	Solo Dance Classical	Samskruti Bhavan	Dr Swathi Sharma
5.	11-12 am	Face Painting	Samskruti Bhavan Back stage	Dr Pavithra
6.	12.30- 1.30 pm	Group Dance Classical/ Folk/ Tribal	Samskruti Bhavan	Dr Prayaga
7.	2-4.30 pm	Duet Dance	Samskruti Bhavan	Dr Anupama

Day 2 03/08/2022

Theme- Festival Theme

Sl.No	Time	Event	Venue	Co-ordinator
1.	9-10.30 am	Solo Singing Classical	Samskruti Bhavan	Dr Divya
2.	9-11am	Class room decoration	Respective Class rooms	Dr Sunitha
3.	10-11am	T-shirt painting	Samskruti Bhavan	Dr Renuka
4.	10-11 am	Tattooing	Samskruti Bhavan Back stage	Dr Asharani
5.	11am-1pm	Group Dance Non-classical	Samskruti Bhavan	Dr Nischal
6.	11-12 noon	Hair styling	Samskruti Bhavan Back stage	Dr Divya
7.	12-1 pm	Rangoli	College corridor	Dr Nivedita



8.	1.30- 2.30 pm	Group song Non-classical	Samskruti Bhavan	Dr Asharani
9.	2.30- 4.30 pm	Musical Bonanza	Samskruti Bhavan	Dr Anupama
10.	4.30-5.30pm	Kite flying	Ground opposite Samskruti Bhavan	Dr Pretty

Day 3 - 5/08/2022

Theme- Twinning

Sl. no	Time	Event	Venue	Co-ordinator
1.	9-10.30 am	Solo Dance Non-classical	Samskruti Bhavan	Dr Swathi Somayaji
2.	10.30-11.30 am	Dahi Handi	Ground opposite Samskruti Bhavan	Dr Sowmya
3.	11.30-12.30 pm	Yogasana & Pyramid formation	Samskruti Bhavan	Dr Raksha
4.	12.30-1 pm	Spot Dance	Infront of College office	Dr Nimisha
5.	1.30-2.30pm	Mono Acting	Samskruti Bhavan	Dr Sindhu
6.	2.30-4.30pm	Fashion Show	Samskruti Bhavan	Dr Shubharani

Winners of the events

Event Name	Prize	Participant Name	Year
Kite Flying	Ist	Raj Patel Hemant Gowda Rajath D	4 th
	IInd	Sachin Masan Gnyaneshwar Chawale	2 nd
T-Shirt Designing	Ist	A Bharath Reddy	2 nd
	IInd	Anjali K M	4 th
	IIIrd	Chetan	2 nd
Yogasana & Pyramid Formation	Ist	Meghala & Team	4 th
	IInd	Kiran & Team	3 rd
Solo Dance (Non-Classical)	Ist	Nandini	3 rd
	IInd	Madhavi & Asil	
	IIIrd	Baba & Mimansya	4 th
Mono Acting	Ist	Thanushree B M	4 th
	IInd	Liptha	2 nd
	IIIrd	Vinay Kumar A	1 st
Spot Dance	Ist	Komal	1 st
	IInd	Baba	4 th
	IIIrd	Aparna	4 th
Paper Origami	Ist	Modala Supriya	3 rd
	IInd	G K Vaishnavi	1 st
	IIIrd	Thummala Vineela	3 rd
Instrumental	Ist	Ruhul Amin	2 nd
	IInd	Sourabh D S	2 nd



Music			
Face Painting	Ist	Nisarga P	1 st
	IInd	Vinay Kumar A	1 st
	IIIrd	Gore Sayali Shankar	2 nd
Solo Dance (Classical)	Ist	Liptha Hemant Kumar	2 nd
	IInd	Tonmoyee Nath	3 rd
Group Dance (Classical/ Folk/Tribal)	Ist	Thanushree & Team	4 th
	IInd	Mina & Team	3 rd
Duet Dance	Ist	Roshini - Vaishnavi	4 th
	IInd	Laiqa - Monika Srinidhi - Dristi	2 nd 3 rd
	IIIrd	Liptha - Supriya	2 nd
	Consoltn.	Rohan - Abhishek	1 st
Tattooing	Ist	Kounian	1 st
	IInd	Rathish Dora M	1 st
	IIIrd	Dheeraj M V	2 nd
Hairstyling	Ist	Syeda Meraj	4 th
	IInd	Mina Tanwar	3 rd
	IIIrd	Punya R G	1 st
Solo Singing (Classical)	Ist	Sudhav	3 rd
	IInd	Samana T V	4 th
	IIIrd	Shravani L	4 th
Musical Bonanza	Ist	Shravani & Team	4 th
	IInd	Shreenidhi & Team	4 th
	IIIrd	Tanmayi & Team	2 nd
Group Dance	Ist	Baba & Team Varsha & Team	4 th 3 rd
	IInd	Nimisha & Team Madhavi & Team	4 th Interns
	IIIrd	Amulya & Team	2 nd





Sushrutha Kreedotsava 2022

Annual Sports events from 6th – 8th Sep was held. All the students from Sushrutha Ayurvedic College and Hospital participated with zeal and zest. Students were with great enthusiasm.

Chief Co-ordinator: Dr. Ravikiran B

Committee Incharge Faculty:

1. Mr. Sanjeev Hegde, Dr. Remita, Dr. Prabhavati, Dr. Shijin, Dr. Asharani for March Past, Human Resource management, Food
2. Dr. Sreenidhi, Dr. Sahana, Dr. Ranjitha, Dr. Sowmya – Cricket, Volleyball, Throwball, Carrom
3. Dr. Harish Babu, Dr. Anagha, Dr. Shubha Muddanna, Dr. Divya Nagari – Athletics, Kho-Kho, Table Tennis
4. Dr. Nimisha, Dr. Niveditha, Dr. Maya, Dr. Mohan – Football, Shot-put, Discus-throw, Chess

Other Members – Dr. Renuka, Dr. Swathi Sharma, Dr. Prayaga, Dr. Raksha, Dr. Yashbir, Dr. Vachanambika, Dr. Sajin, Dr. Sukruth, Dr. Pavitra, Dr. Mahesh, Dr. Harish Gopal, Dr. Swathi Somayaji, Dr. Sindhu, Dr. Abhishek, Dr. Dhanya, Dr. Anupama, Dr. Pretty, Dr. Nischal, Dr. Ramya, Dr. Narayanan, Dr. Sriram

Sushrutha Kreedotsava winners list

- Chess: 1st – Yashpal (Warriors), 2nd – Lokesh (Intern)
- Table Tennis Singles Boys : 1st – Rajat(Jaguars), 2nd – Vijay (Panthers)
- Table Tennis Singles Girls : 1st – Sneha(Jaguars), 2nd – Jayanti (Jaguars)
- Table Tennis Doubles Boys : 1st – Vijay And Raghav(Panthers), 2nd – Rajat and Nitheesh (Jaguars)
- Table Tennis Doubles Girls : 1st – Jayanti And Sneha(Jaguars), 2nd – Latha and Surabhi (Jaguars)
- Table Tennis Mixed Doubles : 1st – Rajat And Jayanti(Jayanti), 2nd – Raghav and Siddhi (Panthers)
- Carrom Singles Boys : 1st – Siva Naga Kesava Reddy (Intern), 2nd – Nilotpal (Panthers)
- Carrom Singles Girls : 1st – Shubhasree (Jaguars), 2nd – Parisara (Jaguars)
- Carrom Doubles Boys : 1st – Siva Nagakesava Reddy And Kritivardhan (Intern), 2nd – Rushikesh and Nilotpal (Panthers)
- Carrom Doubles Girls : 1st – Sima Nasri And Asha Gauri(Panthers), 2nd – Ramya H and Vaishnavi Bagde (Vikings)
- Carrom Mixed Doubles : 1st – Rajat And Jayanti (Jaguars), 2nd – Koushik and Shubhasree (Jaguars)
- Badminton Singles Boys : 1st – Shanmukh (Panthers), 2nd – Raghav (Panthers)
- Badminton Singles Girls : 1st – Jayanti (Jaguars), 2nd – Rakshita (Warriors)
- Badminton Doubles Boys : 1st – Rampal And Rajat (Jaguars), 2nd – Karthik and Rajendra (Vikings)
- Badminton Doubles Girls : 1st – Jayanti and Sneha (Jaguars), 2nd – Shubha and Srividya (Jaguars)
- Badminton Mixed Doubles : 1st – Komal and Raghav (Panthers), 2nd – Akansha and Rehan (Falcons)
- Shotput Boys : 1st – Koushik Ameer(Jaguars), 2nd – Ravi Parmar (Intern), 3rd – Heben (Intern)
- Shotput Girls : 1st – Liptha (Falcons), 2nd – Harini (Falcons), 3rd – Shravanti (Falcons)



