



SUSHRUTHA
AYURVEDIC MEDICAL
COLLEGE AND HOSPITAL

SAMC&H

Annual Report 2020 – 2021



MESSAGE

From **Dr. H R NAGENDRA**
Chancellor, S-VYASA
Chairman, Yadalam Trust







MESSAGE

From **Shri H R Dayananda Swamy**
B Com, MBA, MSc (Yoga)
Executive Trustee



Sushruta Ayurvedic Medical College and Hospital - Is one of the oldest institutes of Ayurveda in Bengaluru having a history of excellence of more than a decade. The institution was established in 2002 with an objective of extending the knowledge of Traditional Holistic health care system Ayurveda to the rural population and thereby rendering to re-establish the Ayurvedic Health care facility to every corner of the country for the wellbeing of the common man at a very affordable cost and with no side effects as compared to the contemporary system of health care.

Sushruta Ayurveda Medical College and Hospital is affiliated to Rajiv Gandhi University of Health Sciences (RGUHS), offering Undergraduate Bachelor of Ayurvedic Medicine and Surgery (BAMS) course, as per the guidelines of RGUHS & CCIM, spanning for 5 ½ Years.

Sushruta Ayurvedic Medical College and Hospital started its journey in a small way in the Central Business District of Bangalore catering to a small number of students. Considering the overwhelming response from the student fraternity and also the quality of education being imparted, the demand for admission to the institute started gaining momentum in a very short span of time. In order to meet the growing demand for admissions, the institute campus was shifted to Prashanti Kutiram, the S-VYASA campus, on the outskirts of the Bangalore, with the state of art infrastructure facilities including transportation and hostel accommodation.

It was very obvious that the quality of education and infrastructure provided and the growth of the college would be taken into account by the stakeholders in Ayurveda education and as a result, RGUHS granted the permission to increase the number of student intake from 50 to 100. As the Managing Trustee of the institute, I am sure that RGUHS will further enhance the intake shortly.

I take this opportunity to convey my thanks to the entire Management team, Academic and Administrative staff for their support in brand building and sustained growth of the institute over these years and wish they extend their continued support in upholding the growth and glory for the years ahead.

I assure my continued and extended support and well wishes for the institute in all its endeavors for the benefit of the humanity.





MESSAGE

From **Dr. B R RAMAKRISHNA**

BSAM, BAMS, MD (Ayu), MSc, Phd (Yoga)

Vice chancellor S-VYASA Deemed to be University Bangalore

Director Sushrutha Ayurvedic Medical College and Hospital
Prashanthi Kuteera

Editor in chief RJAS AYUSH Journal RGUHS Bangalore

My Dear Brothers and Sisters,

Greetings of the day.

I am glad that Sushrutha Ayurvedic Medical College & Hospital which is being run by blessings and guidance of Honourable Guruji DR H R Nagendra ji is progressing well in all directions and dimensions.



It has been the vision and mission of our Guruji and DR R Nagaratna Deedi, Holy mother of Prashanthikuteeram that all the students should be well trained with Integrative methods of health care in order to prevent and total cure of diseases and particularly for promotion of positive health as no one system of medicine is able to address completely the problems of the patients. To fulfill this objective Prashanthikuteeram campus is well equipped with the teaching and clinical Institutions of Ayurveda, Yoga & Naturopathy and Modern system of health care.

Our teachers and students should make use of the facilities of the Campus to provide highest quality of health care.

I extend my thanks to all the teachers, hospital staff and non-teaching staff for their active involvement in all the Academic and Extracurricular activities of the Institution during this year.

I also take this opportunity to express my appreciation and gratitude to all the students of the Institution for their disciplined behaviour and active involvement.

I am sure that SAMC&H will become one of the best Institution in the country to impart training and education in the field of Ayurveda and allied subjects.

I place on records the advices and blessings of Guruji, directions of DR R Nagaratna Deedi, Acharya Ramchandra Bhat, DR N K Manjunath Sharma and Sri Dayanand Swamy for the overall progress and development of the Institution.





MESSAGE

From **Dr. Manjunath NK**
BNYS, PhD
Trustee, Yadalam Trust



Sushrutha Ayurveda Medical College and Hospital has become a role model for academics, research and imparting classical Ayurveda based knowledge to its students.

We believe in blending ancient knowledge with modern medical approaches, so that the future doctors of Ayurveda are empowered with best medical knowledge and can focus on excellent clinical outcomes. The richness is not just limited to the nature friendly campus but also in the quality of education imparted through distinguished faculty.

This year our faculty's contributions to online teaching was incredible and to the management of Covid Pandemic was outstanding. Our faculty also received grant-in-aid to conduct research studies and supported the cause of evidence based approach in Ayurveda in a bigger way.

Thanks to our students and their families who supported the management and the faculty who believed in us during the challenging period of Covid-19 Pandemic.



Republic Day Celebration - 26/01/2021





MESSAGE

From **Dr. Sangamitra Patnaik,**
BAMS, MD
Principal, SAMC&H

It was in 2004 my career started at Sushrutha Ayurvedic Medical College, after a short duration I left to my native. But destiny brought me again to SAMC after thirteen long years.

I feel very fortunate and blessed to be the Principal of the college where my career started.

It is really a matter of joy that within these sixteen years the college has grown to great height. It has become one of the top ten Ayurveda Colleges in India. It was possible with the untiring efforts of the teaching and non-teaching faculties under the robust leadership of Dr. B. R. Ramakrishna Sir and blessings of Dr. H. R. Nagendra Guruji and Dr. Nagaratna Didi of S-VYASA.

We are very proud to say that since three years we are admitting 100 students who are qualified as per the NEET rules and regulations. We are imparting quality education with theoretically sound and practically efficient teaching faculties in a college with all the required equipments and facilities.

We are also happy to announce that we are starting post graduate course in 4 subjects from next academic year. This will elevate the standard of the institution to a new peak. 'Unity is Strength', when we are united even the impossible can be made possible, we believe in unity, 'together we can'. Leading an institution towards success is possible only with the teamwork "Coming together is beginning, keeping together is progress and working together is success."

With our hard work and dedication we will take our college to the epitome of success and ensure that it will become the number one college and the Vaidyas who come out of our college will be the best Vaidyas.



Independence Day Celebration – 15/08/2021





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SAMC&H





1. INTRODUCTION



Sushrutha Ayurvedic Medical College and Hospital located in the serene campus of SVYASA Deemed to be University, Jigani, Bengaluru, away from the chaotic concrete city contributes to the suitable environment for a learner to dwell deep into the science of Ayurveda.

The College has a well-planned building for UG students fit for both theory and practical knowledge having a central space filled with greenery which has various medicinal plants acting as a study garden for Dravyaguna.

The college has well planned departments for each subject with a practical lab attached.

The college has fully functional labs and Ayurveda drug manufacturing section having Quality control and Quality Assessment units.

The college also has a Library with all essential books, Journals, Magazines required for an Ayurveda Student to be Up To Date.

SAMC&H has been serving the Ayurveda Fraternity by producing some of the Finest Ayurveda Vaidyas to the society.

Here by presenting the Annual Report for the Year 2020.





SAMC&H





2. GOVERNING COUNCIL

2.1. Governing Council



Dr H R Nagendra

ME, PhD

Chairman



Sri H R Dayanand Swamy

MSc (Yoga), MBA

Executive Trustee



Dr. B R Ramakrishna

BSAM, BAMS, MD, PhD (Yoga)

Trustee & Director SAMC & H



Dr. N K Manjunath Sharma

BNYS, PhD

Trustee



Dr. Vasudeva Vaidya

BAMS, MSc (Yoga), MBA

Deputy Medical Superintendent (Ex – officio)



Dr. Sanghamitra Patnaik

BAMS, MD

Principal (Ex - officio)



Dr. B R Ramakrishna
Director, Prof Emiratus
Dept of Dravyaguna Vignana



Dr. Sanghamitra Patnaik,
Principal, Professor & HOD
Dept of Panchakarma



Dr. Alok Roy
Professor & HOD
Dept of Kriya Shareera



Dr. V. Venkata Reddy,
Director of P.G Studies,
Professor & HOD
Dept of Kayachikitsa

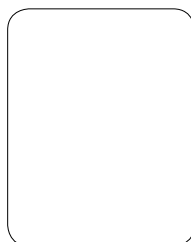


Dr. Kishore Kumar Hullatti
Dean of Academics,
Professor & HOD
Dept of Shalya Tantra

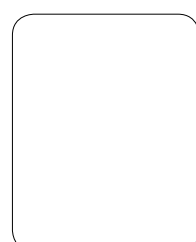
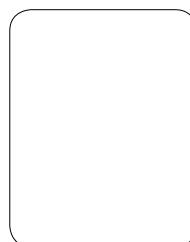
Dr. H. Venkatesh
Prof & HOD
Dept of Basic
Principles

Dr. K.G. Kulkarni
Prof & HOD
Dept of Sharira
Kriya

Member



Dr. Roopa L
Prof, & HoD, Dept. of Shalakya





- **Members:**

- Dr. H. Venkatesh Prof & HOD, Dept of Basic Principles
- Dr. K.G. Kulkarni, Prof & HOD, Dept of Sharira Kriya
- Dr. Yogita Bali Prof & HOD, Dept of Sharira Rachana
- Dr. Sapna S, Prof & HOD, Dept of Rasa Shastra & Bhaishajya Kalpana
- Dr. Raghavendra M, Prof & HOD, Dept of Roga Nidana & Vikruti Vignana
- Dr. B. Ravikiran, Prof & HOD, Dept of Agada Tantra & Vyavahara Ayurveda
- Dr. M. R. Kulakarni, Prof & HOD, Dept of Prasuti Tantra & Stree Roga
- Dr. Champa Pant, Prof & HOD, Dept of Balaroga
- Dr. Seetaram Prasad, Prof & HOD, Dept of Swasthavritta
- Dr. Venkata Raman Raddy, Prof & HOD, Dept of Kayachikitsa
- Dr. Sanghamitra Patnaik, Prof & HOD, Dept of Panchakarma
- Dr. Kishor Kumar Hullatti, Prof & HOD, Dept of Shalya Tantra



3. FACULTY TEAM

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE AND HOSPITAL(A005)									
"PRAHANTHI KUTEERA",ACDAMIC BLOCK,JIGANI,BANGLAORE-560105,PH-08022639910									
Department of Basicprinciples									
S. No.	Name of the Teacher	UG Qualification (University & Year)	PG Qualificati on with subject (University & year)	Date wise details of Experience in chronological order (1st appointment to till date)			Teacher Code Number	Department (subject)	Name of State Board & Registration Number
				Durati on From-To	Designation	Name of the college			
1	Dr. Hathibelage Venkatesh	BSAM Karnataka University 1982 BAMS Bangalore University 1991		7/6/1985 - 13/07/1997	Asst.Professor	Shree D.G. Melmalagi AMC, Gadag	AYXX00360	Basic Principles	Karnataka Ayurvedic & Unani Practitioners Board(KAUPB),1995
				14/07/1997 - 13/08/1997	Asst.Professor	Ayurvedic Medical College, Hopet.			
				14/08/1997 - 20/07/2004	Reader	Ayurvedic Medical College, Hopet.			
				21/07/2004 - 20/08/2004	Reader	Sri Jaadguru Gavisiddes hwara AMC&H, Koppal			
				21/08/2004 - 29/07/2009	Professor	Sri Jaadguru Gavisiddes hwara AMC&H, Koppal			
				30/07/2009 - 16/07/2011	Professor	Shri S B Siddhaling a Shivachary a Swamiji AMC, Mundargi			
				18/07/2011 - till date	Professor	SAMC & H, Bangalore			
2	Dr. Roy Alok	BAMS Kuvempu University 2000	MD (Siddant and darshan) Bharathi Vidyapeeth 2004	1/9/04 TO 17/9/05	Asst.Professor	SAMC & H, Bangalore	AYSS00520	Basic principles	KAUPB,13855
				11/12/06 - 31/05/08	Asst.Professor	SKAMC & H & RC, B'lore		Basic principles	
				10/3/08 - 4/12/2012	Asst.Professor	SAMC & H, Bangalore		Basic principles	
				5/12/10 - 31/07/2017	Reader	SAMC & H, Bangalore		Basic principles	
				01/08/2017-till date	Professor	SAMC & H, Bangalore		Basic principles	



3	Hegade Sanjeev Krishna	BA (Vidwath) KSEE Board, Mysore,	MA Sanskrit Mangalore University 2003	08/12/2006 - 30/04/2009	Asst.Professor	Taranath Govt. AMC, Bellary	AYSN00 082	Basic Priciples	Sankrit
				4/6/2009 - 31/05/2017	Asst.Professor	SAMC & H, Bangalore			
				01/06/2017-till date	Reader	SAMC & H, Bangalore			
4	Dr. Sahana	BAMS RGUHS 2009	MD(Ayurveda Sidhanta) RGUHS 2014	29.12.2014 - till date	Asst.Professor	SAMC & H, Bangalore	AYSS00 267	Basic Priciples	KAUPB,25909
5	Dr. Divya Nagari N	BAMS RGUHS 2011	MD(Ayurveda Samhita) RGUHS 2015	10/12/2015-till date	Asst.Professor	SAMC & H, Bangalore	AYSS00 266	Basic Priciples	KAUPB,27223
6	Dr. Renuka M	BAMS RGUHS 2014	MD(Ayurveda Samhita) RGUHS 2017	01/01/2018-till date	Asst.Professor	SAMC & H, Bangalore	AYSS00 242	Basic Priciples	KAUPB-31071
	Dr. Pavitra								

