



Annual Swarnaprashana Report

The Department of Kaumarabhritya, Sushruta Ayurveda Medical College and Hospital, has been regularly conducting Swarnaprashana as a preventive pediatric health service for children. The program was carried out monthly on Pushya Nakshatra days at the hospital, including the Ayurdhama unit, with the objective of promoting immunity, growth, and cognitive development in children.

During the year 2025, Swarnaprashana was administered on a monthly basis, and the details of beneficiaries are as follows:

Sl. No.	Month	Total Number of Children
1	January (14th)	57
2	February (11th)	92
3	March (10th)	92
4	April (6th)	75
5	May (3rd)	82
	May (31st)	125
6	June (27th)	122
7	July (25th)	117
8	August (21st)	122
9	September (17th)	131
10	October (15th)	147
11	November (11th)	138
12	December (8th)	136
TOTAL		1436

A total of 1,418 children were administered Swarnaprashana during the year through hospital-based services and Ayurdhama Swarnaprashana programs.

The Swarnaprashana services were conducted under the supervision of faculty from the Department of Kaumarabhritya, with the active involvement of Intern doctors. Parents were counseled regarding the benefits of Swarnaprashana, and the medicine was administered following standard Ayurvedic protocols.

The Annual Swarnaprashana Program reflects the department's continuous commitment toward preventive pediatric healthcare, Ayurvedic Rasayana practices, and community-oriented services.


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