- Javelin Throw Girls : 1st – Ashwini (Vikings), 2nd – Jeevitha (Vikings), 3rd - Bhumika Gandhi (Vikings)
- Javelin Throw Boys : 1st – Chandrashekar (Jaguars), 2nd – Uttam (Panthers), 3rd – Rampal (Jaguars)
- Discuss Throw Girls : 1st – Aparna (Vikings), 2nd – Harini (Falcons), 3rd – Shreya – (Panthers)
- Discuss Throw Boys : 1st – Rampal (Jaguars), 2nd – Chandrashekar (Jaguars), 3rd – Vinay – (Panthers)
- Foot Ball : Vikings, Best Player – Dhruv Patel
- Kho-Kho Girls : Winners - Vikings, Runners – Warriors
- Kho-Kho Boys : Winners – Warriors, Runners – Jaguars
- Athletics
 - 1600 M Boys : 1st – Viswas (Panthers)
 - 2nd – Anirudh (Falcons)
 - 3rd – Uttam Tiwary (Panthers)
 - 800 M Girls : 1st – Madhavalatha(Warriors)
 - 2nd – Jayanti (Jaguars)
 - 3rd – Sharing....Amulya (Falcons) and Jyothi (Panthers)
 - 100 M Boys : 1st – Venkitesh P J (Vikings)
 - 2nd – Anirudh (Falcons)
 - 3rd – Viswas (Panthers)
 - 100 M Girls : 1st – Nikita Babushetty (Vikings)
 - 2nd – Bhumika Gandhi (Vikings)
 - 3rd – Ashwini Aithal (Vikings)
 - 200 M Boys : 1st – Venkitesh P J (Vikings)
 - 2nd – Viswas (Panthers)
 - 3rd – Nathaniel (Panthers)
 - 200 M Girls : 1st – Nikita Babushetty (Vikings)
 - 2nd – Ashwini Aithal (Vikings)
 - 3rd – Bhumika Gandhi (Vikings)







Sushrutha Alumni Meet 2022

REMINISCENCE – Relishing memories

Date: 18/09/2022

Time: 9am to 5pm

Venue: Samskruti Bhavan

The programme was organised by newly formed SAMC Alumni association under the guidance of Director sir Dr. Ramakrishna B R.

1st ever Alumni meet in 20 years of establishment of the institution was conducted, the programme was chaired by our Guruji, Director sir, Principal Madam, Trustee member, DMS sir along with President and General Secretaries of the association.

All Alumni from the batch 2002 to 2015 were invited. 160 Alumni attended the programme. Pre Event games were organized for Alumni on 17th Sep and the main Event was on 18th Sep. The program started with invocation dance and song followed by inauguration of Alumni Meet 2022. Introduction to the batches and VT of memories, Shraddhanjali for departed souls, Shlokavali e book launch followed by Interactive sessions with Alumni and memento distribution by Director Sir was done. Post lunch cultural by students and Fashion show by Alumni. Programme was ended by beautiful dance by all Alumni.

Alumni Association Members

President: Dr. Shubha Rani M

Vice President: Dr. Mahesh Khalure

General Secretaries: Dr. Abhishek Biswas and Dr. Pavithra S

Joint Secretary: Dr. Ramya R V

Asst. Secretary: Dr. Abhiram S S

Treasurers: Dr. Yashbir Singh and Dr. Dhanyashree P T

Committee Members: Dr. Vipin Das, Dr. Satinder Kumar, Dr. Shalini, Dr. Manu and Dr. Nitulya

Advisory Committee

Dr. B. R. Ramakrishna

Dr. Sanghamitra Patanik

Dr. Alok Roy

Dr. Vasudev Vaidya

Dr. Ravi Kiran





8. ACTIVITIES OF DIFFERENT DEPARTMENTS

Department of Samhitha Samskrita and Siddhanta

Charaka Jayanthi

The program was conducted in Association with Vishwa Ayurveda Parishat

Pooja and Inauguration: 02/08/2022

Venue: Board Room of SAMC&H

Timings: 3:00pm-04:00pm

The Celebration was graced by the Presence of Dr B. R Ramakrishna (Director SAMC, Vice Chancellor, S-VYASA University), Dr Sangamitra Patnaik (Principal, SAMC), Dr Alok Roy, (Vice-Principal), Dr. Vasudeva Vaidya (Deputy Medical Superintendent). All Staff of SAMC&H had attended the Pooja.



The celebrations ended with prasada distribution.

Webinar: 03/08/2022

Venue: Audio- Visual Room and Class rooms

Timings: 2:30pm-04:00pm

Topic: “Utility of Charaka Samhita in Clinical Practice”

Speaker: Dr Raghavendra Udupa,

Professor and Head, Dept of

Ayurveda Samhita and Siddhanta,

Yenopoya Ayurvedic College, Mangalore.

The webinar was organised for Students and Practitioners.



On 17-08-2022 Competitions were organized along with Valedictory Function

Quiz and Skit Competition was organised for Students

Venue: Samskriti Bhavan

Timing: 9:00am -12:00pm

The Quiz was conducted after a Screening of teams, each team comprised of five participants one from each batch i.e first year, second year, third year fourth year and one intern. The quiz had four rounds, first round was multiple choice questions, and second round was Shloka Shodha, to find the shloka with reference that was displayed. Third round was dumb sharats, where one participant from the team enacts the word that the team has got by picking chit. The last round was visual round and the team has to find out the concept by identifying the picture.



Followed by the quiz, the skit competition was conducted

There were three skits by the students and two best were selected for first and second prize as per judge's opinion and were given a cash prize of 1000 and 500 respectively.

The valedictory function was conducted following the competition.

The program continued with a welcome address and speech on highlighting the importance of Charaka Jayanthi by Dr Alok Roy. The Presidential address was delivered by our beloved Principal Dr Sanghamitra Patnaik. The prize distribution for quiz and skit competitions were done by the dignitaries. The program ended with vote of thanks by Dr Sahana, followed by Shanti Mantra and prasada distribution.

Department of Rachana Shareera and Shalya Tantra

Organised Guest lecture on 06/01/2022, time – 11am to 1 pm

**GUEST SPEAKER - S. RAMESH BABU
(DVINANETRAYA SRI)**

TOPIC – VARMAM / MARMAM IN DAILY LIFE WITH EVIDENCE.

Guest speech was attended by the final year students and the staff.

2 hours of sessions with practical demonstrations of marma being explained along with question and answer session. It was an informative session.



Department of Dravya Guna Vignana

DG STUDY TOUR REPORT

08/11/2021 to 10/11/2021

81 Students and 4 teachers [Dr.Sunitha, Dr.Harish Babu, Dr.Nischal, and Dr.Akshata] depart from S-VYASA campus to Udupi - Alva's Ayurvedic Medical College.

Plant observation at Shobavana



Alva's pharmacy - Observations at the pharmacy were-

- Storage of liquid preparations in wooden barrels, plastic drums, porcelain jars etc.
- Pulverisers
- Dry drug storage in bags



- Fermenters
- Boilers and reactors
- Furnace
- Oil preparation
- Tray dryers
- Tablet compressing machine
- Liquid filling machine
- Tablet coating machine
- Manual packaging
- Central store for storage of finished goods
- Quality control facility

Padubidri beach. Krishna matha.

Sakaleshpura. They reach the **Manjarabad fort**, Belur. They reach the **Chennakeshava temple**



**Alva's
Pharmacy
Tour**



Padubidri beach, Udupi

Manjarabad fort, Sakleshpura



Chennakeshava temple, Belur



- Organized **Guest Lecture** on date – 23/04/2022

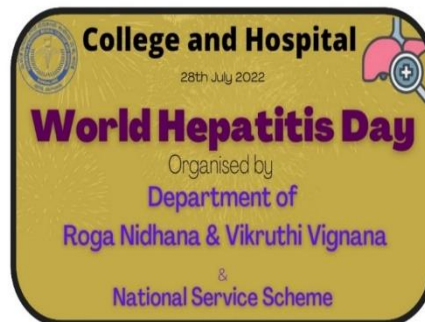
Guest Speaker - Dr. Prakash L Hegde, Prof & HOD, Department of Dravyaguna Vignana, SDM College of Ayurveda & Hospital, Hassan

Topic – Importance & Application of Dravyaguna Vignana



Department of Roganidana & Vikruti Vignana

- On the day of “WORLD HEPATITIS DAY” conducted a webinar on **LIVER FUNCTION TEST IN HEPATITIS** by Professor Naveen Chandra on 28/07/2022, Thursday.
- On behalf of “WORLD HEPATITIS DAY” conducted digital poster making competition, Model making competition on liver disorders for interns, UG students.
- On 01/08/2022, Monday we have conducted a guest lecture on **IMMUNITY** by Dr. Arun Kumar for 2nd year UG students.