Department of Shareea rachana

7	Dr. Bali Yogita	BAMS Rajiv Gandhi University of Health Sciences 2004	MS (Shalya tantra) Rajiv Gandhi University of Helath Sciences 2009	03.08.2009 - 04.08.2014	Asst.Professor	SAMC & H, Bangalore	AYST00323	Shalya Tantra	KAUPB,17839
				05.08.2014- 04.08.2019	Reader				
				05.08.2019- till date	Professor			Rachana Shareera	
8	Dr. Remitha Kuppattu Kalladithodi	BAMS 2006 RGUHS Karnataka	MD (Shareera Rachana) 2012 RGUHS Karnataka	01/01/2013 to 31/12/2017	Asst.Professor	SAMC & H, Bangalore	AYRS00194	Shareera Rachana	KAUPB,21145
				01/01/2018-till date	Reader	SAMC & H, Bangalore			
9	Dr. Shijin Raj	BAMS 2009 Kerala University	MD (Shareera Rachana) 2014 RGUHS Karnataka	19/12/2013 to 17/12/2018	Asst.Professor	SAMC & H, Bangalore	AYRS00195	Shareera Rachana	The Travancore-Cochin Medical Council of ISM,9711



10	Dr. Sajin C P	BAMS-Kannur University,2009	MD (Shareera Rachana) 2016 RGUHS Karnataka	03/10/2017-till date	Asst.Professor	SAMC & H, Bangalore	AYRS0 0186	Shareera Rachana	The Travancore-Cochin Medical Council of ISM-10462
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Department of Shareera Kriya

11	Dr. Kulkarni K G	BAMS Karnataka University 1984,BAMS (Short term course)1991-Bangalore University		14/10/1987 - 13/08/1992	Asst.Professor	Ayurved Maha Vidyalaya, Hubli	AYXX 00358	Sharir Kriya	KAUPB.2059, 9673
				14/08/1992 - 13/09/1992	Asst.Professor	Shri S B Siddhalinga Shivacharya Swamiji AMC, Mundargi			
				14/09/1992 - 03/05/1998	Reader	Shri S B Siddhalinga Shivacharya Swamiji AMC, Mundargi			
				04/05/1998 - 16/07/2011	Professor	Shri S B Siddhalinga Shivacharya Swamiji AMC, Mundargi			
				18/07/2011 - till date	Professor	SAMC & H, Bangalore			

12	Dr. Nimisha B	BAMS ,2010,TTTCM SM(Deemed University)	MD Kriya Shareera 2014	29/12/2014 -till date	Asst.Professor	SAMC&H, Bangalore	AYKS 00127	Sharir Kriya	Kerala Board,11527
13	Dr. Pretty	BAMS-RGUHS-2009	MD-Kriya Shareera-Kerala University-2017	05/02/2018-till date	Asst.Professor	SAMC&H ,Bangalore	AYKS 00117	Sharir Kriya	Kerala-10812

Department of Drvyaguna Vignana

14	Dr. Raghurama Bhatta	BAMS, Bharathiar University-1994	MD,DG Gujarat University-2004	16/08/04-29/03/05	Asst. professor	SAMC&H, Bangalore	AYDG 00501	Drvyaguna	KAUPB-18927
				01/04/05-16.8.09	Asst. professor	KAMC, Mangalore			
				17.8.09-16.08.14	Reader	KAMC, Mangalore			
				17.08.14-20.03.15	Professor	KAMC, Mangalore			
				25.03.15-2.4.18	Professor	Ayurveda College,Co imbatore			
				04.04.18-22/06/2021	Professor	SAMC&H, Bangalore			



	Dr. Ravi Kiran	BAMS, Bangalore University-1998	MD (Dravyaguna), NTR University-2004	6/12/2004 - 5/12/2009	Lecturer	SAMC & H			
				6/12/2009 - 31/05/2012	Reader	SAMC & H			
				01.06.2012 - 06.07.2013	Reader	SDMT.AMC, TERDAL, Bagalkot			
				03/09/2014 - 25/04/2015	Reader	AYMC, Tumkur			
				27/04/2015 - 31/07/2017	Reader	SAMC & H	AYDG00305	Dravyaguna	Karnataka Ayurvedic & Unani Practitioners Board(KAUPB)12887
				01/08/2017 - 13.02.2018	Professor	SAMC & H			
				14.02.2018 - till date	Professor	SAMC & H		Agdatantra	
					Professor	SAMC & H		Dravyaguna	
15	Dr. Sunitha M P	BAMS RGUHS 2007	MD(Dravya guna) RGUHS, 2011	02/11/2011 - 21/12/2012	Asst.Professor	Rama krishna AMC, B'lore			
				24/12/2012 - 31/07/2017	Asst.Professor	SAMC & H, Bangalore	AYDG00592	Dravyaguna	KAUPB,23141
				01/08/2017-till date	Reader	SAMC & H, Bangalore			
16	Dr. Sikha A	BAMS RGUHS2011	MD(Dravya guna)RG UHS 2015	17/12/2015 - 22/07/2016	Asst.Professor	IGMC,Bhubansher			
				01/08/2016-till date	Asst.Professor	SAMC&H, Bangalore	AYDG00431	Dravyaguna	Kerala-12814
	Dr. Nischal								
	Dr. Akshata								



Department of Rasashastra & Bhaishajya Kalpana

17	Dr. Sapna S	BAMS Bangalore University 1996	MD(Bhaishajya Kalpana) RGUHS, 2005	20/10/2005 19/10/2010	Asst.Professor	SAMC & H, Bangalore	AYRB00 647	Bhaishajya Kalpana	KAUPB,11589
				20/10/2010 - 31/07/17	Reader	SAMC & H, Bangalore			
				01/08/2017- 27/06/2021	Professor	SAMC & H, Bangalore			
18	Dr. Kichadi Prabhavati	BAMS RGUHS 2005	MD (Bhaishajya Kalpana) 2014 RGUHS	16/1/2014 - 16/12/2018	Asst.Professor	SAMC & H, Bangalore	AYRB00 627	Rasashastra & Bhaishajya Kalpana	KAUPB,19439
				17/12/2018- till date	Reader				
19	Dr. Sreenidhi	BAMS RGUHS2010	MD (Rasashast ra)2014 RGUHS	10/02/2014- 23/12/2014	Asst.Professor	Dr. BNM Rural Ayurvedic Medical College,Bijapur	AYRB00 464	Agadatantra & Vyavahara Ayu.	KAUPB,23994
				12/01/2015 - 13/07/2016	Asst.Professor	DGM,Gadag		Bhaishajya Kalpana	
				15/07/2016- 10/02/2019	Asst.Professor	SAMC&H, Bangalore			
				09/02/2019 - till date	Reader	SAMC&H, Bangalore			
20	Dr. Anupama	BAMS RGUHS 2011	MD Rasashastra & Bhaishajya Kalpana- RGUHS- 2017	01/01/2018-till date	Asst.Professor	SAMC&H, Bangalore	AYRB00 312	Rasashastra & Bhaishajya Kalpana	KAUPB-30448
21	Dr. Sukrut	BAMS RGUHS	MD Rasashastra & Bhaishajya Kalpana		Asst.Professor	SAMC&H, Bangalore		Rasashastra & Bhaishajya Kalpana	



Department of Roga nidana and Vikriti Vignana									
21	Dr. Raghavendra	BAMS Karanataka University (1997)	MD(Kayachikista)RG UHS- 2005,Kayachikista	02/05/2004- 02/05/2009	Asst.Professor	Amurutha Ayurvedic medical college,Chit hradurga	AYKC01 082	Kayachikista	KAUPB,12133
				03/05/2009- 30/04/2014	Reader	Amurutha Ayurvedic medical college,Chit hradurga			
				01/05/2014- 15/03/2016	Professor	Amurutha Ayurvedic medical college,Chit hradurga			
				16/03/2016- 29/01/2019	Professor	Sushrutha ayurvedic Medical college			
				30/01/2019 - till date	Professor	Sushrutha ayurvedic Medical college	ROGANIDNA		
22	Dr. Anagha	BAMS RGUHS 2009	MD (Kayachikista) RGUHS 2013	19/03/2014 - 31/01/2019	Asst.Professor	SAMC & H, Bangalore	AYKC00 984	Kayachikista	KAUPB,23929
				01/02/2019 - 17.03.2019	Asst.Professor			Roganidana	
				18.03.2019- till date	Associate Professor				
23	Dr. Sowmya	BAMS,RGU HS-2012	MD(Roganidana) RGUHS 2015	17/12/2015- 07/10/2017	Asst.Professor	ATREYA AYU ,Bangalore	AYRN00 136	Roga nidana and Vikriti Vignana	KAUPB-29011
				16/10/2017-till date	Asst.Professor	SAMC&H, Bangalore			
	Dr. Rashmi								



Department of Swastavritta

24	Dr. Seetaram Prasad	BAMS Bangalore University 1990	MD (Kayachikitsa) RGUHS 2003	02/05/2001 - 31/03/2002 & 01/05/2002 - 31/03/2003	Asst.Professor	D.G.M. Ayurvedic Medical College & Hospital & PG Research Centre, Gadag	AYKC00570	Swastavritta	KAUPB,10140
				01/05/2002 - 31/03/2003	Asst.Professor	D.G.M. Ayurvedic Medical College & Hospital & PG Research Centre, Gadag			
				01/02/2008 - 01/04/2011	Asst.Professor	SAMC & H			
				2/4/2011 - 31/07/17	Reader	SAMC & H, Bangalore			
				01/08/2017-till date	Professor	SAMC & H, Bangalore			
25	Dr. Sangeetha B	BAMS - RGUHS-2006	MD (SWASTAVRITTA)-RGUHS-2012	02.08.12 - 07.03.19	Asst.Professor	BVVS.AM C.BAGALKOT	AYSV00358	Swastavritta	KAUPB-21884
				08.03.19-20.09.19	Reader	DIVYAJY OTHI, MODINAGAR,UP			
				26.09.19- till date	Reader	SAMC&H, Bangalore			
26	Dr. Sandeep S	BAMS RGUHS 2011	MD (Swastha Vritta) RGUHS 2015	10/12/2015-till date	Asst.Professor	SAMC & H, Bangalore	AYSV00270	Swastavritta	KAUPB,26946
27	Dr. Manu	RGUHS-2013-BAMS	MD (Swastha Vritta) RGUHS 2017	07/01/2019- till date	Asst.Professor	SAMC & H, Bangalore	AYSV00135	Swastavritta	KAUPB - 32689A
	Dr. Swathi Somayaji								



Department of Agadatantra & Vyavahara Ayurveda

29	Dr. Sandhya	RGUHS-1999-BAMS	RGUHS-2003-MD	1/11/2003-31/10/2008	Asst.professor	SKBAMC, Bangalore	AYDG00601	Dravyaguna	KAUPB-13350
				1/11/2008-30/11/2013	Reader	SKBAMC, Bangalore			
				20/10/14-30/4/16	Professor	RAMC,Bangalore			
				1/12/16-9/3/18	Professor	Amrutha, Chitradurga			
				10/03/18-till date	Professor	SAMC&H, Bangalore			
				01/08/2017-13.02.2018	Professor	SAMC & H			
				14.02.2018- till date	Professor	SAMC & H			
30	Dr. Harish Babu H	BAMS RGUHS 2011	MD(Agadatantra & Vyavahara Ayurveda) KLE-2014	06/08/2014-21/10/2015	Asst.Professor	BAMC,Chitradurga	AYAT00223	Agadatantra & Vyavahara Ayu.	KAUPB,27232
				22/10/2015-till date	Asst.Professor	SAMC & H, Bangalore			
	Dr. Swathi Sharma								

Department of Prasooti tantra & Stree roga

31	Dr Sham Prasad Y	BAMS	MS (Shalya tantra),1993,Bangalore University.	16/01/2008 - 16/01/2013	Asst.Professor	SAMC & H, Bangalore	AYUPS0958	Shalya Tantra	KAUPB,10125
				17/01/2013-01/03/2017	Reader			Prasooti tantra & Stree roga	
				02/03/2017-31/12/2018	Reader				
				01/01/2019 - till date	Professor				
	Dr. Reshma	BAMS RGUHS 2008	MS (Prasooti tantra & Stree Roga) RGUHS 2014	,07/12/2013-29.01.2019	Asst.Professor	SAMC & H, Bangalore	AYPS00398	Prasooti tantra & Stree roga	KAUPB,23775
			30.01.2019 -till date	reader					