Department of Rasashastra & Bhaishajya Kalpana

Activities undertaken from September-2021 to March -2022

1. Apart from the routine preparation churna, taila and ghrita we have introduced few new preparations like Sitopaladi Churna, Talisadi Churna.
2. Vyasa Immune kit was introduced by our Dept. which includes Chyavaprash avaleha, Balya churna, Anu taila for Nasya and Kwatha Churna for Kashaya Preparation which was sold for all the needy people within the campus.
3. Haritakyadi Yoga is formulated for Post covid patient's research project which is carried out by Dept. of Panchakarma.
4. Dravyaguna CME delegates were given with Cosmetic products like Naranga Herbal Soap, Neelibhringamalaka Hair oil and Usheera Scrub prepared by our Dept.
5. Herbal Dhoopa Cones were prepared for fumigation in and around the college premises.
6. Purchased with 14 new rare books for the Departmental library.
7. Organized 3 days stall during 24th INCOFYRA from 27th May 2022 to 29th May 2022
8. Organized 5 days stall in JIGNASA July 2022 National Arogya Mela

Sushrutha Ayurveda Pharmacy, SAMC

1. Our Sushrutha Ayurveda Pharmacy has generated income approximately 3.5 Lakhs from Sept 2021 to March 2022.



Department of Agada Tantra

Report of Victoria Hospital Postings (7-10th Dec 2021)

The 3rd professional BAMS students were taken to Victoria Hospital for autopsy postings from 7th December 2021 to 10th December 2021. The students were divided into two groups with 43 and 48 students in Batch A and Batch B respectively.

Day 1: College bus left the campus at 8.30 am and reached Victoria Hospital at 10 am via Vega city Mall. Dr Sandhya D S and Dr Harish Babu accompanied the Batch A students. They were exposed to three cases (Burns, Septicemia, Homicidal death). The bus left Victoria hospital by 4.10pm and reached campus at 6pm.

Day 2: College bus left the campus at 8.30 am and reached Victoria Hospital at 10 am via Vega city Mall. Dr Harish Babu and Dr Swathi Sharma accompanied the Batch A students. Total five autopsies were performed (Natural death cardiac arrest, hanging-2, Chronic alcoholic liver failure, Starvation death). Post graduate department of Victoria Hospital, oriented the students



and allowed organ inspection and dissection. The bus left Victoria hospital by 4.15pm and reached campus at 6pm.

Day 3: College bus left the campus at 8.30 am and reached Victoria Hospital at 10 am via Vega city Mall. Dr Harish Babu accompanied the Batch B students. They were oriented by the post graduates and have seen three cases (Printing ink-lead, Tuberculosis, Unidentified body).

Day 4: College bus left the campus at 8.30 am and reached Victoria Hospital at 10 am via Vega city Mall. Dr Swathi Sharma accompanied the Batch B students. The students were oriented by Associate professor regarding identification of murder weapon which was brought for verification from Forensic science laboratory, Madiwala. They saw two cases (hanging, dowry death). Bus left at 4.30pm and reached campus by 6.30pm.

The photographs of postings are attached as Annexures with the report.
Annexures:

Day 1:



Day 2:



Day 3:



Day 4:



Date: 13/12/2021
Place: Jigani

Snake Rescue and Awareness Program

On 29/09/2022



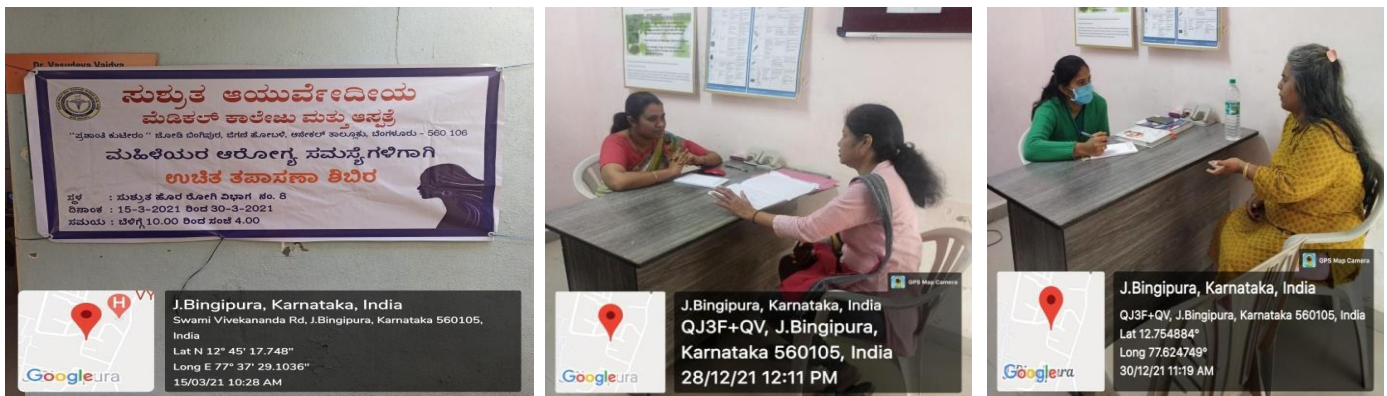


DEPARTMENT OF STREE ROGA & PRASOOTI TANTRA

CAMP REPORT

A free General Health checkup camp for women was conducted from the department of Prasuti tantra and Stree roga. It was scheduled for 10 days from 20th to 30th of December 2021.

A good number of patients took the benefit of the camp. Some gynecological conditions like Bartholin's cyst, PCOS, Infertility, and Infective Vaginal Discharges were encountered and treatment were planned accordingly.



GUEST LECTURE was organized on 17th May 2022

Guest Speaker: Dr.Premraj Khairnar, Consultant Infertologist at Matru Hospitals, Mumbai

Topic: Infertility and practical utility of Uttarabasti

It was a very informative session for both 3rd year & final year students and also staff.

Department of Swastha Vritta

Report on Surya Namaskara event

Date: 14/01/2022

Time: 7:00AM to 8:00AM

On the account of holy Makara Sakranthi festival of thanks giving to mother nature for spreading health, wealth, happiness around through Surya Namaskar Programme was carried out under the banner of “**Azadi Ka Amrit Mahotsav**” in Collaboration with National Service Scheme (N.S.S) unit of our institution.

All the teaching, non teaching, hospital staff, interns and our students are made to enroll in the given portal.

Then Programme was well organized by following Covid appropriate behavior through the Virtual platform-Google meet.

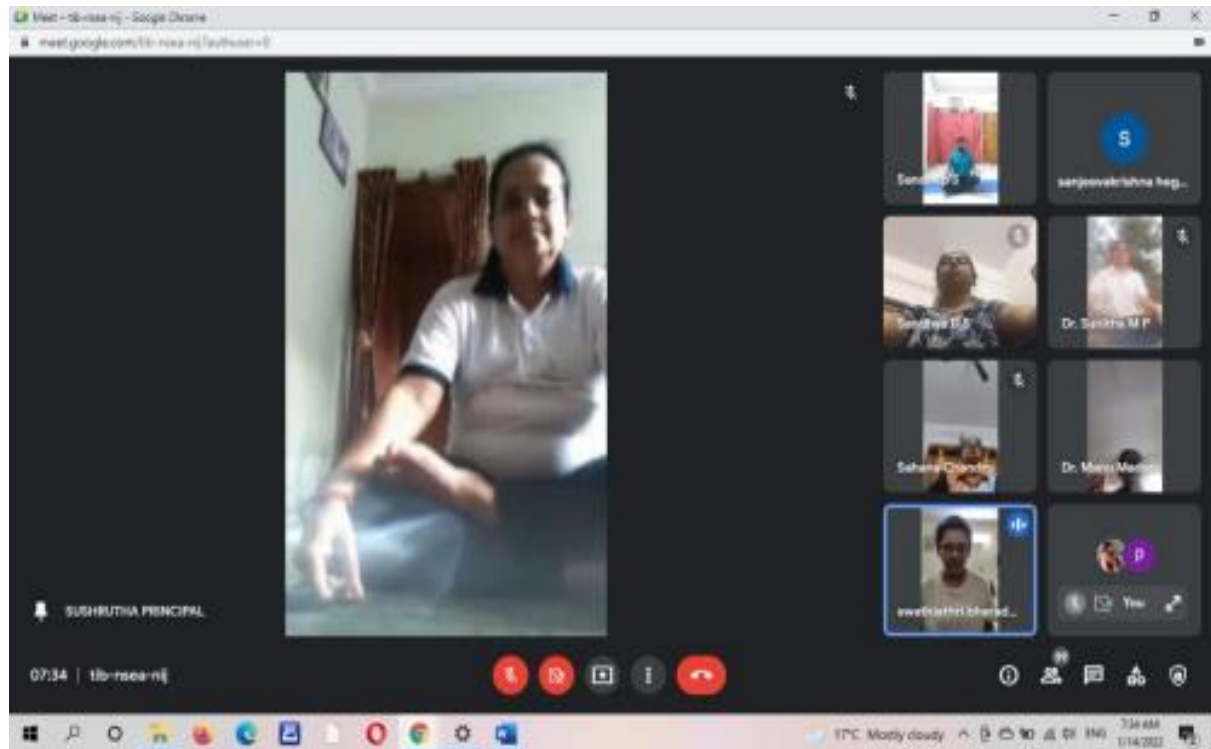
- Introduction of the programme was done by Dr.Manu, Asst. Professor, Dept. of Swastavritta.
- Prayer to Surya was chanted by Dr.Swathi Somayaji Asst. Professor, Dept. of Swastavritta.
- Then the Surya Namaskar session was conducted by Dr.Sandeep, Asso. Professor, Dept. of Swastavritta.



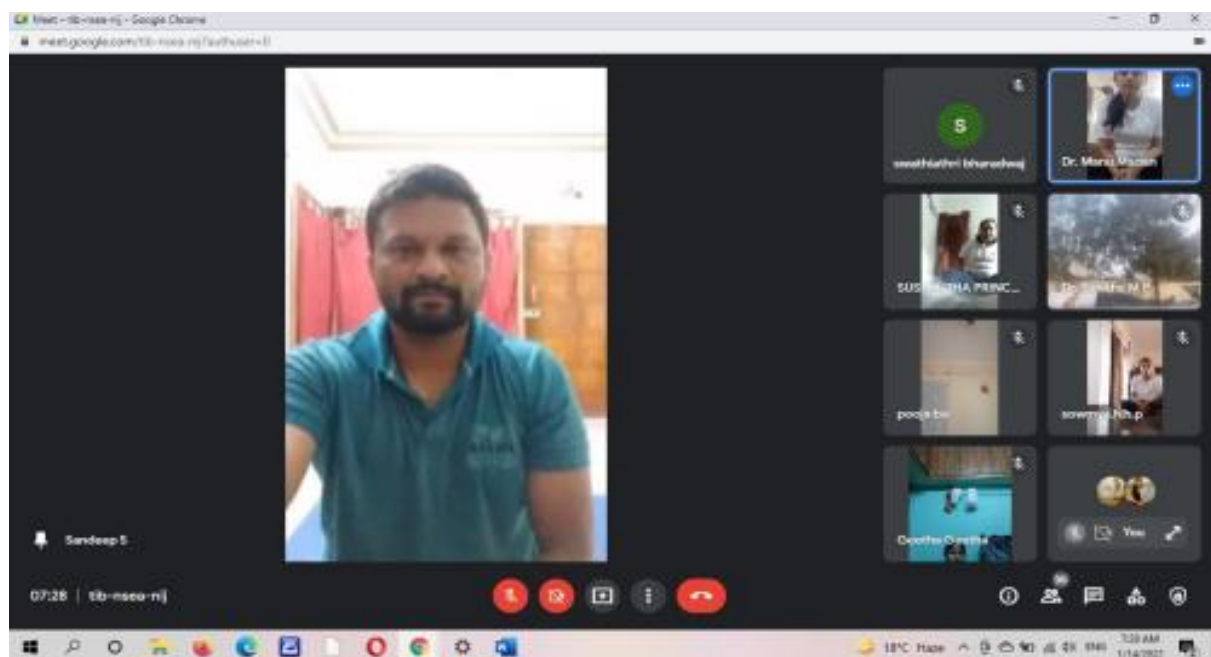
Surya Namaskar Protocol was demonstrated as per the guidelines of NCISM, later deep relaxation technique was done.

Then the whole programme was concluded with Shanti Mantra.

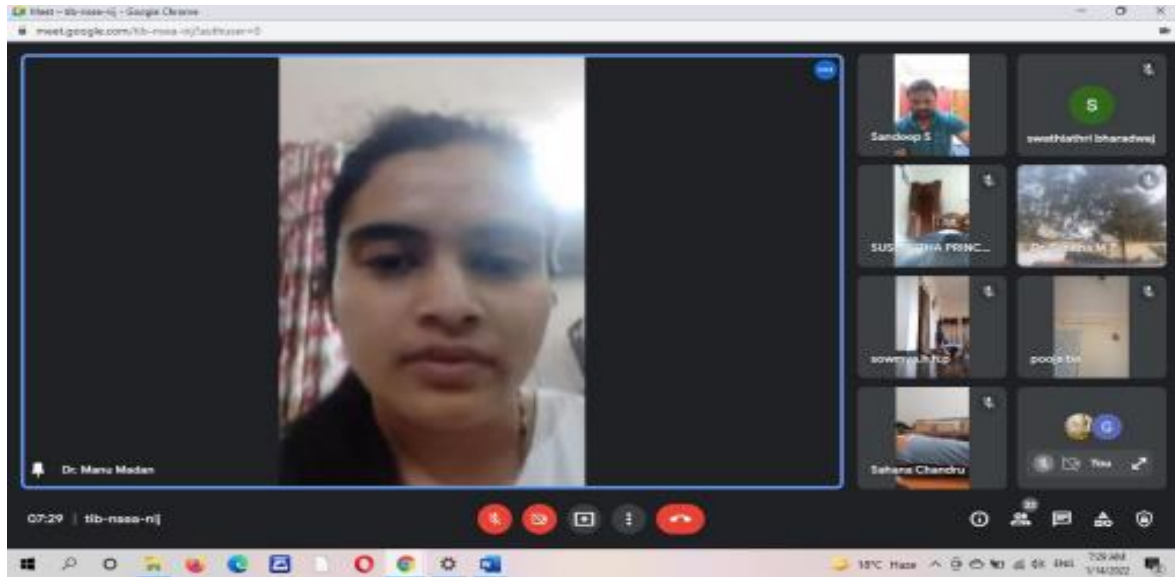
Programme was well received and enjoyed by the participants on the virtual platform.



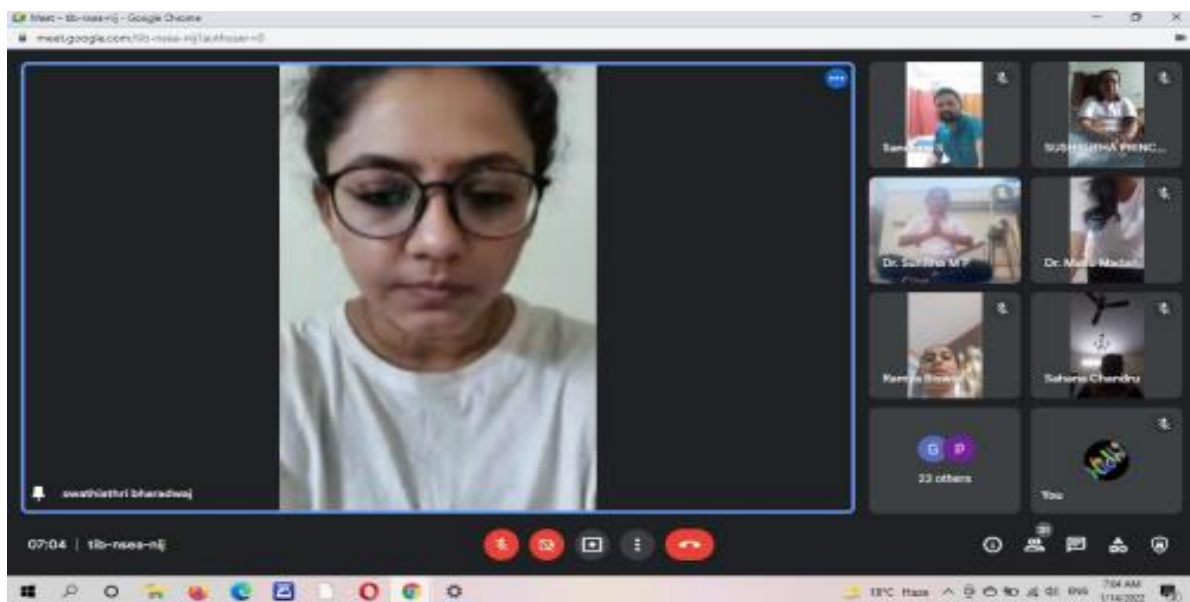
Our Principal Dr.Sanghamitra Patnaik at the event