33	Dr. Shubha	BAMS RGUHS 2004	MS (Prasooti tantra & Stree Roga) RGUHS 2014	05/12/ 2013- 04/12/ 2018	Asst.Professor	SAMC & H, Bangalore	AYPS004 17	Prasooti tantra & Stree roga	KAUPB,17675
				05/12/ 2018- till date	Reader				
34	Dr. Dhanya K P	BAMS,Calic ut University- 2010	MS(Prasooti tantra & Stree roga)- RGUHS- 2016	06/02/1 7- 04/10/1 7	Asst.Professor	Ayurveda College,Co imbatore	AYPS00 206	Prasooti tantra & Stree roga	TTCMFS-11258,
				13/10/2 017-till date	Asst.Professor	SAMC&H, Bangalore			
35	Dr. Sri Harshitha G	BAMS- SCSVM,KA NCHIPURA M-2011	MS(Prasooti tantra & Stree roga)-NTR University- 2016	10/12/2 016- 12/09/2 017	Asst.Professor	Punjab,Ay u College,Jo dhpur	AYPS00 654.	Prasooti tantra & Stree roga	Andhra Board,717/A/2012
				16/09/2 017-till date	Asst.Professor	SAMC&H, Bangalore			
36	Dr. RANJITHA B M	RGUHS- 2010	RGUHS- MS-SRPT- 2014	01.01.2 015- 31.12.2 018	Asst.Professor	KAMC, Ma ngalore	AYPS00 385	Prasooti tantra & Stree roga	KAUPB-25640
				01.01.2 019 -till date		SAMC&H, bANGAL ORE			
37	Dr. Kulkarni M Rao	BSAM Karnataka University 1983 BAMS Bangalore University 1986		15/07/1 987 to 09/07/1 992	Asst.Professor	Shree D G Melmalagi Ayurvedic Medical College, Gadag	AYXX00 197	Prasooti tantra & Stree roga	KAUPB,1928
				10/08/1 992 to 09/08/1 997	Reader	Shri S.B.S Ayurvedic Medical College, Mundargi			
				10/08/1 997 to 31/05/2 012	Professor	Shri S.B.S Ayurvedic Medical College, Mundargi			
				01/06/2 012 - 27/01/2 017	Professor	SAMC&H, Bangalore			
				28/01/2 017-till date	Professor	SAMC&H, Bangalore		Kaumara bhritya	
	Dr. Amrutha Prabhu								



Department of Kaumarabhritya									
38	Dr. Champa Pant	BAMS Kanpur University 1995	MD (Kayachikitsa) Delhi University 2005	11/11/2009 - 11.11.2014	Asst.Professor	SAMC & H, Bangalore	AYKC00983	Kaumara bhritya	KAUPB-24156
				12.11.2014- till date	Reader				
					Professor				
39	Dr. Girish Kumar	BAMS RGUHS 2011	MD(Kaum arabhritya) RGUHS 2015	10/12/2015- 5/12/2020	Asst.Professor	SAMC & H, Bangalore	AYKB00117	Kaumarabhritya	KAUPB,27249
	Dr. Shubha M								
	Dr. Sindhu Reddy								
Department of Kayachikitsa									
40	Dr. Ram Reddy	BAMS, Nagrjuna University- 1990	MD (Kaya chikitsa) NTR University- 1995, Kayachikitsa	10.7.97 - 10.7.2002	Asst.Professor	SSAMC, Bi dar	AYKC01013	Panchakarma	AP BOARD-20411
				11.7.02 - 30.10.06 & 02.01.07- 08.02.08	Reader	SSAMC, Bi dar			
				20.05.08- 09.12.2010	Professor	SSAMC, Bi dar			
				27.12.10- 11.07.2018	Professor	SAI RAM SAMC, Chennai			
				12.07.2018- 04/01/2019	Professor	SAMC, Bangalore			
41	Dr. Shubha Rani M	BAMS RGUHS 2008	MD (Kaya chikitsa) 2012	01/01/2013- 31/12/2017	Asst,Profesor	SAMC&H	AYKC01066	Kayachikitsa	KAUPB,23904
				01/01/2018-till date	Reader	SAMC & H, Bangalore			



42	Dr. Asha Rani	BAMS, RGU HS2012	MD (Kayachikista) RGUHS 2016	12/01/2017-till date	Asst.Professor	SAMC & H, Bangalore	AYKC00554	Kayachikista	KAUPB,28848
43	Dr. Ramyashree G	BAMS, RGU HS2012	MD (Kayachikista) RGUHS 2015	31/12/15-12/10/17	Asst.Professor	ATREYA AYU, Bangalore	AYKC00567	Kayachikista	KAUPB-29242
				13/10/17-till date	Asst.Professor	SAMC&H, Bangalore			
	Dr. Chittaranjan Narayan Mooss								
Department of Panchakarma									
44	Dr. Patnaik Sanghamitra	BAMS Utkal University 1992	MD(Kayachikista) Utkal University 1999	21/09/99 - 31/10/2004	Asst.Professor	N K J AMC, Bidar	AYKC00569	Panchakarma	Orissa Reg Board,3217
				01/11/2004 - 28/02/09	Reader	N K J AMC, Bidar			
				01/03/09 - 19/05/2010	Professor	N K J AMC, Bidar			
				21/05/2010 - till date	Professor	SAMC & H, Bangalore			
45	Dr. Pooja	BAMS RGUHS-2008	MD (Panchakarma) RGUHS-2011	18.1.13 - 17.1.14	Asst.professor	National Institute of Ayurveda, Jaipur	AYPK00491	Panchakarma	KAUPB-23149
				03.2.14 - 24.12.14	Asst.professor	Ayurvedic Medical College, Shimoga			
				26.12.14-21.4.18	Asst.professor	SDM, Udupi			
				23.4.18 -till date	Reader	SAMC&H, Bangalore			
46	Dr. Shashidhara	BAMS RGUHS 2011	MD (Panchakarma) RGUHS, Karnataka 2015	10/12/2015-05/12/2020	Asst.Professor	SAMC & H, Bangalore	AYPK00224	Panchakarma	KAUPB,28122
	Dr. Ramya R V	BAMS RGUHS 2008	MD (Panchakarma) MPMSU, Jabalpur (M.P) 2019	01/06/2020-till date	Asst.Professor	SAMC & H, Bangalore		Panchakarma	



Department of Shalyatantra

47	Dr. Hullatti Kishore Kumar	BAMS Kuvempu University 1999	MS (Shalya tantra) RGUHS 2003	11/11/2003 - 28/2/2005	Asst.Professor	Bapuji AMC Shimoga	AYST01 048	Shalya Tantra	KAUPB,13181
				01/03/2005 - 20/06/2011	Asst.Professor	J S S AMC, Mysore			
				21/06/2011 - 31/07/2013	Reader	KLE BMK AMC, Belgaum			
				01/08/2013 - 14/09/2014	Reader	SAMC & H, Bangalore			
				15/09/2014-till date	Professor	SAMC & H, Bangalore			
48	Dr. Manjunath Joshi	BAMS RGUHS 2007	MS (Shalya tantra) RGUHS 2011	05/08/2011 - 03/08/2012	Asst.prpfessor	IAM Bangalore	AYST00 587	Shalya Tantra	KAUPB,23162
				28/11/2012- 01/01/2017	Asst.professor	SAMC & H, Bangalore			
				02/01/2017-till date	Reader	SAMC & H, Bangalore			
49	Dr. Mohana Krishna G	RGUHS BAMS 2011	MS (Shalya tantra) RGUHS 2015	17/12/2015- 22/07/2016	Asst.professor	IGMC,Bhu bansher	AYST00 429	Shalya Tantra	KAUPB,29288
				01/8/2016-till date	Asst.professor	SAMC&H, Bangalore			
50	Dr. MAYA Varghees	RGUHS BAMS2008	MS(SHALYA)RGUHS2014	12.03.2015 TO 03.01.2019	Asst.professor	SNIAS&R, Puthur	AYST00 666	Shalya Tantra	TCMC-KERALA-10268
				05.01.2019- till date	Asst.professor	SAMC&H, Bangalore			
	Dr. Shalini U								



Department of Shalakyatantra

51	Dr. Roopa	BAMS-2003-RGUHS	MS (Shalakyatantra) 2008	01/07/08-19/12/08	Asst.Professor	Amrutha-Chitradurga	AYSK00301	Shalakyatantra	KAUPB-16845
				20/12/2008-02/07/2013	Asst.Professor	Ashwini - Davanagera			
				03/07/2013-31/10/2013	Reader	Ashwini - Davanagera			
				05/11/2013-27/12/2017	Reader	Amrutha-Chitradurga			
				01/01/2018-01/07/2018	Reader	SAMC & H, Bangalore			
				02/07/2018-till date	Professor	SAMC & H, Bangalore			
52	Dr. Vanishree	University of Mysore-1985	Bangalore University-1998(Shalkyatantra)	01.08.1999-15.8.2004	Asst.professor	SVPR,Badami	AYSK00308	Shalkyatantra	KAUPB-9381
				01.01.2010-30.06.2016	Reader	SRAMC,Malladihalli			
				15.07.2016-23.04.2018	Professor	SRAMC,Malladihalli			
				24.04.2018-till date	Professor	SAMC&H, Bangalore			
53	Dr. Gnaneshwari Sridhar	BAMS RGUHS 2002	MS (Shalakyatantra) RGUHS 2007	25/08/2008 - 24/08/2013	Asst.Professor	SAMC & H, Bangalore	AYSK00397	Shalakyatantra	KAUPB,15107
				25/08/2013 - 17.12.2018	Reader	SAMC & H, Bangalore			
				24.08.2019 - till date	Reader	SAMC & H, Bangalore			
54	Dr. Manisha	BAMS ,HP UNIVERSITY 2011	MS (Shalakyatantra) 2015	23/11/2015-till date	Asst.Professor	SAMC & H, Bangalore	AYSK00146	Shalakyatantra	HP board,4004
	Dr. Harish Gopal G								



SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL		
"PRASHANTHI KUTEERA", JIGANI, BANGALORE-560105		
HOSPITAL STAFF DETAILS		
Sl.No	Name	Designation :
1	Dr.Sanghamitra Patnaik	Principal/CMO
2	Dr. Vasudeva Vaidya	Deputy Medical Superintendent
3	Dr. Padmini Takur	Emergency Medical Officers
4	Dr. Varsha Karanth	Emergency Medical Officers
5	Mrs. Raji Ragunath	Matron or Nursing Superintendent
6	Mrs. Kanthamani	Assistant Matron
7	Mrs. Jayamma	Assistant Matron
8	Mr. Sarath Chandra P.M	Ward Boy or Ayah
9	Mr. Murali V	Ward Boy or Ayah
10	Mr. Khem Mishra	Ward Boy or Ayah
11	Mrs. Mahalakshmi	Ward Boy or Ayah
12	Mr. Akash P M	Ward Boy or Ayah
13	Mr. Gautham Kumar G	Ward Boy or Ayah
14	Mr. Vikas Kumar	Ward Boy or Ayah
15	Mr. Depen Malik	Pharmacists
16	Mr. Sumit Dhanjay	Pharmacists
17	Mr. Pronob Das	Pharmacists
18	Mr. Adithya Kumar	Pharmacists
19	Mrs. Hanumanthi	Dresser
20	Mr. Mahalinga	Dresser
21	Mr. Aravind Y B	Store Keeper
22	Ms. Divya Acharya	Office Staff (for registration, record maintenance, data entry etc.)
23	Mrs. Shruthi K S	Office Staff (for registration, record maintenance, data entry etc.)
24	Mr. Vasant Kumar	Dark-Room Attendant
25	Dr. Uma Shankar	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
26	Dr. Sampada	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
27	Dr. Abhiram S S	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
28	Dr. Amit Kumar	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)



29	Dr. Vipin Das	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
30	Dr. Rajani B	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
31	Dr. Anuj Thripati	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
32	Dr. Simi Koriakose	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
33	Dr. Kashinath	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
34	Dr. Ashwin Bilagi	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
35	Mrs. Rita Kumari	Operation Theatre Attendant
36	Mrs. Anitha L	Nurses
37	Mr. Devendra Kumar	Panchkarma Nurse
38	Dr. Shriram Dongre	House Officer or Clinical Registrar or Senior Resident (Ayurvedic)
39	Dr. Nithulya	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
40	Dr. Manjula J s	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
	Dr. Abhishek Biswas	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
	Dr. Yasbir Singh	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
	Dr. Mahesh Kallurre	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
	Dr. Vachanambika Balke	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
	Dr. Lavanya	Resident Medical Officers or Surgical or Medical Officer or Clinical Registrar(RMO or RSO or MO or CR)
41	Mrs. Vaishnavi	Staff Nurses for In Patient Department
42	Mrs. Kanchana	Staff Nurses for In Patient Department
43	Mr. Mari Nagesh	Staff Nurses for In Patient Department