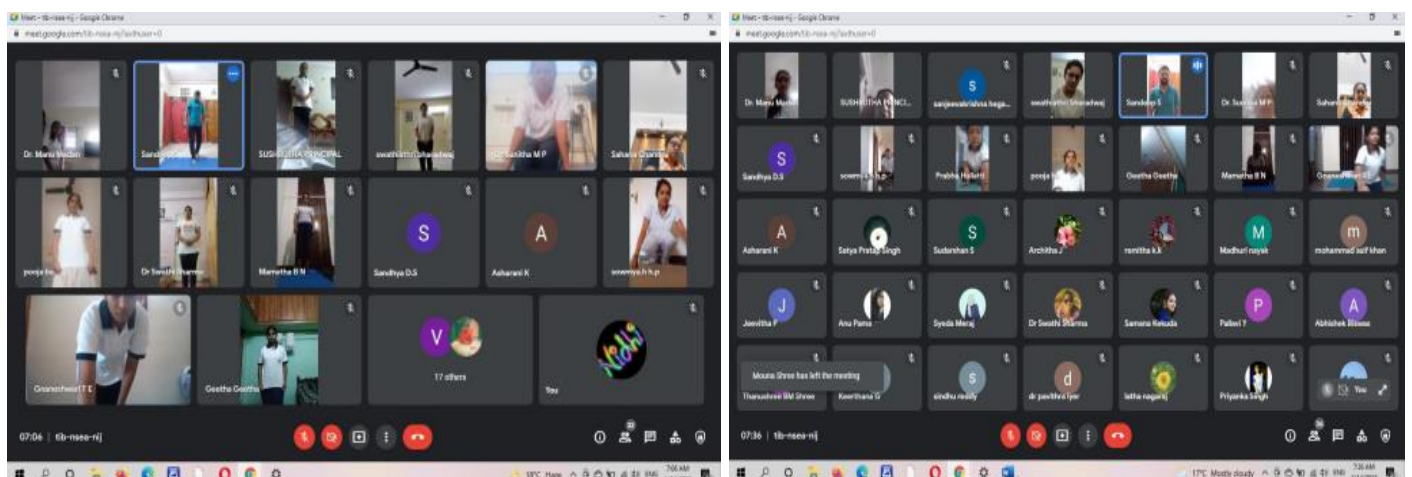
Dr.Sandeep.S Associate Professor, Dept. of Swastavritta



Dr.Manu.M. Assistant Professor, Dept. of Swastavritta



Dr.Swathi Somayaji. Assistant Professor, Dept. of Swastavritta



All our participants at Surya Namaskar event.



DEPARTMENT OF RASASHASTRA AND BHAISHAJYA KALPANA

Activities undertaken from September-2021 to March -2022

1. Apart from the routine preparation churna, taila and ghrita we have introduced few new preparations like Sitopaladi Churna, Talisadi Churna.
2. Vyasa Immune kit was introduced by our Dept. which includes Chyavaprash avaleha, Balya churna, Anu taila for Nasya and Kwatha Churna for Kashaya Preparation which was sold for all the needy people within the campus.
3. Haritakyadi Yoga is formulated for Post covid patient's research project which is carried out by Dept. of Panchakarma.
4. Dravyaguna CME delegates were given with Cosmetic products like Naranga Herbal Soap, Neelibhringamalaka Hair oil and Usheera Scrub prepared by our Dept.
5. Herbal Dhoopa Cones were prepared for fumigation in and around the college premises.
6. Purchased with 14 new rare books for the Departmental library.
7. Dr.Sreenidhi.G.S. Associate Professor of our Dept. published an article named 'Haircare in Ayurveda' in Aryavaidyan Journal (May -July 2021 issue).

Sushrutha Ayurveda Pharmacy, SAMC.

1. Our Sushrutha Ayurveda Pharmacy has generated income approximately 3.5 Lakhs from Sept 2021 to March 2022.



DEPARTMENT OF KAUMARABRITHYA

Academic

- Postings for Practical exposure of Neonatal Resuscitation for 3rd year students from department of kaumarabhritya held from 4/1/22 to 10/01/22.

Hospital

- OPD and IPD
- Swarnaprashana conducted on every Pushya Nakshatra day at Ayurdhama, 140 children got benefited

Medical Camps

- Screening for malnutrition in children camp was organized at Tapovan school, koppa gate bangalore on 20/12/2021 were 120 children were benefited.
- Screening for malnutrition in children camp was organized at Vivekananda Kendra Vidyalaya on 15/12/21. Total 257 children were screened.



- Screening for malnutrition in children camp was organized at Govt school of Kodichikkanhalli on 16/12/21. Total 250 children were screened.
- Screening of children for minor ailments in paediatrics and organized ON 11/12/2021 at Huskur government school, Bangalore -160 children were benefited.
- ENT, Eye medical camp conducted ON 4/2/2022 at Shri Guruji vidyaniketana school Anekal, Bangalore -60 children were benefited
- Survey for Myopia prevalence after CORONA pandemic was conducted in four schools ie Bharathi Sanskrit Vidyapeeth, Vishva Vankateshvara School, Nargund International School, Vishvawa Vidypeetha School. Total 408 students was surveyed.

Health Awareness Talk at schools

- On the occasion of Poshana Abhiyana on 7/10/2021 conducted Health awareness on importance of nutrition in Adolescents at New Oxford International School, haragadde, Jigani, Anekal, Bangalore.
- On the occasion of Azadi Ka Amrit Mahotsav conducted health Awareness Programme on 2/2/2022 at Karnataka public school Kaggalipura Bangalore
- On the occasion of Azadi Ka Amrit Mahotsav conducted health Awareness Programme on 2/2/2022 at shri Maruthi high school tataguni, Bangalore
- On the occasion of Azadi Ka Amrit Mahotsav conducted health Awareness Programme on 26/2/2022 at Rashtrottana vidya Kendra Banashankari , Bangalore

DEPARTMENT OF PANCHAKARMA

Academic – Students Model 2021-22

Working model of Snehapana

Vamana Karma

- A. Detailed Report of Sharadiya Virechana**
conducted in the month of **October & November 2021** by **Department of Panchakarma**

Place: OPD & IPD of SAMC&H

Patient details

63 patients from IPD (different sections) & 6 OPD, total of 69 patients

Total patients: **55** (Among them **50** – Classical Virechana, **5** – Sadyo Virechana)

Nitya Virechana: **6** patients from PK OPD, **8** patients from IPD – **14** patients in total

ASSESSMENT:-

1. Disease wise number of patients & number of patients under different categories of Virechana
Table suggesting different diseases & number of cases under went Virechana under different categories (Classical Virechana/Sadyo Virechana/Nitya Virechana)





Diseases	Number of cases			Total
	Classical Virechana	Sadyo Virechana	Nitya Virechana	
OA	5	2	3	10
RA	6	0	2	8
Obesity	11	0	0	11
Gout	3	0	0	3
Pratishyaya	1	0	0	1
Depression	1	1	0	2
PCOD	3	0	0	3
Psoriasis	1	1	0	2
Swasa	3	0	0	3
Alcohol Addiction	1	0	0	1
Anxiety	1	0	0	1
hypothyroidism	0	1	0	1
Acidity	4	0	0	4
IBS	1	0	0	1
Kasa	1	0	0	1
Vataja Timira	1	0	0	1
Vatahavartma	1	0	0	1
urticaria	2	0	0	2
Acne	1	0	0	1
post covid fatigue	1	0	0	1
Swastha	2	0	0	2
Vibanda	0	0	3	3
Total Diseases 22				63
multiple problem among 63	Obesity + Psoriasis		1	
	RA + Psoriasis		1	
	OA + Obesity		2	
	Pcod + Obesity		1	

B. Vasanthika Vamana in the month of February to March 2022

25 Student Vamana Karma conducted for Academic Purpose

16 Vamana Karma was done during Vasantha Ritu for different diseases

- Mukhadhushika 2
- Eka Kushta 2
- Vrana 1
- Amlapitta 4
- Ajeerna 1
- PCOD 1
- Vata Kaphaja Asrugdhara 1
- Stoulya 4

Out of 16 Vamana Karmas 1 was Sadyo Vamana, 10 were Pravara Shuddhi, 6 were Madhyama Shuddhi