44	Mrs. Chandrika	Staff Nurses for In Patient Department
45	Mrs. Jayashree	Staff Nurses for In Patient Department
46	Mrs. Prabhavati Kumari	Staff Nurses for In Patient Department
47	Mr. Subrato Basak	Staff Nurses for In Patient Department
48	Mrs. Sumangala G B	Staff Nurses for In Patient Department
49	Ms. Aiswarya K	Staff Nurses for In Patient Department
50	Mr. Shubham Kumar	Operation Theatre Attendant
51	Mrs. Radha C T	Panchkarma Assistant
52	Mr. Pavan	X-Ray Technician or Radiographer
53	Mrs. Bhavana R	Midwife
54	Mrs. Pavithra Manjunath	Staff Nurses for In Patient Department
55	Mr. Anuj Kumar	Staff Nurses for In Patient Department
56	Mrs. Shakunthala	Staff Nurses for In Patient Department
57	Mr. Sandeep	Staff Nurses for In Patient Department
58	Mr. Hoovappa	Staff Nurses for In Patient Department
59	Mrs. Ranjini Kumari	Staff Nurses for In Patient Department
60	Ms. Asha M E	Staff Nurses for In Patient Department
61	Mr. Subrato Panigrahi	Laboratory Technicians
62	Mrs. Karuna Kiran Gurjar	Laboratory Technicians
63	Mr. Umesh Kumar Bhagat	Panchkarma Assistant
64	Mr. Ramesh M G	Panchkarma Assistant
65	Mrs. Ramya Ramesh	Panchkarma Assistant
66	Mrs. Amulya	Workers
67	Mrs. Nethra	Workers
68	Mr. Veeresh A B	Peon or Attendant
69	Mr. Mallikarjun Swamy	Pharmacologist

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL
"PRASHANTHI KUTEERA", JIGANI, BANGALORE-560105
College Non-Teaching Staff details

1	Mr. Rayala Kumar	Clerical staff for administrative and accounts services	College Office
2	Mr. Lakshminarayan Bhagwat	Clerical staff for administrative and accounts services	College Office
3	Mrs. Karuna Kiran Gurjar	Laboratory Technician	Roga Nidan evam Vikriti Vigyan
4	Mrs. Manjula	Multipurpose worker	Herbal Garden
5	Mr. Mahadev	Attendant or Peon or Multipurpose Worker	Dravyaguna
6	Mr. Santhosh	Attendant or Peon or Multipurpose Worker	Rasa Shastra Evam Bhaishajya Kalpana
7	Mr. Robin Ingthi	Lifter	Rachna Sharir
8	Mr. Maranna	Attendant or Peon or Multipurpose Worker	Rachna Sharir



9	Mr. Vishwanath	Museum Keeper	Kriya Sharir
10	Mr. Shivaraj K	Laboratory Assisstant	Dravyaguna

11	Mrs. Jamuna	Others	Others
12	Mr. Mahesh S	Museum Keeper	
13	Mr. Rajappa	Attendant	Kaumarbhritya (Balroga)
14	Mrs. Geetha K S	Others	Others
15	Mr. Kotreshi Ujjini	Clerical staff for administrative and accounts services	College Office
16	Mrs. Santhosh Mary	Attendant or Peon or Multipurpose Worker	Roga Nidan evam Vikriti Vigyan
17	Mr. Murugesh	Multipurpose worker	Herbal Garden
18	Mrs. Neeraja	Laboratory Technician	Roga Nidan evam Vikriti Vigyan
19	Mr. Yogendra Kumar	Laboratory Technician	Dravyaguna
20	Mr. Harish N	Library Attendant or Peon	Library
21	Mr. Dilip Sharma	Laboratory Technician	Rachna Sharir
22	Mr. Manjunath	Attendant	Agad Tantra evam Vidhi Vaidyaka
23	Mr. Devaraj V N	Museum Keeper	Agad Tantra evam Vidhi Vaidyaka
24	Mr. Narendra	Laboratory Technician	Rasa ShastraEvam Bhaishajya Kalpana
25	Mr. Chethan M	Others	Others
26	Mr. Jayasimha R	Clerical staff for administrative and accounts services	College Office
	Mrs. Mamatha	Clerical staff for administrative and accounts services	College Office
	Mrs. Divya	Clerical staff for administrative and accounts services	College Office
27	Mrs. Mangalamma	Attendant	Kayachikitsa
28	Mr. Umapathi M	Laboratory Assistant	Rasa ShastraEvam Bhaishajya Kalpana
29	Mr. Naveen Kumar A	Museum Keeper	Swasthavritta and Yoga
30	Mr. Prakash	Attendant	Swasthavritta and Yoga
31	Mr. Sathyaprakash Tudu	Laboratory Technician	Kriya Sharir
32	Mrs. Sulochana	Attendant	Shalakya and Shalya
33	Mr. Venkataramanappa	Gardener	Herbal Garden
34	Mr. Sathyanarayan H R	Others	Others
35	Mrs. Anitha	Attendant	Panchkarma
36	Mrs. Jalaxi	Laboratory Assisstant	Roga Nidan evam Vikriti Vigyan
37	Mrs. Kholi Jgadevi	Attendant	Prasuti Tantra and Stri Roga



38	Mrs. Prameela	Attendant	Samhita and Siddhanta
39	Mr. Prakash M T	Museum Keeper	Rachna Sharir
40	Mr. Jagadish H S	Librarian	Library
41	Mr. Mohan Kumar	Clerical staff for administrative and accounts services	College Office
42	Mrs. Udaya Vani	Attendant	office
43	Mrs. Unni Maya	Clerical staff for administrative and accounts services	College Office

Individual staff Achievement:

Dr. Vasudev Vaidya :

Poster presented on incofyra 2020
Prakrti specific yoga practice for wellness
3 Rd Jan 2020

Webinar focusing on:

"Ayur-Bhoda for a Healthy Lifestyle".

- Dr. Vasudev Vaidhya

Deputy Medical superintendent Sushrutha Ayurvedic medical college & Hospital,
Renowned International Ayurveda & Yoga consultant.

on

Date:24/05/2020

Time: 5pm.

Register Here:

https://docs.google.com/forms/d/e/1FAIpQLSdGt1IiS2Uj95DjFzTIUvYbqOVDJCTyi-I8dvguPtCmCkbqwA/viewform?usp=sf_link

For More Information Call:
Swathi-9632585492

2. workshop on healthy lifestyle for one-week from 25 th May to 2 nd June on same platform

3 webinars on yoga and lifestyle and
Prakrti and lifestyle on S-VYASA ODL platform on 4 th and 8 th June

3. Conducted RSS Yoga shake special 3 days camp by Dr. Vasudev vaidya, July 19, 20, 21

4. Webinar on Human Energy Management through Yoga & Ayurvedic Techniques



5. What is the molecular basis of Prakrti? - An Ayurveda phenotype - A narrative review of Evidence - Journal of Ayurveda & Holistic Medicine, Vol VIII, Issue V (Sep - Oct 2020)..

Dr.Raghurama Bhatta U :

Delivered an expert session on 17 / 07 / 2020 through Google meet on topic “ Immunity boosting herbs W.S.R. to COVID – 19. Organized by Shri J.G.C.H.S Sahakar Maharshi Shri BA Patil Ayurvedic Medical College, Ghataprabha.

Dr.Yogita Bali

ORAL PRESENTATIONS

Delivered a Talk on AGNIKARMA- THERAPEUTIC BURNS on 10/10/2020 at Shastra Jignasa of Sushrutha Ayurvedic Medical College, Bangalore

RESEARCH PUBLICATIONS

Sl. no	Authors	Title of the study	Journal	Year of Publication
5.	Shreyes. S, Vandana. S. Kulkarni, Jyothi. S. Kanagali, Yogitha Bali M.R	Role of Potaki Moola Kalka Lepana in Prasava (1st Stage of Labour)- A Comparative Study.	IJAPR	2020
6.	Shreyes. S, Vandana. S. Kulkarni, Jyothi. S. Kanagali, Yogitha Bali M.R	Role of Sarpa Nirmoka dhoopana in Prasava (2nd Stage of Labour)- A Comparative Study.	JBSO	2020
7.	Manisha Rajput, Sukhdev Singh, Sanjeev Kumar Sharma, Yogitha Bali M.R.	Efficacy of Aschyotana in the Management of Vataja Abhishyan da (Allergic conjunctivitis): An Observational Study.	AYUSHDHA RA, 2020;7(2): 2636-2642.	2020
8.	Manisha Rajput, Sukhdev Singh, Sanjeev Kumar	Ayurvedic Medicated Eye Drops (Bilvadi Aschyotana) - A Review	IJAAR	2020



	Sharma, Yogitha Bali M.R.			
9.	Divya Nagari N, Nagendraiah D N, Yogitha Bali M.R.	Standardization of Varnya Dravya (Complexion Promoters) with special reference to Yashtimadhu and Manjishta Churna – An Analytical Study.	AYUSHDHA RA, 2020;7(2): 2615-2630.	2020
10	G Sri Harshitha, Sunitha Joshi, A. Sulochana, Yogitha Bali M.R, Divya Nagari N, & Manisha Rajput.	A Clinical Study Of Draksha Gritha In The Management Of Anaemia In Pregnancy (Garbhini Pandu)	AYUSHDHA RA, 7(2), 2591-2598	2020
11	Shreenidhi. S. Hakki et al	Effect of Triphala Kwatha Yoni Praksha lana and Hayamaradi Taila Yoni Pichu in Achara na Yoni Vyapad (w.s.r Pruritus Vulvae) – A Case Report]	Ijaar Volume Iv Issue Vii March – April 2020 Page No: 730- 735	2020
12	Dr.Priyanka Dr.Shreyes Dr.Yogitha Bali M.R	Ayurvedic Management Of Garbhini Chardi With Chaturjata Choorna– A Pilot Study	IAMJ	2020
13	Dr.Rajni Kanojiya Dr.Shreyes.S Dr.Yogitha Bali M.R	Role of karpasabeejachurna (Karpasaseed powder) In the treatment of stanyaksh Aya (Decreased Lactation)-A pilot study	IAMJ	2020
14	Dr. Shreyes.S Dr. Asokan V Dr.Yogitha Bali M.R	Prasava (Labour) In Ayurveda- A Less Known Concept	AYUSHDHA RA	2020
15	Dr. Shreyes.S Dr. Asokan V Dr.Yogitha Bali	Parturition Management (Prasava Paricharya) In Ayurveda – A Future Panorama	IJAAR	2020

AWARDS

Has been awarded **WOMEN RESEARCHER AWARD** by VDGGOODS Technology, Chennai
on Dec 25/12/2020

Dr Sahana C:

1. Presented poster at 23rd International Conference on Frontiers in Yoga Research and its application organised by S-VYASA Yoga University Bangalore, from 3-6th Jan 2020, on the title- “A review Article on Chitta Vritti Nirodha” – An Ayurvedic Perspective.



2. Gave an introduction to a video titled- An Introduction to six systems of Indian Philosophy from S-VYASA Yoga University on 12th May 2020.
3. Presented as speaker on Face book Live program on 7th June 2020 as students guidance program on the topic AstangaHridaya Key points organised by Prastuta Academy For Speciality Studies, Bangalore, Karnataka.

Dr.Anagha.

Webinars

1. **DELEGATE**
E – Samshodhana – 2020 - International Webinar Series on “Oppurtunities & Challenges in Medical Research”
 Date – 19th – 28th August 2020
 Organiser – **RGUHS**
Hosted by – Department of Research & Development
SDM College of Ayurveda & Hospital, Hassan
2. **DELEGATE**
Tatvaprabodhini – Ayurveda for Covid-19 pandemic
 A National Level webinar series organized by GAMC Mysuru in association with Vishwa Ayurveda Parishad
 Date – 4th to 10th November, 2020

Courses

3. Online Certificate course – **“Introduction to Indian Music Therapy”**
 - Counducted By - Dr Karuna Nagarajan MBA, MSc (Yoga), Ph.D. (Yoga & Music Therapy)
 Associate Professor & Deputy Director, Curriculum Development S- VYASA
 - Date – 16th – 27th November 202

Dr.Divya Nagari

1.STANDARDIZATION OF VARNYA DRAVYA (COMPLEXION PROMOTERS) WITH SPECIAL

REFERENCE TO YASHTIMADHU AND MANJISHTA CHURNA- AN ANALYTICAL STUDY in AYUSHDHARA - March- April 2020 , Vol 7,Issue 2

2.A CLINICAL STUDY OF DRAKSHA GHRITA IN THE MANAGEMENT OF ANAEMIA IN PREGNANCY

(GARBHINI PANDU) in AYUSHDHARA- March- April 2020 , Vol 7,Issue 2

3.AYURVEDIC MEDICATED EYE DROPS (BILVADI ASCHYOTANA) –A REVIEW in IJAAR- July- Aug 2020,Vol 4,Issue 9

Dr.Anupama:

1. Attended state level workshop on scientific writing and article publishing On 6th Feb 2020 @GAMC Bangalore
2. Attended Residential Training Program on Nanotechnology Relevant to Medical Research"from 2nd to 13th March, 2020 @CeNSE, IISc Bangalore



3. Published article in Arya vaidyashala titled "A discourse on Loha marana and Lohabhasma guna-dharma"

4. Online guest lecture on 8th and 9th April 2020 for 2nd BAMS students of Sanjeevini Ayurveda Medical College and hospital.

Topic-Sandhana Kalpana

Dr.Nischal P

Guest lectures:

1. At **GAMC, Bengaluru** on Topic 'Orientation regarding approach towards study of Ayurveda' on 28/05/2020
2. At **Dr.N.A.Magadum Ayurvedic college, Ankali, Belagavi** by Dept of Shalakya Tantra on the topic 'Ayurveda Clinical Practice – An ocean of opportunities' on 10/06/20
3. At **Tamara foundation NGO** on the topic 'Stress and Destress: Ayurveda perspective' on 01/06/2020

Other activities:

- Volunteered for COVID warrior duty called – for, by RGUHS and attended the 'One day training program for COVID warriors' at BMCRI, Bengaluru for the same.
- Volunteered for Series of Health Education and Propagation programs for BBMP Karyakartas organised by Ayurveda Academy and BBMP
- Conducted series of online classes on 'Essential Samskruta for Samhita Adhyayana', 'Essential Ayurveda perspective', for UG students of various Ayurveda Colleges.

Other Co-Curricular activities:

- Composed one poem 'Choose – My friend' for motivation for Ayurveda Fraternity.
- Composed 2 full-fledged songs and released on Facebook and Instagram.
- Judged 2 online events organised by SAMC Student Council (Photography and Singing)

Dr. Sowmya - Chairperson for the scientific paper presentation, National seminar on MADHAVA-2020 at Koppal district on Mootravaha Srotas Vikaras. She has guided for poster presentation on the topic Recent advances in Recurrent UTI, which was presented by Miss Bottu Pooja and Mohd Ghouse of 2nd years and got **Best poster presentation award** for the same.



**Staff achievements in 2021****Dr. B. R. Ramakrishna**

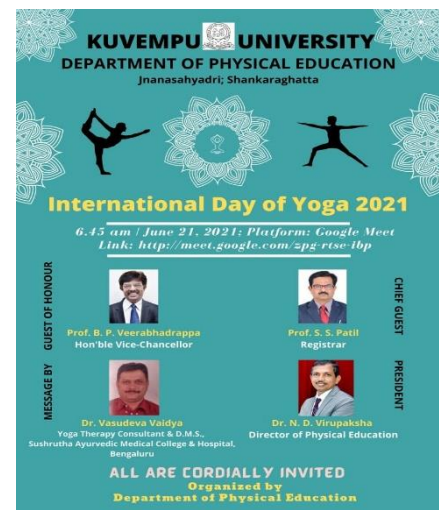
18/05/2021	Open Text Organisation Topic: perspective on Yoga as an intervention in Covid-19.
11/06/2021	Dell Technologies Topic: Mindfulness and building immunity.
12/06/2021	Webinar organised by Yoga Vigyana Vibhag Soban simha Jeena Vishwavidyalay, Almara, Uttarakhand.
12/06/2021	SVYASA University Topic: Lifestyle modification for prevention of Covid-19 (SVYASA Online Short term Yoga Course for Immunity boosting for Serbia students.
13/06/2021	Dietary Management of Covid fever organised by Centre for Soft Power.
16/06/2021	Speaker International webinar on Yoga organised by GNCYMC & H
17/06/2021	Talk on International Day Of Yoga Samanvaya Milana (RSS) Topic: Yoga a way of life
18/06/2021	Topic: Yoga and Ayurveda a holistic pathway to health & well being Organised by Yoga city Oman under the patronage of Indian Embassy, Muscat
18/06/2021	GAMC & H, Mysore, Dept. of PG studies in Swasthavritta Yoga Raksha 21 Topic: Yoga in management of diseases.



20/06/2021	Yoga for unity and well being validactory celebration organised by Mnistry Of Ayush, Govt of India.
20/06/2021	Yoga protocol practice (Online) Organised by TBS Trust, Basavapattana.
21/06/2021	SVYASA & IIT Tirupati Online seminar followed by common yoga protocol Topic: Interventions of Ayurvedic System for Covid-19 Pandemic
21/06/2021	Introduction to IDY & practise of Common Yoga protocol to the members of of TBS Trust, Bangalore
21/06/2021	Yoga for immunity & Covid 19 management SAMC & H, Bangalore
21/06/2021	Vishwa Ayurveda Parishad International webinar on world Yoga Day- Chairperson

Dr. Vasudev Vaidya

Chief Guest to Kuvempu University on IYD 2021



Certificate of Appreciation From Step One – Home Isolation Care for achieving more number of cases in May 2021



Paper Published

A Protocol to Prevent & Treat Corona Virus Disease 2019 – A Pandemic in the Perspective of Ayurveda w.r.t Charaka Samhita – A Concept Paper, Journal of Ayurveda & Holistic Medicine Volume – IX, Issue – 1 (Jan-Feb 2021) – Vasudeva Vaidya, Sharmila Shankar, Basavapantha R. Ramakrishna.

Dr. Sanghamitra Patnaik

Dr. Vanishree

Dr. Nimisha

Dr. Renuka

Dr. Swathi Sharma

4.12. Achievements by the Students of SAMC&H:

Miss Bottu Pooja and Mohd Ghouse of 2nd year got **Best poster presentation award** in National seminar, MADHAVA-2020, at Koppal district on Mootravaha Srotas Vikaras. Dr. Sowmya, Assistant Professor, department of Roganidana has guided for poster presentation on the topic Recent advances in Recurrent UTI, which was presented by the students



University Ranks in 2020

1st Rank in Charaka Samhita



2nd Rank in Panchakarma

5th Rank in Research Methodology

Number of Rank Holders according to Year wise & Subjects 151 Ranks in total

1st Profession BAMS (2016-17) - 24 Ranks, (2018 - 19) – 2 Ranks

15 students in Ashtanga

8 students in Sanskrit

1 student in Kriya Shareera

2 students in Shareera Rachana

2nd Profession BAMS (2017 -18) – 12 Ranks, (2019 - 20) – 1 Rank

8 students in Charaka Samhita

2 students in RSBK & 2 in RNVV

1 student in DG

3rd Profession BAMS (2018 - 19) – 53 Ranks

23 students in Charaka Samhita

19 students in Agada Tantra

7 students in Bala Roga

3 students in Prasooti Tantra

4th Profession BAMS (2019 – 20) – 59 Ranks

38 students in Panchakarma

12 students in Kayachikitsa

4 students in Shalakya tantra & 4 in Shalya Tantra

1 student in Research Methodology

Student's achievements in 2021

University Ranks 2021 – 534 Ranks

1st Profession BAMS (2019 -20)

Shareera kriya – 33



Shareera Rachana – 22

Ashtanga Hrudaya – 33

Padartha Vignana – 10

2nd Profession BAMS

DG – 27

RNVV – 69

RSBK – 67

Charaka Samhita – 61

3rd Profession BAMS

Agada Tantra – 39

Swastha Vritta – 41

PTSR – 47

Bala Roga – 42

Charaka Samhita - 43

Zonal Quiz Competition – Bengaluru Zone

Quiz Report

On the occasion of silver jubilee function of Rajiv Gandhi University of Health Sciences Bengaluru organized a Preliminary round quiz for UG and PG scholars at five zonal levels.

The UG Students of Sushruta Ayurveda Medical college and Hospital named Shubha C(Intern), Harshita S.J (Intern), Jayanti K.S(IV year), Girish Tupe (III year) under the mentor ship of Dr.Pooja B.A, Dr. Divya Nagari N, Dr.Anupama Janakiram and Dr.Sukruth G participated in the competition.

The UG level quiz completion was held on 5th April 2021 at Sri Sri Ayurveda Medical college Bengaluru. Total 13 teams from different colleges had participated at the Bengaluru Zone.

We are overwhelmed to announce that out of 13 teams, the UG Students of Sushruta Ayurveda Medical college and Hospital won the Preliminary Round of quiz competition at Bengaluru zonal level.



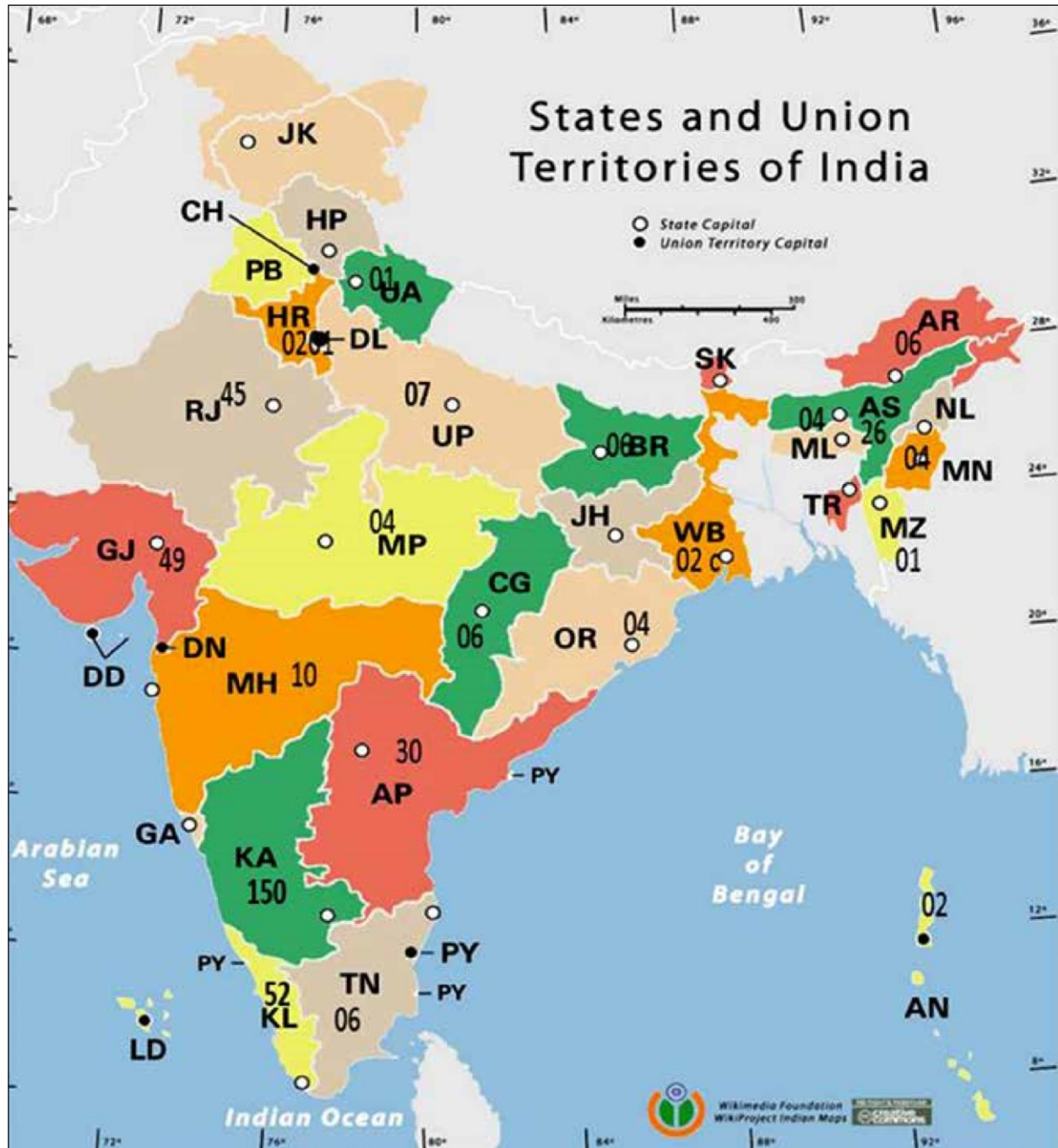
We heartily congratulate them.





5. COURSES AND StUDENTS

No of Students from different States of India





5. INFRASTRUCTURE FACILITIES OF SAMC&H



6.1. Academic Building

Academic Block is spacious with all the amenities hosting Principal's Office & Administrative section & fully equipped Clinical & Non Clinical Departments along with museums.

6.2. Class Rooms

World Class Infrastructure in campus provides an ambience conducive for stimulating learning with classroom having good architecture, are designed hexagonal shape with good ventilation and plenty of natural light and to facilitate case discussion & presentation, smart board facility is available. All blend to provide holistic learning environment.



6.3. Dravyaguna Lab

DG Lab is well equipped to conduct classes which meet both ancient and modern parameter.



6.4. Pathology Lab

Well equipped with all modern instruments.