C. Introduced Varshika Basti for first time



DEPARTMENT OF SHALAKYA TANTRA
SCREENING CAMP REPORT

Date -1/03/2021 - 15/03/21

Time -10:00 to 4:00 PM

CONSULTANTS - Dr.Roopal.L

Dr. Champa pant

Dr.Anagha Bhat

Dr.Manu

Dr.Akshatha

Dr.Harish Gopal

INTERNS -

Vatsal

Keerthi

Ravikumar

Spoorthy. G

Subject - Conducted Camp in Anekal Sri Guruji Vidyaniketana School on 4/2/22

Department of Shalakyta Tantra conducted free medical Eye and ENT Check up in Sri Guruji Vidyaniketana School, Anekal on 4/2/22 from 10 am to 4 pm and we have screened around 60 patients

1. Total No Of Patients Consulted - 60.
2. Netra - 18
3. ENT - 27
3. Others - 15

- 1 Rare cases observed - 5 (ENT)
2. Therapies Advised - 40
3. Special findings - we got more ENT Problems and Eye also
4. Special Findings - Wax removal done in that particularly Bud Impacted in EAC and Cockroach Removal from EAC in 16yrs old girl



Research Activities

GUEST LECTURE BY Dr.Ezaz, Consultant Radiologist at Sairam Hospitals, Hulimavu Bangalore

A guest lecture was organized by sushruta Ayurveda Medical College for Final year BAMS Students on 5th March 2022 by Dr. Ezaz. His expertise is in USG, CT, MRI. He explained the basics of Ultrasonography, Interventional radiology, advanced interventional methods in Radiology and their usage in intensive care units. He also explained regarding portable USG probe for using it in iv access for paediatric cases, obese patients, Cath labs etc. He also managed small quiz session for students regarding USG and Imaging. Students were given insight regarding the short term courses in ultrasonography and career opportunities. It was a very informative session for both students and staff.



A Report on the Visit to Central Ayurveda Research Institute

Date: 16/03/2022

Venue: Bangalore

With the view of a continuous education of Research methodology for fourth year BAMS students, the Faculty of Research education, Department of Ayurveda Samhitha and Siddhanta had organised an educational visit to the Central Ayurveda Research Institute, CCRAS, Ministry of Ayush, Govt of India. The visit was organised on 16th of March 2022.

The Visit and Training Program was structured under the Guidance of our Honourable Director, Dr. B.R Ramakrishna, our beloved Principal, Dr. Sanghamitra Patnaik, and Dr Alok Roy, HOD, Dept of Samhita and Siddhanta, SAMC&H. The team was heading by Dr Pavithra S, Assistant Professor, Dept of Samhita and Siddhanta, SAMC&H and accompanied by Dr. Narayan Moss, Assistant Professor, Dept of Kayachikitsa, SAMC&H.

The student were commuted by College bus and had left the campus by 9.00 am on 16/03/2022 and had reached CARI at 9.50am.

Central Ayurveda Research Institute, Bengaluru conducts various research programs, and is also a recognised centre of excellence in Diabetes. Central Ayurveda Research Institute had planned three lecture sessions and practical demonstration for our students in addition to campus tour.

The sessions at CARI started with a best wishes from Dr Sulochana Bhat, A/D, I/C, Central Ayurveda Research Institute, Bengaluru. The first session was on Research Methodology and started at 10 am, Dr Kavya, Consultant, COE, CARI was the speaker and provide a detailed explanation on various research approach in Ayurveda.

The Next session was a practical demonstration of pharmacological and biochemistry methodologies and was held from 12.00 to 1.00pm, followed by lunch break.

The post lunch session started with a campus tour, and the students were thought about various research activities held at CARI, followed by visit to the herbal garden, herbarium library, Dry Drug Collection library and Miawaki Project.

The campus tour of CARI also involved Hospital and Biochemistry Laboratory visit, which helped the students to understand about various clinical researches and Biochemistry tests conducted. Students were explained about the method and methodology involved in different biochemistry test and also about the usage of Fully Automated Equipment's by Ms. Neeta, Technician, CARI.

The session continued with a lecture on Biostatistics and usage of statistics in Ayurveda Research works by Ms. Anagha, Biostatistician, COE, and CARI. The lecture session ended with a talk on Diabetes and research in field of diabetes by Dr Monica, SFR COE, and CARI.

The visit and the Training Program ended with distribution of participation certificates to all the Students and high Tea. The visit and training program has helped our Students of 4th BAMS in developing more interest towards research and also as a revision for their research and statistic subject for their forthcoming RGUHS Examination.

Few Photo of the visit is attached in Anexure-1





9. EXTENSION ACTIVITIES

COVID-19 VACCINATION REPORT

**Date: 22/09/2021
5:30PM**

Time: 10:30AM-

Sushrutha Ayurveda Medical College & Hospital and S-VYASA University in association with Mahantalingapura- Primary Health Centre (PHC) conducted Covid-19 Vaccination on 22/09/2021 for Students, teaching, non-teaching, and Administrative Faculty of Ayurveda, Yoga and Naturopathy where - 64 first dose and 304 second dose in total **368** beneficiaries availed the opportunity.

Vaccination co-ordinator

Dr. Sindhu N

VACCINATION TEAM

CONSULTANTS

Dr. Champa Pant

Dr. Vanishree Sampat

Dr. Shubha Rani

Dr Shubha M

Dr. Ramya

Dr. Shalini

RMO'S

Dr. Mahesh

Dr. Vachanambika

Dr. Abhiram

Dr. Abhishek

NURSE

Raji Sister



Report of School Visitation on the Occasion of Azadi Ka Amrit Mahotsav

School: New Oxford International School, Haragadde, Jigani, Anekal (Taluk) Bengaluru.

Date: 07/10/2021

Time: 01:00-03:30 PM

The Programme was started with inauguration of the event by lighting the lamp.

We were welcomed by the Management, Head Mistress Smt. Rekha Rani and Staff of the school.

Intention of the school visit and Azadi Ka Amrit Mahotsav celebration under the Dept. of Ayush, was briefed by Dr.Sreenidhi.G.S, N.S.S. Programme Officer.

As a token of respect, Medicinal plants were distributed from our college to the management and staff.

Later the presentation were done by-

Dr.Manu.M. Asst. Professor, Dept. of Swastavritta,

Topic: Disease prevention and health promotive measures of Ayurveda.

Dr.Akshata Bhat. Asst. Professor, Dept. of Dravyaguna.

Topic: Awareness about few important medicinal plants

Dr.Swathi Somayaji, Asst. Professor, Dept. of Swastavritta.

Topic: Traditional foods of India

Dr.Sindhu, Asst. Professor, Dept. of Kaumarabhritya.

Topic: Importance of Nutrition of Adolescents.

Presentation were attended by 8th, 9th & 10th Standard Students. We received best response from the students who were keen in knowing about Ayurveda System and many doubts were clarified by the presenters and students gained the knowledge which was shown by their feedback.

Overall, the Programme was well organized by the management at the school.

From our college programme was organized by-

Dept. of Kaumarabhritya
Dept. of Dravyaguna
Dept. of Swastavritta
National Service Scheme





JIGNYASA

Date: 9th December 2021

Venue: Jignyasa office at Jayanagar 4th T block on 8th December'2021.

On 8th we were instructed about our work by Dr. Allama Prabhu.

On 9th we reported at the venue for the inauguration of the function by Hon. Minister of State for IT & BT Dr. Aswathnarayan and other dignitaries.

The Inaugural function was followed by Online Parallel sessions and Plenary sessions on 9th and 10th December 2021.

We were told to supervise overall the different sessions allotted to us.

We successfully monitored the given work to us and reported back to College on 11th December 2021.

Participants

1. Dr. Alok Roy,

Professor,

Ayurveda Siddhanta Department,

Sushrutha Ayurveda Medical College & Hospital,

Bengaluru.

2. Dr. Champa Pant

Professor,

Koumara Bhrutya Department,

Sushrutha Ayurveda Medical College & Hospital,

Bengaluru.

3. Dr. Sandhya

Professor,

Agada tantra Department,

Sushrutha Ayurveda Medical College & Hospital,

Bengaluru.



Report on Awareness program held at an International Conference - Jignasa 2022

On the occasion of Azadi ka Amruth Mahotsav, NSS wing of Sushruta Ayurvedic Medical College organized an awareness program at International Conference 'Jignasa 2022' held at Bengaluru on 28.07.22. A stall was arranged to create awareness about Ayurveda. Various flex and charts depicting the importance of Ayurveda and its core concepts were displayed in the stalls. Many educational and informative materials were distributed. Various other medicine samples were displayed and students explained its uses to delegates as well as common people who visited the stalls. The stall was kept for 3 days and by the end of the conference delegates from various parts of India and even common people were educated about the highlights of Ayurveda and its importance. Date: 28.07.22 to 31.07.22 Place: APS College Grounds, Basavanagudi, BENGALURU





NATIONAL SERVICE SCHEME

Report of School Visitation on the Occasion of Azadi Ka Amrit Mahotsav

On the eve of Azadi Ka Amrit Mahotsav, as per guidelines received from the Dept. of Ayush, National Commission for Indian System of Medicine (NCISM), Various AYUSH Awareness Programme were conducted in different Schools in and around the Bengaluru city.