6.5. Dept of Panchakarma



6.6. Dept of Shalyatantra

6.7. Dept of
Basic Principles



6.8. Dept
of Rasa
Shastra and
Bhaishajya
Kalpana



6.9. Dept of
Kayachikitsa



6.10. Dept
of Kaumara
Bhritya





6.11. Dept of
Kriya Shareera



6.12. Dept of
Prasuti t antra evam
Stree Roga



6.13. Dept of Rachana Shareera





**6.14. Dept of
Roganidana &
v ikruti v ignana**

**6.15. Dept of
Swasthavritta**



**6.16. Dissection Room
& I library**

Spacious & modernized with modern amenities according to CCIM norms.

6.17. Forensic Museum

It is well organised and equipped with models, specimens and weapons



6.18. Anvesana - Research I laboratory

Individual department in campus is supported by state of art infrastructure for research and clinical experience.





6.19. Library

Spacious well maintained easily accessible library having good number of books, journals, and magazines.



6.21. Dispensary Unit - Medicines

All Ayurvedic Medicines are available in the dispensary unit.

6.20. Amrutham

SAMC OPD – There are separate OPDs that cater to the individualistic needs of the patients. Each of these OPDs is fully equipped as per CCIM norms.

IPD – 150 bedded hospital with all facilities and paramedical staff.



6.22. Surabhi - Panchakarma Centre

Well equipped Panchakarma Centre with all the Panchakarma Therapies conducted regularly. (Special Rooms for therapies are available for Males and Females).



6.23. teaching Pharmacy

Well equipped pharmacy with required teaching aids and instruments to train the students to prepare classical preparations.



6.24. Aushada vana

The institution has well maintained herbal garden with more than 400 species of medicinal plants including rare species.

6.25. Dining Halls

There are three dining halls catering to the needs of the guests, patients, staff and students of the campus.

6.26. Students Kioske

College is equipped with student kiosk which contains all information about students.

6.27. Faculty Block

14 individual departments with well set amenities required as per CCIM regulations are present.



6.28. I akshmi Amma Girls Hostel

Girls are provided with in house residence with all facilities and serene environment for stay and study.

6.29. Boys Hostel

Separate residence for boys is provided which has all facilities and amenities.



6.30. Seminar Hall

It is well equipped with auditorium acoustics and has a seating facility for 100 students.

6.31. Digital Library

For Study and Research.





6. IMPORTANT EVENTS IN SAMC&H 2020 & 2021

Report on Free N.S.S.Medical camp

Date: 11th -16th May 2020-6 days.

Place: Punyakoti Sri Vanaprastha Ashrama(Old age home)

Chikka banavara, Next to Pavitra School.

Near Railway stations

Bengaluru.

(Branch of Sumangali Seva Ashrama, Hebbal, Bengaluru).

Brief Report:

- There were 7 inmates in total.(from 50+ years to 80+ years).
- 3 patients were hypertensive and 3 were diabetic, they were on allopathy medicines.
- Basic vital examinations were normal.
- No COVID-19 Symptoms were seen. Still a thorough guidance to take care and Kashaya and gargling was advised.
- 2 patients Osteoarthritis, 2 had Lumbar spondylosis, one had frozen shoulder.
- Along with Ayurvedic medicines, Katibasti, patra pinda sweda done for 5 days.
- Evening Satsang and Bhajan boosted up their energy and Happiness.

I would like to thank whole heartedly for giving me permission to conduct a free camp in association with N.S.S.unit at old age home and to serve them.

Dr.Sapna.S

Head of the Dept.

23rd INCOFYRA 2019- Inauguration

International Conference on Frontiers in Yoga Research and Its Applications (INCOFYRA) is a biennial conference conducted by S-VYASA University, Bangalore. Delegates from various countries attended the pre – conference workshop and the main conference. Staff and Students of Sushrutha Ayurveda Medical College actively participated in the proceedings.

Inaugural ceremony was held on Friday, 3rd January 2020 at SamskruthiBhavan, Prashanthikuteeram, S-VYASA . The program was presided over by Dr. H.R. Nagendra, Chancellor, S-VYASA and he welcomed the guests. He highlighted the different dimensions of lifestyle and the importance of Yoga as a tool to prevent diseases. Honorable Minister of State for AYUSH & Defence, GoI Sri. ShripadYessoNaik, the Chief Guest cited various challenges faced by people in the form of different diseases and the role of Yoga as lifestyle Medicine. The presence of His Holiness Sri SriSriNirmalanandanathaMahaswamiji of Sri AdichunchanagiriMahasamsthana Math, Bengaluru made



the occasion more auspicious. Swamiji spoke on the necessity to bring harmony of each and every cells of the body for maintaining health.

Sri R Ashoka, Honorable Revenue minister, GoK; Sri P N Ranjit Kumar, Joint secretary, Ministry of AYUSH, GoI; Sri PremBhandari, Chairman, Jaipur Foot, USA; Sri Rakesh Kumar, Chairman, IEML Noida; Ven. BhikkuSanghasena, Founder- President, Mahabodhi International Meditation Centre, Leh – Ladakh; Sr. M Krishnappa, Honorable MLA Bengaluru South; Dr. Christoph Garner, Former Directoor, KWA KlinikStiftRottal, Germany were the chief guests. DR. B R Ramakrishna, Vice President of 23rd INCOFYRA, VC, S-Vyasa, delivered the vote of thanks.

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National Service Scheme

World Environment Day-2020- Report

Theme- “Celebrate Biodiversity”

With the above theme world Environment day was celebrated in Our college in association with the Dept. of Dravyaguna, Agadatantra and Rasashastra and Bhaishajya Kalpana.

Events conducted:

1. 10:00AM-Fumigation of our campus with the herbal drugs.
2. 12:30PM- Fixing the Bird Shelter and Bird feeder by our chief guests Dr.Prahlad Ji, Pro chancellor, Dr.B.R.Ramakrishna, Vice



Chancellor, and Registrar Dr.M.K.Sridhar and all other Dignitaries at S.A.M.C.

3. 12:45PM- Planting the herbal drugs at Arogyadhama by our chief guests and S.A.M.C. Staff.
4. 03:45PM-Distribution of Herbal drugs to all S.A.M.C. staff followed by light refreshment.

Programme was a grand success and appreciated by the management.

WEBINAR REPORT

Topic – ‘Ayurvedic management of common medical emergencies at clinics.’

Webinar Committee:

- President – Dr.B.R.Ramakrishna
- Principal – Dr.R.Raghurama Bhatta
- Academic Dean – Dr.Sanghamitra
- Co-ordinators - Dr.Sreenidhi, Dr.Nischal.P
- Designing - Dr.Ramya

Webinar Details:

- **Number of Guest lectures** - The Webinar was a series of 8 Guest lectures.
- **Mode** - The Webinar was conducted Online through Zoom App and was streamed LIVE on Facebook from the official Facebook Page of Sushrutha Ayurvedic Medical College.
- **Time** – 12pm to 1:30pm
- **Date & Day** – Every Wednesday from 17/06/2020 to 05/08/2020
- **Format** – Initial lecture (~1hr) followed by Question & Answer (~30mins)
- **Audience** – Ayurveda students and Staff of SAMC and other colleges and General Ayurveda Enthusiasts. (Open audience)
- **Details of the webinar:**

SL No	Speaker	Topic	Date	Views on FB (As on 07/08/2020)
1	Dr.Sambamurthy.G.G	Management of Jwara	17/06/2020	2.2K +
2	Dr.A.S.Chandrashekar	General Practice	24/06/2020	1.6K +
3	Dr.Bhaskar Rao	Ano-rectal disorders	01/07/2020	NA
4	Dr.C.S.Anilkumar Dixit	Gastrointestinal disorders	08/07/2020	1.1K +
5	Dr.Sucharita Pandit	Gynecological disorders	15/07/2020	1.9K +
6	Dr.V.Rajendra	Respiratory disorders	22/07/2020	NA
7	Dr.Savithri.S.G	Urinary disorders	29/07/2020	1.3K +
8	Dr.T.B.Tripathy	Skin disorders	05/08/2020	700+

Other details:



A **Letter of Appreciation** and an **Honorarium amount** was sent to the speakers of the Webinar.

Review – The webinars were received well with overall positive response.

Report of Varnaranjani – 2020

A national level pre – conference online painting competition for the students of Ayurveda (Varnaranjani-2020) with a theme “Auto-immune Disorders and Ayurveda” was organised by Sushruta Ayurveda Medical College and Hospital in collaboration with S-Vyasa Deemed to be university and Vishwa Ayurveda Parishad, Karnataka.

Registration was kept open from 07/07/2020 till 14/07/2020 and students were allowed to upload their painting , college ID, and selfie of the participant along with their painting from 23/7/2020 till 30/7/2020 through google form.

A total of 208 participants had registered for painting and 40 paintings were received by July 30. Hence the date was extended further till 30th August 2020 and with permission of higher authority state level was made to National level competition and by end of Aug 30 and participants were mailed and informed about extended dates. A total of 60 paintings were received and no more paintings were obtained thereafter.

Obtained paintings were converted to PDF and ID was given for all participants and put in SAMC group for comments and opinion. Dr Alok Roy was the incharge and Dr Sahana C (Co-ordinator), Dr Champa Pant, Dr Anupama and Dr Renuka were asked to judge and finally best 4 were selected and sent to Dr Alok Roy and from the 4, 2 were selected possessing ID 51 and 28 with 1st and 2nd place respectively. Judgement was made on the criterias like- Depiction of the theme, colour combination, and painting. The winners are Bismi P B , 3rd BAMS, Prasanna College of Ayurveda and Hospital, Laila, Belthangady and Meghana Shankar Shettigar, 1st year BAMS, Muniyal Institute of Ayurvedic Medical Sciences. Winners are rewarded with certificate and cash prize worth of rupees 5000 and 3000 respectively.

VALEDICTORY FUNCTION, PRIZE AWARDING PROGRAMME WITH GUEST LECTURE SESSION

NIBANDHAAKALANAM – 2020

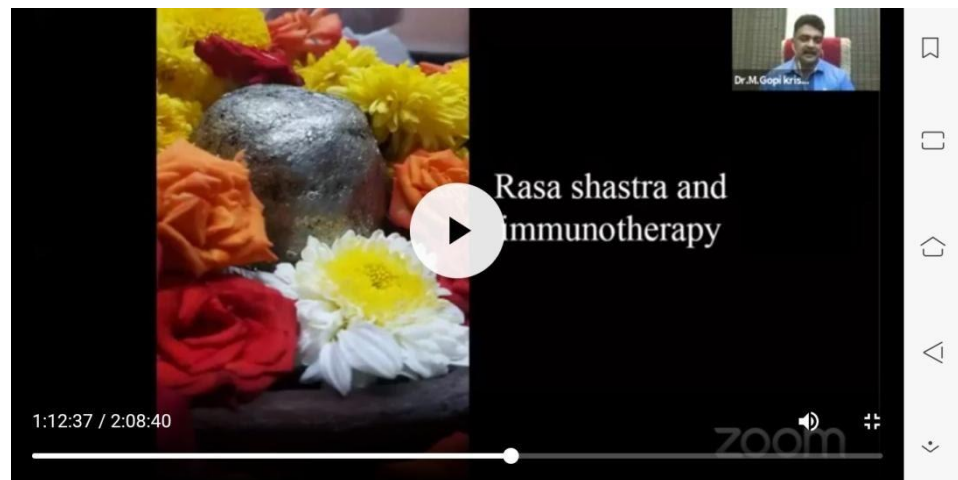
VARNARANJANI – 2020

PROGRAMME LIST

1. **INTRODUCTION – BY DR ANAGHA DN**
2. **INVOCATION – By Miss SAMANA, 2ND BAMS Student**
3. **WELCOME SPEECH – By Raghurama Bhatta U, Principal, Sushrutha Ayurvedic Medical College & Hospital, Bengaluru**
4. **LIGHTING LAMP –**
 - **By Dr Ramakrishna B R,**
Director, Sushrutha Ayurvedic Medical College & Hospital, Bengaluru
Vice Chancellor, S- Vyasa University, Jigani, Bengaluru
 - **By Raghurama Bhatta U,**
Principal, Sushrutha Ayurvedic Medical College & Hospital, Bengaluru
5. **PRESENTATION OF REPORT OF THE EVENTS**



- **Nibandhaakalanam 2020 – A National Level Online Pre- conference Essay Competition**
 - **By Dr AnaghaD N**
Associate Professor, Dept of Roganidana & Vikritivignana
Sushrutha Ayurvedic Medical College & Hospital, Bengaluru
- **Varnaranjani 2020 - A National Level Online Pre- conference Painting Competition**
 - **By Dr Sahana C**
Assisstant Professor, Dept of Samhita & Siddhanta
Sushrutha Ayurvedic Medical College & Hospital, Bengaluru
- 6. **PROLOGUE – By Dr Ramakrishna B R**
- 7. **CHIEF GUEST SPEECH**
 - **By Dr Gopakumar**
Associate Professor, Dept of Roganidana & Vikritivignana
Government Ayurvedic Medical College, Trivendrum, Kerala
- 8. **INVITED PRINCIPALS SPEECH**
- 9. **PRIZE ANNOUNCEMENT & AWARDING**
 - **Dr Alok Roy**
Professor, Dept of Samhita & Siddhanta
Sushrutha Ayurvedic Medical College & Hospital, Bengaluru
- 10. **GUEST LECTURE**
 - **Topic – Rasashastra & Immunotherapy**
 - **Guest Speaker**
Dr M . GopiKrishna MD
HOD & Professsor
Dept Of Rasashastra & Bhaishajya Kalpana
Sri Jagadguru Gavisiddheshwara Ayurvedic Medical College & Post Graduate
Research Center, Koppal, Karnataka
- 11. **VOTE OF THANKS – By Dr Sahana C**
- 12. **SHANTI MANTRA**