In regard to this our college has conducted awareness programme, competition programme, demonstration programme and Medical Health checkup by confining to the below mentioned topics given by NCISM-

1. Disease prevention and health promotive measures of Ayurveda.
2. Awareness about few important medicinal plants
3. Traditional foods of India
4. Importance of Nutrition of Adolescents.
5. Screening students for general health.

As of now we have covered 10 schools with best response for receiving knowledge about Ayurveda and other systems by the students of different schools.

Sl No.	School Name	Date of Visit
1	New Oxford International School, Haragadde, Jigani, Anekal (Taluk) Bengaluru.	07/10/2021
2	Government High School, Huskur.	11/12/2021
3	Rashtrotthana Vidya Kendra, 8 th block, 6 th stage, Banashankari, Bengaluru	26/02/2022
4	JSS English and Kannada medium High School, Mylasandra, Srinivasapura, Bengaluru	15/03/2022
5	Govt. High School, Aagara, tataguni, Bengaluru South.	03/02/2022
6	GR international School, Agara, Thathaguni, Bengaluru	03/02/2022
7	Karnataka Public School, Kaggalipura, Bengaluru South	02/02/2022
8	Shri Maruthi High School, Tataguni, Bengaluru South.	02/02/2022
9	Tapovan School, Near Koppa gate, Harapanahalli, Jigani, Bengaluru	20/12/2021
10	Shri Guruji Vidyaniketana School, Anekal, Bengaluru South.	04/02/2022
11	KBC School and PU College, Uttarahalli Main Road, Kodipalya, Bengaluru	09/02/2022
12	Vishwa Vidyapeeth, Yalahanka, Bengaluru	04/12/2021
13	Vivekananda Kendra Vidyalaya, Kallubalu village, Jigani, Anekal.Tq. Bengaluru	15/12/2021
14	Govt. Higher Primary School, Kodichikkanahalli, Kaverinagar, Bommanahalli, Bengaluru	16/12/2021
15	Bharateeya Samskrit Vidyapeeta, Chamarajpet, Bengaluru	18/12/2021
16	Devanga Sangha High school, Sampangiram nagar, Bengaluru	21/04/2022
17	Poorna Pragna Vidyapeeta, Vidyapeeta Circle, Bengaluru Workshop Conducted: Carnatic music was trained for 35 students half an hour everyday for 15 days for A Project titled "The effect of Satvavajaya Chikitsa with respect to Carnatic Classical music on Cognitive functions and self-awareness in adolescence. -an observational study"	07/04/2022- 22/04/0/2022



18	Carmel Public School, J.P.Nagar 6th Phase, Bengaluru A Project titled “Impact of Daivavyapashraya Chikitsa with reference to Mantra chanting on Smriti (Memory) in Healthy Children-An observational Study. 15 mins Workshop Conducted for 15 days	11/04/2022 to 25/04/2022
19	Mastenhalli Government college, Anekal	19/07/2022
20	Sri Gurukula International School Rajapura, Anekal – Ayurgrama 1. Dinacharya, Rtucharya, Ahara pramana, Swastavrutta, Panchakarma procedure - , Netrakriya kalpas, Shastra Chikitsa in Ayurveda etc. Charts and posters comprising major topics of all 8, Ashtangas of Ayurveda was explained in detail to the common public by our team members. 2. Total therapies demonstrated: 47 “Panchakarma Dinotsava” – Panchakarma Therapy and Demonstration Panchakarma therapies were performed on the villagers based on their previously diagnosed conditions. Therapies such as akshi tarpana, ekanga abhyanga, greeva basti, jaanu basti, ashotana, karna poorana, sarvanga abyanga, were performed. yoga and pranayama were thought. 3. Household utility of Medicinal Plants – A Guest Lecture by Prof. Ravi Kiran @ Gurukula International School Prof. Ravi Kiran, HOD, Dept. of Dravyaguna, who has singlehandedly raised and cultivated more than 300 saplings @ SAMC&H herbal garden shared his insight on medicinal plants – their utility at homes were explained to children aged between 10 to 14 years. 5. The ENT & Ophthalmology camp was conducted in Rajapura village by Dr Harish Gopal, Assistant Professor, Shalakya Tantra Department, SAMC&H. • Part 1 – Timing 10:00am to 1:30am - Government School Children Screening and consultation was conducted (No.of students - 13) - Local villagers were also screened and consultation was conducted. (No. of participants – 40) - Immunity booster medicines were distributed along with prescribed medicines. - Eye exercises, eye wash using eye wash cups were also educated to the public • Part 2 – Shalakya Camp @ Gurukula International School - 180 students were screened for vision problems, speaking disabilities and hearing problems. 6. Yoga & Pranayama conducted 7. Swacha Bharath Abhiyan was conducted 8. Free general camps & medicine distribution was done 9. Kaumara & Prasooti tantra & Stree roga camp was conducted and awareness was given	15/07/2022 to 21/07/2022
21	Prince Academy International School Indalwadi, Anekal – Ayurgrama 1. Dinacharya, Rtucharya, Ahara pramana, Swastavrutta, Panchakarma procedure - , Netrakriya kalpas, Shastra Chikitsa in Ayurveda etc. Charts and posters comprising major topics of all 8, Ashtangas of Ayurveda was explained in detail to the common public by our team members. 2. Total therapies demonstrated: 47 “Panchakarma Dinotsava” – Panchakarma Therapy and Demonstration Panchakarma	14/07/2022 to 20/07/2022



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Different medicinal plants were distributed to the school authority to grow the plants within the school premises.

This Event will be jointly organized by-

- National Service Scheme.
- Dept. of Swastavritta.
- Dept. of Dravyaguna.
- Dept. of Kaumarabhritya.





REPORT ON YOGA WORKSHOP

"Stress management through Cyclic Meditation"

On the eve of "International day of Yoga-2022" and Azadi ki Amrit Mahotsav, as per instructions received from the department of AYUSH, various events like workshops, lectures, Yoga demonstration, etc are conducted. With this regard, the Department of Swasthavritta in association with the NSS wing of SAMC, conducted a Yoga workshop on the topic "Stress management through Cyclic meditation" by Dr. Vasudeva Vaidya, DMS SAMC&H for all the staff and third year students. The session began with prayer and a small introduction about how a few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind. The Cyclic meditation started with warming up and stretching which were followed by a series of QRT (Quick relaxation technique), Asanas like Ardhakati chakrasana, Shashankasana, Ardha Ushtrasana and DRT (Deep relaxation technique). The session ended with a concluding remarks by Dr. Shrinidhi. The session was very refreshing, reviving and relaxing. Venue: Samskruthi Bhavan Time: 12pm- 1pm



Date: 04.07.22 to 06.07.22 Time: 9am-4pm Place: Ahimsa hall

REPORT ON LIFE-SKILLS DEMONSTRATION

On the occasion of Azadi Ka Amruth Mahotsav, NSS wing of Sushrutha Ayurvedic Medical College in association with Department of Epidemiology, NIMHANS had organised LifeSkill Training Activities and demonstrations for 30 NSS Volunteers which was held from 04.07.22 to 06.07.22.

Demonstration of activities which highlighted the





importance of Emotions and Communication. The Inaugural programme began with the Invocation by students. Dr.Shrinidhi, NSS officer, Welcomed the gathering, Principal Dr.Sanghamitra, in her presidential address highlighted the importance of personality development in day today activities. Dr.Swathi M Somayaji, NSS Co-ordinator, delivered the vote of thanks and concluded the inaugural program.

Day 1 of Life Skill training program: Life Skill facilitators Ms.ShreeVidhya and Mr.Chalapathy conducted various demonstration involving charts and balloons. Students were able to know more about their own qualities, differences and similarities between their life and others life. At the end of the day, Students could understand the importance of emotions and to respect their own emotions and others emotions.

Day 2 of Life Skill training program: Life Skill facilitators Ms. Bhavya conducted various



demonstrations like Blind fold, Chinese whisper, Mirror whisper, etc which emphasises Interpersonal relationship and effective communication. At the end of the session students could understand the techniques of coping with stress and importance of communication.

Day 3 of Life Skill training program: Life Skill facilitators Ms.Veeksha Rai and Mr.Chalapathy conducted activities on creative thinking, story building and creative dressing. Fun activities like paper crafts, riddle solving etc were involved. At the end of the day, students understood the importance of critical thinking and limits and boundaries in life.