Sushrutha Ayurdhama Inauguration

New OPD wing of Sushrutha Ayurvedic Medical College & Hospital, was inaugurated on January







2021 events

Republic Day Celebration - 26/01/21





3. Polio Awareness Programme Report

Date: 30/01/2021

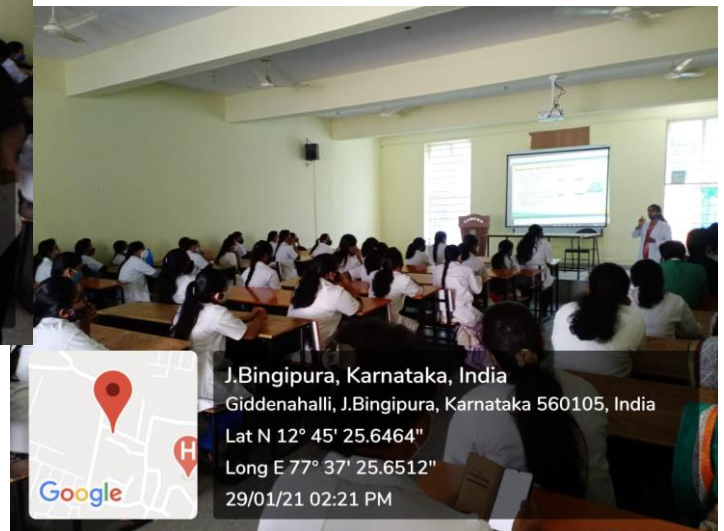
In Co-ordination with the Dept. of Swastavritta and N.S.S. volunteers of 3rd year BAMS, Awareness regarding the Polio vaccine has been given to all the inmates of the campus and met the parents then directed them to get vaccinated at PHC, Mahanthalingapura on 31/01/2021.



N.S.S. Programme Officer, SAMCH

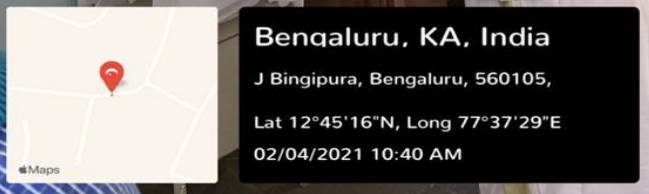


4. Vaccination orientation program in college for students – 29/01/21





5. 1st Vaccination at Campus for staff & students – 04/02/21





Temple Inauguration & Dhanvantari Pratisthapana in college Campus

Date: 24/02/21















NADI TARANGINI EVENT REPORTS

Co-ordinator: Dr. Manjula J.S

Intern: Dr. S. Rakesh, Dr. Archan

INTRODUCTION

Nadi tarangini was conducted on the devotees coming for the consecration of *Sri Yoga Dakshina Murthi Temple*, *Navagarha* and *Dhanvantari* Idols installation in *Prashanti Kutiram* which was schedule for 4 days from 21st to 24th Feb 2021 and we collected data during these 4 days and collected data was studied.

The collected data will be enclosed.

Sl no.	Date	Time	Event and venue	Procedure	Number of participant
1	21/2/21	6:00pm	Inauguration Veena vadana by Vid.D Balakrishna and Sri Srinivasa prasanna in Samskriti bhavan	Nadi tarangini for performers of Veena vadana and volunteers	Performer:6
2	22/2/21	3:30pm to 5:00pm	Recitation of Shri Dakshinamurthy Stotras by Dr.Muralidhar Kanchi	Nadi tarangini for Priests, Volunteers, Observers & Control group	Priest:4 Observer:13 Voleenter:15
		5:30pm to 7:00pm	Special bhajans by S-Vyasa music team In Temple of Prashanti kuteera	Nadi tarangini for Performers, Volunteers, Observers & Control group	Performers: 13
3	23/2/21	10:30am to 1:00pm	National seminar on The Contributions of Advaita, Vishishtadwaita & Shakti Vishishtadwaita to Yoga Philosophy	<i>Nadi tarangini</i> for Speakers, Volunteers, Observers & Control group	Volunteers:5
		3:30pm	Dance drama, Life and Message of Shri Dakshinamurthy by S-VYASA team in In Samskriti bhavan	<i>Nadi tarangini</i> for Performers, Volunteers, Observers & Control group	Dance program:12 Performers (temple):12
4	23/2/21	5:00pm to 7:30pm	Nama sankeertan and Abhang by Nagpura Shri Seetharman, Raman Bhagavathar and team in Temple of Prashanti kuteera	<i>Nadi tarangini</i> for Performers, Volunteers, Observers & Control group	Volunteers: 20



5	24/2/21	11:00am	Consecration of Yoga Dakshinamurthy temple and Installation of Navagraha and Dhanwantari Idols by Sri Narayana Bhat, Gau Seva Dhama, Bennegadde, Shimoga and team In Temple of Prashanti kuteera	<i>Nadi tarangini</i> for Priests, Volunteers, Observers& Control group	Priest:9
		3:30pm	Donors meet Presided by :Dr.H.R Nagendra ji, Chancellor, S-VYASA Shri Dayananda Swamy H.R, Director, Finance and accounts		Staff:10

Deputy medical superintendent

Principal



Report on AYU SAMVAD (MY healthy My responsibility)

Campaign 1: YIC STUDENTS FEB 2021 batch

Date: 24/2/21

Time: 10 to 11.45 am

We started the session with introduction to the Campaign's theme Ayurveda for covid 19 pandemic with the agenda of propagation to community at large through lecture series which ensures uniformity of information through structured PPT. This campaign is immensely beneficial in understanding the importance of Ayurveda in the fight against covid 19 and specifically focusing on the role of Preventive, promotive, curative and rehabilitation management of covid through Ayurveda, then the programme started with dhanvantari stavan offering prayer to lord dhanvantari. Followed by displaying short movie which depicted the evolution of AYUSH protocols for covid and it's feasibility to community through Ayu Sanjeevini app and the vision of our honourable prime minister Narendra Modi to make Ayurveda and other alternative system of medicines an evidence-based medicine.

In the Next segment speaker Dr Rashmi gave health awareness talk highlighting on basic principles of Ayurveda, in, pre and post covid management, immunity boosting and essential role of diet, yoga and general guidelines which were the need of time in this pandemic.

Followed by question and answer session was conducted and the queries were looked upon. Later feedback form each participant was collected.

Programme Schedule

1. MC - Dr Manu M
2. Danvantari stavan - 10.5am to 10. 10am
3. Short movie - 10.10 am to 10.15 am
4. Speaker - Dr Rashmi 10. 20 am to 11.10am
6. Q& A session - 11.10 to 11.30 am
7. Feed back - positive response
5. Yic participants - 39





Campaign 2 ---- MSC yoga students

Programme schedule

Date - 3/3/21

Time - 3 to 4pm

Venue - Ahimsa hall

MC - Dr Manu M

Speaker - Dr Sukruth G

Participants - 42

Feed back - positive looking for more sessions on Ayurvedic life style management



Campaign 3 ---- Naturopathy students

Programme schedule

Date - 5/3/21

Time - 10 to 11 am

Venue - naturopathy college prashanti kuteera

MC - Dr Manu M

Speaker - Dr Nischal P

Participants - 82

Feed back - productive students were keen to know ayurvedic measures and its benefits as a preventive measure



Campaign 4 & 5 ---- Nithyananda school Jigani highschool students

Programme schedule

Date - 30/3/21

Time - 11 to 1 pm

Venue - Nithyananda school Jigani Bangalore

MC - Dr Roopa

Speaker - Dr Manu M

Participants - 100 + 90



Feed back - productive students came to know how to manage themselves in this pandemic situation to build healthy and safe future





6. Report on Free Medical Camp - Date -28/02/2021

Time -9:30AM to 2:30PM

Co-ordinator -Dr. Raghuram Bhat

Group	Consultant	Internee	Place	Number of patients
1	Dr.Sukruth	Archana Harshitha	Ragihalli	14
2	Dr.Sindhu.N	Khushbu Maria.S	Nanjapura	38
3	Dr.Rashmi	Divyashree Suhasini	Koppa gate	30
4	Dr.Akshatha	Shubha C Ankur Singh	Chikkahosalli	25
Total				107

Along with the Co-ordination of Rashtriya Swayam Sevaka Sangha a Camp in different villages was organized and a very good response was noticed from the villagers was noted and the event was successful.





7. REPORT OF COVID PATIENTS

In the present Pandemic situation of Covid -19, 102 Covid positive patients were admitted under the Department of Kayachikitsa and were isolated in Aroghyadhama Hospital Campus. 40 patients in the month of April 2021, 48 patients in June 2021 and 14 patients in July 2021 were detected to be positive with mild, moderate symptoms and some were Asymptomatic also.

Among these 29 were Female and 73 were male patients. These patients were isolated in Amrutam and Ashwini building for 14 days duration. 40 patients who were isolated in the month of April 2021 were treated with required Allopathic medications and were discharged after 14days with Bilwadi gulika 1 BD after food with warm water for 15days and Swamla compound 1tsp OD before food followed by 100ml warm milk for a month. For 48 patients in June 2021 and 14 patients in July 2021 along with required allopathic medications, Tab.Ayush-64 was also been given in the dosage of 2 TID for symptomatic patients and 2 BD for Asymptomatic patients for a period of 21 days. Total of 50 patients were given Tab.Ayush-64. At the time of discharge 28 these patients were given Haritakyadi Yoga in the dosage of 20gms at bedtime after food with warm water for a period of 7 days from the Department of Panchkarma and were assessed based on proforma prepared for Assessment of prevention of Post covid complications. 7 Patients were given Brahma Rasayana in the dosage of 20gms BD and Bilwadi gulika in the dosage of 2 TID for 14 days duration from the department of Agada Tantra during isolation and will be assessed with specific proforma prepared for the purpose. Among 48 patients of June month, 18 Symptomatic Covid cases who were treated with Ayurvedic intervention during post covid care as well as during isolation have been uploaded in Ayush portal under Ayush Clinical Case Repository and yet to upload remaining cases.



REPORT OF NSS CLEANING CAMPAIGN

31/03/2021
Bangalore

- One day cleaning campaign was held under the leadership of Registrar- SVYASA- Dr.M.K.Shridar on 30th March 2021, in SVYASA campus, around Panchajanya building.
- It was conducted with 3rd year BAMS Students as volunteers, who participated actively, it was supervised by NSS team headed by Dr.Sreenidhi G S and NSS co-ordinators- Dr.Swathi Somayaji and Dr.Akshatha.M.
- Dried leaves were mainly cleaned with an intention to prevent accidental forest fire and chances of destruction of the greenery.





SHISHYOPANAYANA

“Shishyopanayana” is the induction ceremony conducted every year for freshers. This year, Sushrutha Ayurvedic Medical College & Hospital, Bengaluru held the **Shishyopanayana** for the batch of 2020-21 on Wednesday, 07th April 2021, at Samskruthi Bhavan, S-VYASA Campus. It was an auspicious occasion that began with the Dhanwantari Homa. After the Homa, guests were escorted to the Samskriti bhavan. Sri. Ramachandra, Honourable Commisioner, AYUSH Karnataka was the chief guest.

The stage program began with the *vedic mangalacharana* by Mr. Karthik and team from III BAMS. Invocation song was rendered by Miss. Samana, III BAMS. Dr. Sanghamitra Patnaik, Principal, SAMC & H, welcomed the guests. It was followed by lighting the lamp by all the dignitaries on the stage. Dr. Kishore Kumar H, Academic Dean, delivered the oath to the new batch of students. Dr.NK Manjunath Sharma, Trustee & Director, Research wing S-VYASA addressed the students and stressed on the need of developing interest in science and conducting research. Guruji, Dr.H.R Nagendra was the guest of honour. Dr.B R Ramakrishna, VC S-VYASA, Director SAMC & H delivered the presidential address.

The college magazine - SAUSHRUTHI was released by the dignitaries. This program also marked the inauguration and induction of the new student council members. In this program, the rank holders of RGUHS Under graduate examination were felicitated. The winners of the zonal level quiz were also appreciated.

The staff and students of Sushrutha Ayurveda Medical college & Hospital attended the program following the COVID protocols advised by the Government.









World Environment Day celebration in college – 05/06/21

Date: 05/06/2021

Time: 12:00 pm to 1:30pm

The Department of Dravyaguna Vignana, Agada Tantra Evam Vyavahara Ayurveda and Rasa Shastra & Bhaishajya Kalpana together organized World Environment Day on 5th June 2021.

On this occasion A short video on Medicinal Plants of SAMC & H, A digital Photo frame as a pledge to care for Mother Earth were launched by our beloved Director Dr.B.R.Ramakrishna. Also, few competitions like Selfie with Medicinal Plants, Short video making competition on cultivation & Conservation of medicinal Plants, Kitchen garden, Gardening techniques etc were also announced to the students of all the batches of SAMC & H including interns.

The programme schedule included

Invocation: Dr.Nischal, Assistant Professor, Dept of Dravyaguna Vignana

Welcome Address: Dr.Swathi Sharma, Assistant Professor, Dept of Agada Tantra Evam Vyavahara Ayurveda

Importance of Environment Day: Dr.Sapna, Professor, Dept of Rasa Shastra & Bhaishajya Kalpana

Introduction to Events: Dr.Akshata, Assistant Professor, Dept of Dravyaguna Vignana

Launch of video (Medicinal Plants of SAMC & H, Prashanti Kuteeram): Dr. B.R.Ramakrishna, Director, SAMC & H

Address by: Dr.Sanghamitra Patnaik , Principal, SAMC & H: Madam has explained importance of protecting our Environment – Earth, Air, Water for the wellbeing of Man kind. Importance of Dravya among Chikitsa Chatushpada, Ahara among Traya Upastambha which are sourced from our environment. Also highlighted the UNEP Theme of Environment Day2021.

Address by: Dr.Alok Roy, Vice Principa, SAMC & H: Explained the Importance of Prakruti in Srushti. Prakruti can support the need of the Purusha not the greed of the Purusha for the sustenance of the Srushti.

Address by: Dr.Kishor Kumar Hullatti, Academic Co – Ordinator, SAMC & H, highlighted about protecting the Lakes etc in and around us. Importance of adopting organic food etc in our lifestyle for the protection of Earth (soil) as well to prevent lifestyle diseases.



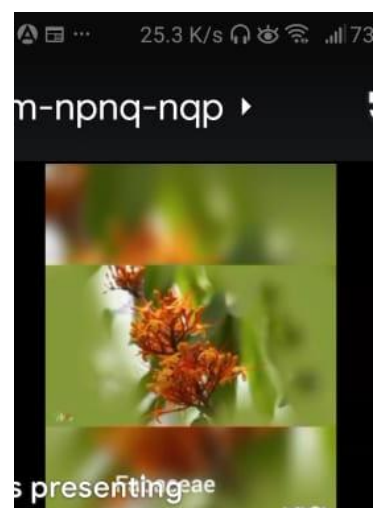
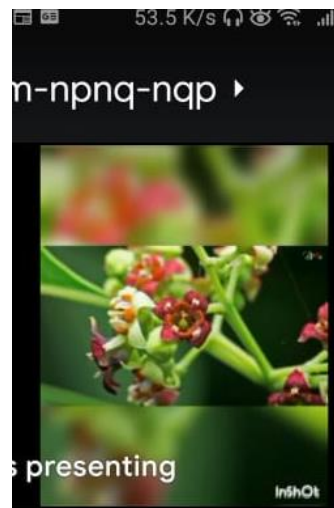
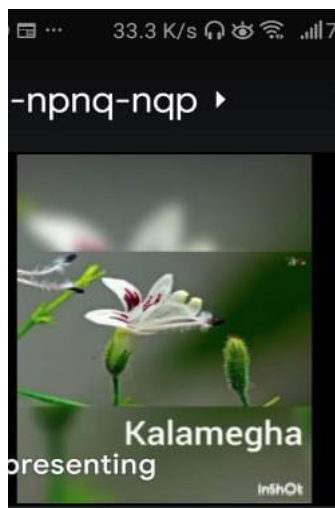
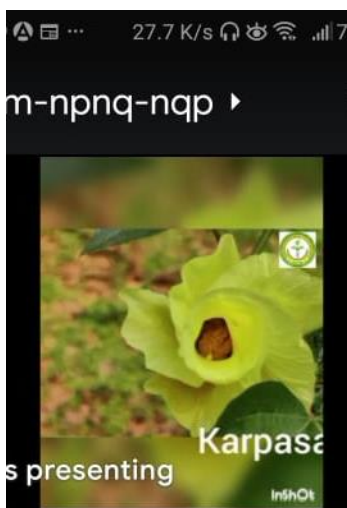
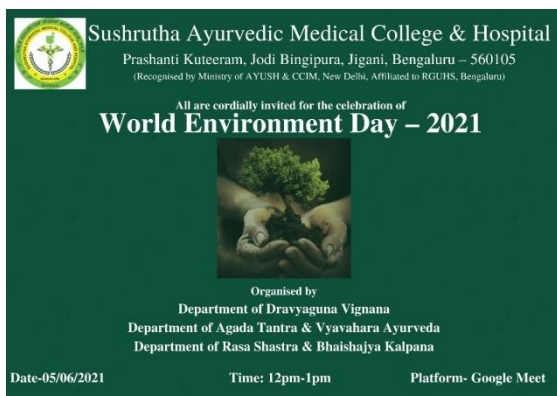
Address by: Dr.Vasudeva Vaidya, Deputy Medical Superintendent, SAMC & H, Explained the importance of Bio Fuel for the protection of the environment. Also explained the cause for the present scenario of the celebrating Environment day by staying inside home and how can we contribute to the environment by adopting atleast one plant by an individual and nurturing it. Inculcating the habit of using public vehicle atleast once a week avoiding personal vehicles. Importance of Organic food, No plastic policy etc.

Presidential Address By: Dr.B.R.Ramakrishna, Director, SAMC & H, Explained the importance of the Environment as humans are part of this Environment. Responsibility of Protecting the Pruthvi, Jala, Vayu, Agni, Akasha is on us. Motivated all of us to Protect our Environment by making it plastic free by pledging not to use plastic bags, bottles etc atleast in our campus and homes etc. Explained the theme of the World Environment day 2021 i.e., REIMAGINE, RECREATE, RESTORE for the better future of our next generation.

Vote of Thanks: By Dr. B. Ravikiran, Professor & HOD Dept of Dravyaguna Vignana

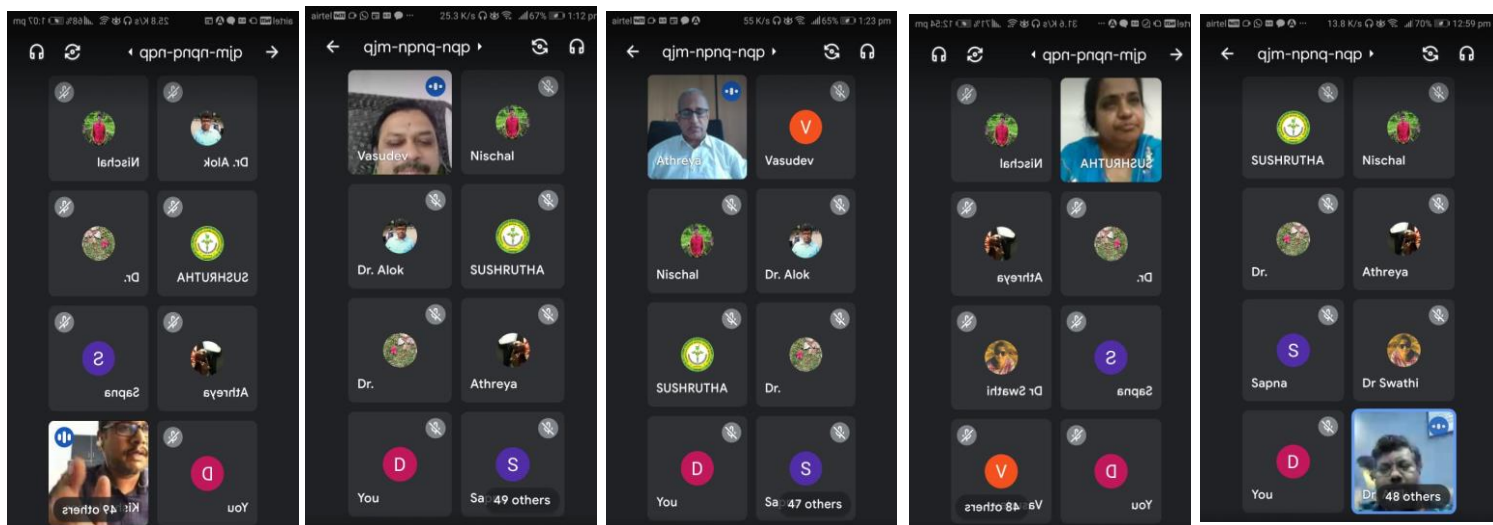
Master of Ceremony: Dr.Nischal P, Assistant Professor, Dept of Dravyaguna Vignana, SAMC & H

Platform : Google Meet





SAMC&H



BECAUSE I CARE FOR OUR MOTHER EARTH



BECAUSE I CARE FOR OUR MOTHER EARTH



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BECAUSE I CARE FOR OUR MOTHER EARTH



BECAUSE I CARE FOR OUR MOTHER EARTH



COVID-19 VACCINATION DRIVE REPORT

**Date: 30/06/2021
4:30PM**

Time: 10:00AM-

Inauguration

Chief Guest- Dr. Manjunath-Director of Anveshana

Mr. M Shridhar-Registrar S-VYASA University

Dr. Sanghamitra Patnaik- Principal SAMC&H

Dr. Vasudev Vaidya-DMS SAMC&H

Sushrutha Ayurveda Medical College & Hospital and S-VYASA University in association with Mahantalingapura- Primary Health Centre (PHC) conducted Covid-19 Vaccination and Rapid antigen test on 30/6/2021 for Students, teaching, non-teaching, and Administrative Faculty of Ayurveda, Yoga and Naturopathy where 237 beneficiaries availed the opportunity.

Vaccination co-ordinators-

Dr. Venkatesh

Dr. Sindhu N



22nd May 2021

Donation of medicines to Mahantlingapura PHC, in the presence of Principal, Vice principal, Dr Venkatesh, Dr Sindhu, and sanitization officer Mr Sanjeev Hegde





Free health camp report

Conducted by Department of Shalakya Tantra

In Nityananda Swamy High School Jigani Bangalore

We from the department of Shalakya tantra conducted free camp on Eye and ENT diseases in Nityananda swamy high school jigani bangalore on 30/03/2021 – Thursday. we have screened total 190 stdents and 30 staffs in that 60 percent are having ENT disorders and 30 percent EYE diseases and 10 percent other general problems and they are refered to Sushrutha Ayurdhama.

Visited Doctors

1. Dr.VV Reddy
2. Dr.Roopa.L
3. Dr.Manu
4. Dr.Harish.G
5. Dr.Sindhu
6. Dr.Mahesh
7. Dr.Yashbhir
8. Dr.Abhishek
9. Dr.Ashwin

Thanking you

Prof and HOD

Department of Shalakya Tantra

SAMCand H

DEPARTMENT OF SHALAKYA TANTRA

SCREENING CAMP REPORT

Date -1/03/2021 - 15/03/21

Time -10:00 to 4:00 PM

CONSULTANTS - Dr.Roopa.L

Dr.Vanishree

Dr.Harish Gopal

Total No Of Patients Consulted - 273

- Dr. Roopa.L - 81((19/2, 20/2, 26/2, 27/2)



- Dr.Vanishree - 67 (15/2, 17/2, 22/2, 24/2)
- Dr.Harish - 124 (16/2, 18/2, 23/2, 25/2)

2. Netra - 198

3. Others - 75

4. Therapies Conducted - 21 (Eye & ENT)

Day wise consulted pts No

15/2 - 45	22/2 - 19
16/2 -38	23/2 - 15
17/2 - 30	24/2 - 12
18/2 - 38	25/2 - 10
19/2 - 32	26/2 - 9
20/2 - 17	27/2 - 8

Camp From 01/03 to 15/03 March

1. Total No Of Patients Consulted - 27

- Dr. Roopa.L - 9((5/3, 6/3)
- Dr.Vanishree - 7 (1/3, 3/3, 8/3, 10/3)
- Dr.Harish .G- 11 (2/3, 4/3, 11/3, 12/3)

2. Netra - 17

3. Others - 10 (E - 5, N - 3, T - 2)

4. Therapies Conducted - 3 Eye
5 - Ear

Day wise consulted pts No

1/3 - 2	8/3 - 2
2/3 -4	9/3 - 4
3/3 - 2	10/3 - 1
4/3 - 5	12/3 - 2
5/2 - 3	15/3 - 1
6/2 - 2	

1 . Rare cases observed - 5 (CRVO, Nodular Scleritis, Blepharospasm, Cholestatoma , CSOM)

2. Therapies Seheduled - 10 (Not yet Started)

3 . Special findings - we got more eye problems than ENT and scalp

4. Special improvement - Got good results after doing Kriya kalpa procedures



From
Dr.Roopaa.L
HOD
Department of Shalakya Tantra