Demonstration of various techniques and crafts to control emotions enhance creative thinking. Valedictory program was held on the same day evening. Dr.Shrinidhi hosted the event. 4 students



volunteered and gave feedback on the Life Skill training program and how they utilised the program.

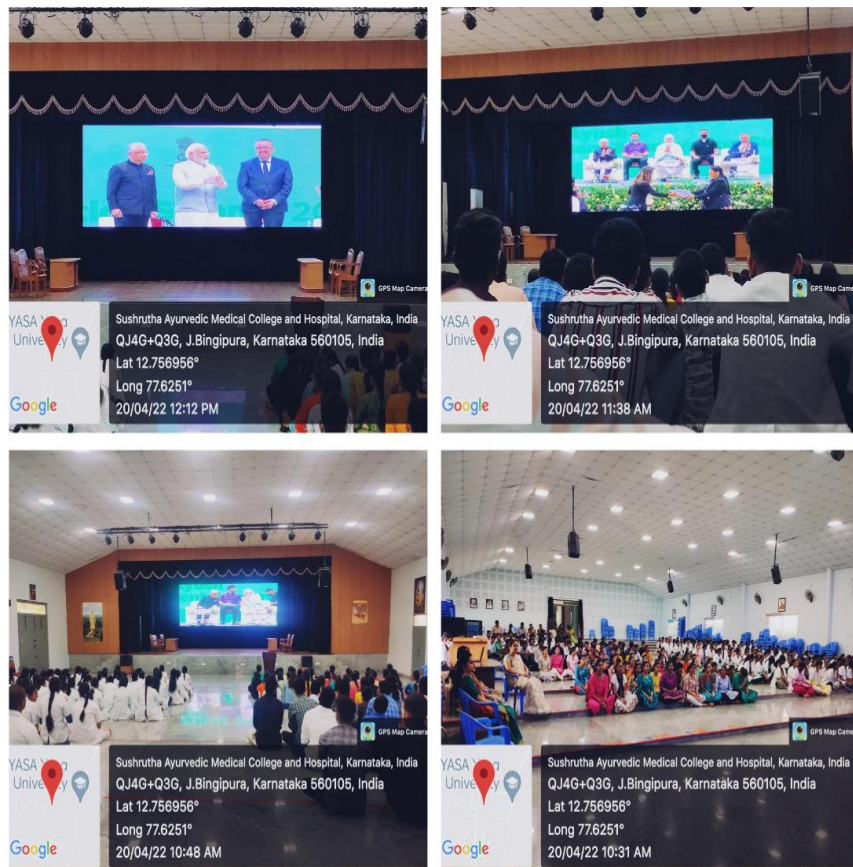
Dr.Veeksha Rai spoke on the importance of Life Skill training program for medical students and other activities organised from NIMHANS.

Dr.Sanghamitra delivered a presidential address and also thanked life skill facilitators.

Dr.Swathi M Somayaji delivered vote of thanks



WHO ACTIVITY





BLOOD DONATION CAMP

Date: 13.09.22

Time: 9.00-4.00 Pm

Venue: Samskriti Bhavan

NSS wing of SAMC&H organized Blood Donation Camp in collaboration with Narayana

Hrudayalaya and SVYASA deemed to be university. Both Staff and Students enthusiastically participated in the camp. The team of doctors, nurses and other volunteers from the student council made all the necessary arrangements.

Total donors were 200 in number. Blood units were collected by blood bank of Narayana

Hrudayalaya. Certificate of Appreciation was given and refreshment was arranged for all the participants.

The event was successful which was appreciated by the management and the Principal of our Institute.





Bengaluru, Karnataka, India



J.Bingipura, Karnataka, India

QJ4G+Q3G, J.Bingipura, Karnataka 560105,

India

Lat 12.756951°

Long 77.625009°





10. CALENDAR OF EVENTS FOR ACADEMIC YEAR 2020-2020

August & September 2021		
30 th Aug 2021- 4 th Sept 2021	6 Days Cme For Ayush Teachers On Dravya Guna	Dravya Guna Department
14/9/2021	Freshers Day	Warriors (2nd Year Bams) Through Student’s Council.
October 2021		
13/10/2021	Ayudha Pooja Celebrations	
28/10/2021	Graduation Day	
November 2021		
2/11/2021	6 th National Ayurveda Day, Dhanwantari Jayanti & Kannada Rajyotsava Walkathon Ralley	
January 2022		
04/01/22	CCP intern	Intern co-ordinator
08/01/22	2 ⁿ Saturday (Iloliday)	
	MDL	Koumarabhritya Dept
	National Youth Day	NSS co-ordinator
15/0122	Makara Sankranthi	
	CCP-Intern	Intern co-ordinator
25/01/21	SRP	Research Co-ordinator
26/01/22	Republic Day (Holiday)	
February 2022		
01/02/22	CCP-Intern	Intern co-ordinator
08/02/22	MDL	RMO
12/02/22	2 ⁿ Saturday (Holiday)	
15/02/22	CCP-Intern	Intern co-ordinator
	CCP-Intern	Intern co-ordinator
22 ⁰ Feb- 2N March RGUIIS Final exams 1 st , 2 nd and 3 rd year BAMS		
March 2022		
01/03/22	Maha shivaratri (Holiday)	



09/03/22	International womens' Day	NSS co-ordinator
08/03/22	CCP-Intern	Intern co-ordinator
12/03/22	2 ⁿ Saturday (Holiday)	
15/03/22	MDL	PTSR Dept
21/03/22	I BAMS Academic year beginning	Academies
28/03/22	CCP-Intern	Intern co-ordinator
29/03/22	SRP	Research Co-ordinator
April 2022		
02/04/22	Ugadi (Holiday)	
05/04/22	CCP intern	Intern co-ordinator
	World Health Day	NSS Co-ordinator
7/04/2022	1 st Year BAMS Induction Program	Academies
09/04/22	2 ⁿ Saturday (Holiday)	
12/04/22	MDL	RMO
14/04/22	Dr Ambedkar Jayanti (Holiday)	
April 18- 30 ⁱ Final year(Sr) Preparatory		
19/04/22	CCP intern	Intern co-ordinator
26/04/22	CCP intern	Intern co-ordinator
May 2022		
03/05/22	Basava Jayanti/ Ramzan/ Akshaya Tritiya (Holiday)	
10/05/22	CCP-Intern	Intern co-ordinator
14/05/22	Awareness and Demonstration Programme organized on the occasion of International Yoga Day - 2022	
17/05/22	MDL	Rachana Dept
24/05/22	CCP intern	Intern co-ordinator
31/05/22	World No Tobacco Day	NSS
	SRP	Research Co-ordinator
June 2022		
June 6 th to 10 th 1 st , 2 nd , 3 rd BAMS – 1 st internals		
07/06/22	CCP intern	Intern co-ordinator
11/06/22	2 nd Saturday (Holiday)	
14/06/22	MDL	RMO



21/06/22	International Yoga Day Celebration	NSS & Swastha Dept
29/06/22	World Statistics Day – Guest Lecture	Research wing
July 2022		
05/07/22	CCP intern	Intern co-ordinator
09/07/22	2 nd Saturday (Holiday)	
11/07/22	World Population Day	NSS
12/07/22	MDL	Samhita Siddhanta Dept
15/07/22	Guru Purnima Celebration	Department of Samhitha Samkrita, and Siddhanta
19/07/22	CCP intern	Intern co-ordinator
22/07/22	Bakrid	
26/07/22	SRP	Research Co-ordinator
28/07/22	World Hepatitis Day	RNVV Dept
August 2022		
02/08/22	CCP intern	Intern co-ordinator
09/08/22	Last day of Muharram (Holiday)	
13/08/22	2 nd Saturday (Holiday)	
15/08/22	75th Independance Day Celebration	
17/08/22	World Environment Day Celebration	Dept of Agada, DG, RSBK and NSS
	Charaka Jayanthi Celebration	Department of Samhitha Siddhanta
18/08/22	Student Council Election	
26 th to 30 th Sep - Sushrutha Kala Souraba		
31/08/22	Ganesha Chaturti (Holiday)	
September 2022		
01/09/2022	Shishyopanayana	Academics
2 nd to 5 th Sep - Sushrutha Kala Shrunkhala		
6 th to 8 th Sep - Sushrutha Kreedotsava 2022		
18/09/22	Sushrutha Alumni Meet	Sushrutha Alumni Association
26 th to 30 th Sep 1 st Internals for final year BAMS		



1st Year BAMS



2nd Year BAMS





3rd Year BAMS



4th Year BAMS





Interns



Student Council





Sushrutha Ayurvedic Medical College and Hospital (SAMC&H)

'Prashanti Kutiram', Jodi Bingipura, Jigani Hobli, Anekal Taluk, Bengaluru - 562 105

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